#### Quarterly Edition - September 2019



## **Charlton Village News**

www.charltonvillage.org.uk and Facebook page: Charlton Community Chat

#### Welcome to the Autumn Edition of 2019!

What a busy Summer we've had. The photography competition in May, the Community Day and Scarecrow Festival in June, oodles of sunshine in July and then our gardens finally benefitted from lashings of rain in August. What does the Autumn have in store for us?

Read on to find out!



The cover photo for this edition was taken by Richard Shepherd and was one of the winning entries in the Village Photographic Competition held in May

The Charlton Village News is created and distributed by volunteers and printed by Bulpitt Print Ltd.

The quarterly edition is delivered free of charge to over 900 homes and can also be downloaded from the Village website.

Please email any articles, photos, adverts and event details to editor@charltonvillage.org.uk

Articles and pictures for the monthly and quarterly newsletters are always welcome. The deadline for input is the <u>14th of the month</u> before the edition. Articles for forthcoming events should be included about a month or six weeks ahead, but more notice can be given in the Future Diary dates.

Advertising rates are £30/quarter page, £40/half page per quarterly print edition

## **Update from our Village Church, St Thomas'**

#### St Thomas' Regular meetings:

Every Thursday 9.15pm Compline
1st Friday of month 2.30pm Holy Communion
1st Sunday of month 10.00am Family Service
2nd Sunday of month 9.00am Holy Communion

11.00am Young Church

6.30pm Encounters with Jesus

3rd Sunday of month 10.00am All age service 4th Sunday of month 9.00am Holy Communion

3.30pm Family Play & Praise 6.30pm Encounters with Jesus

Contacts:

**Revd Alex Randle-Bissell**, Priest-in-Charge, 01264 512161, <u>Vicar@pastrowbenefice.org.uk</u> **Judith Appleby**, Benefice administrator, 07999 352585 admin@pastrowbenefice.org.uk

Facebook: Family matters in our

villages@pastrow

Website: www.pastrowbenefice.org.uk

More details and booking form on the Pastrow benefice website

#### **CHURCH HALL BOOKING**

REDUCED RATES FOR REGULAR BOOKINGS
PLEASE CONTACT MRS JENNIFER HOWES
01264 362139
TO BOOK EITHER THE HALL OR THE FOXCOTTE
ROOM

#### OTHER CASUAL BOOKINGS

MAIN HALL £11·50 PER HOUR
FOXCOTTE ROOM £7·00 PER HOUR
(Both include use of toilets and kitchen)
MAIN HALL and FOXCOTTE ROOM TOGETHER
£17·00 PER HOUR

(Sole use of toilets and kitchen)



## The Alpha Course

#### The Christian faith explored

The Pastrow Benefice invites you to explore the biggest questions of life at a home near you.

#### What is it?

The Alpha Course is an 8-week exploration of the basics of the Christian faith. Held in a home (there will be 6 to choose from) there is a meal together, a talk and an open discussion in a group of 6-12 where any questions or comments are encouraged. It's informal, enjoyable and stimulating. Come to the launch event as a taster.

#### The launch events:

Friday 13<sup>th</sup> September at:

- 12.00 noon to 2.00 pm Hurstbourne Tarrant Village Hall or
- 7.30 pm to 9.30 pm Penton Village Hall

Come and decide whether this is for you. Enjoy a meal, listen to the talk, take part in the discussion of just sit back and listen.

No pressure, no follow up, no charge.

For more information or to book: 07999 352585 or alpha@pastrowbenefice.org.uk

#### Letter from our Vicar, Revd Alex Randle-Bissell

#### Dear friends

This summer we have had great fun in having our nieces to stay over the holidays, as I'm sure lots of you have also had, whether it be nephews or grandchildren there is something extra-special when the younger members of our extended families come to stay. This time, however, I have been particularly struck by the amount of activities and the myriad of 'stuff' on offer nowadays that it is has perhaps become the norm that we take advantage of as much as we can whilst we can. Maybe it is, in part, to do with the shift in our culture where worth is tied up with how much we can achieve during our lives and that 'pottering' about is considered such a waste of time.

