



Tidbit

Llanbister Area Community Magazine
Issue 6: September – December 2025

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9:30 TO 11:30
FRIDAYS
DURING TERM

LLANBISTER
COMMUNITY
HALL

LLANBISTER TI A FI
PLAYGROUP

£1 PER CHILD INCLUDES SNACK & DRINKS

ALL WELCOME BETWEEN AGES 0 - 4

FOR MORE INFORMATION JOIN OUR PRIVATE FACEBOOK GROUP LLANBISTER TI A FI

WELCOME

Llanbister wears its history lightly. The parish church, unusually large in relation to the present population, is perhaps the only conspicuous relic of an earlier age. The casual visitor will not find quaint half-timbered houses like the border villages, towering Llandrindod Victoriana or the rugged stone cottages of the county's more mountainous areas (with one exception). However, behind (as it were) the many modern, the few modest Victorian and a handful of houses of unobvious age, and beyond the confines of the village itself into the wider area, lies a history as deep and complex as anywhere. Our now-regular local history contributors bring the past into life and in this issue Richard's dark tales of Moelfre City and Jennifer's of the Lion Hotel which has been a key part of village life for well over a century. We look forward next time to accounts of 'the Turnpike' and ancient St Cynllo's.

We are all part of our future history – who knows what stories will be told about any of us, our houses and farms, in years to come. Our births, marriages, deaths, occupations, deeds good or otherwise. If you have any local historical anecdotes you would like to share, we are sure our historians will be interested to hear from you and we might include them in the magazine!

Tidbit is a free quarterly magazine for residents of Llanbister and surrounding areas, an initiative by Llanbister Community Council and free of charge delivered by hand to as many residents as possible and additional copies available in various locations. If you have any special delivery preferences, have been receiving duplicate copies or are not receiving it at home at all, please let us know.

Your contributions, including articles, announcements you would like to share such as births, marriages, deaths, special anniversaries and achievements, etc. should be submitted about 1 month before the next publication date to allow ample time for editing and printing, either as handwritten/typed contributions to 1 School Meadow, Llanbister LD1 6TN, or by email preferably in plain text or Word format to:

llanbistertidbit2@gmail.com

(don't forget the 2 in the middle or your email will vanish unseen!)

DEADLINES for inclusion in the next edition (December 2025 to February 2026): **1st October 2025**

If you are interested in advertising a local business, please get in touch. Donations are also gratefully received and will go toward printing costs.

Payment & donations to:

Llanbister Community Council 40 26 21 account no. 41048619

IN MEMORIAM

Our deepest condolences to Chris, family and friends
on the tragic loss of Christine Nicholls of Castlevale

BEST KEPT VILLAGE (BKV) – SUMMER 2025

If you have recently been passing up and down through the village on the B4356 you will have noticed that a new concrete trough has been sited at the entrance to School Meadows.

Funds were raised so that the trough locally sourced from Forden Concrete products (they had made the other troughs that can be seen in the village). We thank everyone who purchased a ticket for the litre bottle of Bells Whisky, so generously donated by Tesco Llandrindod Wells, that has helped with this. The winner was Elaine Howes from Derbyshire.

A thank you also goes to Reg Bowen for supplying equipment and help so that the trough could be unloaded and levelled. Top soil, compost and planting were purchased using some of the donation from our wind farm grant from Garreg Llwyd.

New ideas for the village are always welcome as we look forward now to preparing for autumn and new Christmas lighting. Also, our AGM will be held on 30th October and everyone is welcome but please let us know if you'd like to come.

Chairman: Malcolm Dean

Treasurer: Tonia Greene

Secretary: David Strachan 01597 840757

Group Email: bloomingllanbister@outlook.com





COUNCIL CHAMBER NEWS

I proposed a motion to the County Council to write to the Minister for Rural Affairs asking that Blue Tongue (a serious virus affecting cattle, sheep, goats and some wildlife) restrictions be relaxed in line with the current science. This was passed and subsequently the Welsh Government made a concession that vaccinated animals can now be transported across the border, which has allowed stock to be brought to the great National Sheep Association Ram Sale at Builth Wells.



I attended the World Enduro motorbike event near Rhayader, which attracted 12,000 visitors from all over the world, and laid a wreath at the Llandrindod Cenotaph on the 80th anniversary of VJ Day on 15th August.



Potholes are an ongoing concern. Most of the recent travel-related £1.3m from the Government to Powys has gone on new buses and other transport.

Geoff Morgan

(County Councillor for Ithon Valley Ward.

Assistant Vice Chair of Powys County Council)



Llanbister CP School - Upcoming Dates

- 1st & 2nd of September – INSET days
- 3rd September – Return to School
- 3rd September – Cake Stall
- 5th November – Rags to Riches

Rags to Riches - Future Dates

- 5th November 2025
- 4th February 2026
- 17th June 2026
- 4th November 2026



CHURCH & CHAPEL

St Cynllo's Church

No services planned yet for September – November. Currently rotas are prepared monthly but it is hoped to return to quarterly in due course.

Enquiries to:

West Radnor Ministry Area Administrator: 01597 822557 or email westradnor.maa@churcheinwales.org.uk

Ministry Area Lead: Rev. Jonathan Copus

Pound Chapel Services are held weekly at 2.30pm

School Governors from August 2025



The School Summer Holidays have been wonderfully warm so far. Hopefully setting us up for a new Autumn Term commencing 3rd September for pupils... with mention of a cake sale, kicking the year off to another enterprising start. We have a school that thrives on creativity and being involved in their community.

The Open Evening held at Llanbister C P School in the Summer Term was well attended and many of the new Reception class and their parents/care givers came along. In addition to visiting the classrooms and chatting to staff, parents and governors there were visits from School Nurses, Catering Department and Road safety officers. The new reception learners have already been learning their way around school and the playground, I even heard some of them have settled in so well, 'it's like they have been there for years already!' How lovely is that..

