

West Ilsley News

www.westilsley.org

January 2018

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Deadline for the next publication is:

Friday 26th January

DIARY JANUARY

18th Harrow coffee morning
27th Ilsleys Primary school Burns Night
31st Harrow quiz night

FEBRUARY

24th Winter Warmer

ALL SAINTS' CHURCH

January Services

7 th	Family Communion	9.30am
14 th	BCP Communion	8.30am
21 st	*No service in West Ilsley	
28 th	Family Service	11.00am

Please see the lych gate notice board for details of other services in the benefice or go online at www.eastdownland.org.uk

Thank you!

To everyone who gave so generously for the WIN Christmas Greetings. All Saints' was incredibly grateful to receive a massive £520 donation towards funds.

Carol Service

The church was packed out again for All Saints' Carol Service held earlier in December, in spite of the cold and snowy weather. Just over £250 from the collection was donated to West Berkshire Cruse Bereavement Care, which supports families who have lost a loved one. Also, the congregation generously gave coffee, tea, sachets of hot chocolate and other items for the new homeless shelter in Newbury.

Thank you also to everyone who helped decorate the church so beautifully for the Carol Service and for Christmas.

Café in All Saints' Church

This will take place on Sunday 14th January between 10am and 11am, so if you feel like a coffee, cake and chat, do come along. Any donations will go to a charity. The donations from December's Café were used to buy a number of towels for the homeless shelter in Newbury.

Old West Ilsley Pictures

All Saints Church is selling lovely packs of pen and ink illustrations of four different scenes of the village, drawn by the late Alan Saunders, resident of West Ilsley, by kind permission of his family. Packs of 4 postcards - £1; Packs of 4 cards with envelopes - £2.50. Available in Church or at The Harrow. Perfect as gifts or for writing Christmas thank you notes.

Café Church

The next Café Church will be on Sunday 21st January at 11am in St Mary's, Chieveley. Come at 10.45am for coffee and cake before the service

Dates for your Diary

Saturday 24th February 2018 – 1980's Winter Warmer – Back to the Future! Put the date in your diary now!

Contacts

If you have anyone or anything specific you would like mentioned in church prayers at services throughout the year, do speak to either Ian (281625) or Alexandra (281306). To receive by email a copy of the weekly pew sheet, which contains readings, prayers and notices about church events in the benefice, please contact the East Downland Benefice Office on eastdownland@btinternet.com or phone 07957 458107 and leave a message. The office is usually open on Thursday and Friday mornings and can be contacted in the first instance for information about baptisms and weddings. For any other reasons, you can contact Revd John Toogood on 01635 247566 or email him at edownlandrector@gmail.com

Happy New Year!!

Kay and Ian Fewtrell-Smith

WHATS ON AT THE HARROW

COFFEE & CAKE MORNING

Thursday 18th January
10:30am

Pop in for a chat, slice of homemade cake and a coffee.
Raising money for The Air Ambulance.

QUIZ NIGHT

Wednesday 31st January
8pm

£3 each to enter, raising money for Marie Curie Cancer.
Book your tables NOW!!

**JOIN US FOR
BURNS NIGHT**
27/01/2018

8PM AT HAMPSTEAD NORREYS VILLAGE HALL



£25

*Live music from
THE STOMPING BOONDOCKS*

*Ceilidh
with caller*

*Includes Pie & Pea supper
featuring pies from The Wandering Kitchen*

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CONTACT BEX ON 07881024175 FOR TICKETS
ALL PROCEEDS GO TO THE ILSLEYS PRIMARY SCHOOL

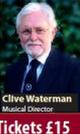
A Concert in aid of **Newbury Riding for the Disabled**

READING MALE VOICE CHOIR





**with Guest Artist
Serena Kay**
Mezzo-soprano



Clive Waterman
Musical Director



Alexander Turner
Dep. Musical Director

**HAMPSTEAD NORREYS
VILLAGE HALL**
Newbury Hill, RG18 0TR

7.30pm 10 February, 2018

Tickets £15 including a glass of wine from Mary Iliffe
iliffe.mary@gmail.com 01635 578 791 info@newburynda.co.uk

In aid of **Newbury RDA**
Newbury Riding for the Disabled
Charity Number: 1121112

COUNTRY NOTES - DECEMBER

It is always satisfying to return from a walk with something edible in my bag, but it can be difficult at this time of the year, the forager's larder is low on stock.



