

Town's MP provides update on Charlton's Boundary **Commission... Page 3**

A letter from **Revd Alex** Randle-Bissell... Page 5

🏹 Welcome to your 'NEW LOOK 'autumn edition... "Hi, I am Jemma, your new editor. Within these pages, you will find a delightful array of community stories, upcoming events, and insightful articles that will surely captivate your senses and deepen your connection to our beloved village. So grab a cozy blanket, your favourite beverage, and immerse yourselves in the joys and wonders that this enchanting season brings."

Contended to the second second

Quarterly Edition | September 2023

Charlton Village

COMMUNITY Day

FLATABLES FOOD

Thank you to our sponsors!

Another great Community Day

More than 1,500 people enjoyed our community day, and after receiving some very positive feedback... we cannot wait for the next one!

A huge thank you to everyone that came along on the day, in support of this event, and to our sponsors... without you all it would not have been possible. We had lots of fun and celebrated the village of Charlton, and together we raised £4000, with half going to St Thomas' Church and half going towards the Charlton Village Hall project.

The arena events were very high quality and were supported by large crowds. The Rock Choir was a great addition this year and we hope to be able to engage them at future events. Both the dance schools, Ruby Slippers and Louise Vincent, were fantastic... and despite the crowd and the noise, we were treated to an excellent demonstration of dog agility by Katie Thomas and her daughter Jessica. Scorpion Judo Club gave us a dynamic demonstration of what they can do, and the Dog Show again proved very popular with our experienced judge, Lynette Aslett, at the helm.

This year we had a few tug-of-war teams and the trophy was won by Apsley Farm. They will be back to defend their title next year... so get training!

There was so much more going on throughout the day, so thank you to all those who helped plan, prepare and deliver on the day. The 'old guard' of organisers are creaking a bit, so we will need more people, from all walks of life, to stand up next year. If you're interested in taking part and helping shape 2024's Community Day – get in touch!!



For the latest local news | Visit: <u>www.charltonvillage.org.uk</u> | Follow: **F** Charlton Community Chat

Parish Council Updates

Village Hall - Where are we now?

Following local consultations as part of the annual parish meeting and a leaflet drop, the next step is to have volunteers engage on the doorstep to re-confirm residents' support for this long-wanted facility. It is a major undertaking for the village and planning permission will largely depend on grass-root support.

As this is a major project, the parish council will be looking to engage a project manager and work up a project plan. We will be committing our money, so we need to be sure.

The latest news from the Village Hall Committee will be available on the Parish Council website.

WWW.CHARLTONVILLAGE.ORG.UK/COMMUNITY/CHARLTON-PARISH-COUNCIL-12680/VILLAGE-HALL



We are delighted to share that we've co-opted two new councillors onto the Parish Council who will be great additions to the team. They are: **Councillor Daniel Rawlingson** and **Councillor Norman Woods**.

We still have vacancies. If you're considering it and would like to find out more... contact <u>clerk@charltonvillage.org.uk</u>, or speak with any of your existing councillors (contact details can be found on page 4). **It will be great to get more residents on-board!!**

Charlton Village Community Association

After seeking advice from the Charity Commission and other organisations, it has been decided that... *for now*... our Association will be 'unincorporated'. There are many pros and cons, however, given the simple nature of the association and the lack of assets we own or manage, it makes sense to keep it as simple as possible.

The principle is that the Association is a membership group. We would have a committee (up to 9 people) that would meet as required. Members could attend these **committee** meetings, but could not vote. We would also have **general meetings**, when all will be encouraged to have their say and vote... and of course, an Annual General Meeting. *There's a General Meeting planned in for October.

The Association's purpose is to:

- Support and enhance community life and the wellbeing of Charlton Village - engendering community spirit and cohesion.
- Act as a sounding board and catalyst for current and future village activities.
- **Organise** and run village or parish events, in collaboration with Charlton Parish Council and St Thomas' Church.
- Promote the timely delivery of information and articles for the Charlton Newsletter and social media.

If you want to join the Committee, or register as a Member - *it's all free* – all you need to do is email jsmithcvca@gmail.com or clivewardcvca@gmail.com

Charlton Waterside

The new gate has now been installed in the railings by Tesco, and a sign saying 'Charlton Waterside' should be in place over the next few days. The picnic table is in place and a litter bin will be, or has been, fitted close to the entrance. A resident has quoted to paint the railings including the gate, so it should look smart and be protected for the winter. Also, the 'Bug Hotel' has residents!





Can you help keep the area looking good, and commit to being part of our Planting Team? Let us know.

Beacon and 8th Anniversary of D Day – 6 June 2024



At long last, we have planning permission to locate the Jubilee Beacon (Floral Display) into the village at the site we proposed close to the Bus Stop.

