

Citizens in Policing - CONNECT

ISSUE 11

A very warm welcome to you all to the latest edition of our newsletter. It's felt like a very long 18 months and no doubt you will have felt that too, I'm so pleased to be writing to you in more positive times! I hope you're all keeping well and have had no ill effects from any vaccines you may have had. We're delighted that things are starting to return to a new normal and that we've been able to begin the process of bringing some of our PSV's back into the workplace. This is having to be done in a measured and controlled way, but every step we take is a step closer to us all being able to work together again and we can't wait! A huge thank you to Jenny Broom who has agreed to help us with the newsletter, we love putting it together for you and hope you're still enjoying receiving it! As always, please send us anything you'd like to be included, we love hearing from you all. I'm conscious that the lifting of restrictions for some will have caused anxiety and apprehension, please don't forget all the support services listed later in the newsletter, they're there for you to access whenever you need to. Sending you all my very best and hope to start seeing some of you soon!

Jenn - Citizens in Policing Manager

During these uncertain times we want our volunteers to remain engaged with each other and with us. We want this newsletter to be 'your' newsletter. Let us know how you are keeping active and keeping yourself busy. Do you have any hints and tips for others? There are so many other things that we can share with each other:

- A poem or a short story - one you have written or one that you particularly like.
- Is there a quote or a photo that makes you smile, and you'd like to share it?
- Store cupboard recipes, gardening tips whilst enjoying this glorious weather.
- Do you like quizzes? Are you able to put a short quiz together? 5-10 questions.

Please email your content, ideas and suggestions to the Volunteer Inbox vc@wiltshire.police.uk



Wiltshire Police
Proud to serve and protect
our communities



**June:**

Michael – Humane Animal Dispatch
Gary - Humane Animal Dispatch
Alan - Humane Animal Dispatch
Simon - Humane Animal Dispatch
Graham - Humane Animal Dispatch
Matthew - Humane Animal Dispatch
Alan – Stay Safe online
Simon – Stay safe online
Barry – CiP Support
David - Restorative Justice Facilitator
Brian – Watch Schemes

September:

Lesley - Restorative Justice Facilitator
Joanne - Restorative Justice Facilitator
Kim - HAD Member
Sheree - Performance Management Coach
Angela - Restorative Justice Facilitator
Karen - Performance Management Coach
Richard - HAD Member
Sally - Performance Management Coach
Sarah - Stay Safe Online
Tracy - NHW Support

July:

Ken - Cadet Core Leader
Keith - Training Support
Keith - HAD Member
Peter - HAD Member
Martin - HAD Member
Neil - Stay Safe Online
Valerie - Office Support
Marcus - HAD Member
Nicola - Restorative Justice Facilitator
Nick - HAD Member
Kyle - Cadet Core Leader

October:

Stephen Cecil - Stop Search Scrutiny Panel
Mark - HAD Member
Christopher - Chaplain
Caroline - Restorative Justice Facilitator
Daryl - Office Support
Chris - Restorative Justice Facilitator
Andrew - Cadet Core Leader
Guy - HAD Member
Chelsea - HAD Member
Christopher - HAD Member
Jordan - Office Support
Kai - Cadet Core Leader



We are seeking Restorative Together volunteers!

The Restorative Together team are looking to recruit volunteers to train and become Restorative Facilitators. Restorative Justice enables those harmed or affected by harm to communicate in a supported environment to discuss how the harm that has been caused and how to find a way to repair it. Our Restorative volunteer facilitators work with those harmed and affected by crime providing support and guidance throughout the process. If you would like to know more, please contact the Restorative Together team via email on Restorativetogether@wiltshire.police.uk



Christmas appeal

The impact of the pandemic has had a devastating effect on many people throughout the County who are isolated, lonely and vulnerable; and it will be felt more so than ever at Christmas. In an attempt to remind those who are in need throughout our Communities that they are surrounded by care, compassion and support we have launched our Community Christmas Appeal. The scheme will collect donations such as hats/scarves and non-perishable foods such as jams, marmalades and mince pies, allowing for a mini hamper to be created for those who would benefit from it. Each hamper will also include a handwritten Christmas card or letter. We hope to utilise our PSV's and SC's as much as possible to help with collecting donations, packing hampers, promoting the campaign and delivering boxes, as well as getting our cadets to write letters and create other things to go inside. If you feel you are able to support this campaign, please fill out the below form. Our aim is to provide as many hampers as we can to the elderly, vulnerable or lonely across the County to make the festive period feel a little brighter for them, and in all honestly it will probably make us all feel good too!