It begs the question, what is a 'good' holiday? — is it cramming in as much activity as we possibly can to the extent that we then need a second holiday of lying down in a darkened room just to recover from the first one? As I sit here writing this at 9.45am (thank goodness they are nearly teenagers and are beginning to dislike mornings...) I am reflecting that perhaps all of this is a sign that I am getting older and the modicum of wisdom I have left tells me that possibly our attitudes to holidays are seasonal; of course young people want to go and experience as much of life as is possible, and the older we get, we crave a rest from it!

I don't know about you, but I remember school holidays of my past filled with simple things like building go-karts from planks of spare wood, marathon football and cricket games, wading up a stream and playing army in the woods. All of this cost nothing but the despair of my mother as my brother and I came back with yet more ripped trousers and lost jumpers. Perhaps we did these things because the bowling alleys and the water slides had not yet been built, but what I do remember very vividly is occasionally stopping as a child and wondering about the creation that surrounded me, the sprawling fields full of crops and the thick, dense trees that towered above me. I also recall the joy of waking up to each new day and the excitement of looking forward to a new adventure. It is perhaps why one of my favourite verses in the Bible is from 2 Corinthians 5 - 'So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!' This verse encourages us not to be bound to the seasons of our lives, but that with every moment there is the potential of seeing life in new ways.

All of this reminds me that Bev and I are due a holiday, so by the time you read this we will be away! However, I will leave you with Revd Tom, our curate, who will write the next chapter...Bon Voyage!

Blessings for the month ahead.

Alex

## **FUTURE DIARY DATES**

**Monday 9<sup>th</sup> September** – Community Day 2020 – kick-off planning meeting 8pm, Foxcotte Room, St Thomas'

**Friday 13**th **Sept** – Alpha Course Launch Events:

12.00 noon to 2.00 pm Hurstbourne Tarrant Village Hall or

7.30 pm to 9.30 pm Penton Village Hall

**Saturday 14**<sup>th</sup> **September** – Open afternoon at Foxcotte Veterinary, Foxcotte Road, 1-4pm. Children's competition – <u>Come dressed as a Vet!!</u> Dogs welcome as well.

Sunday 15<sup>th</sup> Sept – Andover Farmers' and Craft Market, Town Market Square 10am-2pm

Sunday 15<sup>th</sup> Sept – Open Garden at Bere Mill, Whitchurch 1.30 – 5pm

**Tuesday 17<sup>th</sup> Sept** – Charlton PC meeting, 7.30pm St Thomas' Church

Wednesday 18<sup>th</sup> & Thursday 19<sup>th</sup> Sept – Open Garden afternoons at Redenham Park

Saturday 28th Sept - Gin & Beer Festival, 6-10.30pm Augusta Park Community Centre

Sunday 29th Sept – Wedding Fayre, 11am-3pm, Best Western Hotel, Micheldever Road

Saturday 5th October – Harvest Quiz, 7pm St Thomas' Church

**Sunday 6<sup>th</sup> October** – The Gesualdo Six in concert at St Peter's, Hurstbourne Tarrant 4pm tickets from <a href="https://www.thegesualdosix.co.uk">www.thegesualdosix.co.uk</a> and on the door

Sunday 13th October – Oaktrack Farm Autumn Open Day, 11-3pm Charlton Down

**Tuesday 15<sup>th</sup> October** – Charlton PC meeting, 7.30pm St Thomas' Church

Sunday 20th Oct – Andover Farmers' and Craft Market ,Town Market Square 10am-2pm

**Sunday 3<sup>rd</sup> November** – All Souls Service, 3.30pm St Thomas'

Sunday 17<sup>th</sup> Nov – Andover Farmers' and Craft Market Town Market Square 10am-2pm

