

## **Neighbourhood Plan – Health & Community**

Notes of a meeting of the **Topic Group – Health & Community** held on the **20<sup>th</sup> March 2017** at **4pm** in the Town Council Chamber: -

Present: Cllr A Thorp (Chairman), Mr J Wallace (Vice-Chairman), Cllr P Darby, Cllr B Bowler, Cllr J Buckley-Stevens, Cllr C Houghton, Mrs V Hutchby, Mr J Jackson, Mrs C Peak

NP Consultant: Mr R Morfey  
Deputy Town Clerk: Mrs C Smith  
Admin Assistant: Ms K Furnass

### **1. Apologies**

Mr F Nichols

### **2. Introduction & Welcome**

Cllr C Houghton and Cllr A Thorpe gave an overview on the research already gathered by the group, see Appendix 1.

Cllr J Buckley -Stevens also informed the meeting that she had some relevant downloads from the web, available for anyone to see.

Discussions that followed mainly covered concerns about pressure that was being placed on NHS services in Swaffham. Doctors & Dentists. Chemists and Community Care. The group were very concerned that there was no provision for these on any of the developments on the Southside of Swaffham. The idea of a Community village was put forward, this could encompass a multitude of organisations. Also the need for a small grocery/retail shop and petrol station was highlighted. The recent Attleborough N Plan was held up as a good example for the group to look at.

The group were reminded to focus on what is needed for Swaffham. Any new developments should encompass the groups aims and aspirations. A blueprint for the whole town, to be able to tell developers where Swaffham needs housing not the other way around.

### **3. Discussion points**

- a. Green spaces for walking and cycling to encourage wellbeing.
- b. Care in the Community, Mental Health. How can this be brought together?
- c. Central Hub – ideal way forward for many facilities and communication.
- d. Statutory Services & Voluntary Services, how will this make a difference in the future?
- e. Funding - how this will affect any proposals, there is less central funding available how will this be maintained?
- f. Existing assets – Swaffham has existing buildings that could be utilised for other uses. The Drill Hall, Stanleys, Schools and Churches. The old sixth form is underused. The Community Centre is a good example of how to utilise a space for different organisations.
- g. Combining all the sports clubs into one large site. Is this an option, what space is available?
- h. The Camping Land, is this a good option, are there other large open spaces to consider?
- i. Will more land be needed in the future for a cemetery?

### **4. Summary:**

What is the vision for Swaffham in the next 20 years? Will there still be a NHS? Will everything be community funded? The group raised these and many other questions now it needs to find some answers.

They need to gather information on existing buildings, overheads and running costs on the buildings to see how/if they can be used to the best advantage. Take advantage of what Swaffham already has even down to footpaths for walking & cycling. NHS services like Doctors & Dentists need to let Breckland Council know if they are running at full capacity as this could have an impact on future planning applications.

Roger Morfey is happy with the progress and suggests to carry on gathering information from all available sources, to start to pull together all the strands, with the information from the other four groups then being feed into the Steering Group.

5. **Date of Next Meetings**

- Thursday 30<sup>th</sup> March (Informal)
- Tuesday 18<sup>th</sup> April 4pm, Town Hall

Meeting closed at 5.30pm

## Appendix 1

**Red Cross**

- housed in Community Centre
- officially open on Tuesday, Thursday & Friday mornings – 10am to 1pm
- unofficially its open all week as Icen Partnership staff operate the Red Cross office when Red Cross volunteers are not there
- in stock items include, wheelchairs, crutches, perching stools, bath boards.
- nearest Red Cross office Kings Lynn or Norwich

**Age Concern (Swaffham)**

- housed in Community Centre
- funding for 5 years (National Lottery 2017 to 2021)
- Befriending Scheme
- Hospital Buddie Scheme
- Social events mainly in Assembly Rooms but there are trips

**Norfolk Recovery Partnership**

- housed in Community Centre
- open Tuesday and Thursday's
- every other Tuesday the NRP doctor is present
- work in partnership with Icen Partnership to offer volunteering opportunities and to access Citizens Advice

**Mid Norfolk Citizens Advice**

- housed in Community Centre
- open Monday morning 9am to 1pm
- Icen Partnership staff member (Jurgita) is a trained Citizens Advice Advisor and deals with issues on Tuesday and Wednesday's

**Wellbeing Service**

- Housed in Community Centre
- Mainly mental health related counselling on Monday, Tuesday, Wednesday

## Informal Topic Group Meeting February 28<sup>th</sup> 2017

Present were Jan Buckley-Stevens, Anne Thorp, John Wallace, Frank Nicholls and Colin Houghton who was a welcome new member of the group.