<https://forms.office.com/r/6tmu0guNDP>

This is a really exciting opportunity to demonstrate to both the organisation and the wider community the power of CIP and I hope as many of you will get behind it as you can.

Further promotional literature and information to follow soon 😊

Places to Visit - UK's Prettiest Villages

FBM Holidays, which has been holidays lettings agency since around 1900, has recently compiled a list of the prettiest towns and villages across the UK. Over 160 locations were compared using a variety of categories including the number of: nearby national trust sites; Google images of the location; and times it is used in hashtags on social media. The number of awards, such as National Parks or Area of Outstanding Natural Beauty, the location has received also affected its ranking.

None of Wiltshire's towns were ranked within the top ten prettiest in the UK, the winner being Keswick in the Lake District. However, Castle Combe was ranked both the prettiest village in the UK and the overall prettiest town or village in the UK. The other Wiltshire location mentioned in the article was Lacock which just missed out on a place in the top ten villages but was an honourable mention.

You can use this link to see the whole article from [FBM Holidays](#).

Castle Combe:

Castle Combe is frequently ranked the 'Prettiest Village in England' and is described by Visit Wiltshire as "quintessentially English". To go with its picturesque nature Castle Combe also has a long and storied history starting instead with the location strategic importance rather than its beauty. Originally the ancient Celts built a hillfort at the location this was later captured by the Roman during their occupation of England. Once the Normans had conquered England the original hill fort was upgraded to a fully fledged castle. With the castle as a focal point Castle Combe became an important centre of the wool industry during the middle ages, with the river By Brook which flows through the village providing power to its mills.

Now the village is known more for its beauty than its strategic military importance, with little more than the earthworks of the castle still existing today. However, Castle Combe is still in a way strategically located but this time with respect to it being surrounded by the Cotswolds Area of Natural Beauty.



Unsurprisingly given Castle Combe's natural picturesqueness and the work performed to preserve its historic look, Castle Combe has been used as a filming location for movies including the original Dr Doolittle film, filmed in 1966, more recently War Horse, by Steven Spielberg. Taking this into account [Castle Combe's website's](#) claims that people have been visiting the village and enjoying the scenery for at least a century seems very plausible.

Even if you aren't visiting Castle Combe to film a movie there are still plenty of things you can do and places to visit. If you are interested in its historic appeal then you can enjoy the walk from the Market Cross to the river By Brook, or instead you could visit the 13th Century church containing one of the oldest working clock faces in the UK. If you are interested in something a little more modern Castle Combe Circuit allows you the opportunity to test out different vehicles around a driving circuit or rally track.

For more suggestions on what to do you can use this link to the Castle Combe page on [Visit Wiltshire](#).

Lacock:

Lacock, like Castle Combe, also has a long history and is also situated in the Cotswolds. Dating back as far as Anglo-Saxon times and due to the numerous limewashed half-timbered and stone houses Lacock has also been used as a filming location for movies and TV shows, including Pride and Prejudice, and Harry Potter.

Lacock's tourist attractions include [Lacock Abbey](#) which was built in 1232, with many of its original rooms remaining mostly intact. Since then other buildings have been added including a stable courtyard, clock house and most recently in the 18th century a summer house and gardens were added.



Another attraction, based on a former resident of Lacock Abbey, is the [Fox Talbot Museum](#). The museum is dedicated to the experiments of Henry Fox Talbot who made the first photographic negative using a camera in 1835.

More recently Lacock Primary School has been hosting the [Lacock Scarecrow Trail](#), where you are challenged to find scarecrows scattered across the village.

🔔 Let the bells ring 🔔



0815hrs on Monday 16th August 2021 was the early start for two of our very active Wiltshire Police volunteers, Ray Pattemore and Adrian Cottle, who were starting their journey in Adrian's preserved Ex Wilts Police Jaguar Car. This car is now 25 years old and is very well looked after by Adrian. Due to Covid restrictions, not many "outings" in this car have been possible over the last 18

months, so it was with great excitement that the pair were heading to Oxford where a serving police officer would be riding in the back with her father, to her wedding to another police officer. Sophie Hollis was the soon to be bride, a Detective Constable with Thames Valley Police who was to marry James Howell, a British Transport Officer with the Specialist Team. The first



part of the journey was to The Swan Country House Hotel in Streatley on Thames, where Sophie was staying with her family and bridesmaids. They



arrived at 0930hrs and were met by Martin, Sophie's father. Apparently, this very large and beautiful hotel complex was previously owned by Danny La Rue. Having refreshed themselves with coffee and croissants, they then explored the beautiful grounds which ran down to the River Thames, until 1215 hrs when it was time to depart with the bride to the Church for the Wedding ceremony.