The last Governors Meeting of the academic year was held on 26th June. Our first of the new academic year will be held 25th September. Our LA Governor, Mrs Rachel Powell, has finished her term and notification has been received of a vacancy. The Governors are all extremely grateful for Rachel's dedication to the body of Governors and especially her insight and loyalty in being both Safeguarding and Additional Learning Needs Governor positions. We will miss you.

There will also be some upcoming vacancies, for Parent Governors, Minor Local Authority and Local Education Authority Governors over the next 12 months. I know I have said it before in previous editions of Tidbit but if you have an interest in becoming a Governor please don't hesitate to speak to any Governor or member of Staff at the school who would be delighted to tell you about the role. It is very rewarding work.

I know September - November 2025 will be packed with opportunities for our learners, please keep your eyes and ears open to hear what they have in store.

Rebekah Meredith

Chair of Governors



Llanbister School PTA

We are a small committee of parents who support the school with extra funds to provide more learning opportunities, activities, resources, equipment, travelling/transport cost and much more.

Thank you to the people that helped, supported and donated to our very successful afternoon tea. It was an excellent afternoon with lots of the community coming together and supporting Llanbister School.

Thank you to the people that helped and supported the ball drop and Llanbister School summer fete where the PTA had a BBQ too. It was fun and lovely to see so many community member's and parents supporting this event. For next year perhaps we will use heavier balls - ha ha ha!

Every year the PTA support the school and our little learners with over £2,000 worth of educational materials and other bits along the way. All the funds that are made at all of our events are very much needed, so a big thank you to the community for your continued support, we really appreciate it.

In September we will be having our Annual General Meeting. We will be looking for parents to take on the roles in the PTA. Date of meeting will be posted on Facebook nearer the time. You are all welcome to attend.

We have a lovely school and community which we are all very proud of.

Thank you all
Llanbister School PTA (Fundraisers)



Llanbister CP School
Llanbister
Llandrindod Wells
Powys
LD1 6TN
01597840258

Llanbister School - Head's update to July 2025

Since the last edition of Tidbit the pupils of Llanbister Primary School have been enjoying their summer term. For 9 of these pupils it was their final term with us before making their move to High School. For many of these families it is truly an end of an era, with their youngest child leaving the school. This marks the end of up to 13 years of being part of our school community as parents. To those families leaving us behind, I would like to say thank you, not only for your unwavering support of the school, but for your commitment, kindness, and the many contributions you've made over the years. Your presence has helped shape the heart of our school, and you will be greatly missed. We wish all our leavers the very best as they begin this exciting new chapter, and we hope you carry fond memories of Llanbister with you always. Thank you, and good luck.

During the last term we have enjoyed our school sports day, with thanks to the Lewis family, the school PTA and the sports committee. It was a very enjoyable day with pupils showcasing their sporting talents. It was great to see so many of the community out to enjoy the afternoon with us. On the 5th June we held our annual open evening and welcomed our 10 new pupils to the school. It was great to see them all together ready to begin their Llanbister journey. The pupils then joined us for two taster days before the end of the term where they were able to become more familiar with their new classroom, their new friends and their teachers.

At the beginning of July, Miss Emma and two of our year 5 pupils travelled to Swansea to the awards ceremony for the Welsh Heritage competition. The year 5 pupils worked collaboratively on researching points of interest in our local area and were awarded first prize in their category along with £300. Congratulations to those pupils and to Miss Emma for leading the project.

Right at the end of term Miss Abi Powell gave birth to her little boy Isaac, both mum and baby are doing great and were able to drop by to help us celebrate our year 6 leavers assembly and our end of summer fete. The pupils of the school demonstrated their entrepreneurial skills fantastically holding stalls such as a sweet shop, face painting and hair braiding. Some of the pupils took the most of the opportunity of having Miss Emma and Miss Wilson in stocks and soaking them with a sponge throw.

The school's PTA held their first ever Llanbister ball drop during the summer fete. The children thoroughly enjoyed watching lots of numbered balls running down the hill from the church, past the school and thankfully stopping just before the pub. This was a fantastic event that has helped to raise a considerable amount of money for the school. The PTA are a small but very dedicated group of people that help to ensure that the school are always able to provide essential learning resources and subscriptions to the pupils. Their work is invaluable to the school and we all appreciate their hard work very much.

Over the summer holidays work has begun on our new climbing frame at the front of the school. This was made possible through a kind donation to the school and will be a great asset to the outside space. I am sure that the children will have lots of fun using it in the new academic year. However, before we start looking forward to that, I hope that everybody has a fantastic summer and that the pupils have a well-earned break before we return in September.

Some Observations of Moelfre City Part Two

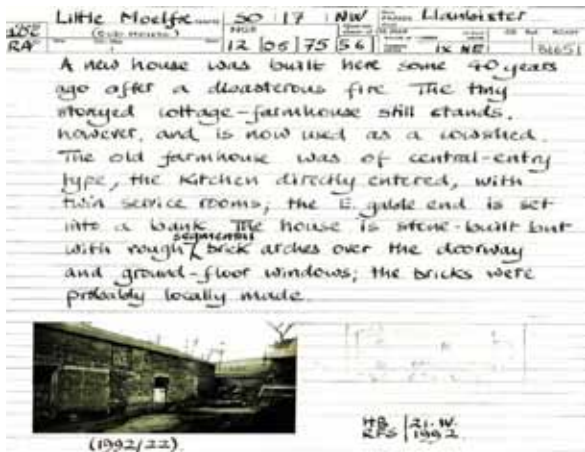
Having shared thoughts on “Moelfre City” in Part One. I would now like to turn my attention on two individuals I would define, as veterans and stalwarts of farming in “Moelfre City.” Namly :- Mr Jonathan and Miss Ruby Mills, who have farmed and lived in “Green Gardens” all their lives. Although not relating to themselves, Jonathan vary kindly shared with me some valuable documents of his, regarding “Moelfre City” and “Individuals living in Dwellings 1840 -1901”. With his permission, I have included them below and in Chart Form for clarity :-