However, as we're expecting now to light the Beacon in the park, as part of the National Lighting of Beacons, the Parish Council has decided to leave the Beacon where it is, until after this event.

The official Pageant master for D Day 80, has sent out an information pack that includes a wide range of activities and suggested initiatives for local communities. **The Charlton Village Community Association will be considering these very soon... Watch this space!**

A message from Kit Malthouse...

"I have had the distinct honour of being the Member of Parliament for Charlton, Andover and the rest of North West Hampshire for over eight years now, and by the time of the general election my stint in parliament will be approaching a decade. But I'm very sorry to say that our time together is drawing to a close.

With deep regret I have to tell you that the **Boundary Commission has** inexplicably decided to wrench Charlton and the Pentons away from North West Hampshire and move you into the next door constituency – the name of which will come as a surprise to many.



When the Commission first proposed moving Charlton into the Romsey and Southampton North constituency, I was perplexed. How could they possibly think that a village to the north west of Andover, and effectively attached to it, would relate to a town 40 minutes' drive away, and even less to a city at the other end of the county? To be fair, the Boundary Commission had a difficult job. The variation in size of constituencies across England had become too great, with some, like North West Hants, more than 25% bigger than others. Their job was to equalise them all as much as possible, so that everyone effectively has the same level of representation in parliament. This involved a huge re-examination of the jigsaw of constituencies and a replanning of the whole country.

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However, when mistakes are made, or the jigsaw makes no sense, we were given the opportunity to make our views known in two consultations and a set of public hearings. And that is exactly what I, and others did. I made two written submissions, and last March I appeared at the public hearings in Reading to make the case. I convinced the Conservative Party high command to support me, and they made submissions too.

Sadly, it was all in vain. The Boundary commission registered my strong concern but, in the end, the final report said:

...we considered whether alternative changes could be made to repair broken ties in Yateley, and between Charlton & the Pentons, and Andover. We concluded that this was impossible without either dividing an unacceptable number of wards, or disrupting a number of constituencies which were well received during the consultation periods.

Which effectively means that Charlton has paid a price for the sake of others.

You aren't the only ones. The whole of the Anna Valley including the charming villages of **Amport**, **Abbotts Ann** and **the Clatfords**, will be moving with you, and areas further west, **Shipton Bellinger**, **Kimpton**, **Thruxton and the whole stretch of country down to Grateley**.

Further north, I am also losing gentle Oakley and lovely Steventon, birthplace of Jane Austen.

It's all a rather sad change for me. I have spent many happy hours wandering the lanes and byways and high streets of this beautiful constituency and I feel a strong attachment to it. I have many friends in all parts, including Charlton.



But these changes don't take effect until the general election however, and I will remain your MP until that sad date. After then, and subject to her retaining the seat for the Conservative Party, you will be represented by **Caroline Nokes**, who has said she will be standing, and who is an excellent constituency MP. She was previously a Test Valley Councillor and knows the area very well. I know she will look forward to getting to know Charlton as much as I have.

On a boiling hot afternoon last summer, I dropped in at the Charlton Community Day on the playing fields. I chatted to lots of people and drew the raffle. It was a very jolly and well attended event. Little did I know it would be one of my last engagements in the village. I will of course work hard to represent you for the remainder of this parliament and until then, I hope the flow of emails and letters will continue."

Kit



A special adaptation of 'Grease', performed by students with complex needs, took place at Andover College, thanks to a Councillor Community **Grant from Test Valley Borough Council** (TVBC).

The college applied for a grant to put on the show, using the funding to get costumes and equipment for making props and scenery, so that the students could have a really professional experience. Students from local schools, including Icknield and Osborne, were invited to watch the performance.

The aim of the Focus on Life Skills study programme is for learners with a range of Special Educational Needs and/or Disabilities (SEND) to develop independence and successfully transition into adulthood. It provides a tailored approach for each learner, to support them in working towards outcomes and aspirations for the future.

A spokesperson from the college shared that the show gave the students the chance to shine as well as explore their creativity through dance, music and drama.

St Mary's ward councillor, Iris Andersen, went to watch the performance.

"It was so amazing to be able to go along and watch this special adaptation of Grease, all the students did an absolutely brilliant job. Seeing them thrive on stage was inspiring and everyone should be really proud of themselves. I'm pleased TVBC were able to support this with a councillor community grant, and I would encourage other groups and organisations to think about doing the same." - Cllr Andersen

The Test Valley Borough Council Councillor Community Grant scheme helps to fund community-led initiatives up to two-thirds of the overall cost. Local councillors allocate up to £1,000 to projects that they identify as meeting a need in the community based on feedback and ideas from residents.