**Tuesday 19**th **November** – Charlton PC meeting, 7.30pm St Thomas' Church

**Saturday 30th November** – Oaktrack Farm Christmas Market afternoon, 3 -7pm Charlton Down

## **Charlton Village Parish Council**

The Parish Council meets every month, except August and December, on the 3<sup>rd</sup> Tuesday of each month at 19.30 in the Foxcotte Room at St Thomas' Church. Press and Public are welcome to attend. Date for September meeting: **Tuesday 17<sup>th</sup> September** 

If you'd like to get involved, please get in touch with the chairperson or see the website and the noticeboards around the village for more information about this opportunity to get involved with the running of our village. The noticeboards can be found at the entrance to Charlton Park on Foxcotte Road and on the verge by the bridge at the entrance to Carters Meadow.

## THE ROYAL OAK

CHARLTON VILLAGE

Tel: 01264 352893

Email: 7952@greeneking.co.uk

Website:

http://www.gkflamegrill.co.uk/locations/royal-oak-charlton



Jody and all the staff are looking forward to seeing you in the coming months

The Royal Oak is situated in the heart of Charlton Village, has good car parking and offers a warm and friendly welcome to all local residents.

Visit our refurbished interior and our large beer garden for that sunny day.

We have a lively Bar, with a wide selection of beers and spirits, plus large screen T.V's inside and out, showing the very best sporting events available.

We also have a relaxing Restaurant with a wide choice menu and a Comprehensive wine list to make any special event visit, memorable.

Give us a call to book or discuss any special event ..

Check out our Facebook site http://www.facebook.com/RovalOakChartton

## **Parish Council Updates**

## **Community Day**

More than £3,000 was raised on the day which will be split between the church and the parish council's project to build a community hall.

Cllr Caroline Mills would like to say a big thank you to our local Tesco for supporting the tea marquee at the Charlton Community Fun Day with loads of tea bags, biscuits and crisps and also to her fantastic team of helpers. She says "we all worked well together to make it a great success, not forgetting the wonderful cakes and biscuits made by the people of Charlton and their friends. We had many compliments."

Planning for next year's Community Day kicks off on Monday 9<sup>th</sup> September – come along if you would like to get involved.

## **Bridge to the Park**

The funding application was prepared and submitted by TVBC before the deadline of 30 June. We are now waiting to see whether the Bridge is seen as a priority by the TVBC Funding committee.

## **Neighbourhood Plan**

The Neighbourhood Plan (NP) reached a stage of maturity in August 2019 where it could be released for comment by the key authorities and regulatory bodies on what is called a Reg 14 submission. This version of the NP is on the Parish Council website. The 6-week consultation and time for analysis of comments will take us through to October. There will then be a need for a further circulation (Reg16) and an independent examination before TVBC can finally put the NP to a referendum for all Charlton residents. As with all local government things, it is hard to be precise but with a fair wind the referendum and adoption of the Plan could happen by Easter 2020.

#### **Community Hall**

On the advice of TVBC, the Parish Council submitted a Pre-Planning Application to understand what, if any, limitations there may be to the building of a Community Hall on the Salto car park, close to Tesco. We should get responses to the Pre-App in September and if the result is positive, we would then have to work with Salto and TVBC to change the current lease arrangement before we could begin a feasibility study. Slow but steady progress.

If we do get the 'go ahead' we will need enthusiasts to help scope the requirement and perhaps even run the project.

#### **High Ropes and Zip Wire**

By the time you read this the proposed High Ropes and Zip Wire planned for Charlton Lakes will have either been shelved or the formal Planning Application will be in train or imminent. The 2-week consultation undertaken by Places Leisure and TVBC produced varied views. The village meeting to discuss the proposal on 8 August was well attended and it became clear that the majority of residents attending did not support the proposal. It was decided to feed this back to TVBC and the contractor and to raise a petition to show the strength of feeling held by local residents.

