

2.1 ETIQUETTE ON RINK

GENERAL ETIQUETTE ON RINK

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| Where should I stand while another player is bowling? | You should stand at least 1m behind and to the side of the mat |
| What is Possession of the rink? | As soon as your bowl comes to rest possession of the rink transfers to the opponents and you must step off the mat. They then have possession of the rink until their bowl comes to rest and so on. |
| Possession of the rink before you bowl. | Concentrate on the game and be ready to bowl with your bowl in hand when it is your turn. You may step on the mat as soon as your opponents bowl has come to rest. Always watch out for instructions from your skip. |
| Possession of the rink after you bowl. | After you have bowled, do not turn your back on your skip even if you know you have bowled a terrible wood. Its possible they might want to say something to you before the bowl comes to rest. |
| Opponent has possession of the rink | Concentrate on game and keep chatter to a minimum. Watch your opponents line - you may be able to use this to block them with your next wood or perhaps your skip might ask you to follow the line they have just bowled. Only communicate with the skip when you have possession of the rink as you don't want your opponents to know what you are planning to do. Similarly listen to the opponents skip who might give away useful information when they have possession of the rink. |
| When do I start walking up to the other end after last bowl? | Wait for your opponent and walk up the rink together - do not charge up the rink on your own it is considered rude. Stay clear of the head. |
| Can I talk to my skip in the crossover? | Yes the skip may want to give you instructions, however if your opponent skip is due to bowl first be aware that you cannot stand around talking when she is standing on the mat waiting to bowl. Similarly if your skip is first to bowl she may wish to get quickly to the mat to prevent the opponents having the opportunity to chat |
| Where should I stand at the head? | Stand clear of the head (behind back woods and to the side if possible). When your team has possession of the mat you may move carefully into the head in order to advise your skip of the situation |
| Celebrating a shot | You can congratulate a good shot from either team, however do not outwardly celebrate a wick even if you think it was deliberate. Admit a lucky shot with good grace. |
| What if I need to leave the rink during play? | You should first ask the opposition and you may not be away for more than 10 minutes. |

2.2 BOWLS DELIVERY TECHNIQUES & TARGET BOWLING PRACTICE

BOWLS DELIVERY

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| What are the rules about feet on the mat? | <i>Rule 7.1 Before delivery a player must be standing on the mat with all or part of at least one foot on the mat. At the moment they deliver the jack or a bowl, the player must have all or part of one foot on or above the mat</i> |
| What is meant by foot faulting? | <i>8 Foot-faulting 8.1 If the umpire, either by their own observation or on appeal by one of the skips or opponents in Singles, decides that a player has not met the terms of law 7, the umpire must, on the first occasion, warn the player in the presence of the skip and advise the coach when they are present that a warning has been given. 8.2 On each occasion after this, the umpire must have the player's bowl stopped and declared dead. 8.3 If it has not been possible to stop the bowl and it disturbs the head, the opposing skip or opponent in Singles must choose whether to: 8.3.1 replace the head; 8.3.2 leave the head as altered; or 8.3.3 declare the end dead 8.4 If a player has been given a warning and still fails to meet the terms of law 7 while delivering the jack, law 10.2 will apply.</i> |
| Try some different bowling techniques both backhand and forehand. Everyone has different technique so find one that suits you. Watch other bowlers too. | Some people grip the edges, some push through with hand, there are lots of different ways. You should release smoothly and not drop/throw causing dents in green. Good tip is to point at where you want the bowl to go as it leaves your hand so that you don't cross your body |
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Practise bowling at different jack lengths, from different mat positions.

Unfortunately whilst the nets are in use we are unable to practise placing the mat in different places and casting the jack to different lengths but it is advisable to practise these as soon as you are able to