

## Dementia Action Group Meeting Wednesday 6 October 2021 1600 – 1730 at Alton Community Centre

Item	Content	Action
1	Present - Karen Murrell (KM), Anne Heath (AH), Janet Dunkley (JD) <b>Apologies from</b> – Judy Aiken (JA) Sarah Westbrooke (SW), Sylvie Stamp (SS), Maxine Ford (MF),	
2	Notes of last meeting – were agreed and will be revisited as relevant going forward.  Matters arising – Exciting news - since previous Minutes sent out, we have received a nomination by Gillian Neeve putting DFA forward for the Queens Award for Voluntary Service! This has been supported in writing by the Mayor and by Kate Dando. Alan Titchmarsh is part of the County Assessment Panel. The outcome will be known in May 2022, and in June 2023 the Award would be in the form of tea at Buckingham Palace should we be selected.	
3	Dementia Friends update – KM recently gave a Dementia Awareness presentation at Austen Place which was well received. They wanted further information on signs and symptoms and what to look for. Champions update – nothing to report	KM to drop in further info to Austen Place
4	Finance report (Expenditure/Petty Cash/Bids) £7101.14 funds at present; recent expenditure being on Memory Café, Sensory Garden and gardening related items. KM shared the accounting summaries and reported a healthy balance at present. Graham Hill has indicated a further £200.00 may be available before end of this year-? use this to install	
	wheelchair ramp for access to the Courtyard garden at ACC.  McCarthy & Stone will be assisting with the allotment site and will be providing some carpentry help when available. KM planning to approach the Allen Lane Foundation to extend our work in the Town Park in the form of a Butterfly Walk to encourage our members to move around the park. We are putting together a bid for 'No Wrong Door', a mental health transformation across the NHS in Hampshire & Isle of White which looks to improve access. We would like to increase our Wednesday café capability to help further in the community.	KM liaising  KM  KM  KM meeting with ACC & Altonian staff to discuss further on 20/10
ement riendly lampsl		JD to assist KM  AH to chase if necessary  KM applying for gift aid

		Events 2021/ 2022	
	5	4.12.21 Yuletide Festival, 10-4pm with Raffle	Volunteers?
		11.2.22 Demfort at Footival Hall Determined	KM attending
		11.3.22 Demfest at Festival Hall, Petersfield. ?.8.22 Forget-me-not Church Service	
	6	Newsletter Draft / Website / Facebook	
	O	Singing event dates incorrect on current Newsletter, ie	KM
		should be 5 and 19 November.	IXIVI
		Next Newsletter scheduled for December.	
		Website looking good.	
		Aim to link Facebook to Website with weekly updates.	JD
	7	Development of Meeting point on a Wednesday at	- 02
	•	ACC – Update – to include: Scrapbooks / Wishing Well	
		Choir / Love to Move / Gardening / Intergenerational	
		sensory session	
		•	
		Aim to make Wednesday a full Dementia focused day,	All involved on
		with range of activities in the morning, additional	Wednesdays to
		horticultural support/interest, volunteer assistance from	try and attend
		SW with ie a Quiz. After lunch KM to do Love to Move.	meeting with KM,
		Soon hope to extend afternoon to include gardening	ACC & Altonian to
		option for the later risers.	agree plan going
		Reintroduce Choir, bringing in singing in the mornings and	forward
		alternative week afternoons.	
		Tots Play have contacted us re a sensory	
		Intergenerational session. Possibly to start in new year.	
		Possibly 10.30-11am before Memory Café.	KM liaising
	8	Review / plans for –Memory Lane Singing / Tea	
	0	Dances / New - ? Friendship Cafe @ Brendoncare" /	
		Lounges at the Lawns	
		Memory Lane singing continuing on 1st and 3rd Fridays,	
		this is being well attended and now held indoors.	
		SW & KM looking to introduce a Love to Move session on	
		the other alternative weeks for Orchard House residents	KM to do poster
		from Jan 2022.	
		Tea dances re-established, on Tuesdays. All pleased to	
		be back.	
	0	Cordoning / Outdoor avents Undeta from Canada:	
	9	<b>Gardening / Outdoor events</b> – Update from Sensory garden team / town park & plans for the Allotment group.	
		Regular attendees now visit and engage each week as do	
		some of the children and members of public using the	
		park on Sunday afternoons – so a very positive message	
		has been given. Will not have sessions Dec-Jan to avoid	
		worst of winter weather – plan to restart Feb 2022	
		Gardening related activities going really well but a lot more	KM to meet with
		planning to be done going forward – to link up the	garden adviser
		activities between the Community Centre, Sensory	Josie re a plan
-	lomont	Garden and also the Allotment when it comes into play in	
E	riendly	Spring 2022.	entia
F	dring	Activities – Activities resource book & developments	SILICIO
•	idilipai	? support for Altonian Memory Café at Home / Local	NAC

	Guide for newly diagnosed from DFA? in Hampshire Guide	
	Need to take opportunity to further develop resources we have, ie in Memory Café, box contents, ready-to-go kits, resource books and materials.	KM SS to discuss
	SS wants to develop Memory Café activities in the home for when attendees cannot come to ACC. Looking at little packs that Carers could take to homes.  We are also looking to introduce a MC scrap book for individual books to help both here and at home sharing photos, activities, etc. Craft paper to be sourced  Looking for financial support for a DFA Community	KM
	Outreach Project, developing resources for ie Altonian Care to effect this project.	
11	Calendar for 2022 The possibility of having a Calendar was revisited and may well go ahead. Considering Specsavers as a Sponsor, or an Estate Agent, or local Solicitor.	Check cost / lead time with Treloars to print - KM KM to contact Solicitor - Kelly for support. AH to visit Estate Agents & SpecSavers for sponsorship.
12	Events / forward planning / meeting dates (Dec 2021/2022)	
	20.10.21 meeting with ACC agreed regarding forthcoming Wednesdays.  Hampshire Guide where we feature, to be printed and circulated shortly.	KM to attend
13	DFA are no longer part of the HHH, who following successful CQC registration are focusing their Happy at Home activity in Farnham and Southampton and running Dementia-friendly Aldershot. We are therefore reverting to our Community Group status as before. Our insurance with Zurich remains in force. Many of our volunteers have current DBS due to their work roles – if any other volunteers wish to complete DBS this can be achieved via government website – and cost reimbursed by DFA KM shared our new planner slip for attendees to take home with reminders of what is happening in the future and details of what to bring next week (ie bring scrap books back/bring poppies/ etc). Blue Bus fridge magnets also to be provided. Sample sheet shared with committee.	Volunteers to speak to KM
13	We have developed lovely 'Thank You' cards for our new 'thank you for helping us' process in force after events.	KM/JD
14	Date for next meeting 1.12.2021 4-5.30pm at ACC	
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