MOELFRE CITY CYNEFIN MAP 1840's		LITTLE CWMLECHWEDD - 1871			LITTLE CWMLECHWEDD - 1881		
Cabalva	Owners :- James and Thomas Woodhouse Occupiers :- James Thomas or Thomas James?	Name	Title	Age	Name	Title	Age
	1280 plus a,b,c,d, 2175,2176	Mary Jones	Head Farmer (Widow)	53	John Morris	Head Farmer	49
Field No's?	161-169 170-174	Thomas Jones	Grandson	5	Jane Morris	Wife	47
Great Moioifron	Owners:- N/A Occupiers:- N/A	Charles Jones	Boarder Farm worker	54	Elizabeth Morris	Daughter	17
Field No's?	N/A	LL- 1861 Farmer of 50 Acres			John Morris	Son	14
(Green Gardens) Rhosybishwell	Owners :- David James Occupiers :- David James	Anne Price	Head Widow	60	Ann Morris	Daughter	10
Field No's?	1278, 1279, 1281, 2172 - 2174	Evan Price	Son	30	Fanny Morris	Daughter	8
Pantyrnnon	Owners :- Richard Lloyd Occupiers :- Richard Hardwick	James Price	Son	26	Richard Morris	Son	3
Field No's?	N/A	Mary Price	Daughter	17	Margaret Morris	Daughter	2
Higgs Cottage	Owners:- N/A Occupiers:- N/A	David Price	Grandson	11	LITTLE CWMLECHWEDD - 1901		
Field No's?	N/A	TYNRHOS - 1901			Edward Morris	Head Farmer	46
Commons	Owners:- N/A Occupiers:- N/A	James Hardwick	Highway Repair	31	Sophia Morris	Neice	21
Field No's?	S Common 2162a N Common 2162b	Margaret Hardwick	Daughter	10	Richard Jones	Servent	20
		Arthur Hardwick	Son	8			
		Lucy Hardwick	Daughter	4			
		Minnie Griffiths	Housekeeper	20			

Sitting in Jonathan and Ruby's family home and looking at the documents. I was intrigued by the word Cynefin and a search revealed "Cynefin" A sense of place. It is a Welsh word meaning :- Habitat, Haunt & Acquainted. I immediately felt a sense of connection looking at the names of dwellings and more interestingly the owners and individuals relating to them. What were they like? and what was their experiences and lifestyles? If not recorded, we will never know. Perhaps their life was simplistic and hard to the extreme, but with a sense of belonging.? All the documents speak and give intriguing insight, into family life and way of living, but with the perspective, of frustratingly wanting to know so much more.

I commented to Jonathan, that life must have been very different then. He wryly replied "Yes it must have been harder. However, people used to keep very fit with the manual work and by walking amazing distances to go from place to place, if they did not own a horse. The pace of life must have been slower and people had the time to stop and talk with one another. The talking, listening and sharing, was the "community communication." That's how information was gathered and received. Living may have been harder, but it was simpler and more empathetic. People had more time for each other, but sadly, not so much today." Jonathan continued, he recalled mention of "Clod Huts" within the "City" area. Namley:- "If you could build a makeshift dwelling in one day, you could claim the patch of land on which it stood, so individuals made dwellings from earth and grass clods within the "City". This type of dwelling was known as a "Clod Hut" which is probably unknown of today." I could only agree with him, and commented. "The history of the area is so important but even more importantly. **The preservation of the recollections and reminiscences of those individuals living within the community.**"



I have also included a document relating to the rebuilding of "Little Moelfre Farmhouse". Again kindly loaned from Jonathan (Origin Unknown) It makes very interesting reading, and is worth an inclusion.

Jonathan smiled and wryly observed again: - "Unfortunately, time and age creeps and continues to advance, and when the old'uns have gone. Their history and secrets goes with them". I totally agreed, and reiterated the comments, that the elder generation within the area,

could have so much experience, reminiscences and information that could be shared within the community, and with their permission, could be written or recorded for posterity.

I was very grateful, for the information these two elderly, but very hardy individuals could remember and were willing to share with me. In conclusion, I feel that I have not fully plumbed the depths of the history of the "City", but have certainly scratched and dug the surface. Eggs are no longer sold from City shop, but a discerning individual, who desires to own the distinctive characteristics of a figurative bust, the likes of **Princess Eleanor** by **Francesco Laurana 1420-1502** need look no further than there.

RICHARD FORD

GARDENING TIPS *from Jude*

As we move into the Autumn months there are a few things that are both satisfying and will save you money. So, in this month's article I'll be encouraging you to save seeds from your garden and divide perennial plants.

SAVING SEEDS:

You can save seeds from pretty much any plant here's a few that are easy to save and not too challenging to grow: Aquilegia (Granny's Bonnet), Astrantia, Calendula, Cosmos, Fennel, Poppies and French Marigold.

If you can see seeds forming, when you think they are mature (it looks like they will drop off or are dried up) harvest them and have a go at growing them in the spring.

How to collect the seeds - when the seed heads are brown and dried (some like poppies and aquilegia rattle when you shake them gently), cut the stalks with the seed pods and put them head down into a paper bag or large envelope.

