



## CHAMELEONS NEWS

### VOLUME 32 - ISSUE 07 - JULY 2025

The newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB  
Special Olympics Wales Welsh Sports Association

Website: [www.cardiffchameleons.co.uk](http://www.cardiffchameleons.co.uk)

Registered Charity Number 1103879

Some of you had an issue with last month's newsletter with the invite for the swimmers to attend the gala and I think the "Contact Us" item. It was mainly on mobile phones that seemed to be the problem. Thank you for bringing it to my attention. If you do have any issues on downloading or viewing the newsletter, please let me know and I will try and correct it or send you a paper copy!!

#### SWIM SESSIONS

**STAR HUB** - Every Friday from 7:30pm - 8:15pm

**HOWELLS SCHOOL** - Every Sunday from 6:00pm - 6:45pm

**Reminder**- When attending swim sessions at Howells school on Sundays please ***do not arrive before 5:45pm*** as the gates may be locked and you will block the entrance. You are also required to pay for your sessions on the day.

#### BOWLS SESSIONS

**CARDIFF INDOOR BOWLS CLUB, Sophia Gardens** - Every Friday from 4:00pm - 6:00pm

It is regretted that due to the poor take up of the Friday night swim sessions, we average about 6 each week, that from **Friday 4<sup>th</sup> July** we are **increasing** the subs from £4.00 to £5.00.

#### CLUB GALA & PRESENTATIONS CEREMONY 2025

The **"Invite to the Gala"** is for all swimmers whether you have not attended due to our changes and all current swimmers. It is also for other members to attend both the Gala and Presentations Ceremony to support them and the Club.

The Gala is on **Sunday 27<sup>th</sup> July** and will be held at Howells school, **starting at 5pm**. So we need you to be there between 4.30 and 4.45pm.

***It is important that we now need to know from you either way if you are attending or not attending so that we can do a programme and arrange the races, please can you do so by Friday 18<sup>th</sup> July***

We have only had a few returned so far, so please can you **start returning** (preferably engraved) the cups / trophies you won last year.

The **Gala Presentations Ceremony** - this is booked for the afternoon of **Sunday 3<sup>rd</sup> August** at St. Philip Evans Community Hall. This to start at 3.30pm so please arrive after or about 3pm. We would like you to bring a plate of food for the buffet. The bar will be available.

#### READING GALA (28<sup>th</sup> June)

This gala hasn't been held for 8 years and when Gordon Dart, the organiser, contacted us we were glad to be able to go. So we took a team of 5 swimmers and they came back with the following: Richard - 2 gold, bronze and a 5<sup>th</sup> ribbon. Martyn - 1 gold, 2 bronze and a 5<sup>th</sup> ribbon. Jackie - 1 gold, 1 silver and 5<sup>th</sup> ribbon. Howard - 2 silver and a 4<sup>th</sup> ribbon and 5<sup>th</sup> ribbon. Teresa - 1 silver and a 5<sup>th</sup> ribbon. Well done all!

#### Welsh Lawn Bowls Championships for Intellectual Learning Disability Bowlers - 2025

Sunday 22<sup>nd</sup> June saw the Quarter-Finals of the Welsh Lawn Bowls Championships Pairs and Triples for Intellectual Learning Disability Bowlers.

Eight Cardiff Chameleons Bowlers qualified for the Semi-Finals of the Championships, three of whom qualified in both the Pairs and Triples.

Ian Kelleher and Antanas Schiastney had two convincing wins in their competitions, while Sean Thackwray and Gwawr Harries had a good win in their Pairs match while Sean also qualified along with Robert Parker and Philip Baylis of Islwyn in the Triples by the narrowest of margins taking three shots on the very last end to clinch the match.

Angus Pirrie, David Williams and Rebecca King won through to the Semi-Finals beating Leighton Francis of Pontardawe, Gareth Howell and Meilir Sion of Chameleons by 11 shots to 5.

The Pontardawe Triple of Cian Rowe, Warren Davies and Daniel Jones had a very convincing win over Alan Beech, Richard Trenwith and Ben Lewis in the final game of the Triples.

### Upcoming event(s) for your diary.

Christmas Buffet & Disco – Friday 12<sup>th</sup> December. Further information later in the year.

<b>How to contact us</b>	
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Chair & Newsletter Editor	Steve - 029 2025 7314 / 07791 759360 / <a href="mailto:stephen.bailey497@ntlworld.com">stephen.bailey497@ntlworld.com</a> <b>Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail</b>
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