## **Telephone Box Book Exchange**

There is a red telephone box on Charlton Road, by the Church. It's no longer a working phonebox and has been repurposed as a Book Exchange. It's just about to be refurbished and we hope to have it open again during September.

## **Storage Facility needed for Parish Council assets**

The PC are looking for a secure, dry place to store items. Maybe a shed or a garage, or part thereof, in which items could be stored eg signs, tug of war rope, Speedwatch kit etc. If anyone has space, please contact Cllr Ward by phone, 07538 569344, or email on cllrcward@charltonvillage.org.uk

## **Neighbourhood Watch**

Jen Mulberry, one of our new Parish Councillors, has picked up the baton on the Neighbourhood Watch scheme and has already started the ball rolling. It's a great opportunity to bring neighbours together to create strong, friendly, active community where crime and anti-social behaviour are less likely to happen and help to grow support and care in the community.

The Neighbourhood Watch mission statement demonstrates their purpose of all communities bringing people together: "Our vision is that of a caring society that is focused on trust and respect in which people are safe from crime and enjoy a good quality of life. Neighbourhood Watch is about making sure that fewer people feel afraid, vulnerable or isolated in the place where they live."

Jen feels that we could benefit from this in our local area to make it not just a safer place but even more of a caring and supportive environment.

Jen looks forward to meeting and chatting to many more local residents in this journey. If you'd like to be involved, please contact Jen on <a href="mailto:cllrjmulberry@charltonvillage.org.uk">cllrjmulberry@charltonvillage.org.uk</a>

#### In the Garden

Did you get to any of the wonderful gardens open over the Summer? It's not too late as Bere Mill at Whitchurch is open on Sunday 15<sup>th</sup> September from 1.30 – 5pm (RG28 7NH) and Redenham Park is open on the afternoons of 18<sup>th</sup> & 19<sup>th</sup> September (SP11 9AQ). Check the National Garden Scheme website for other lovely gardens nearby <a href="www.ngs.org.uk">www.ngs.org.uk</a> It's all in a good cause as well as the tea and cakes, plant sales and inspiration!

If your lawn is anything like mine, the priority is to repair it!

September is the prime month for autumn lawn renovation because it's warm ,with reasonable rainfall and most of the weeds have finished seeding themselves. But the big question is...Is it dead or alive? It generally takes a couple of inches of steady rain, to start the process off and then in a week or so you should know where you stand. Even if most of it revives, you may find that it's patchy and thin in areas, in which case some reseeding will be necessary. Once it's sorted and recovering, then during the Autumn and Winter just:



- Keep the mower on a high setting until the middle of next spring
- Give the lawn a generous feed with autumn fertiliser so that the grass re-builds depleted carbohydrate levels before the winter
- Spike the lawn to ensure penetration of further rainfall
- Next year vary your mowing height, try a higher cut to help it retain moisture

## IN, OUT, AROUND and ABOUT - Editor's picks

If you have a recipe or activity, a place to visit, a walk to share – send them to the editor at editor@charltonvillage.org.uk

#### **IN** - Kitchen Corner

I love Crab Apple Jelly and, at this time of year, the apples are ripe and ready to be made into jelly. I use a recipe from a 1958 edition of Good Housekeeping's Cookery Book. It was a wedding present to my parents and I use it for all my chutney, jams and jelly cookery. Here goes with my favourite! My tip is to allow the apple mash to strain overnight, make sure to use a large enough bowl and don't be tempted to squeeze the juice through as this will make the jelly cloudy.

<u>Ingredients</u>: 6lb crab apples, Cloves or ginger root, 3 pints water, granulated sugar. Sterilised jam jars, jelly straining stand and cloth

#### Method

Wash the crab apples, cut them into quarters without peeling or coring. Place in a pan with the water. Bring to the boil and simmer for around 1½ hours or until the fruit is mashed, adding a little more water if needed. A few cloves, or some ginger root may be added while the apples are cooking. Strain through a jelly cloth, (a cotton or linen tea towel works just as well). Measure the extract, put into a pan and bring to the boil. Then add 1¼ lb sugar for each pint of extract. Stir while the sugar is dissolving and allow it to boil briskly for about 10 minutes and test for jelling. As soon as it jells, pot and cover. Leave to set. It's ready to eat immediately but will keep for months in the cupboard. Chill once opened.