Playgroup – Gov Funding from 3yrs Mon, Wed, Fri | 9am – 12:20pm Tues, Thurs | 9am – 3pm **Contact:** Mrs S Hartley Telephone: 07979 841318

Brownie Guides (7 - 11yrs) Tuesdays | 4pm – 5:30pm Contact: Mrs K Ryder Telephone: 01264 316907

Rainbow Guides (5 - 7yrs) Thursdays | 4pm – 5:30pm **Contact:** Mrs E Taylor **Telephone:** 01264 394322

Keep Fit (all levels) Thursdays | 7:30pm - 8:30pm **Contact:** Mrs E Taylor **Telephone:** 01264 394322

Slimming World (Andover Rugby Club) Tuesdays | 7pm – 8:30pm Contact: Kate Evans Telephone: 07568 622189

To find out more about this, and other updates from across Test Valley... visit the website - www.testvalley.gov.uk

LIST OF CHARLTON PARISH COUNCILLORS:

Chair	Jacqueline Smith	07938 561609	<u>cllrjsmith@charltonvillage.org.uk</u>
Vice Chair	Clive Ward	07538 596344	<u>cllrcward@charltonvillage.org.uk</u>
	lan Smale	07421 354874	<u>cllrismale@charltonvillage.org.uk</u>
	Phil Wylde	07775 852024	philwylde@ntlworld.com
	Daniel Rawlingson		cllrdrawlingson@charltonvillage.or
	Norman Woods		<u>cllrnwoods@charltonvillage.org.uk</u>
	Vacancy x 3		
Clerk	Eveline Attwood	07534336756	<u>clerk@charltonvillage.org.uk</u>
Test Valley	Linda Lashbrook	07766 708 061	<u>cllrllashbrook@testvalley.gov.uk</u>
Hampshire County	Christopher Donnelly	07738 289858	Chris.Donnelly@hants.gov.uk

FIRST POINT OF CONTACT:

Cllr Ward Emergency resilience planning Speed watch Cllrs Smale, Ward Traffic Cllr Smith Communication Cllrs Smith and Ward Community Hall Cllrs Ward and Wylde Environment Cllr Wylde and Ward Footpaths & Rights of Way Cllrs Wylde and Ward

Planning **Carters Meadow** Neighbourhood Plan Book Exchange Charlton Lakes Climate Change Lengthsman

onvillage.org.uk onvillage.org.uk rld.com charltonvillage.org.uk Itonvillage.org.uk

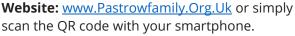
> Cllrs Wylde, Smale **Cllrs Smale** Cllrs Ward and Smith Cllr Smale Cllr Ward Cllrs Ward and Smith Clerk

Charlton Village Church St Thomas

Editor's Photo - Charlto

Church, St Thomas' August 2023

Revd Alex Randle-Bissell, Priest-In-Charge, 01264 512161 revalex@pastrowfamily.org.uk Judith Appleby, Benefice Administrator, 07999 352585 admin@pastrowfamily.org.uk Facebook: Family Matters In Our villages@pastrow







SERVICES & EVENTS - ST THOMAS Join us for breakfast, prayers or light

refreshments and a natter, all welcome!

SEPTEMBER

2nd | 9am Prayer Breakfast 3rd | 10am Pastrow Family Gathering -Christ Church Hatherden and 4pm Said Holy Communion - St Peters Linkenholt 8th | 2pm Cosy Café 10th | 10am Holy Communion & 3.30pm Messy Church - St Thomas Charlton 17th | 10am Harvest Festival Family Service 22nd | 2pm Cosy Café 24th | 10am Holy Communion, 3.30pm Play & Praise, and 6.30 pm Encounters with Jesus

OCTOBER

1st | 10am Pastrow Family Gathering -Christ Church Hatherden & 4pm Said Holy Communion – St Thomas Tangley 7th | 9am Prayer Breakfast 8th | 10am Holy Communion 13th | 2pm Cosy Café 15th |10am Family Service 22nd | 10am Holy Communion, 3.30pm Play & Praise, and 6.30pm Encounters with Jesus 27th | 2pm Cosy Café 29th | 10am Service (check the website for full details) and 3.30pm All Souls Service 24th | 10am Holy Communion, 3.30pm Play & Praise, and 6.30 pm Encounters with Jesus

NOVEMBER

4th | 9am Prayer Breakfast 5th | 10am Pastrow Family Gathering -Christ Church Hatherden and 4 pm Said Holy Communion – St Mary's Vernham Dean 10th | 2pm Cosy Café 12th | Remembrance Service (see website for timings) 19th | 10am Family Service 24th | 2pm Cosy Café 26th | 10am Holy Communion and 3.30pm Play and Praise, 6.30 pm Encounters with

Jesus

Blessings for the month ahead. Alex



It's time for a Macmillan **Coffee Morning** and you're invited

Let's do whatever it takes to support people living with cancer.