If you think they are damp at all, tie the stalks into a bunch and tie the string around the bag / envelope too so you can hang the whole thing up somewhere warm and dry. When you are sure they are totally dry shake them from their pods or cases into a bag or envelope. You can discard the stalks and pods now and store your seeds ready for next spring.

Don't forget to label them so you don't find random packets of unknown seeds in the spring!

DIVIDING PERENNIALS:

A perennial is simply a plant that comes back each year. Towards the autumn they tend to stop flowering and die back so this is a good time to divide them up as they don't need lots of energy to make flowers or seeds. As the soil is still warm in the autumn the newly made plants will have some time to put down roots before the winter comes.

How to divide a perennial clump:

Dig up your clump, push a garden fork into the clump then push a 2nd fork in so the two forks are back to back. To divide the clump, pull the fork handles together so the tines of each fork push away from each other and pull the clump apart. Plant each clump back into the soil making sure to water them in.

Plants that respond well to dividing like this: Centaurea (corn flowers), hardy geraniums, ornamental grasses, hostas, spring flowering plants like primulas and asters.

Right, I'd best pop to the shed and get out my forks and paper bags!

Whatever you get up to, enjoy your garden!

Jude at Rock House



SEED LIBRARY – no fines!

Did you know that you can 'withdraw' and also donate surplus seeds through the Llandrindod Seed Library? Visit the stall in the Spa Centre (aka the 'Co-op Alley') off Station Crescent on Fridays 10-12. Free to join, no fines!

WHAT IS HOMEOPATHY?

By Hazel Hardwick-Jones

Homeopathy is a complementary medicine practised worldwide for over 200 years. It is the second largest system of medicine in the world and used by over 200 million people. Even our King Charles has his own homeopathic doctor. The King himself is also the patron of the faculty of homeopathy.

Homeopathy works according to a natural law of cure that is based on the principle of “Like cures Like” Bet your wondering what that means? Well, it's about a substance that can produce symptoms in a healthy person or animal and then we use this to treat a person or animal suffering with similar symptoms. For example, often one's eyes and nose can stream when we cut into an onion. A person experiencing symptoms such as watery eyes and a runny nose may receive a remedy prepared from an onion. Another example is that if a bee or wasp stings an individual, the affected area may become swollen, red, and itchy; as a result, a remedy derived from bee venom can be given. Again, because these symptoms match the remedy picture. This is the principle behind homeopathy, that the substance that most closely matches the symptom picture in a person will work by stimulating the body's own natural intelligence and immune system. Each homeopathic remedy has its own unique picture based on the symptom picture it has been known to create.

There are many substances that have been made into remedies. They can be made from plants, minerals, animal sources, or chemicals. Homeopathic remedies are safe, non-toxic, and tested on healthy people rather than animals. Remedies are made by a process called ‘dilution and succussion’ - this is known as potentization. This is basically shaking and striking against a hard surface. It is thought that this combined process leaves an imprint of the original substance in the dilution. This process produces remedies in potency form.

Homeopathy works alongside most conventional medicine and can help with many ailments/ conditions like healing from operations, injuries, skin conditions, coughs and colds, allergies, mental health – anxiety, depression, arthritis, digestive problems, teething babies, to name but a few. With homeopathy you can even help yourself without seeing a homeopath, although I do recommend you speaking to a homeopath if you are unsure or new to homeopathy.

Here are some of the well known remedies:

Arnica - A great first aid remedy for any bruises, bumps and bangs, soft tissue injuries. Worse for motion, being touched. Rest. Better for motion, lying down.

Hypericum - Think of this remedy for any violent, burning, shooting, needle like pains after any injury. Nerve pain. Injuries to the areas that are rich in nerve endings e.g. the coccyx, fingers, toes. Injuries to the spine

Apis First choice remedy for stings! Especially if there is swelling/puffiness after bites or stings. The area may be itching and have a red, rosy hue look or shiny redness. Stinging pains. Burning, heat, itching. Painful to touch. Worse from heat of any form.

Calendula – Is the superhero of wound healing. It has fantastic healing abilities. Think of this remedy for any open wounds, wounds that will not heal. Promotes healthy granulation and rapid healing. Helps to prevent pus formation.

A little about me: I graduated from the Welsh School of Homeopathy in 2023 after four years of training getting my diploma in homeopathy and medical sciences. I am currently a post graduate student working to get my license in homeopathy - cases are supervised and if you wish to help me with this, please contact me 07719875997 and we can have a chat.



Llanbister Community Council General Meeting Minutes

Date: Thursday 3rd July 2025 **Time:** 7:30pm **Venue:** Community Hub.

1. Apologies received: Catherine James

2. Members Present: Tracy Lewis, County Councillor Geoff Morgan, Darren Rogers, Wayne Bowen, Gareth Bowen, Marc Williams
Jennifer Turner (Clerk).

3. Declaration of Interest. 25/0856/HDG - MW, GB, WB
25/0774/HH – DR, GB, WB

4. Minutes of the Last Meeting(s) – Minutes of the 1st May 2025 general meeting were reviewed. It was agreed they were an accurate record. Proposed DR, Seconded GB Approved and Duly signed by the Chair

5. Matters Arising from Minutes-

- Graveyard – Information gathered from Councillors to be forwarded. Chairs address to be used
- Community Engagement – Clerk to request electoral role for distribution purposes. Councillors discussed boundaries and distribution.
- Litter Pick – Rearranged for 7th August at 6pm. Chair to provide free hotdogs

6. Planning –

25/0856/HDG Grid Reference: E311639 N: 274299 Proposal: Hedgerow removal 618M at different locations. Upper Caerfaelog, Caerfaelog Lane, Llanbister – not discussed as not quorate

25/0774/HH Grid Reference E319279 N272203 Proposal: two storey garage. Site address Troedrhifedwen, Llanbister Road, LD1 5UP – not discussed as not quorate

