



COVID-19 Risk Assessment

Facility:	Lordsfield Swimming Club	Date:	20 May 2021 1 July 2021	Completed By:	Tania Bridge
Risk Assessment:	Pool & Site operation - Supplement to NOP & EOP due to COVID-19			Reference No:	1

List significant hazards and how people may be harmed	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found	Further action required to control risk Y / N (list actions at end)
Contracting COVID-19	Members	<ul style="list-style-type: none"> Anyone with COVID-19 symptoms such as: <ul style="list-style-type: none"> a) A new continuous cough b) A high temperature c) A loss of, or change to sense of smell or taste Are advised to stay at home and self isolate in line with government guidelines. https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/?fbclid=IwAR1PwxVCSjIY5ksVSHTpuR6B72_A8JDcxPxsHoCw2gvgmcMbtJCkwhfpkks Anyone on site presenting any signs or symptoms of COVID-19, will be asked by the Session Lead to leave the swimming facility, advised to do a lateral flow test, available from chemists, and to notify the Club of the test result Guidance advertised on website, social media etc. Sign highlighting core advice displayed at entrance. 	
COVID-19	Members	<ul style="list-style-type: none"> Appoint a COVID-19 officer Communicate the nominated COVID-19 officer to members 	
COVID-19 – Volunteer protection	Volunteers	<ul style="list-style-type: none"> Update training booklet for all volunteers for procedures adapted to reduce the risk of spreading COVID-19. Volunteers trained on COVID-19 awareness and to 	

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		<p>stay at home if have any symptoms and let Pool Ops - Nicola Green and Covid Officer – Tania Bridge aware.</p> <ul style="list-style-type: none"> A meeting is undertaken between management committee and the COVID Officer within the first few weeks of swimming sessions restarting so that practices and procedures can be reviewed and appropriate adaptations or amendments can be made as necessary 	
Physical Environment – entrance to/and on poolside (including observation areas)	Members	<ul style="list-style-type: none"> Provision of signage to indicate entry/exit. Social distancing is observed on poolside and observation areas and throughout any change-over periods. New system ('new norm') to be clearly communicated to members i.e. website, social media, posters, etc. Particular attention is paid to trying to avoid children needing the toilet, Unless sufficient space is available, Parent/guardians (as spectators) limited to one parent/guardian per swimmer (including limit on accompanying siblings where possible) Volunteers to remind spectators of social distancing rules Hand gel / hand washing facilities on entry/exit of poolside, changing rooms, observation/spectator areas for members Furniture in observation areas is spaced at least two metres apart and is cleaned at the end of each session 	
Overcrowding – possible transmission of COVID-19	Members	<ul style="list-style-type: none"> Where practical, it is recommended that the pool rescuers are on opposite sides of the pool to 	

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		maintain the recommended social distance. <ul style="list-style-type: none"> Management Committee categorize sessions into: i. Low ii. Medium iii. High exposure risk levels The type and frequency of sessions offered may be reduced in order to achieve social distancing in the water. Start times maybe staggered to allow safe change-over time. 	
Risk of drowning	Members & Visitors	<ul style="list-style-type: none"> The preservation of human life takes precedence. If a swimmer is in difficulty, a lifesaver must respond quickly and where required, perform CPR. 	
Personal Injury / First Aid – access and availability to first aid equipment	Members & Visitors	<ul style="list-style-type: none"> First aiders have easy access to gloves, face masks, eye protection, screens and CPR pocket mask, face shields, bag-valve mask Adequate supplies of PPE are available. First Aiders to be updated on latest COVID-19 guidance with adequate training and awareness relating to first aid 	
Personal Injury – entry/exit from the pool	Swimmers	<ul style="list-style-type: none"> Signage – pool rules Good housekeeping Pool layout such as access to the swimming pool has been considered. 	
Equipment	Members & Visitors	<ul style="list-style-type: none"> Bring your own equipment – swimming goggles Equipment usage is controlled within / in between sessions. If equipment used, they are cleaned after each use/session. Equipment is cleaned in a sanitizing solution following government cleaning protocols – e.g. soaking in chlorinated water 	
Possible transmission of CV-19 between members	Members	<ul style="list-style-type: none"> Swimming Club is registered for NHS Track and Trace and the QR code is clearly visible for those 	

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		<p>who wish to scan it</p> <ul style="list-style-type: none"> • However, as the Club notes down names of anyone coming through the gate during a session, ["The Day sheet"], the Club will have access to details on who attended a particular session should it be contacted by the NHS or a member who tests positive. • In the pool, pool rescuers to remind swimmers of need to keep social distancing when they are inactive. 	
Hygiene/Cleanliness/Housekeeping – in addition to general cleanliness, the added risk of contracting COVID-19	Members & Visitors	<ul style="list-style-type: none"> • Cleaning – the use of a disinfectant - will occur at the end of each session • Disinfectant materials to be clearly available for volunteers to use • This includes changing rooms (once re-opened), toilet, poolside areas, pool steps, hand-rails & chairs • Members to be advised that the toilet is to be used on an urgent needs basis only • Session Lead is to facilitate disinfection of equipment at the end of each lesson. 	
Transmission of COVID-19 from the physical environment such as changing rooms	Members & Visitors	<ul style="list-style-type: none"> • Traffic flow through changing rooms (to be reviewed once open) is reduced: • The number of swimmers in changing rooms is limited (to be reviewed once these are open) • Session start/finish times are staggered • Changing rooms are cleaned at the end of each session • Hand gel/sanitizer is provided at entrance of changing facilities • Swimmers are asked to arrive 'beach ready'. • Swimmers bring changing bag onto poolside with them and leave on a designated chair. 	

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Review and Comments

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Review	Review Conducted by:	Tania Bridge		1 July 2021
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