Place: St Thomas Church Date: Saturday, 30th Sept Contact: Denise & Karen

Time: 10:00am - 11:30am







Dear friends,

It may seem like an odd thing to say, but one of the great privileges I have as a priest is to engage with silence and stillness. Not only is it an important part of my ministry, but it has become an essential part of my journey through life, and my understanding of what it means to be human. I suppose the odd bit is that I spend the majority of my day, like most of us, talking - sermons, speeches, assemblies, meetings, visits, phone calls – and not only these things, but when I'm not talking I sometimes tend to

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fill the gaps with noise such as music and television. I do find, however, that to engage with silence or stillness takes a lot of practice. Many years ago, I went to a prayer evening where there was a room with a few comfy chairs and lots of space and dimmed lights. The idea was that you just sat and 'enjoyed' the quietness for an hour. At first, I dreaded this notion as I'm more of a doer than a thinker and, true to form, the first twenty minutes were excruciatingly painful. However, what I was most surprised by was that it took fifty-three minutes before I felt some small modicum of peace, both physically and mentally, and felt relaxed. What was even more surprising was that in those last seven minutes I experienced a clarity of thought and a deep sense of peace I had not ever felt before. I had no idea that until those few moments my body, mind and spirit needed to be still. What I have learned over the years is that quietness, silence and stillness is almost becoming a lost art. Nowadays we seem to be encouraged to cram as much as possible in to every waking moment, and even when we go on holiday to relax and re-charge our batteries, or just have a few days off, they are filled with a myriad of activities. I do hear a lot of 'I'm busier now I'm retired' which on the face of it can't be right! Perhaps it is down to what we value, and that being still doesn't seem to achieve much in life.

Throughout the gospel stories, we witness that for Jesus, retreating to a quiet place was an essential part of his ministry. Whether it was to reflect, ponder, meditate or just be still, it gave him all he needed to face the world. In Pastrow we have been running 'quiet days' (sometimes called a retreat day) for many years now and we are committed to continue to facilitate these days for all in our communities. In the summer months we have committed to a time of 'Engaging with Stillness' after all of the energy put in to creating a single parish over the past few years. It gives an opportunity to listen and reflect, and if you would like to know more about our retreat programme for this autumn or even next year, I would love to hear from you.

September What to do?



September is normally the month that nature begins to transform, and our landscapes become decorated with vibrant tones of red, orange, and gold. However, I am still holding out hope for this *'heat-wave'* that's promised. One promise September brings, is new beginnings, as students return to school and individuals embark on fresh adventures. It's a time to savour the last moments of outdoor activities, whether it's enjoying a picnic in the park or taking a leisurely stroll. September captures the essence of change and renewal, making it a cherished month of reflection and anticipation.

🖧 Do you know about... National Recycle Awareness Week?

Recycle Awareness Week is celebrated every year during a full week from September 18 to 24. This week-long holiday provides an excellent opportunity for people all over the world to come together and support the noble cause of recycling. It only takes a quick glance around the house to determine which items can be recycled. Instead of throwing things away... separate recyclable materials such as paper, green and brown bottles and jars, hard plastic bottles, and milk cartons, and send them for recycling. It is a simple and effective way to make the world a better place.

Household goods, old and unwanted children's toys, that old laptop or mobile phone sat in the drawer, even clothes and shoes can be recycled. If you're planning to

declutter, reorganise and complete a 'September clean up'... don't forget that there's plenty of local recycling facilities available for you to help dispose of or recycle our waste, and that support charities.

- Recycle bins at Tesco Metro car park (glass, aluminium foil, shoes, clothes & textiles)
- Got any old running shoes...? Drop them off at Charlton Lakeside
- Local Charity shops we've a number around Andover.
- Local Council Tips and Recycle Centres



DONATE

In partnership with the Enham Alamein Parish Council There are a number of events and activities that you can get involved in this month. Here's a few for you...

- Sunday, 10th Sept Second Sunday Market. Andover, High Street, from 10am - 3pm. Supporting emerging and established independent producers, designers and makers – showcase Andover's best local talent.
- Friday, 15th Sept Wedding Show at Test Valley Golf Club.
 Featuring top suppliers in the country, demonstrations, a catwalk show, tastings, DJ, and a licenced bar. All proceeds go to Macmillan Cancer Care. Visit <u>www.thewedding-booth.co.uk.</u>
- Sunday, 17th Sept St Thomas' Harvest Festival Family Service If you missed it on page 5... it is at 10am.
- Tuesday, 19th Sept Charlton Parish Council meeting, 7.45pm in Charlton, St Thomas' Church Hall.
- Wednesday, 27th Sept Macmillan coffee morning. Doors open at 10am. Join others in your community for a morning coffee at The Royal Oak, Charlton.
- Saturday, 30th of Sept St Thomas's Church Macmillan coffee morning. Come along, grab a coffee – all welcome!
- Saturday, 30th of Sept Macmillan 'Bikers Breakfast' from 9am 11am at The Royal Oak, Charlton.