I spread the leftover apple mash on the compost heap so nothing goes to waste

## **OUT - Collingbourne Wood**

This Forestry Commission woodland is a beautiful ancient beech forest. Paths crisscross the woods and walking through it is incredibly peaceful and airy. When I called my dog back to me, I noticed a slight echo, it's almost like being in a cathedral, where the pillars are tree trunks and the vaulted roof is a leafy canopy.

It takes about 15 minutes in the car to reach it from Charlton. Drive there via Ludgershall or Appleshaw. From Crawlboys Lane, take



Blackmore Lane, which is a metalled, gravelly track as far as you can, turning right/north between some paddocks and keep on going up into the wood, past a couple of houses until the road stops being passable by cars. You can park at the top of the track and go from there. It's lovely!

## **AROUND and ABOUT – Oaktrack Farm**

Have you visited Oaktrack Farm? It's just up the road in Charlton Down and is delightful.

Oaktrack is a traditional, family run, smallholding based in Charlton Down and owners Tina and Jim Wells are passionate about providing food with provenance and authenticity, which is available to buy directly from the farm, through local markets and a number of other independent stockists. They breed and rear their own free range pigs, grass fed lambs, hogget and beef from selected native breeds left to mature slowly to produce great tasting, high quality local meat. As well as fresh meat and free range eggs, they also grow and sell seasonal fruit, vegetables and cut flowers; cottage garden plants along with small batches of handmade traditional farmhouse preserves using produce from their own orchard and vegetable patches.

The farm shop on site is open every Wednesday to Saturday from 9.30am until 2pm. They have a couple of open days coming up on 13th October and 30th November. See Diary Dates for timings

## The Gesualdo Six - Hurstbourne Tarrant, Sunday 6th October 4pm

Have you heard The Gesualdo Six on the Radio? They have performed around the world and we are very fortunate to have another opportunity to hear their wonderful choral sound at St Peter's in Hurstbourne Tarrant on Sunday 6th October at 5pm.

Their Director, Owain Park, writes "Just over a year ago, we had the pleasure of performing to a packed St Peter's Church in Hurstbourne Tarrant, and having enjoyed the acoustics and architecture we are delighted to be returning for a second concert on Sunday 6 October. The Gesualdo Six is a vocal consort that was founded



in Cambridge just over five years ago, and has since performed over one hundred concerts around the UK and abroad. Next season, we will be travelling to the USA, Canada and Australia, and releasing two CD recordings with Hyperion.

We like to take the audience on a journey: our programme will explore a relationship between old and new, sacred and secular, in an exhibition of some of the finest works from renaissance and modern-day composers. Famous names include Tallis and Palestrina – those familiar with the Royal Ballet's recent production, Alice in Wonderland, may recognise the name Joby Talbot, and we feature some of his music alongside Alison Willis, the winner of our 2019 composition competition."

We are excited that the Gesualdo Six are returning to Hurstbourne Tarrant and hope you can join us. Tickets will be on sale for £15 via their website and on the door. With limited capacity, it's worth booking in advance! There will be refreshments available after the concert. <a href="www.thegesualdosix.co.uk/">www.thegesualdosix.co.uk/</a>



## **Test Valley Rural**

Leaving aside the likes of CID and Intelligence, there are two levels of "Local Policing".

The Response teams are based at Hedge End and Andover. These are the officers who respond to 999 calls and the more urgent matters reported via 101. In the limited time between calls, they patrol areas based on intelligence and crime patterns.

