

North Tawton Bowling Club

Regulations for the opening of the Short Mat Bowling season

Covid restrictions

The following guidance is the result of documents issued by ESMBA (English Short Mat Bowling Association) Dated July 2020. ESMBA Covid-19 Compliance Guidelines.

Before you go:

• **Do not go to the club if you are experiencing any coronavirus (COVID-19) symptoms or any cold or flu-like symptoms, in particular a cough or a high temperature. For your own protection, follow the advice about self-isolation if you are, or are living with, someone in one of the vulnerable groups.**

- ❖ **Only go to the Club if you have pre-booked a bowling slot by phoning Gordon Denham on 07940-801364. A booking record system will be available via the website.**
 - * There will be 30 minutes between allocated time slots to enable players to arrive/ depart safely. When booking a time slot this will be a 2 hour 30 minute slot. You can then play a 2 hour game (prescribed by ESMBA) within this slot which will allow time to arrive and time to leave before the next time slot starts. It is essential that you vacate the premises before the end of your 2½ hr slot.
 - * Charges. These will be £2.00 per session. The booking log will determine the cost per player. The club will ask for payment via BACS or other approved method once per month.
 - * There will be a maximum of 6 people at the club at any one time. No visits/spectators to be admitted to the club.
 - * Play will be on a single mat placed in the centre of the hall. This mat will be in place throughout the indoor period.
 - * It is requested that you book no more than 2 sessions/week to make sure everyone has a chance to play, this will be reviewed.
 - * It is proposed to book time slots from start times of 10am until 7:30pm

- ❖ **Dress appropriately before you get to the club to avoid the need to change clothes – change shoes immediately before and after your game in the club house.**

- ❖ All chairs, tables etc are cleared to the storage building leaving only 4 chairs for comfort while changing shoes. Cleaning wipes will be available to clean the metal areas of the chair prior to leaving the building.
- ❖ No drinks will be available, therefore please bring any refreshments with you. The kitchen and bar will remain closed and therefore not available.
- ❖ Travel to the club on your own or with members of your own household only – do not offer a lift to, or accept a lift from, anyone outside your household. Do not arrive before your allocated booking time.

At the Club:

- ❖ Be aware of posters showing the latest Covid-19 government guidelines on posters in the club house
- ❖ For Track and Trace please scan the QR code on posters displayed in the club house. Use your mobile phone with the Covid-19 NHS app installed. Open the app and scan the QR code. This will register your time in the club.
- ❖ If you do not have a SmartPhone with the NHS app then you must complete the ESMBA Track and Trace form before playing the game. These are on the kitchen hatch or the bar top. These will be kept for 21 days.
- ❖ If arriving by car please park in the car park and leave at least 2m between vehicles.
- ❖ Please make sure the main gate is closed after you have accessed the club as this will discourage members of the public from entering the ground.
- ❖ In the hall the only toilet will be the disabled one. The other two will be marked 'NOT IN USE'.
 - * There will be soap, hot water and paper towels available in the disabled toilet, please use the lidded bin to dispose of the paper towel
 - * Hand sanitiser will be available in the toilet area.
 - * Clean anything you have touched after use. Dilute bleach sprays will be available for this.
 - * Sanitise door handles before and after use with the dilute bleach spray provided.

- ❖ **To Ensure ventilation is provided, open windows and at least one door during the time you are at the club house**

Playing the game

- ❖ **To minimise the risk of infection, maintain social distancing of 2 metres. Only essential items will be available in the hall:**
 - * Mats
 - * Jacks
 - * Spray chalk
 - * Scorecards (these should be retained by one person only if required)
 - * Bowls lifters (These are needed to lift bowls from the mat - do not touch other players bowls)
- ❖ **Choose one person only to position the wooden block. Same person for whole game irrespective of who moves it.**
- ❖ **To minimise the risk of infection, all other equipment not deemed essential, will not be available, and should not be used. This includes:**
 - * Scoreboards
 - * Chalk sticks
- ❖ **Bowling arms/lifters should only be used by one person if required**
- ❖ **Wash or sanitise your hands and sanitise all equipment (including bowls, jacks and mats) you use before and after you play – do not assume that the person before you has sanitised the equipment thoroughly**
- ❖ **Games are limited to 4 players only per mat keeping to the social distancing rules.**
- ❖ **Do not stop illegal bowls that might hit the centre block or run into the ditch. Do not touch other players bowls.**
- ❖ **Do not shake hands before, during or after a game. Do not ‘high-five’ or ‘hug’ or ‘kiss’ other players to celebrate shots or a win.**
- ❖ **Only one designated player should handle the mat during the session**

- ❖ **Spray Chalk. One designated player only to mark all woods during the game**
- ❖ **Two jacks (one at each end) should be used and each one set by one designated player only throughout the session**
- ❖ **Social distancing rules must be strictly adhered to at all times**
- ❖ **Do not touch your opponents' bowls with your hands**
- ❖ **Avoid measuring for shot/s**

Leaving the Club:

- **There will be no rubbish bins so please take any rubbish away with you**
- **When you finish playing, change your shoes and leave the club immediately – ensuring that you have sanitised all equipment used and that the club is secure.**

History

Version 1 - 27th August 202

Version 2 - 15th Sept 2020 - Amended to match the ESMBA Risk assessment. Submitted to ESMBA

Version 3 - 30th Sept 2020. Amended to include the NHS Covid -19 mobile phone app and scanning the QR code. Added note ref Spray chalk - one person only.

Version 4 Amended 1st November 2020. Play time expended to 2 hours. Slot time increased to 2½ hours