The destination was St Andrews Church, East Hagbourne, a 20 minute drive away, where the marriage ceremony was to take place. This is a pretty little village 11 miles south of Oxford.

With Sophie and her dad now safely in the church, Ray and Adrian were provided with cups of tea and coffee by the very friendly neighbours, in this small rural setting.

40 minutes later, with the Church bells ringing, both bride and groom emerged from the church porch to be welcomed and congratulated by the assembled crowds of locals and of course by the following friends and family, out into a sunny daylight. With dozens of photographs taken and guests all smiling, it was now time to proceed to the final destination, now with Sophie and James sitting in the back of the police car. The next stop, Brize Norton, some 30 minutes drive with the sun still shining Sophie and James emerged from their journey to the delight of all their family and guests and handed a glass of champagne. Adrian and Ray's job had been done and having said farewell they made their way back to Chippenham, having completed a very special journey for the happy couple. At the couples request, a donation was made to COPS, (Care of Police Survivors) and the National Police Memorial.



 CONGRATULATIONS 

Chicken and Halloumi Burgers



Ingredients:

2 skinless chicken breasts

1 tbsp oil, plus extra for frying the halloumi, if needed

4 tbsp piri-piri sauce or other mild chilli sauce, plus extra for drizzling

½ lemon, juiced

Burger buns, split in half

250 g block lighter halloumi, sliced into 8 pieces

¼ small white cabbage, finely sliced

2 tbsp mayonnaise

4 tbsp hummus, tzatziki or soured cream & chive dip

Handful of rocket or 4-8 soft lettuce leaves

2 large roasted red peppers from a jar, drained and sliced

Directions:

Put the chicken breasts between two pieces of baking parchment and bash with a rolling pin until 1 cm thick. Cut each into two even pieces.

Heat two frying pans over a medium-high heat, heating the oil in one. Fry the chicken in the oiled pan for 3-4 minutes on each side until cooked through. Season. Reduce the heat, drizzle in the chilli sauce and half the lemon juice and cook for 1-2 minutes more until the sauce is reduced. Remove from the heat.

While the chicken cooks, toast the buns in the dry frying pan for 30 seconds. Transfer to a plate, then fry the halloumi in the pan (add a bit of oil if the pan is not non-stick) for 30 seconds on each side until golden. Toss the cabbage with the mayo and remaining lemon juice.

Spoon the hummus (or dip of your choice) into the toasted buns, then top with the rocket, chilli chicken, halloumi and peppers. Drizzle with a little more chilli sauce, spoon over the cabbage, season with black pepper, and top with the bun lids. Serve with any extra cabbage on the side, or a green salad.

More information and recipes can be found by following the link to:

[BBC Good Food](#)

Limoncello Tiramisu



Ingredients:

100 g (3 ½ oz) caster sugar
Zest and juice of 3 lemons
100 ml (3 ½ fl oz) limoncello
500g (1 lb 2 oz) mascarpone
600 ml (20 fl oz) double cream
3 tbsp icing sugar
100g (3 ½ oz) lemon curd
200 g (7 oz) savoiardi sponge fingers
2 large lemons
200 g (7 oz) caster sugar

More information and recipes can be found by following the link to:

[Good House Keeping](#)

Directions:

In a small saucepan heat the sugar, zest and juice of 2 of the lemons and 50 ml water. Cook over a low heat until the sugar is melted then bring up to a boil and reduce for 2-3 minutes until thickened, stir in half of the limoncello. Leave to one side to cool.

In a large bowl beat the mascarpone until smooth. Lightly beat in the cream, icing sugar, half of the lemon curd and remaining limoncello. And the remaining lemon zest and 1 tbsp of lemon juice. Stir 1 tbsp of lemon juice into the lemon curd.