Alongside that there are the Neighbourhood teams, which is where we come in. Andover and Romsey towns are policed by their own neighbourhood teams. The Rural area, inbetween and surrounding the two towns, is covered by us, the Test Valley Rural Team. We investigate local crime matters, work with partner agencies to solve problems and patrol hot spot areas.

Test Valley District covers an area of over 200 square miles and our patch covers all of the rural beats, from Vernham Dean in the North to Wellow in the South and from the Wiltshire border across to the border of Winchester. Police Sergeant Lyons looks after the team which is comprised of three Police Constables and three Police Community Support Officers. That's a relatively limited resource for such a big area. If there was ever a time when a PC or a PCSO had responsibility for only one village, sadly those times have gone.



**PCSO Lisa Moore** 

**PC Tim Allen** 

Both Tim and Lisa are responsible for Andover Rural area including Charlton Village.





#### **Test Valley Rural Police**

We work very hard to focus our attention on the right places and on High Risk and High Harm people and places. To do that we rely completely on the public reporting what is happening. We often hear people state that "crime is so bad these days", but there are no crime figures to support that. That is either just a perception that crime is bad, or, more likely, an under reporting of crime.

We know that sometimes calling us on 101 doesn't always go through as quickly as we would like, this is often due to high demand. Please be patient, we need the information that you are ringing to tell us.

Did you know that you can now report to us online on our website? www.hampshire.police.uk

You can report crime, road traffic accidents, anti-social behaviour, missing people, civil disputes, lost/found property, lost/stolen vehicles to us online.

We can't encourage you enough: please tell us what is happening. But please don't expect us to take reports via e-mail. You need us to be out and about, not sat in an office creating reports. If you try to report something via e-mail we will politely decline.

When you make a report, you may be told it will be filed as there are no lines of enquiry. Don't worry, we still see what's been reported from our daily searches, so we do capture the information.

Please consider signing up to Hampshire Alerts. We use this system to send out location-specific alerts to ensure that people receive information that is likely to be useful for them. When you sign up you can tell the system the types of alert that you want to receive or do not want to receive.

We are also using Twitter. You can follow us on @TestVlyRuralPol. We are aware that many people prefer Facebook as a means of networking—we will be coming to Facebook soon.

The team resources are slowly coming back up to the numbers that they should be, so we will be able to get out into the communities that we have across our district.

#### **Test Valley Rural Police**



www.hampshire.police.uk

Hampshire Constabulary : Telephone 101

In an emergency always call 999

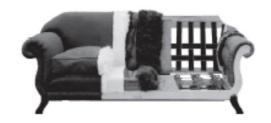
#### Editor's note

We rely on input from the village so please contact us with your news, photos, adverts, club updates, recipes. Let us know if there is something that you would like to see in the newsletter. You can email the editor on editor@charltonvillage.org.uk

In this edition, we welcome more ideas from Jodie for keeping the little ones busy and active. Our local Bobbies have sent in their mugshots and an explanation of how policing works in our area. Check out the diary dates for a host of things to do in the next few months, including concerts, a quiz, and open days at gardens, Oaktrack farm and the Foxcotte veterinary practice.

Please do your best to support **all** of our advertisers, both old and new and mention the Charlton Newsletter when you do!

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E: littlehatherdenplants@hotmail.co.uk
Tina Wells, Charlton Down, Andover, Hants. SP11 0JA



