



**BOSP**  
Brighter Opportunities  
for Special People



Wat Tyler  
Country  
Park

# MUSIC THERAPY

For babies, toddlers  
& children  
with their  
parent/carer

**1 hour Inclusive group sessions on  
Tuesdays from 1.30pm to 2.30pm**

Emily Grimes is a qualified Music Therapist, trained in the Nordoff Robbins approach to Music Therapy; this music focussed and person-centred way of working with a child who has any special need or disability can increase awareness, help develop motor skills, interaction, and social skills as well as building confidence and self-esteem through the use of instruments, singing and song writing.

Interactive music making combines using communication skills with cognitive skills such as attention and listening, social skills such as turn-taking, physical skills such as grasping and co-ordination, as well as self-awareness and self-confidence.

**Our specialist Music Therapy sessions at just £5 per child are aimed at small groups to maximise confidence and positive outcomes. Places are limited, so early booking is advised.**



Ewan's Music

If you and your child would like to join BOSP for an hour each week term-time, please contact BOSP's friendly team to book your place or be added to our waiting list.

**The BOSP Office, Wat Tyler Country Park,  
Pitsea Hall Lane, Pitsea, Basildon, Essex SS16 4UH**

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