

Message	Graphic/link
<p>The government has set out steps to relax shielding guidance. Watch this video to find out how these changes will affect you, and when. Stay up to date with the latest government advice at www.gov.uk</p>	<p>Link to video</p>
<p>The government has set out steps to relax shielding guidance. Stay up to date with the latest government advice at www.gov.uk</p>	 <p>IMPORTANT CHANGES TO SHIELDING GUIDANCE FROM 6 JULY</p> <p>New guidance for the clinically extremely vulnerable will be available on gov.uk from 6 July</p>
<p>From 6 July, the advice to people who are shielding will change. Clinically extremely vulnerable people will be able to meet outdoors in groups of up to six people they do not live with, while maintaining social distancing. Read the latest information www.gov.uk</p>	 <p>GATHER IN GROUPS OF UP TO 6</p> <p>From 6 July anyone classed as clinically extremely vulnerable can gather in groups of up to 6 people outdoors whilst maintaining social distancing</p>
<p>From the 6 July, people who are shielding can create a 'support bubble' with one other household, following the same rules that apply to the public now. Read the latest information www.gov.uk/government/news/plans-to-ease-guidance-for-over-2-million-shielding</p>	 <p>CREATE A SUPPORT BUBBLE WITH ONE OTHER HOUSEHOLD</p> <p>From 6 July anyone classed as clinically extremely vulnerable can create a support bubble with one other household if they live alone or are a single-parent household</p>
<p>From 1 August, those shielding can visit shops, places of worship and outdoor spaces. Visit www.gov.uk/coronavirus-extremely-vulnerable to find out what the current guidance is for clinically extremely vulnerable people.</p>	
<p>From 1 August, people who are shielding will be able to return to work if they cannot work at home. For anyone concerned about returning to work once the guidance has eased, we recommend they speak to their employer and understand their specific policies around health and safety and workplace attendance, especially in relation to COVID-19. For the latest information go www.gov.uk.</p>	 <p>RETURN TO WORK SAFELY</p> <p>From 1 August clinically extremely vulnerable people can return to work if they cannot work from home and the business is COVID safe</p>

Government support is available for people for as long as they are advised to shield – you can get help with food, medicines and care by registering online. Register your support needs at www.gov.uk/coronavirus-extremely-vulnerable by **17 July**.



Coronavirus

Support currently available for the clinically extremely vulnerable



Boxes of essential food delivered by wholesalers to those at highest risk

Regular calls to those shielding from over 500,000 NHS volunteers

Free medicine deliveries made by volunteers and community pharmacies

Priority supermarket delivery slots will continue for people who are clinically extremely vulnerable 'shielded'. Register online by **17 July** to get priority delivery slots at www.gov.uk/coronavirus-extremely-vulnerable

From Monday 6 July, the advice to people who are shielding will change. Stay up to date with the latest information www.gov.uk



Coronavirus

Guidance for the clinically extremely vulnerable



From 6 July you can gather in groups of up to 6 people outdoors whilst maintaining social distancing and form 'support bubbles' with another household if you live alone

From 1 August you can return to work if necessary and participate in activities such as going to the shops or a place of worship

Until 6 July you should continue to shield in line with the current guidance

Shielding support package will be continued until the end of July

From August continue accessing priority supermarket delivery slots and NHS Volunteer Responder scheme