#### **LOCAL INFORMATION BOARD**

#### ST THOMAS' COMMUNITY HALL – REGULAR USERS and CLUBS

CLUB	CONTACT	PHONE	DAY	TIME	COST
Friends of St Thomas'	Mrs P Yates	01264 355766	3 <sup>rd</sup> Monday	2.30 – 4pm	£1
Playgroup (Gov Funding from 3 years)	Mrs S Hartley	07979 841318	Mon, Wed, Fri Tues, Thurs	09.00 – 12.30 09.00 – 3pm	£4.30/ hour
W.I.	Carol Fielding	01264 350161	2 <sup>nd</sup> Tuesday	7.45pm	
Brownie Guides (7 -11 years)	Mrs K Ryder	01264 316907	Tuesdays	4 – 5.30pm	£25 / term
Friendship Club	Mrs S Macnamara	01264 364726	3 <sup>rd</sup> Wednesday	7.30 – 9pm	£1.50
Rainbow Guides (5-7 years)	Mrs E Taylor	01264 394322	Thursdays		£25 / term
Keep Fit	Mrs E Taylor	01264 394322	Thursdays	7.30 – 8.30pm	£4.90
Slimming World	Lisa Langman	07780 605779	Wednesday	7 – 8.30pm	Call Lisa
Charlton Line Dance	Mrs Barbara Long	01264 323630	Mondays	7.30 – 9pm	£2
Young Church	Mrs S Brewer	01264 366394	3 <sup>rd</sup> Sunday	10.30 – 11.30am	
Circuits Class	Jodie Williams	jodieawilliams@ googlemail.com	Friday	6-6.45pm	

#### LIST OF LOCAL COUNCILLORS and RESPONSIBILITIES

Jacqueline Smith CHAIR	Traffic calming Speedwatch Comms/social media	07938 561609	cllrjsmith@charltonvillage.org.uk
Clive Ward VICE CHAIR	Neighbourhood Plan Resilience Plan, Charlton Leisure, Community Hall Feasibility	07538 569344	cllrcward@charltonvillage.org.uk
Phil Wylde	Planning, Environment, Rights of Way	01264 363142	cllrpwylde@charltonvillage.org.uk
Jody Morgan	Planning, Lengthsman	01264 352893	cllrjmorgan@charltonvillage.org.uk
Caroline Mills	Speedwatch, Rights of Way		cllrcmills@charltonvillage.org.uk
Ian Smale	Planning, Rights of Way	01264 749935	cllrismale@charltonvillage.org.uk
Jen Mulberry	Neighbourhood Watch	07789 391268	cllrjmulberry@charltonvillage.org.uk
Mike Bonaris			cllrmbonaris@charltonvillage.org.uk
Vacancy		_	
Heather Bourner	CLERK		clerk@charltonvillage.org.uk

Linda Lashbrook	Test Valley BC		cllrllashbrook@testvalley.gov.uk
Zilliah Brooks	Hampshire County	01264 335388	cllrzbrooks@hants.gov.uk

#### Jodie Williams - 50 Things to do before you're 113/4

Hello there! Thanks so much for all the lovely comments I received about my first article and it's been so lovely to meet new people at my circuits class on Fridays in the Church Hall. What I love about Charlton is that everyone seems to be linked to everyone in some way whether that be through friends, neighbours, Park Run and the local schools. My Mum loves it when I tell her who I've met although I'm yet to persuade her to get her trainers on and join us!!

I've seen at first hand the benefits that being in the outdoors has and, the older I get, the more I see the benefits not just to children, but also to adults. I've just come back from a rather windy five mile walk and, despite being away all week and struggling to get up this morning, I feel amazing having been out.

It's something I'm trying to develop more in schools at the moment and I've come across some lovely activities to do with children. It's amazing at how many of these things I haven't done at 34 years old – you can check out the full list online at the National Trust website: <a href="https://www.nationaltrust.org.uk/features/50-things-to-do-before-youre-11--activity-list">https://www.nationaltrust.org.uk/features/50-things-to-do-before-youre-11--activity-list</a>

Here are my top three ideas from the NT book for getting active in the outdoors:

#### 1. Set up a Snail Race

- \* Find some snails to take part!
- \* Put tasty looking leaves at the finish line to encourage your snails to move towards it!
- \* Keep your snails cools and moist to give it the best chance of winning.
- \* Don't forget to put your snails back where you found them once the race is finished!