THE GARDEN SHOW

Romsey, Hants | 29 Sept – 1 Oct 2023 | 10am – 4pm (Last Entry 3pm)

Although there will be less plants than in the Spring and Summer shows, it is the perfect time for planting trees, shrubs, bulbs, winter flowering plants, as well as an array

of indoor plants to enhance the winter home. It's a great opportunity to source new talent, designers and artisans, and browse over 160 stands showcasing the latest specialist plants, garden and home accessories, art, design, sculpture, fashion, toys and a multitude of lovely goodies... with tempting foods and wines in the Country Food marquee.

There is something at the show that will appeal to everyone! It's a good opportunity to do some early Christmas shopping and support the smaller businesses with unique range of wares not found on the high street.

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It's not all about gardening: there are plenty of activities on site to keep all the family occupied including The 'Giant Tombola', a chance to win amazing prizes, hilarious Punch and Judy shows, face painting... plus, toddler Fun Fair rides and bouncy castles!

A great day out for the whole family – However, sorry no dogs allowed in the showground, unless they are needed to assist.

Visit <u>www.thegardenshowonline.com</u> or scan the QR code to find out more.



Fancy treating yourself this Autumn ...?

Imagine a beauty routine that feeds your skin with nature's most nutritious ingredients, delivers visible clinical results, protects the planet, and funds good causes. Wouldn't that be magical? Actually, it'd be Tropic.

Sarah is a resident within our community, and is on hand for all your skincare needs. She offers pamper experiences, 1:1 skin care and make up advice, and much more.

Scan the QR code on the image and join Sarah's Facebook group to find out more about the products and how you can get your hands on some goodies.

Alternatively, you can shop via her webpage at... Sarah Smith – Tropic Skincare



In the garden | what to do this month

- Enjoy the last of your summer displays and keep them going for as long as possible by simply feeding and deadheading.
- Keep to your weeding Weeds can grow quickly at this time of year, so don't be ashamed if you find some whoppers. The best way to keep on top of things is by hoeing and hand weeding once a week. Only put annual weeds on the compost heap, as perennial ones can regrow from their roots.
- Now is the ideal time to take rose cuttings from your current season growth, on the semi-hardwood stems. Choose the strong and healthy stems, and with a sharp set of secateurs... make cuttings of approximately 10 inches (25 cm) long. Make sure you cut above the bud to remove the shoot tip and below one at the base. Simply dip the base into hormone rooting powder and insert them into narrow trench lined with grit. Water them well and before long, you will start to see new growth. You can also build on your collection of plants, by dividing your perennials and planting spring bulbs.

October... What to do?

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October is a month of harvest and abundance, where farmers gather their bountiful crops. It is a captivating month, that brings a sense of enchantment and mystery to the air. The gentle rustle of fallen leaves create a serene atmosphere that invites reflection and cozy moments. It's synonymous with Halloween, a time when imagination runs wild, and the spirit of trick-or-treating and costume parties fills the air, and families come together to celebrate. October captivates us with its bewitching charm, making it a cherished time of year.

There are many Awareness Days and events in October 2023 in the UK...

National Days and Awareness Days, play a vital role in raising public realisation about important social, health, or environmental issues.

In a world filled with national days for everything under the sun, it seems like we've reached peak celebration mode. From National Donut Day to National Hug Your Cat Day, it's becoming nearly



impossible to keep up with them. It feels like every day is a national day for something!

However, a number of these designated days serve as an opportunity to assemble individuals, organisations, and communities to take action and create meaningful change. By dedicating specific days to specific causes, awareness is heightened, and conversations are sparked, a platform for education, advocacy, and fundraising... leading to increased support for the cause at hand.

Here are just some of them... If there is a specific awareness day, or event which you are interested in? You can find all the information and events on the this website - <u>www.awarenessdays.com</u>

- Breast Cancer Awareness Month
- Sober October encourages people to go alcohol-free for the month to raise money for Macmillan Cancer Support.
- National Bullying Prevention Month

- 3rd 7th Oct Cycle to School Week
- 9th 15th Oct Baby Loss Awareness week
- 10th Oct World Mental Health Day



Event Planners Assemble...

If you've been hit with Octobers bewitching charm, and the list of national and awareness days has sparked your imagination with ideas for future events, that will support and enhance community life and the wellbeing of Charlton Village... please, share them with us.

The Charlton Village Community Association will consider and support your ideas, where possible.

If you want to join the committee, or register as a member and help to organise and run village or parish events, in collaboration with Charlton Parish Council and St Thomas' Church – all you need to do is email jsmithcvca@gmail.com or clivewardcvca@gmail.com

If you have any events planned that you wish to promote, please let us know. Send in the details to - <u>editor@charltonvillage.org.uk</u>

Are you carving a pumpkin this year?