Colin suggested that we try and work on the basis of what the town already has in terms of Primary Health Care & Social Care.

We have:

- One Community Hospital which takes in patients from as far as the North Norfolk Coast. It also has many clinics for outpatients.
- We have two Dentists.
- Two Opticians.
- Two chemists.

It was agreed that Colin with his links to the Hospital, will approach Senior Management of the Hospital Trust, beginning with the Community Care Trust and then the Trusts which manage the QEH AT Kings Lynn and also the Norwich Hospital. He will ask if it's possible to see their Business Plan and also their future plans.

There are three Dr's Surgeries in Swaffham. We need to find out how many GP's for population. Camping land Surgery needs to expand but apparently do not have the backing required. Frank will try and find out current patient list numbers and also staffing levels.

Care Homes – Swaffham has six.

John will try to find out how many beds the care homes have using the CQC website.

Day Centres and also Sheltered Accommodation.

We need to know how many and also details of their waiting lists.

Jan will find out more about Valentine Barker Court.

Suffield Court to be discussed.

Northwell Pool Road sheltered housing to be discussed.

Hilton Court to be discussed.

We discussed the South side of the town. Possible medical centre, care home, chemist, dentist? To be seriously considered.

Childcare – to be discussed later.

Residents Associations – could these make a comeback within the plan?

Final comment by Colin: we need to be realistic, temper ideas with reality.

# 20 Feb 17

Friday, 24 February 2017 08:53

## Contacts for Surgeries

Campingland	Liz Wing	7,000	6 Partners, 1 Salaried GP, 2 GP Registrars
Plowright	Emma Pymm	5,800	1 Partner, 5 locums
Manor Farm	David Brammer	6,900	4 Partners, 1 F2

QE to have an extra 100 parking places this year

List of contacts for health related organisations

Swaffham Community Hospital

3 Wards

Serve 1.5 million people in Norfolk & Suffolk

Continence Services

Dental Services

Diabetes Community & Drop in Service

Smokefree Norfolk

X-RAY

PHYSIC

Data for STC Neighbourhood Planning  
Sheltered Accommodation

	Landlord	Location	Number	Occupancy	Rent	Target Occupants
1	Flagship	Coronation Grove	18	Rent	2 bed Bungalows	Age Exclusive
2	Flagship	Hilton Court	19	Rent	1 or 2 bed Flats	Retirement / Sheltered
3	First Port	Northwell Place	40	Lease	1 or 2 bed Bungalows	Retirement / Sheltered
4	Flagship	Orford & New Sporie Roads	26	Rent	1 or 2 bed Bungalows	Age Exclusive
5	Flagship	Pleasant Row	4	Rent	1 bed Bungalows	Age Exclusive
6	Flagship	Queen Street & Orchard Place	16	Rent	1 bed Bungalows	Age Exclusive
7	Flagship	Sandringham Way & Cygnet Walk	12	Rent	2 bed Bungalows	Age Exclusive
8	Flagship	Spinners Close	14	Rent	2 bed Bungalows	Age Exclusive
9	Flagship	Suffield Court	35	Rent	1 bed Flats	Retirement / Sheltered
10	Flagship	The Oakland	6	Rent	2 bed Bungalows	Age Exclusive
11	Flagship	The Old Maltings	24	Rent	1 bed Flats	Retirement / Sheltered
12	Flagship	The Paddocks	7	Rent	1 bed Bungalows	Age Exclusive
13	Housing Care	Valentine Barker Court	44	Rent	Studios, flats & maisonettes	Retirement / Sheltered
	<b>TOTAL</b>		<b>265</b>			
	<b>Comprises:</b>	Age Exclusive	103			
		Retirement / Sheltered	162			

Data extracted from housingcare.org on 3rd March 2017

## Care Homes

Name	Postcode	Nursing	Personal Care	Dementia	Under 65	Over 65	Capacity
Westfields	PE37 7HE	Yes	Yes	????		Yes	40
The Paddocks Care Home Ltd	PE37 7NP	Yes	Yes	Yes		Yes	100
Holmwood House Care Centre	PE37 7QY	Yes	Yes	Yes	Yes	Yes	62
Icenl House	PE37 7HJ	Yes	Yes	Yes	Yes	Yes	74
Meadow House Nursing Home	PE37 8DD	Yes	Yes	Yes	Yes		38
<b>Total Capacity</b>							<b>314</b>

Source: CQC Website 3rd March 2017