25/0858/HDG Grid Reference E312662 N 273460 Proposal Hedgerow removal 641M at different locations. Site address: Upper Croescynon, Llanbister, LD1 6TL – approved with provision that more hedgerows are planted to replace in other locations

7. Finance - Balances as at 3rd July 2025

Savings Account - £ 9,175.69 (£8000 belonging to current account)

Community Current Account - £2,350.58

Income (as part of above balance) - £38.95 interest

Outgoings in addition to the above balance –

£10 Bank charge

Clerk's salary (July and August)

£26 x 2 Clerks expenses (July and August)

£50.20 x 2 HMRC (July and August)

Aztec £432.00

Insurance £395.88

Grass Cutting £210 Approval given to pay regular invoices as received

Defibrillators Approval given to authorise payments up to £400 for new pads and batteries

Payments Approved (Proposed DR, Seconded GB)

8. School Governor's Report.

School assembly regrading VE Day was well attended; the children were engaged and pleased to receive poppy pins. Thank you to DR and MW for providing this educational assembly. Pupils are visiting the High School next week. PTA held a successful Afternoon Tea fundraiser

9. Community Hall / Hub Report.

Councillors and the Village as a whole, were sad to hear of the passing of Christine Nicholls.

Beer and Bowls going well and a second Pool Team is being set up. Plans are in progress for a fundraiser to raise funds for the Poppy Appeal

10. Representative required for One Voice Wales - TL

11. Any Other Business.

- Complaint received regarding graveyard maintenance – Clerk to respond
- School Governor – Clerk to request Llanbadarn CC if they wish to appoint a representative, if not DR will continue. Response requested by 31st August, their next meeting is 17th July
- Poverty Fund – discussed options. Add to next agenda

Date of Next meeting - Thursday 4th September 2025 at 7.30pm.

Meeting Closed at 20.53

CATCH-UP CLUB *Activities planned*

Meets in the Community Hall or Hub

3 September	Bake Sale & Blood Bikes
17th September	Money Matters talk
1st October	Art Session with Wilna
15th October	Knitting poppies with Janice
5th November	Jan Swindale, Town Crier
19th November	Energy in the Home talk
3rd December	Wreath Making
17th December	Christmas Lunch & Carol Singing

Contact: Tracy Lewis (07495 827360)

LLANBISTER COMMUNITY HALL & HUB

What's On

Regular activities

Beer and Bowls

Badminton

Massage therapy & nails

Quiz nights with Malcolm

Whist

First Thursday of the month from 7.30pm onwards

Wednesday with Tracy Lewis from 6 – 7pm

1st Thursday of the month with Natalie Scarlet in the Hub (booking essential)

3rd Thursdays. 8.00pm start. Teams of 4 (£2 per member). Bar open for drinks

1st and third Friday of the month

Events

15th September

20th September

1st November

9th November

22nd November

27th November

27th December

Village Show AGM (all welcome, see article)

BINGO FOR ALL - fundraising event to raise money for Mums Matter (Mid and North Powys Mind).

Coffee Morning in aid of the Poppy Appeal

Remembrance Service at the War Memorial followed by coffee, tea and cake in the Hall. Donations collected in aid of the Poppy Appeal.

Rhayader Male Voice Choir

Hall AGM (everyone welcome)

Games Night

To book the hall or hub, contact:

Tracy Lewis (07495 827360 or Helen Hughes 01597 840450)



Freshly made to order sweet and savoury bakes.

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Email: llathocountrykitchen@gmail.com Tel: 07983 927722

Facebook: [@llathocountrykitchen](https://www.facebook.com/llathocountrykitchen)

LLANBISTER SHOW – Verdict on 2025 and AGM

The feedback at our review meeting in late June was overwhelmingly positive, that we managed a socially and financially successful event despite the weather and other set-backs.

Special shout-out to those who rescued the marquees damaged or blown-away in the wind. After a heroic re-arrangement a quart was fitted into the pint-pot of the surviving tents so activities could go on as planned – with a bit of a squeeze!

The Show Annual General Meeting takes place on 15th September in the Hall/Hub and is open to everyone. Nominations and volunteers for the many necessary roles are more than welcome – our show only survived over 100 years because of residents' enthusiasm and commitment. Planning for next year has to start in the Autumn so ideas welcome. Contact llanbistershow@hotmail.com, visit our Facebook page or the Secretary on 07598 101713.



TIDBIT QUIZ



Quiz about Autumn

- 1 Bonfire Night takes place every November but which King did Guy Fawkes try to blow up in Parliament?
- 2 What is the Autumn crop 'Vitis vinifera' more commonly known as?
- 3 The longest running motoring event in the world, the Veteran Car Run, begins in London each November and ends in which city?
- 4 What kind of tree do conkers fall from?
- 5 True or False, the tradition of bobbing for apples started in Roman Britain as a dating game?
- 6 Though today most Jack-o-Lanterns are carved out of pumpkins, which vegetable was used when the tradition began in 19th-century Britain?
- 7 What is the name for the particularly bright full moon that appears in early September each year?
- 8 What are hedgehogs' spines or quills made from?
- 9 Which English Romantic poet composed "To Autumn" after a walk near Winchester one autumnal evening?
- 10 With around 400 players participating, what are the WCC, which are held annually on the second Sunday in October in Northamptonshire?

ANSWERS ON PAGE 21



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CANTAL YFC

A busy few months for Cantal! We attended our annual rally claiming a respectable 10th overall and some new members competing for their first time! Some notable individual results are as follows, Promote a Staycation (Rhian, Adam and Will) 1st, placing from all three of Cantal's girls in Stock-judging (Laura, Casey and Maisey), Rhian Hughes 1st in solo singing, group singing 2nd, senior generation game 1st, Junior Flowers with Millie coming 2nd and our very young team in pitch a new farm safety product coming 3rd. Everyone should be very proud of their performances!