Carving a pumpkin for Halloween with the family is a cherished tradition that brings joy and creativity to the spooky season.

> As the crisp autumn air fills the atmosphere, we gather around the table, eager to unleash our imagination. Laughter fills the room as we carefully select our pumpkin designs, ranging from the traditional grinning faces to intricate patterns. Each family member brings their unique artistic touch.

Pumpkin Carving Tips:

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Don't cut out the top of the pumpkin to scoop out the seeds. Cut out the bottom instead. This way, the pumpkin doesn't cave in on itself and it lasts longer. Also, you can just set the pumpkin over the lit candle or light without having to stick your hand inside.

Sprinkle some cinnamon inside the pumpkin after carving. The heat from the light or candle, will make it smell like pumpkin pie.

"When black cats prowl and pumpkins gleam, may luck be yours on Halloween" \checkmark



There are a number of events and activities that you can get involved in this month. Here's a few for you...

- Friday, 6th Oct Jive Talking' at <u>the Lights Andover</u>. 19:39 22:10... The Bee Gees perform, live in concert.
- Sunday, 8th Oct Second Sunday Market. Andover, High Street, from 10am -3pm. Supporting emerging and established independent producers, designers and makers – showcase Andover's best local talent.
- **Tuesday, 17th Oct Charlton Parish Council meeting**, 7.45pm in Charlton, St Thomas' Church Hall.
- Wednesday, 25th Oct Macmillan coffee morning. Doors open at 10am. Join others in your community for a morning coffee at The Royal Oak, Charlton.
- Sunday, 29th Oct –Andover Half Marathon 2023 www.racedirector.co.uk/events/andover-half-marathon-2023
- Tuesday, 31st Oct Andover Town Centre, Trick or Treat Party from 4:30pm in the Andover High Street.



In the garden | what to do this month

 Autumn's carpet of fallen leaves, is the soil's friend. In the circle of life, leaf litter is gathered and stored to decay into a mulch which invigorates the earth and promotes plant growth.

Tip: You can store your leaves, in a cage made from chicken wire, which is ideal for bigger gardens, where space is available, or in bags. Bags with an open weave or even old compost bags with holes punched in them.

- If you have any delicate plants now is the time to lift and bring them indoors.
- If it's dry enough, give your lawn a final mow and rake out the moss. Don't mow if it's wet though. If the weather holds and we still have some sun, grass seed will quickly sprout, so get those bare patches filled in.

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November... What to do?



November, the gateway to winter, carries a sense of tranquillity. As the days grow shorter and the air turns crisper, November invites us to slow down and appreciate the simple joys of life. The aroma of bonfires and the sound of fireworks fill the air in the evenings. It marks a transition into the holiday season, embracing both the beauty of nature's waning cycle and the anticipation of joyous festivities to come.

Remember, remember, the 'Tache' of Movember...

Movember, the month formerly known as November, is when brave and selfless men around the world grow a moustache, and women support them, all to raise awareness and funds for men's health specifically prostate cancer, testicular cancer, mental health and suicide prevention.

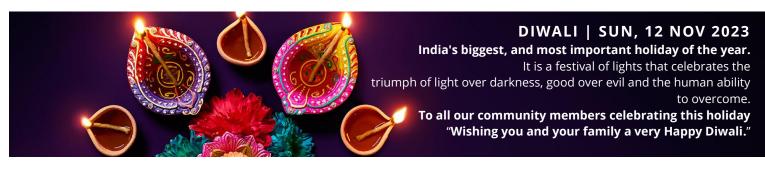
For 30 days your moustache turns you into a walking, talking billboard for men's health. However, it's not all about growing a



moustache... you can sign up to other activities. Such as running or walking 60km over the month. That's 60km for the 60 men we lose to suicide each hour, every hour across the world. We are lucky to have the amazing countryside around us, and also having Andover Park Run on our doorstep. It's every weekend, it's free, and there is a Junior Park Run also, so the whole family can get involved. Plus, not forgetting the many Andover walking and running groups on Facebook.

If you fancy getting involved to help raise funds and awareness for this cause, and as an added bonus... get in shape ready for the festive period - Find out more by visiting <u>uk.movember.com</u>

www.parkrun.org.uk/andover | Men's Health UK (menshealth.com)





There are a number of events and activities that you can get involved in this month. We've got a few...

All upcoming events will be shared via our Facebook page – Charlton Chat

- Sunday, 12th Oct Remembrance Service at St Thomas' Church
- Sunday, 12th Oct Second Sunday Market. Andover, High Street, from 10am 3pm. Supporting emerging and established independent producers, designers and makers – showcase Andover's best local talent.
- Tuesday, 21st Nov Charlton Parish Council meeting, 7.45pm in Charlton, St Thomas' Church Hall.
- Wednesday, 29th Nov Macmillan coffee morning. Doors open at 10am. Join others in your community for a morning coffee at The Royal Oak, Charlton.
- Local Fireworks displays & Bonfire nights Coming soon!

