



Bulletin

April
2019

The Parish Newsletter for everyone in Ash, Hodsoll St, New Ash Green and Ridley.

ANNUAL PARISH MEETING

WEDNESDAY 10 APRIL 2019
AT 8.00PM
NEW ASH GREEN YOUTH &
COMMUNITY CENTRE, NORTH
SQUARE DA3 8JY

The Chairman and Councillors of Ash-cum-Ridley Parish Council extend a warm welcome to all parishioners in Ash, New Ash Green, Hodsoll Street and Ridley to attend the Annual Parish Meeting.

This is your opportunity to come along and hear about the work that has been undertaken by the Council over the past year, ask questions and make your views known on local issues.

The Parish Council is represented by 16 serving councillors who are all unpaid local residents.

What does the Parish Council do?

- Manages Ash Green Sports Centre and Gym*
- Liaison with Sevenoaks District Council on Planning issues, protection of the Green Belt and local issues.*
- Administration and maintenance of Ash Burial Ground.*
- Youth provision—Youth Club through West Kent Communities, support to - 12's Club and sponsors two family fun days in summer.*
- Thursday Lunch Club for residents over 60*
- Management of Northfield, jointly with Hartley Parish Council*
- Chairs the New Ash Green Focus Group—people from the local community meeting with Police and the Community Safety Unit.*
- Barnfield Park Liaison Group*
- Gives small grants to Charity and Community Groups.*
- Maintains Ash War Memorial and Bowdler's Well, Ridley.*

NEW ASH GREEN COMMUNITY SAFETY FOCUS GROUP TACKLING ANTI-SOCIAL BEHAVIOUR AND CRIME



Representatives from the Police, Community Safety Unit, Anti-Social Behaviour Officer, Community Wardens, Kent Fire & Rescue Service, Parish Council,

Village Association, Neighbourhood Watch, New Ash Green Town Team and Primary School meet quarterly to discuss local concerns and issues such as Anti-social behaviour locations and issues, Parking, Youth Provision, Neighbourhood Watch. The following Residents Societies have agreed to be a point of contact to bring resident's concerns to the group and if necessary to attend meetings: Ayelands, Bowes Wood, Capelands, Chapel Wood, Colt Stead, Knights Croft, Olivers Mill, Over Minnis and Spring Cross.

If you have concerns that you would like to raise, please contact your Residents Society if listed above. Alternatively contact the Community Safety Unit direct on 01732 227000, email community.safety@sevenoaks.gov.uk or the Parish Clerk on 01474 702760 email info@acrpc.org.uk.



ADVICE AND MEDIATION



Outreach at New Ash Green
Every Thursday morning at
The Youth & Community Centre
North Square, DA3 8JY
Advice line 03003 309001

Neighbours/Community Parent/
Teenager Mediation Work place &
Homeless Mediation
Tel: 01732 469696
Email: theoffice@wkm.org.uk



Support line: 08081 689111
www.victimsupport.org.uk

CONTACT THE PARISH COUNCIL

Parish Clerk: 01474 702760 Email: info@acrpc.org.uk
Website: www.hugofox.com/community/ash-cum-ridley-parish-council-12628

COMMUNITY

COMMUNITY HUB

**FIRST TUESDAY OF THE MONTH
10AM TO 12 NOON**

Community 'Pop in' A chance to meet up over a cup of tea and a piece of cake.

SIMPLY SINGING

**FOURTH TUESDAY OF THE MONTH
10AM TO 12 NOON**

For those who enjoy singing for pleasure

LITTLE LEGS COMMUNITY HUB

**THIRD TUESDAY OF THE MONTH
10AM TO 12 NOON**

Free meeting place for those caring for children who may feel isolated or just want to meet other Parents/Grandparents/Carers for a chat over a cup of tea.

VENUE

Simply Singing and the Community Hubs are held at New Ash Green Village Hal, Centre Road, New Ash Green, DA3 8HH.

For more information please contact Jackie West (KCC Community Warden) on 07811 271259
Email: jackie.west@kent.gov.uk

YOUTH PROVISION

DO YOU REALLY LOVE WORKING WITH YOUNG PEOPLE?

We mean, **REALLY** love it. Because we think our young people deserve the best?

We're looking to expand our youth team and we need a number of youth workers to help us run our successful clubs in and around the Sevenoaks District. We can offer anything from just 3 hours a wee to around 15 hours a week if you are prepared to travel. Or you can join us as one of our bank team and just cover when we need it or when you are available. All our work is in the evenings, some clubs start at 3.30pm others at 6/6.30pm.

We're looking for people who are passionate about helping young people achieve their goals, we work with young people from 8 to 19 years. Some of them need extra support for their medical, mental or behavioural needs. All of them need you to be organised, enthusiastic, full of ideas to engage them, creative and committed. There is no typical youth worker, you might be leaving college or uni and looking for your first job, working as a teaching assistant or teacher and looking for extra hours or maybe you've had a career and are now looking for a new challenge. Whatever your age (but over 18) or background if you truly want to make a difference to young people's lives then you could be who we are looking for.

