

# Safeguarding Bulletin

April 2026

## This Month's Focus – Categories of Harm

### Self-Neglect

#### What is Self-Neglect?

Examples of self-neglect include:

- A refusal or inability to cater for basic needs, including personal hygiene and appropriate clothing.
- Neglecting to seek assistance for medical issues.
- Not attending to living conditions – letting rubbish accumulate in the garden, or dirt to accumulate in the house.
- Hoarding items or animals.

There are two types of self-neglect:

**Intentional, or Active Self-Neglect:** When a person makes a conscious choice to engage in self-neglect. For example, they may actively refuse to visit a doctor when they're feeling unwell.

**Non-Intentional, or Passive Self-Neglect:** When health-related conditions contribute to a risk of developing self-neglect. For example, a person with a learning disability may have lapses in concentration that may make them forget to attend to their personal hygiene.

If you are concerned that someone is neglecting their basic needs, please speak to your Safeguarding Officer or the NGB Lead Safeguarding Officer.

Safeguarding is  
Everyone's  
Responsibility....

## Key Dates in April

### World Autism Acceptance Month

World Autism Acceptance Month is an opportunity for everyone to come together and raise awareness, acceptance, and create a society where autistic people are supported and understood. Whether you're at home, at school, or within a sporting setting, your involvement can make a real difference. It's about how your actions can help create an inclusive and accepting world.

<https://www.autism.org.uk/what-we-do/acceptance-and-awareness/how-you-show-up>

### Stress Awareness Month

Stress Awareness Month is an annual event observed every April since 1992, dedicated to increasing public awareness about the causes, effects, and management of stress.

SMALL ACTIONS, BIG IMPACT

#BeTheChange

<https://www.stress.org.uk/stress-awareness-month-2026/>

## BDA Roadshows

The last BDA Roadshow of 2026 will take place on Friday the 24<sup>th</sup> of April 2026 at the Falcon Indoor Bowls Club

Follow the below link to book

[Roadshows - Bowls Development Alliance](#)