Remembrance Day is commemorated on November 11th each year, and marks the end of World War I in 1918.

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The intention of the day is to remember the fallen on both sides in the 'Great War'.

In the UK, the official commemoration was moved to the Sunday closest to November in 11th 1939, to avoid any disruption to production in factories supporting the war effort. This Sunday observance has remained since, though November 11th may also be marked with a moment of silence at 11am.

Sunday, 12th Nov | Remembrance Service @ St Thomas'. Times can be found on the website: <u>Www.Pastrowfamily.Org.Uk</u>



In the garden | what to do this month

- There's still time to plant spring bulbs this month. It's best to get them in the ground before it freezes. If you wait too long, there's a good chance they won't make it to next spring.
- Store hoses and sprinklers in a handy, frost-free location for winter watering.
- Take time this month to maintain your garden tools. Use a wire brush to scrape off caked on soil. Put a new edge on all hoes, shovels and pruning shears. Wipe the metal parts with machine oil and wooden handles with linseed oil. Store them in a dry place over the winter.



Paws and ears...

Once you get to read this, the harvest will be gathered in and we will be drawing our curtains to block out the darker evenings... however, as I write this we are in the full throws of summer, with its associated issues for our pets.

Our biggest problem for our pets in the summer months is caused by **grass seed** in the coats, ears and toes. We see a sharp increase in the number of dogs presenting with violent, sudden, head shaking, with a history of walking in fields recently. Alternatively, they lick at their paws excessively revealing a 'skin blister' around the seed. Both of these scenario's require a trip to the vets to remove the offending grass seeds.

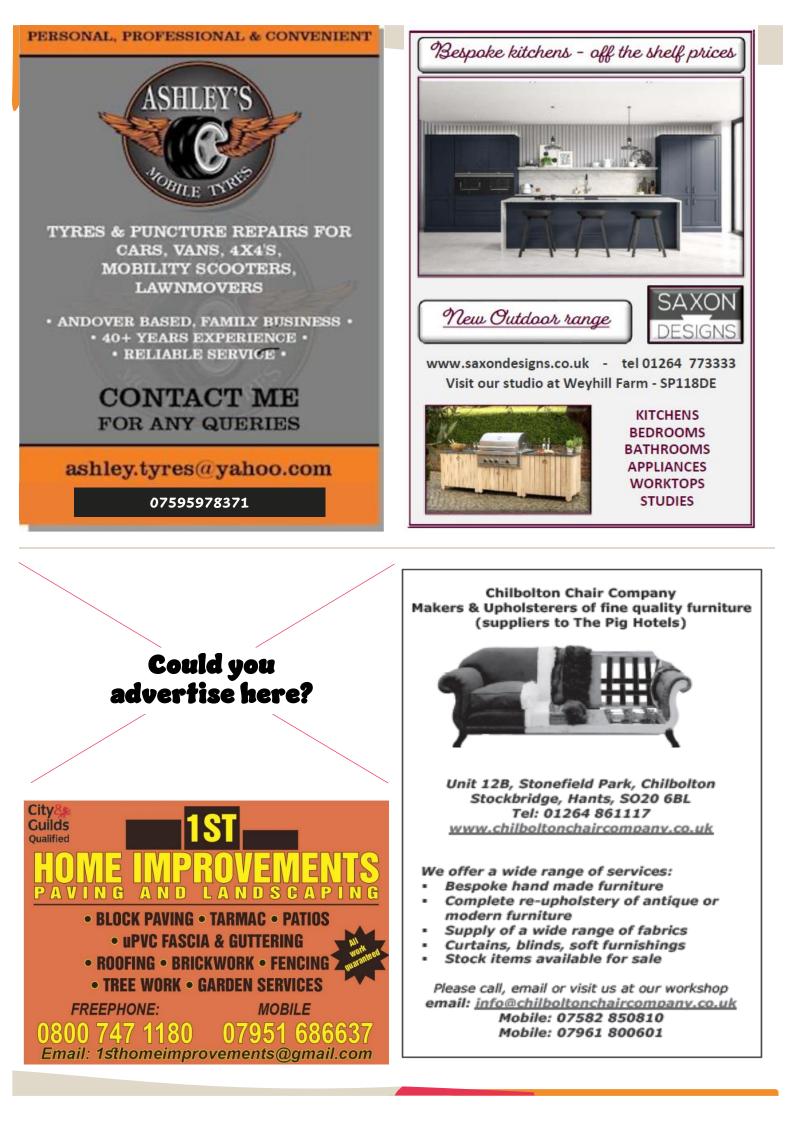
Generally, this occurs in our longer coated dogs, such as Spaniels, as the grass seed tracks its way through the coat into the ears or toes. The awn can work its way down the ear canal and become lodged, causing intense irritation and head shaking. Or, the sharp end of the awn penetrates the skin and works its way into the webbing between the toes. The body then walls this off and a reaction occurs causing the skin to blister.