There was also great success for the Cantal girls on Sports Day, winning the ladies netball. Going on to Wales level we joined forces with Pen-y-bont and Radnor Valley to take home the red prize card again! We then headed to National YFC in Stafford on Sunday the 6th, unfortunately due to other events not all of us were able to attend so joined with more clubs. Tracey put us through our paces and still managed to come a very tiring 5th (not too bad).

There have also been a few County events including The Chairman's ball which saw many of our senior members attending. A luncheon followed this to celebrate 80 years of Radnor YFC raising money for The Brain Tumour charity, Wye Valley NHS Breast cancer services and Wye Valley NHS Trust oncology fund. Three great causes and so well supported with over 380 people in attendance. We then turned our attention to the Royal Welsh show where Rhian gained a very respectable 3rd in such a high standard competition. William and Rhian then took on the senior Generation Game - naming countries' flags. It's safe to say that wasn't their strong point but still remained mid-table! And finally Rhian, William and Adam competing in promoting a local attraction or staycation.

Our final event for the calendar year (or first), is the AGM, held in Llanbister Hub. It saw the members change their roles around, with Laura stepping down after a very successful year as club Chairman, and Rhian stepping up from Vice Chair. Jazmine Jones has taken on Vice Chairman, and Adam remains Secretary, but has gained a partner in crime with William Lewis also taking on the role! Let's hope it will be another fun filled, successful year for Cantal, with whist drives, pumpkin carving and carol singing just around the corner! The County AGM will be held on Tuesday the 19th August in Howey, with Sian Davies stepping down as County Chairman, and Elizabeth Swancott of Teme Valley YFC stepping up into the role - we wish her the best!

If you would like to join Cantal, get involved or to know more about our YFC calendar, please do not hesitate to contact;

Rhian Hughes - 07957653905
Adam Watson - 07979980145
William Lewis - 07495811752
Jazmine Jones - 07798942665

Or visit our Cantal YFC page on Facebook and Instagram!



ANSWERS TO TIDBIT QUIZ - ON PAGE 17

1. James I
2. Grapes
3. Brighton
4. Horse chestnut tree
5. True
6. Turnips
7. The Harvest Moon
8. Keratin
9. John Keats
10. World Conker Championship



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History of the Lion Hotel

by Jennifer Lewis

In the 1841 Census John Davies, aged 75 was the publican. He was with his wife Anne aged 70, and daughter Mary aged 25, a seamstress. They were all born in Radnorshire. Also at the Inn were 4 soldiers who were probably there to safeguard the Turnpike, from possible Rebecca Rioters.

John Davies and his wife had the following children all baptised in Llanbister: -

1. John 1794
2. Richard 1798
3. William 1802
4. Jane 1804
5. Eleanor 1807
6. Mary 1812
7. Elinor 1814

The Land Taxes from 1813 to 1831 has the occupier of Llanbister Public as a John Davies. John Davies was the tenant, and the owner was Lord Boyne.

The 1840 Tithe Map shows that Llanbister Public was owned by Lady Boyne, and occupied by Ann Davies. Ground belonging to the Pub went right down to the River Ithon. The Pub had 36 acres, 3 rods and 20 perches of land. There was the house, garden and plock. Fields were called Under Plock, Slang Field which also had a wood, Little Piece, Long Ddole and Meadow. The fields were a mixture of meadow, arable and pasture.

By 1851 Census Anne Davies was 80, an innkeeper and widow. Mary was still with her and aged 40, a dressmaker. Also with them was Thomas aged 21, a grandson and farm labourer. All were born in Llanbister.

Ann Davies of Llanbister Inn was buried in 1854 aged 83 years. Therefore, born c1771

Thomas Watson, a widower, and farmer of Llanbister Inn married Mary Davies on the 19/11/ 1852 by license. Thomas was the son of Thomas Watson.

In 1861 Census Thomas Watson, aged 55 was in charge as he had married Mary Davies aged 50. With them was their daughter Ann aged 7, and [baptised on the 9/10/1853 of the Red Lion Inn] a servant Anne Griffiths who was born in Beguildy. There was 30 acres of land with the Inn.

Thomas Watson was still in charge in 1871, and aged 65 with wife Mary aged 57, and daughter Ann aged 17. With them was Anne Griffiths who was described as a 13-year-old niece born in Leominster. [Ann Griffiths was buried in 1872 aged 14 years] Plus, a 16-year-old general servant Ann Lewis.

By 1881 Mary Watson was a widow, an innkeeper and farmer of 36 acres at the Red Lion Inn. Her daughter Anne was aged 27 and was married to Richard Lewis a 24-year-old farmer from Nantmel. Their daughter Mary Ann Lewis was aged 2 weeks. They had a servant, Mary Morris.

Altogether Richard and Ann Lewis had the following children: -

1. Annie Elizabeth baptised and buried in 1878 aged 10 days old.
2. Richard Watson baptised 1879 and buried in 1880 aged 11 months

- | | |
|------------------|---------------|
| 3. Mary Ann | baptised 1881 |
| 4. Elizabeth Ann | baptised 1883 |
| 5. Minnie Blanch | baptised 1885 |
| 6. Edith | baptised 1888 |
| 7. Richard | baptised 1892 |

Richard's mother-in-law Mary Watson was buried in 1890.

In 1889 the new Lion Hotel had been built, it was always said, to accommodate the gentry coming out from Llandrindod Wells for shooting and fishing etc. when it took off as a Spa town.

1891 census saw Richard Lewis in charge as innkeeper and farmer of the Red Lion, with his wife Ann, and children Mary Ann aged 10, Elizabeth A aged 7, Minnie B aged 5, and Edith W aged 2.

