## Money Matters, Time Matters event comes to Frome

ASTER Communities has teamed up with over 20 Somerset organisations to hold Money Matters, Time Matters, a free drop-in event for people living in Frome to get help and support on financial matters.

The event takes place at the Cheese and Grain on Tuesday 31st March, from 2.00pm-7.00pm. Experts from Aster and other local organisations will be on hand to give advice to visitors on how to make the most of their money, pass on budgeting tips, how to reduce household bills, and much more.

A variety of stalls will also be available, offering information about a wide range of activities and volunteering opportunities. There will also be cookery tips and a practical work demonstration by Frome Men's Shed. Customers can also bring along unwanted household items and donate them to Twice as Nice, Aster Communities' furniture, white goods and paint re-use scheme.

Free refreshments will be available throughout the afternoon and baguettes and baked potatoes will be served from 4.00pm. Visitors will be able to enter free prize draws to win some great items. There will also be a range of children's activities, including Easter-themed crafts and a toy library.

David Allford, Aster Communities' customer involvement and community development manager said, "With the cost of living rising all the time, it's vital that we hold events like these to give local people practical advice on managing their budgets well and helping them make any savings they may not have realised they could make.

"There's going to be lots happening on the day and lots of other great stalls and activities which visitors can come and enjoy. We'd love to see as many people as possible."

For further information, please contact Aster Communities on 01749 832039.