



Community
Action in
Gloucestershire



Community Wellbeing Service Cotswolds





The Gloucestershire Community Wellbeing Service

Many things affect our health and wellbeing, such as where we live, how we spend our time, our financial situations and our relationships with friends and family.

Sometimes we need some extra support, for example when coping with a short- or long-term health situation, or when life throws other challenges our way.

The Cotswolds Community Wellbeing Team is part of a countywide service and may be able to offer support and advice to guide you during these times. The service is free, confidential and available to anyone over the age of 16.

Community Wellbeing Service Cotswolds

Our team in the Cotswolds is made up of dedicated Community Wellbeing Social Prescribers and Agents, each covering a different area of Cotswold District. They all have excellent local knowledge and understanding of local communities and encouraging activities within them.



You will be able to speak to a named Community Wellbeing Social Prescriber or Agent about what matters to you, where your interests lie, what your strengths are and what would help meet the challenges you face. This may lead to some one-to-one support, connection with others in your community or an introduction to a group or organisation.

When can we help?

- in times of change, for example after redundancy, health issues or retirement
- in times of emotional hardship, such as after a bereavement
- if you are worried about debt or financial issues
- If you don't know where to turn for support
- if you would like to volunteer in your community

How can people access the service?

We can take direct referrals from health professionals such as GP surgeries and the Integrated Community Teams.

You can also contact us directly if you prefer as we take self-referrals and referrals from family and friends.

One-to-one appointments are available at GP surgeries, community venues or home visits in some cases.

Our contact details are on the back page.



Contact Us

To make a referral to the Cotswold Community Wellbeing Service EITHER

contact your GP Surgery OR

contact GRCC by phone on 07738 106384 or by email to cws.grcc@nhs.net



GRCC brings groups, individuals and organisations together to tackle the issues that affect their future, forge successful partnerships, make informed decisions and support them to run successful initiatives to build their community.

We inspire | We support | We deliver

Gloucestershire Community Wellbeing Service is commissioned by NHS Gloucestershire Clinical Commissioning Group and Gloucestershire County Council.

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