1901 Richard Lewis was innkeeper and farmer at the Lion Hotel. Their children Mary Ann, Elizabeth A and Edith W were now joined by a son called Richard aged 9.

The old Red Lion was now called the Poplars. Living here with a servant was a Richard Lewis, a retired farmer aged 81, and from Nantmel. This was probably Richard Lewis from the Lion Hotel's father.

1911 the Red Lion Hotel was in the charge of Anne Lewis aged 57 and a widow. She was the innkeeper, farmer, and annuitant [someone of financial means] She had with her daughter Elizabeth Annie aged 27 and son Richard aged 19, who was a student. She had a servant girl Nellie Morris aged 21 from Clun, and a border Robert Sinclair Hall from Shrewsbury.

Anne records that she had had 5 children, 2 of whom died.

In 1913 the Lion became the Ithondale Hotel with Ada Kinsey as the tenant, but still owned by Elizabeth Lewis. As a single woman Elizabeth could not hold a license.

1921 Census the Hotel was being rented by George and Beatrice Bennett, school master and mistress of Llanbister School. George was from West Bromwich and Beatrice was from Tipton, Staffordshire. They were living here, waiting for a house to be built next to Llanbister School.

The Register for 1939 states that Elizabeth A Lewis, born 1/8/1883 was living at the Hotel, still known as Ithondale. She was single. There were 4 people living there but only 2 are shown. The other recorded was a married woman of private means called Mary E. Williams born 1886. The Lewis family had land that went right down to the River Ithon with fishing rights.

During the Second World War, the cellar at Ithondale was dedicated as a bomb shelter, especially for the Llanbister School children.

Living at the Poplars in the Village was an Austin Hicks who was a Registrar of Births, Marriages, and Deaths. He was a cobbler and used a room in Ithondale for anyone who needed to use his services.

Rooms were rented out to local couples when they got married, for example Gwyn and Josie Morgan, and Harry and Gwenda Woosnam.

Miss Lewis had a daughter who married Mr. Pocock, and then it was used as a private house. In 1981 it was bought by Peter and Ann Johnson who introduced a restaurant, and craft shop in the old stables.

In 1983 Ray and Janet Thomas took it over and returned its use to a commercial hotel. They arranged for a new sign to be designed – the rampant golden lion on a red background. This was once used by the local Royal Family of Elystan Glodrydd, King of Maelineydd.



Jokes

What do you get if you cross a skeleton with a detective?
Sherlock Bones

What's bad-tempered and goes with custard?
Apple Grumble

If you keep a glass of wine in each hand, you can't accidentally touch your face!

I'm so excited when it's time to put the bin out each week, I wonder what I should wear?

Quote

“What worries me is not so much artificial intelligence, but natural stupidity”
Frank Wilczek, renowned physicist (quoted in New Scientist)

Get Smarter with your money?

David Strachan

Most of us share some cynicism and frustration with the big banks, which seem more concerned with profit than service especially for those of us in rural communities, but did you know there are community-based alternatives to at least *some* of the services which the big boys are supposed to offer? One of these is the Credit Union (nothing to do with trades unions!)

Around the early 19th century, pioneers such as 'local hero' Robert Owen developed the ideas and values central to how modern credit unions work but the Credit Union movement as such can trace its roots to the first rural cooperative lending institution started in Germany around 1864. The movement grew quickly throughout America and Canada and soon began to have an influence across the rest of the world. In Great Britain, modern day CUs emerged in the mid-1960s but there was no legal structure in the UK until 1979. There are now around 1.4 million CU members in the UK and worldwide over 89,000 credit unions in 117 countries enable nearly 260 million people to access affordable financial services.

British CUs are financial co-operatives owned and controlled by their members, who share a common bond such as a workplace or locality, They are registered under the Co-operative and Community Benefit Societies Act 2014 and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

Credit unions are extremely varied in size, membership and the range of services they offer, but they all share a basic philosophy and set of principles with the worldwide credit union movement. Powys was served for many years by the volunteer-run Red Kite Credit Union based in Llandrindod but the increasing age and dwindling numbers of volunteers recently led the the directors (of which I was one) to feel the time had come to merge its services with a larger, partly professionally-run organisation Smart Money Cymru which had started in 1989 in South Wales and gradually expanded through development and merger with similar small and sometimes struggling CUs.

It is now known as Smart Money Cymru Community Bank and offers services including online and mobile banking, savings accounts, personal loans with lower interest rates for members who borrow more, an online budget planner to help members improve their financial wellbeing, Payroll Saver, and a SmartGoods program for accessing household products. Note that CUs pay a dividend rather than traditional interest.

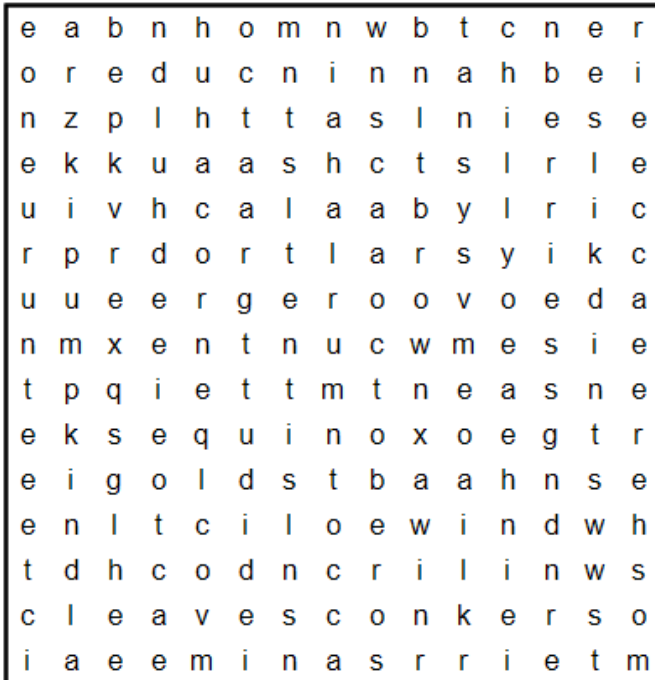
You can call in at the local volunteer-run branch in Middleton Street, Llandrindod Wells LD1 5ET. Check opening times in the window or contact Smart Money for more information:

Smartmoneycymru.co.uk

Tel: 02920 883751 Email: info@smartmoneycymru.co.uk

CHILDREN'S PAGE

Colour in this
Harvest cart!