One by one, lightly soak half of the sponge fingers in the sugar mixture and lay across a 20 x 30 cm ceramic dish. Spoon over half of the limoncello cream. Repeat with the remaining sponge fingers and cream. Leave to set in the fridge for at least 3 hours.

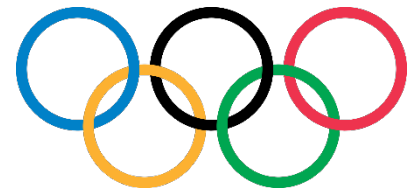
Slice the lemons as thinly as possible and remove any seeds. Bring a large pan of water to the boil and add the lemon slices. Boil for 1 minute then remove the slices into a bowl of ice water.

In a wide, heavy based saucepan add the sugar and 200 ml water. Simmer over a low heat until all the sugar has dissolved then turn the heat up and add the lemon slices. Simmer gently for 1 hour until lemons are translucent. Remove to a tray lined with baking paper and leave to cool.

When ready to serve, decorate the top of the tiramisu with the slices of candied lemons, if using, some lemon zest and drizzle over the remaining lemon curd.

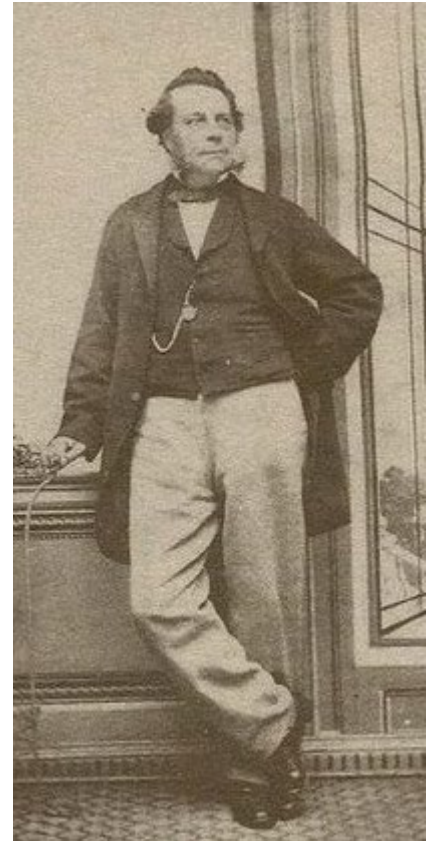
General Knowledge Quiz

- a. If you flip a coin twice what is the likelihood of getting heads both times?
- b. Who do the Swiss Guard protect?
- c. What does the second R in RADAR stand for?
- d. Archimedes lived on which Mediterranean Island?
- e. Which football club is the oldest in the world?
- f. What gives blood its red colour?
- g. How many countries boarder Egypt?
- h. Which Roman Emperor made his horse a Consul?
- i. How many seconds are in an hour?
- j. The Lord of the Rings movies were filmed in which country?
- k. How long did the Hundred Years War last?
- l. Shinto originated from which country?
- m. Which city is due to host the 2024 Olympics?
- n. Who played The Doctor when Doctor Who returned in 2005?
- o. Who wrote "A Brief History of Time"?
- p. The ancient Ouroboros symbol is typically depicted as what animal eating its own tail?
- q. How many balls are in a cricket over?
- r. What is the surface area of one side of an A0 piece of paper?
- s. Oxbow is a type of what geographical feature?
- t. What were Soviet astronauts called?
- u. What material is pencil lead made from?
- v. In which decade was the first mass-produced plastic discovered?
- w. What was the first song ever played on Radio 1?
- x. What was wrong with the Millennium Bridge in London?
- y. Who are teddy bears named after?
- z. A + followed by which two-digit number is the country code for UK phone numbers?



Whicher and Wiltshire - Ken Dew

Jonathan Whicher (right) was one of the original eight members of London's Detective Branch which had been established at Scotland Yard in 1842. In 1860, Wiltshire Constabulary, via a request to the Home Secretary, called him in to assist the investigation into the horrific murder of 3-year-old Francis Kent in Road, now called Rode and located in Somerset.



On 29th June the child had been taken from his nursemaid's bedroom, where he slept. The nursemaid, Elizabeth Gough, reported the child missing at 7.15 am to Mrs Kent, and a search involving the entire household and local villagers, was carried out and resulted in the grim discovery. The child's body was found his throat cut, in an outside privy in the garden of his family's house. In the house lived Samuel Kent (below), a factory inspector, his second wife Mary, who had previously been his mistress, and their 5 children, including was Francis. In addition, there were 4 children by from Samuels first marriage, these included Constance (below), 16, and her brother William, 14, and the family's servants.



