

FROME Standard

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Banish Monday blues at Sunday fun day - see page 19

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Beat the Monday blues by coming together for a Sunday full of fun

By **Susie Watkins**
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Blue Monday, the day social scientists claim we are at our lowest ebb, is being tackled in Frome with a free fun-for-all day the preceding Sunday.

Organisers promise entertainment and events including a delicious afternoon tea and live music to cheer everyone up on January 15.

The event at Frome Library is part of Fair Frome's 2017 programme of community meals and the charity is partnering with Friends of Frome Library and Active and in Touch Frome to offer a wide selection of activities.

Children can enjoy free face painting and two drop-in craft workshops for all ages.

Frome Street Bandits will be kicking proceedings off with a performance outside Frome Library from 1.30pm.

From 2pm to 2.40pm there will be jewellery making with Creative Caterpillars and from 3pm to 3.45pm Artsplash (Zainab Nigoumi) will show children how to make decorative base boards for calendar pads.



Frome is fighting Blue Monday with a joined-up free-for-all they promise will be a Sunday Funday

Anyone with malfunctioning small electrical items can bring them to Share's electrical repair workshop between 2pm and 4pm.

Reading Allowed, the shared

reading group that meets at the library every Monday from 11am to 1pm, is offering a taster session from 2pm to 3pm.

The Frome Ukelele Group,

better known as Frukies, will be also performing from 2.30pm to 3pm.

For more information about these and other activities call Wendy Miller-Williams at Fair

Frome on 07714 587129, email info@fairfrome.org or call Lucia Chadwick at Active and In Touch Frome on 07572 854029 or send an email to activeandintouch@gmail.com