Commonly known as Jew's Ear, but also Wood Ear or Jelly ear, the Jews Ear is one of the few fungi that can withstand the

frost, and it can be found throughout the winter months. I spot several on an elder trunk, their favourite host tree. They are, as their name suggests, shaped just like ears. Cold and rubbery to the touch the winter sun shines through their suntuanned cartilage rendering them translucent. They look like ears - but why Jews Ears? It was believed that Judas Iscariot, having betrayed Jesus, hung himself from an elder tree, and his spirit came back as this fungus. Its scientific name is *Auricularia auricula-judae*.

In a Van Gogh moment I cut the ears from the trunk and take them home for supper. They can be eaten raw but have a texture like overcooked squid. Whilst looking for more appetising recipes I discover a health food blog that lists this fungi's "nutrients":

- | | |
|--------------------------------|--------------|
| - Vitamin B1, Thiamine | - Protein |
| - Vitamin B2, Riboflavin | - Calcium |
| - Vitamin B3, Niacin | - Iron |
| - Vitamin B5, Pantothenic Acid | - Magnesium |
| - Vitamin B6, Pyridoxine | - Phosphorus |
| - Vitamin B9, Folate | - Potassium |
| - Vitamin C | - Sodium |
| | - Zinc |

Perhaps the Jews Ear should be categorised as a Superfood? **Perdix**

Works by Schubert, some old favourites, and a selection of chamber music

By

Max Fane - Tenor

Richard Ingrams - Piano

and

Ross Montgomery – Clarinet

**ALL TO WARM YOU ON A
FEBRUARY EVENING**

With some refreshments

Saturday 10th February 2018 at

7.00pm

at St Mary's Church Aldworth

Tickets (£15.00) from 01635 578 936

or 01635 578 239 & allenmaurice5@gmail.com

Cheques payable to Aldworth PCC or via BACS (details will be sent)

PARISH COUNCIL

Read the latest Parish Council Minutes and hear how village matters are being addressed. Visit our village website at www.westilsley.org - all the latest minutes from our meetings are available under the "Parish Council" tab.

DEFIBRILLATOR CODE: C159

WHO TO CONTACT

VILLAGE HALL

Ros Duckworth—Bookings—281471
rosduckworth@btinternet.com
Rates: £10.00/hr Villagers £12/hr Non Villagers

PRESCRIPTIONS

Prescriptions are delivered from Compton on Tuesdays mornings at 8.30. Please collect yours from 2 Morland Close on Tuesday or Thursday evening between 6.00 and 7.30. Repeat forms can be posted through the letter box anytime before Monday evening for the following week's delivery. Thank you for your co-operation in keeping to the times listed.
Tony Elliott

PATIENT REPRESENTATION GROUP

Fred Carter
fred_kathcarter@btinternet.com 281621

CHURCHWARDENS

Alexandra Axtell 281306
Ian Fewtrell-Smith 281625

TENNIS COURT

Membership: Please email tennis.bookings@westilsley.org
Play without joining - book and pay via westilsleytennis.jezzam.com or the link on westilsley.org

PARISH COUNCIL

Clerk:
Inna Fowler - westilsleypc@gmail.com 280501
Mobile: 07778093931
Chairman: Rollo Duckworth - rolloduckworth@btinternet.com 281471
Alan Bloor - Alanpeter.bloor@virgin.net 281341
Alan Beaumont - alan.beaumont@aae-llp.com 07980 875179
Anna Sugden - annasugden@btconnect.com 281784
Justin Gilbert - Justin.Gilbert@loudonpartners.com
Justin Pilditch - justin@pilditch.com
Graham Woods - gwoods@grwc.co.uk

Roger Stowell

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Telephone 07910634186

roger.stowell@ntlworld.com

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Baking Around



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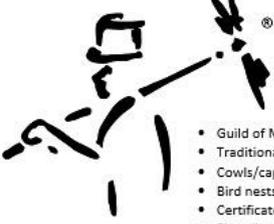
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Remedial body Therapy

Rachel uses a combination of Remedial sports massage and McTimoney chiropractic to address problem areas. Treatment aims are to encourage **symmetry**, identify muscle **imbalances**, **improve posture** and **alleviate discomfort**. **Not In pain?** It is also a good idea to get yourself assessed even when you are not in pain as a preventative way of fine tuning your posture and spotting minor issues before they build into bigger problems.

Tel: **07879475557**. E: rachelbchandler@hotmail.com
www.rachelchandlerchiropractic.co.uk



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