The initial police investigation had located a nightgown covered in bloodstains hidden in one of the houses chimneys. The prime suspect being the nursemaid who was believed to be having an affair with Mr Kent. The gown was left in place in hopes to catch the murderer when they attempted to dispose of the evidence properly. However, one night the police officers responsible for watching the chimney were locked in house's kitchen. After the officers were released from the kitchen, they discovered the gown had already been taken.

A controversial inquest took place, in which the Coroner restricted the witnesses only to be police officers, medical practitioners and the servants of the house. It was only after the jury insist that the family itself was permitted to be questioned, and even then, Mr and Mrs Kent were never formally examined. The Coroner instead went to the house to only question two of the siblings Constance and William. With local attempts to solve the case stymie assistance from Scotland Yard was sort, after the second request Whicher was dispatched to Wiltshire.



When Whicher arrived, he commenced his enquiries and, by instinct, suspected Constance, believing she had probably been aided by William. Whicher concentrated his investigation around Constance and focusing on the missing bloodstained nightgown. Whicher proved that the nightgown belonged to Constance, who had blamed the lack of her night wear on the locals who did the house's laundry. Further Whicher proved only Constance had the opportunity to remove another of her gowns which she had stated had also gone missing to support her blaming the locals. Despite Whicher placing Constance under arrest, the case was not brought to trial, a working-class detective arresting a higher-class lady was relevant.



The evidence though was only circumstantial, the nightdress was never found, and the Magistrate gave Whicher another seven days to prepare the case against Constance. Mr Kent provided an experience barrister for his daughter who dominated proceedings leading to Constance being released on bail and the case later being dropped. The reaction in the newspapers was sympathetic to Constance and Whicher was so heavily criticised that he returned to London. Subsequently the local police conducted failed prosecution against Elizabeth Gough.

The case exemplifies how early investigations were directed heavily by magistrates, which well-to-do people could use to exert influence over local police officers. It further showed the importance of immediately searching and questioning the whole household at the scene of a crime, regardless of social status.

Five years later, Constance Kent admitted her crime to priest, Mother Superior, and Reverend Arthur Wagner. Subsequently Constance went to Bow Street Court where she made a confessed to killing Francis. She pleaded Guilty and was sentenced to death, but was later reprieved by Queen Victoria, instead she served 20 years. The murder was premediated as Constance had previously hidden matches in the privy to provide a source of light during the murder. The motive was revenge against Mrs Kent for her treatment of Constance's mother.

By the time of the confession (right), Whicher had been retired from the Police Service due to ill health. Only some of the newspapers which had been previously criticised Whicher during Constance's original trial, published editorials vindicating him.

The case became the first ever 'whodunit' and through Whicher's dogged detective style and methodology, he became the inspiration for many a fictional detective such as ITV's Jack Frost and its own series "The Suspicions of Mr Whicher" on ITV.



Health & Wellbeing

Police Chaplains - contact your Co-ordinator

Every Mind Matters - [Every Mind Matters](#)

Samaritans: 116 123

Whatever you're going through, a Samaritan will face it with you. We're here 24 hours a day, 365 days a year.

Silverline: 0800 4 70 80 90

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

SHOUT, Crisis text service: Text SHOUT to 85258

Shout is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Shout is powered by a team of volunteers, who are at the heart of the service. We take people from crisis to calm every single day.

Answers

- | | | |
|----------------------------|--------------------------|------------------------------|
| a. 1 in 4 (25%) | j. New Zealand | s. Lake |
| b. The Pope | k. 116 years | t. Cosmonauts |
| c. Ranging | l. Shinto | u. Graphite |
| d. Sicily | m. Paris | v. 1900s (1907) |
| e. Sheffield Football Club | n. Christopher Eccleston | w. Flowers in the Rain |
| f. Haemoglobin | o. Steven Hawking | x. It wobbled when walked on |
| g. 4 | p. Serpent or Dragon | y. Theodore Roosevelt |
| h. Caligula | q. 6 balls | z. 44 |
| i. 3600 seconds | r. 1 m ² | |



We must keep on protecting each other.





HANDS



FACE



SPACE

STAY ALERT • CONTROL THE VIRUS • SAVE LIVES