



## Frome Shed October Newsletter 2023

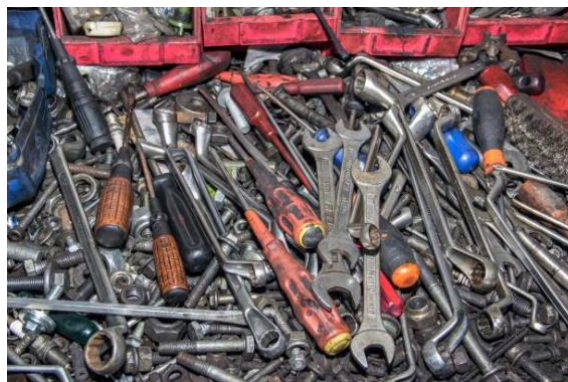


The Frome Shed will be **10 years old** on 14/08/24. We're looking for ideas on how to mark the occasion. If anyone has any ideas please let one of the Trustees know.



Leon, delivering some lovely **hand made planters** to a community garden project in Frome after an appeal they made to us on Facebook for help with creating a children's sensory garden.

Thank you to everyone who came to our **Annual General Meeting** and gave your support to our organisation and to the Trustees. If anyone is interested in becoming a Trustee please let Anne Jones know.



John Corfield is continuing his **tidying up** at the Shed. You won't find any mess like the picture above in our workshops! But he has found some items on the shelves near the staircase, that have no name on them. Please put your name on anything you want to keep. Anything still unnamed on 30/11/23 will be recycled.

The **Duty Managers** are invited to Victoria Park on Tuesday 17th October, for a drink and a piece of cake. This is a 'thank you' for giving up their time by arriving early and opening up the Shed, bringing the milk, signing people in and taking the money before closing up again. Without the Duty Managers the Shed couldn't open.



The session on Monday 16th included some talks and discussion on **hearing problems**. Three of our members have different forms of deafness, and they are adapting in different ways.

Richard goes to lipreading classes, uses hearing aids, and uses good headphones to hear the TV.

Ros is learning sign language and hoping to get a hearing aid that takes the sound that comes into the dead ear to enter via the right ear.

Carol has had deafness since the age of four, and showed us her bone conducting hearing implant (known as BAHA) that has made a huge

difference to her life. She was able to tell us about various types of hearing aids.

It's an indication of her positive attitude that she decorates the bone implant with sparkles!

She also uses technology to enable her to continue with her cycling hobby, using a Garmin device that shows her to see the speed and location of the traffic behind her, all the while wearing a high vis vest that says 'Deaf Cyclist!'

There were lots of laughs along the way and the sharing of good information.



The lady pictured above came to collect the **memorials** made by Richard for the pets of her two autistic children.



You might have seen these 'Three Wise Monkeys' sitting along the bench at the AGM. To resist photographing them was impossible, and they kindly obliged.