



The Frome Shed

Every man needs a shed

Reducing the sense of isolation and promoting health and wellbeing in older men.

“It's a place to meet with new-found friends, contribute old skills, learn new ones, chat and banter, and drink lots of tea “

What is a Men's Shed ?



What it isn't.....



Our Aims

- To provide a venue for men to talk and connect with others while participating in group or individual projects.
- To provide opportunities for friendship and socialising in a safe environment while at the same time providing the space, expertise and facilities for men to pursue hobbies, crafts and other creative activities.
- To undertake projects, acceptable to the group, which are of benefit to individuals, other groups and the broader community.

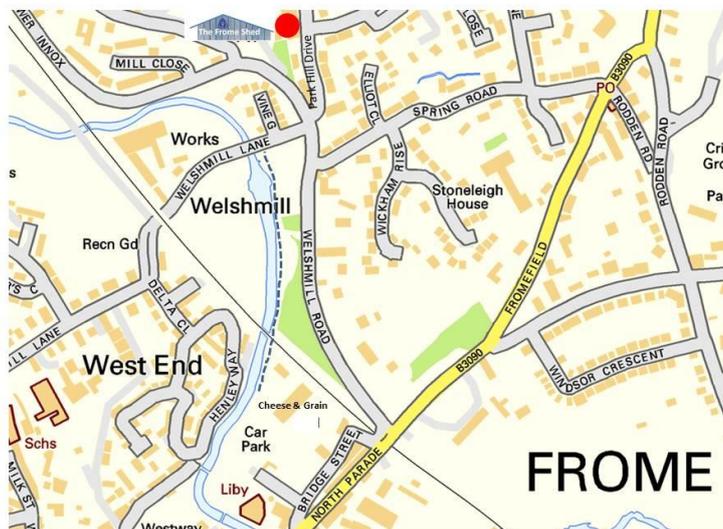
Membership

The Frome Shed is established as a Community Organisation, which is a not for profit organisation, and is planned to be registered as a Charitable Incorporated Organisation (CIO) shortly.

Membership is open to all (Over 18). The annual fee for membership of the Frome Men's Shed is £5. Fees for attendance of the Frome Men's Shed workshop is £3 per session, although we operate on the basis of "Pay what you can"

Where are we ?

The Frome Men's Shed is based in the Welshmill Hub. The Welshmill Hub is located in Parkhill Drive, Frome, BA11 2LE. Look out for blue garage doors, and a glass door to the left. Go through the glass door and up the stairs. We are in the far corner.



We are open every Thursday, from 9am to 1pm. Unfortunately, the venue is not wheelchair accessible, and has 15 stairs! – Sorry.

Contact us

For further information please visit the website at:- www.fromeshed.org.uk
Or contact Patrick Abrahams:- Tel: 07932-760585
Email: Info@fromeshed.org.uk

What do we do ?

The Frome Men's Shed undertakes small projects for other Community Groups, and local residents, or you can work on your own projects. We always say "Come When you want, If you want, and do What you want" (subject to Health & Safety !)

Come and visit !

Please come along and visit the Men's Shed in Frome any Thursday, between 9am and 1pm. We have 2-3 visitors every week – Come and see what we are working on, and have a Tea or Coffee !



Our Supporters

A big thanks to all our supporters !

Somerset County Council



Aster Homes



Frome Town Council



Mendip District Council



With support from many local organisations including:-

Mindset Training



Edventure CIC