To removes the grass seeds often involves sedation or a general anaesthetic. Unfortunately, we cannot ask, and expect, our patients to understand when we ask them to stay still whilst we remove the awn. Also, if they are in the ear it is important to check that they have not penetrated the ear drum as this can have a serious consequences. Equally, a grass seed left in the paw can track further up the leg causing more problems. They can also be found in the arm pits, groin and

mouth; in fact, anywhere over the body where they can penetrate the skin.

Prevention involves carefully clipping the hair on the inside of the ear flaps and between the toes, and checking the ears and paws after each walk to remove any that have been brought home!







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News from the Local Hospice

Many of you might have seen the report about the hospice on BBC South recently which highlighted the important work we do. We thought you might like some more detail on your local hospice which not only covers Andover and Charlton... but Stockbridge, Whitchurch, Sutton Scotney and the many surrounding villages.

At the heart of our services lies the exceptional new hospice building, with ten rooms for patients requiring expert palliative care. Ensuite rooms with state-of-the-art beds which expand to a double for partners and families to snuggle together, and access to a patio and beautiful gardens.

In addition, we care for over 160 patients in the community. The Community Palliative Care Team is a beacon of hope and guidance for these individuals and their families, providing invaluable symptom control, emotional support and coordination of all aspects of care. Our dedicated Home Care Team can respond quickly to deliver personalised care directly to individuals in their own homes.

Overnight, a team of qualified clinicians provide a Hospice at Home service. Many concerns can be dealt with over the phone, but nurses can attend emergency calls and visit patients experiencing severe symptoms if needed.

Self-caring individuals with a life-limiting condition but a long-term prognosis benefit greatly from our Day Centre where up to 3 times a week a programme offers arts and crafts, well-being and therapy, cooking and baking, quizzes and games.

We are grateful that many of you have contributed generously to support the Countess of Brecknock Hospice in Andover. Through your gifts, we can maintain the high standards that have earned us an outstanding CQC rating and a gold accreditation within the Hampshire Hospitals NHS Foundation Trust. Thank you.

For more information and to take a virtual tour of the building and the gardens - Visit <u>www.cobh.org.uk</u>.





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CHARLTON VILLAGE NEWSLETTER

As the curtain falls on this vibrant autumn edition of the Charlton Village newsletter, we extend our heartfelt gratitude to our readers for their unwavering support and engagement. We hope that these pages have brought you moments of inspiration, warmth, and a stronger sense of community.

Your village newsletter is created and distributed by wonderful volunteers and printed by Bulpitt Print Ltd. The printed quarterly edition is delivered free of charge to **over 950 homes**, and can be downloaded from the village website <u>www.charltonvillage.org.uk</u>.

Have you got a story to share?

If you have any updates, news or interesting articles... even any photograph's or delicious recipes that you wish to share, send them in. Email: **editor@charltonvillage.org.uk**

***Deadline for input - 14th of the month before the edition.** For example, the next date would be the 14th November, ready for the December edition.

Commercial Adverts for goods or services

Large Advert – approx. A5 landscape (12cm H x 16.8cm W) - £40 per edition **Small Advert** – approx. A6 portrait (12cm H x 8cm W) - £30 per edition

Please submit your adverts in JPG or PNG format.

Acceptance of all advertisements, and articles are subject to availability of space and at the discretion of the Editor.

As we bid farewell to the golden landscapes and welcome the crisp embrace of winter, we eagerly anticipate crafting our next edition, where we will delve into the magic and festivities that this season brings. Stay tuned for captivating stories, timely updates, and the spirit of togetherness that defines our cherished village. Until then, may your days be filled with cozy moments and the promise of a joyous winter season.

Extending a welcome to the Charlton Village Community.



Charlton Park Crematorium. An oasis of calm in a hectic world.

Autumn is coming to Charlton Park Crematorium and its colourful display is nothing short of breathtaking. It's a place to rest, reflect and find inner calm. And a venue for many local family farewells, remembrance and memorial services. You're most welcome to visit the crematorium's extensive, mature parkland and enjoy its peace in the sunshine. The grounds are open from 8am to 8pm Monday to Friday and 10-4 at weekends, all year round.



Charlton Park Crematorium, Charlton Down, Andover, SP11 oTA.





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You can access all the links that we have shared, via the online version of this newsletter. It can be found, alongside all previous editions, on our website - <u>www.charltonvillage.org.uk</u>