Think you're up to the challenge? Then apply now! Please contact **Charlotte Ede**, Youth Services Manager for more information on **07715 993313** or email charlotte.ede@wkha.org.uk

WestKent

Places to live. Space to grow.

Volunteers Needed!

Would you like to work with young people in New Ash Green, supporting staff at the Youth Club on Wednesday evenings from 7pm—9pm. West Kent Communities will provide all volunteers with the necessary training, Disclosure and Barring check and references are taken prior to working on the project.

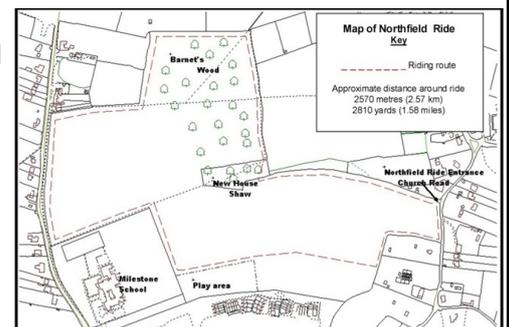
INTERESTED?

Then apply now! Please contact **Charlotte Ede**, Youth Services Manager for more information on **07715 993313** or charlotte.ede@wkha.org.uk



Northfield Horse Ride
An off-road ride available for any local rider to join.
Only £20 to join and £5 annually thereafter.

Application packs available from
Ash Green Sports Centre
Telephone: 01474 707164
info@ashgreensportscentre.co.uk



PARISH COUNCIL NEWS



PARISH COUNCILLORS

NEW ASH GREEN SOUTH EAST WARD

Councillors: Mike Brown, Roxana Brammer, Jill Clucas, Pam Connell, John Kelly and Paul Nightingale

NEW ASH GREEN NORTH WEST WARD

Councillors: Carol Clark, Sarah Hobbs, Steven Glover, Mark Manley, Ian Mann and Vusi Ngwenya.

ASH WARD

Councillor: Jeremy Scott, Vacancy

HODSOLL STREET & RIDLEY WARD

Councillors: Frank Cottee and Margaret Howie

You can contact your Councillors through the Clerk, Parish Office, Ash Green Sports Centre, Ash Road, New Ash Green, DA3 8JZ, telephone 01474 702760 or email: info@acrpc.org.uk.

THURSDAY LUNCH CLUB

OVER 60? Come and dine with us.

At 12 noon

Every Thursday at the Youth & Community Centre

Our diners enjoy a freshly cooked quality two course meal prepared by our professional cook.

The £5.50 charge includes tea or coffee.

For more information please contact the Parish Clerk on 01474 702760



ASH GREEN SPORTS CENTRE AND GYM

WHY ME?

WE ARE ALL CHASING A BETTER LIFE, SPENDING OUR TIME EARNING MORE MONEY, HAVING MORE 'THINGS', THE LATEST TV, PHONE OR CARS. WE INVEST A LOT OF OUR TIME ON OUTWARD, MATERIAL OBJECTS THAT WE THINK WILL MAKE US HAPPY, UNTIL THE NEXT NEW 'THING' COMES ALONG.

BUT HOW MUCH TIME AND EFFORT DO YOU GIVE TO YOUR HEALTH? AS WE AGE WE ARE AT GREATER RISK OF DEVELOPING A VARIETY OF HEALTH CONDITIONS SUCH AS OBESITY, DIABETES, CARDIOVASCULAR DISEASE, STROKES, ARTHRITIS AND CANCER BUT TO NAME A FEW. BY THE TIME THESE CONDITIONS OR OTHERS NOT MENTIONED MANIFEST, IT'S MAYBE TOO LATE, THE CAT IS ALREADY OUT OF THE BAG.

THIS DISEASE ORIENTED APPROACH TO HEALTH IS A SAD REFLECTION OF OUR MODERN INDUSTRIALISED AND COMMERCIALISED SOCIETY. THEN TIME BECOMES AN IMPORTANT FACTOR AND THE RACE IS ON!

WELL WHY NOT YOU, OR ME? WHAT ARE YOU DOING TO LOWER YOUR RISK FOR ILLNESS AND DISEASE? BEING OVERWEIGHT, GETTING DIABETES, BEING AT RISK OF HEART DISEASE AND CANCER DOESN'T JUST HAPPEN. AS WE AGE RISK FACTORS ACCUMULATE OVER TIME. AND THANKFULLY MOST OF THEM ARE MODIFIABLE, AND THIS GIVES YOU SOME CONTROL!

YOU HAVE AMPLE OPPORTUNITY AND CAPABILITY TO PREVENT DISEASE! IT'S TIME TO GET SERIOUS AND DO SOMETHING ABOUT PRESERVING YOUR HEALTH AND EXTENDING YOUR LIFE.