#### 2. Bring up a Butterfly

- \* Find a caterpillar look for them under leaves with fresh bite marks or around vegetable patches. Don't touch hairy caterpillars as they might sting. Take it home with you along with some leaves from the plant that you found it on.
- \* Place it in a large plastic tub with small holes in the lid and add leaves from the plant where you found the caterpillar.
- \* Put slightly damp soil into the bottom of the tub and add a few twigs to lean against the side of the tub.
- \* Check on the caterpillar daily, watch it turn into a chrysalis and then, when it turns into a butterfly, make sure you set it free.

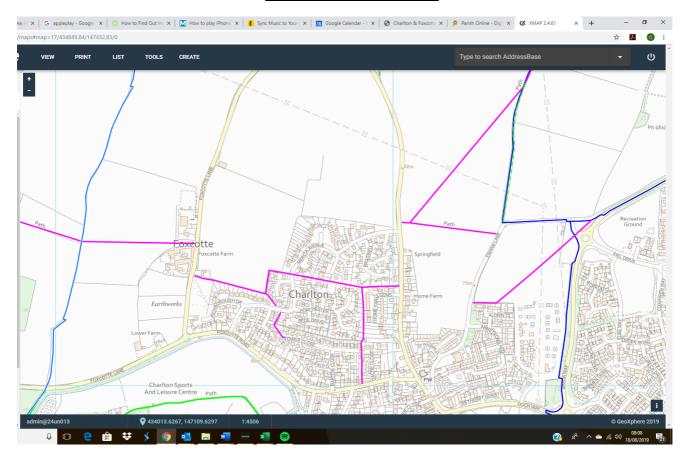
#### 3. Make a Home for a Wild Animal

- \* We used to do this at local woods with our Year 3 children. We would take a cuddly hedgehog with us and ask the children to build him a home.
- \* The children used to spend ages searching for the best spot to make it and then collected sticks, stones and leaves to make the homes. They absolutely loved it.
- \* You could check next time you went to the woods whether the animal home was still there, and maybe in use?

Have fun in the outdoors over the next few months!

Jodie

## **Village Footpaths**



Walkers of Charlton, the map shows the official rights of way through Charlton in **purple**. Please report any issues with these paths either directly to Hampshire County Council or inform the <a href="mailto:clerk@charltonvillage.org.uk">clerk@charltonvillage.org.uk</a> copy to cllrcward@charltonvillage.org.uk. The path alongside Foxcotte Tower along the back of Richborough drive/Mercia Avenue is known as The Coffin Route and is an important piece of local history. It is a constant struggle to keep it walkable. Please use it and report issues or we will lose it!

All the other paths are the responsibility of homeowners so please take some time to keep your bit of the paths clear. If you have difficulties with this please let cllrjmorgan@charltonvillage.org.uk know and he may be able to get the Parish Lengthsman (Handyman) to help.

## <u>Foxcotte Veterinary – Pet care advice</u>

**LUNGWORM....** Is your dog protected?

It looks like the Summer weather has been and gone and with all the recent rainfall, the slugs and snails are thriving! Over recent years there has been a steady increase in the number of cases of Lungworm seen across the UK, especially in the South. Foxes are the natural hosts, but dogs are at risk when they ingest infected larvae found in slugs, snails and frogs. Even if your dog does not eat slugs or snails, small ones or slime could accidentally be ingested on toys or sticks.

Adult lungworms live in the heart and pulmonary arteries, the eggs that they lay pass into the lungs where they are coughed up and swallowed. This leads to symptoms such as

breathing problems, tiring quicker than normal, poor blood clotting, weight loss, vomiting, diarrhoea, spinal pain and seizures.

Not all worm products are effective against lungworm and prevention is better than cure as animals decline very quickly if they are infected.

Monthly Advocate spot on and Nexgard Spectra tablets are effective lungworm protection, as well as preventing against fleas and roundworm - both of which are available as part of the Foxcotte Veterinary Pet Health Club.

If you are not sure if your pet is covered, come and have a chat to our friendly Foxcotte team who will be happy to advise you on the best preventative treatment for your dog.



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