

School Based Mentoring

In School mentoring – an informal and friendly one to one service all about, and all for you.

A safe relaxed place for time to talk about what matters to you, whether you need a listening ear, help and support or time to offload. Just because it's in school doesn't mean it has to be about school. You can discuss general matters such as friendships and relationships, home life, issues relating to young people and much more. It's your time and a place where your voice is heard.

We can offer this service within Schools, please contact us for costing.

1-1 community Mentoring

Community based mentoring – takes place where a young person chooses, this could be in the family home, out and about in parks or the local café.

Offering young people a set time to talk about anything that they feel they need to.

Being a listening ear and supporting young people to access further support or helping with goal setting! Our aim is to build a trusting relationship with one of our youth support workers.

It's a time and a place for our young people to feel heard, ensuring that young people have a space out of school where they feel valued and included.

This is a referral service please call Danielle on 07715681950 for further information.

Young Youth Team – our team of young volunteers support our sessions, by engaging with young people to feedback young person voice and take a active role in planning sessions. young youth volunteers are part of the RISE youth team and undertake RISE training including safeguarding as all RISE volunteers do. would you or your young person like to support our work? then contact vickyw@therisetrust.org



www.therisetrust.org

RISEYOUTH



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**FOR ANY FURTHER INFORMATION PLEASE CONTACT
[DANIELLEB@THERISETRUST.ORG](mailto:danielleb@therisetrust.org)**

"Through unconditional love commitment and passion, we seek to enable all children, young people and adults to be the best that they can be"