IT'S A FACT! PEOPLE WHO EXERCISE AND EAT PROPERLY LIVE THE LONGEST; GOOD HABITS EQUATE TO LONGEVITY. EXERCISE AND GOOD NUTRITION REDUCE CHEMICALS PRODUCED BY THE BODY THAT QUELL INFLAMMATION AND MAINTAIN TIGHT BLOOD SUGAR CONTROL. DIET AND EXERCISE ARE MESSENGERS THAT SWITCH ON CHEMICALS IN THE BODY THAT CONFER PROTECTION FROM A VARIETY OF DISEASES.

YES, HEALTH IS A CHOICE. IT'S NOT YOUR RIGHT. YOUR HEALTH IS A PRIVILEGE THAT YOU MUST EARN AND TAKE RESPONSIBILITY FOR.

OUR JOB AT ASH GREEN SPORTS CENTRE & GYM IS TO HELP YOU BUILD A STRONG FUNCTIONAL AND HEALTHY BODY, BUT YOU ARE THE ONE WHO WILL HAVE TO DO THE WORK AND TAKE AN ACTIVE ROLE IN YOUR OWN HEALTH.

TAKE THE FIRST STEP, COME AND HAVE A FRIENDLY CHAT WITH US AT ASH GREEN SPORTS CENTRE & GYM AND TAKE THAT FIRST STEP TO BETTER HEALTH.

**Ash Green Sports Centre, (on the Milestone School site), Ash Road, New Ash Green, DA3 8HY
Telephone: 01474 707164
Email: info@acrpc.org.uk**

FREE INDUCTION AND PERSONALISED PROGRAMME



**DONT SAY
WHY ME???**
INSTEAD
**SAY
TRY ME**



The Rudes are back in New Ash Green



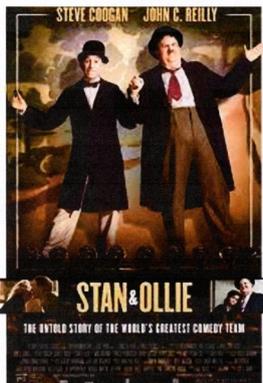
Put Sunday 2nd June in your diary to see the Rude Mechanical Theatre who will be on the primary school field again for their annual outdoor theatre. They will be performing a revival of their inspiring 'Ikarus Inc', a play about hopes and dreams. You won't want to miss it! Set in the little town of Dreamville, Indiana, in the '50's, a travelling salesman, Daedalus H. Gildersleeves, and his son Ikarus, sell dreams from a suitcase. Secret hopes are laid bare as they begin to fly the townsfolk up into the clear blue skies to their dreams. Hilarious, romantic, tender, searching – and laced with rock'n'roll! Meanwhile the ladies of the local Buffalos Club – the Buffalesses – enter a competition to make the biggest pumpkin pie ever to raise money for 'the sufferin' poor'. For 'Ol' Mercy Coffin it is just the devil tempting them. But will they fly and achieve their dreams or come crashing down to the cold hard earth? Will the pumpkin pie get baked? Will they win the competition?

Tickets are £17 + concessions - available by ringing 01323-501260 & online at www.therudemechanicaltheatre.co.uk. Bring a picnic, your own chair and warm clothing.

ASH VILLAGE HALL

ASH~ VILLAGE HALL
WEDNESDAY APRIL 24th

DOORS OPEN 7.15 ~ STARTS 7.40 ~ ENDS 9.45



~ £6.00 ~ ALL SEATS ~ £6.00~

PAY AT THE DOOR or RESERVE & PAY ON LINE
www.curzoncountrycinema.co.uk



THE COTTAGE COMMUNITY



Wet Room Now Open

Do you struggle to have a bath in your own home?
Would you find a walk in / fully wheel chair
accessible shower more convenient?

Are you a care giver who has a client that would
benefit from a spacious walk in shower?

Our new wet room can be hired for £12/hour,
accessible for everyone.

If you would like more details then please don't hesitate to call
01322668106 or email
admin@racdv.org.uk



The Cottage Community, 100 Brands Hatch Park, Scratchers
Lane, Fawkham, Kent, DA3 8PU

USEFUL NUMBERS

Kent Count Council	03000 418181
Sevenoaks District Council	01732 227000
Kent Police - emergency calls	999
Kent Police—non emergency calls	101
Anti Social Behaviour Officer	01732 227000
Community Warden	07811 271259
Doctors Surgery	01474 873828
Village Pharmacy	01474 873811
Citizens Advice	03003 309001
Arriva Northfleet	01474 535138
West Kent Mediation	01732 469696
Ash Village Hall	01474 874693
Hodsoll Street Village Hall	01732 823707
NAG Youth Centre	01474 872441
NAG Library	03000 413131
NAG Village Association	01474 872691

REFUSE SACK DELIVERIES

A roll of black refuse sacks and a roll of clear recycling sacks are delivered to every household every 20 weeks. Should you require additional sacks, these can be purchased from Ash Green Sports Centre on the Milestone School site.
Garden Waste Sacks £14.50 for 25
Recycle Sacks £0.50 per roll



Open Monday to Friday 9am—9pm
Saturdays 9.30am—5pm and
Sundays 9.30am—2pm
Call 01474 707164