Can you find these words?

- | | | |
|---------|-----------|---------|
| ACORN | EQUINOX | MISTY |
| BERRIES | GOLD | NUTS |
| BROWN | HALLOWEEN | OCTOBER |
| CHILLY | HARVEST | PUMPKIN |

Handy contacts

Age Concern		01686 623707
Church in Wales	WestRadnor Area Administrator	
westradnor.maa@churcheinwales.org.uk (3 days per week – Tues, Weds & Thurs)		
Citizens Advice Bureau		0345 6018421
Dial-a-Ride Newtown		01686 622466
Doctor	Llandrindod Medical Practice	01597 824291
	Knighton Surgery	01547 528523
Shropdoc out of hours (via NHS 111)		111
Dyfed/Powys Police Non-emergency		101
Emergency Services		999
Libraries		
(note: Llandrindod Library has moved to the Museum)		
	Llandrindod Wells	01597 826870
	Newtown	01686 626934
Library of Things/Benthyg Llandrindod	c/o The Hive, Llandrindod Wells	01597 824616
<i>(borrow/donate /skill share scheme)</i> llandrindod.benthyg.cymru		
Llanbister Community Council Clerk	Jennifer Turner	07534 990237
Llanbister CC Chair – Tracy Lewis		07495 827360
Llanbister CC – Website	www.llanbister.org.uk	
	Facebook page Llanbister Community	
Llanbister Community Hall bookings –	Helen Hughes	01597 840450
Llanbister School		01597 840258
Llandrindod Wells Hospital		01597 822951
	Minor Injuries Unit	01597 828735
(new hours from Nov 2024: 8am–8pm, 7 days a week)		
Local Representative (Powys County Council)	Geoff Morgan	07495 503808
Mobile Post Office	Thursdays 11.45 – 12.30	Lion Hotel car park
Public Transport		
	Buses: (Timetables etc)	0871 200 2233 www.traveline.info
	Rail: 03333 211 202	tfw.wales/service-status/timetables
	& www.trainline.com/train-times (or via App)	
Trash Nothing – want free stuff...got stuff to give away?		
	https://trashnothing.com/beta/	
Vet – Ddole Road		01597 822044
Vet – Hafren		01597 851500
TIDBIT Editing Team	llanbistertidbit2@gmail.com	(note the '2')
	07398 190585 c/o 1 School Meadow LD1 6TN	

Tidbit Payment & donations to:

Llanbister Community Council – account 40 26 21 41048619

RECIPES

(Thanks to Jenni T
& David S)

Vegetable Traybake

*A simple, flexible and nutritious dish for autumn veg
(and just about any other and odd leftovers),
suitable for vegetarians and vegans too*



Ingredients

2 or 3 medium sized or 5-6 small Potatoes.

Half pack Green Beans; 1-2 Carrots; 1 Aubergine; 1 Onion; 1 Red Pepper; 4-5 Mushrooms;
1-2 cloves Garlic (chopped or whole).

Half a cube of vegetable stock (or Oxo Meat-Free Beef if you are vegetarian and/or prefer a more 'meaty' flavour), dissolved in 250ml water and slightly thickened with 1 heaped teaspoon of cornflour plus additional seasoning to taste e.g. cumin, thyme, cayenne.

3-4 Tomatoes and/or 3-4 tablespoons grated or sliced hard cheese for topping (optional, use vegan cheese if required).

Method

1. Scrub potatoes (best with skin on) and lightly boil until only just soft enough to slice but not fall apart. Cool and slice 1 – 1.5cms thick.
2. Boil green beans for 2-3 minutes (don't fully cook) – can put on top of potatoes towards end of their boil to save time and energy. Cut in half.
3. Slice aubergine 1–1.5cms thick, thinly slice carrots, chop onion, pepper and mushrooms
4. Lightly oil a large baking tray, spread out all veg except potatoes then top with layer of sliced potato. Evenly pour over the thickened stock adding up to 50ml water if necessary - just enough to wet the contents but not to be swimming.
5. Top with sliced tomato and/or cheese if wanted. Sprinkle extra herbs on top if you like.
6. Bake at 180C (gas mark 4) for 45 minutes or a bit longer to further crisp the top.



*As we are in Blackberry
season, here is a cocktail
you can make after
picking the free
blackberries growing in
our lanes*

Cocktail - Blackberry Bellini

Ingredients

4 large fresh juicy blackberries (plus one extra for garnishing)

1 tsp of sugar

30ml gin

2 tsp freshly squeezed lemon juice

Well chilled Cava/Prosecco to top up

Method

Put the four blackberries and sugar in a cocktail maker, gently crush and muddle

Add ice cubes, lemon juice and gin

Shake 20 seconds

Strain into a champagne flute

Top up with sparkling wine

Garnish with the fifth blackberry

You can enjoy this cocktail at all times of the year by replacing the blackberries with a splash of crème de cassis. Try other fruits – strawberries, peaches, apricot.



LilyRose

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on

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