

## Cornwall Sheds Network Meeting



Via Zoom 23<sup>rd</sup> February 2021 – 2pm to 3:30

### Agenda

- Welcome (PA) - Including introducing Programme Team members and UKMSA Ambassadors
- Introductions (All - Who want to introduce themselves)
- What is a Men's, Women's or Community Shed (By PA)
- The Cornwall Sheds Network (By Kent Sheds /' Activmob)
- Questions and Answers (All)
- Next Steps

### Contents of this report

- WHAT NEXT
- ATTENDEES AT THE MEETING
- SLIDE SET
- QUESTIONS, ANSWERS & ACTIONS

### NEXT MEETING

23<sup>rd</sup> March 2021 – 2pm

**NOTE –We are going to be running a weekly virtual call for anyone LIVING IN CORNWALL that WANTS TO START or JOIN A SHED. A place where we can share ideas and get Cornwall sheds started. They will be starting next Tuesday 2nd March at 2pm.**

**Patrick Abrahams**

**Shedder - Frome Shed - [www.fromeshed.org.uk](http://www.fromeshed.org.uk)**

**"Shed Happens" Producer & Presenter - [www.shedhappens.uk](http://www.shedhappens.uk)**

**UK Men's Sheds Association - Ambassador - [www.menssheds.org.uk](http://www.menssheds.org.uk)**

**M: 07494-120704**

## What next ? – Plan to open a Shed near you !

- Join the Cornwall Sheds Network Facebook page

<https://www.facebook.com/groups/1077442199422791>

- Sign up for the Mentorship programme



- Ask questions via the Cornwall Sheds Network Facebook page

- Review the information on the UK MEN'S Sheds Association (UKMSA) Website

<https://menssheds.org.uk/>



- Promote to Friends and your local Community.

- Local Papers, Nextdoor, Facebook
- Posters in Supermarkets, Libraries
- Contact your local Parish Council, Cornwall County Councillor and MP

- Sign up for the free UKMSA Newsletter "Shoulder to Shoulder"

<https://menssheds.org.uk/category/news/>



- If you have a "team" of three, and you're planning to open a Shed – Get it added to the UKMSA Map

<https://menssheds.org.uk/find-a-shed/>

- Use the online form to add information or contact UKMSA:
  - Email: [admin@ukmsa.org.uk](mailto:admin@ukmsa.org.uk) or Tel: 0300 772 9626



- Listen to the "Shed Happens" radio show on the 12th of March – Repeated on the 19th March.

On Source FM at 96.1FM in the Falmouth & Penryn area and world-wide at [www.thesourcefm.co.uk/listen](http://www.thesourcefm.co.uk/listen)



- Listen to the earlier "Shed Happens" radio show originally broadcast on the 12th of February – Repeated on the 19th February.

On demand at <https://anchor.fm/uk-mens-sheds>



- Plan to attend the next Cornwall Sheds meeting on 23rd March 2021 @ 2pm

- You will be sent an Invitation

## Attendees at the Meeting on the 23<sup>rd</sup> February 2021

ATTENDEE	FROME	ROLE (if applicable)
Annette Eatock	Penwith	Volunteer Cornwall - Community Maker - West Penwith
Ben Robb	Helston	
Brian Bastable	Street	Street Men's Shed / UKMSA Ambassador
Brian Cooke <sup>1</sup>	Andover	UK Men's Sheds Association / Trustee
Caroline Cooper <sup>1</sup>	Penwithick	ActivMob / Founder and Director
Carolyn Trevethick	Mid Cornwall	Volunteer Cornwall / Community Maker – Mid Cornwall
Chris Roy	Looe	
Christine Gosling	Illogan	
Darren Chaplin	Truro	Cornwall Rural Community Charity / Mental Health Lead
Debbie Tyler <sup>1</sup>	St Austell	ActivMob / Project Officer
Gavin Saunders	Constantine	
Geoff Bowyer	Pelynt (Pronounced Plint)	
Jane Chantrill-Burns	St Austell	Carlyon Parish Council , Councillor
Janette Gladman	Quintrell Downs	
John Marsden <sup>2</sup>	Aylesford, Kent	Cobtree Shed
Leanna Cox	Helston	Social Prescribing Link Worker
Manda Brookman	Penwith, Penzance, St Just, St Ives, Hayle	Volunteer Cornwall / Community Maker, East Penwith & Climate Emergency Liaison (county-wide)
Mark Fanning	St Austell	Kernow Men's Society
Mark Harrison	Farms Common	
Matthew McEvoy	Redruth	
Mike King	St Juste	St Just in Penwith Men's Shed
Neil Grossé	St Mabyn, Wadebridge	
Nigel Sheeran <sup>2</sup>	Staplehurst, Kent	Staplehurst Shed
Pat Cooke <sup>1</sup>	Crewkerne	Crewkerne & District Men's Shed / UKMSA Ambassador
Patrick Abrahams <sup>1</sup>	Frome	
Peter Chalk	Looe	
Rachel Meadows <sup>1</sup>	Wallasey	UK Men's Sheds Association / Volunteer and Community Development Manager
Bob Maddison <sup>2</sup>	Tonbridge, Kent	Tonbridge Shed
Sam Henderson-Palmer	Newquay	Social Prescribing Coordinator
Steve Potts <sup>2</sup>	Ashford, Kent	Shedwick Men in sheds
Susan Pitt	Newlyn	

<sup>1</sup> Cornwall Sheds Network UKMSA Team

<sup>2</sup> Kent Shedder



## What is a Men's , Women's or Community Shed ?

<https://menssheds.org.uk/find-a-shed>



Men's Sheds are not unlike a traditional Shed in its nature – a place full of tools and machines – but on a larger scale with room for many.

It is essentially a safe space for people to come together and share conversation and tools whilst engaging in practical projects

Sheds are places of skill sharing and informal learning, of individual pursuits and community projects, of purpose, achievement and social interaction.



### What "Shedders" say



- "It's somewhere to go and socialise. It gives a focus to my week."
- "It means a fun place full of Comradeship and Friendships"
- "I love attending as the place is full of laughs, conversations, and fun."
- "You feel great making something for a mate or the Community"
- "The range of skills in the Shed is just amazing"



## Questions and Answers

### • What's the best way to find premises ?

- Tell lots of people locally you're looking for premises
- Approach Schools, Colleges & Churches
- Approach local Councillors and your local MP
- Possible empty Shops
- Can you share with another Group – e.g. Youth Club, Age UK, Cricket Pavilion, Scout hut
  - Note sharing premises when Sheds are undertaking activities such as drilling, sawing etc can sometimes be difficult.
  - Note – Many “empty” premises in Cornwall have been converted to Holiday lets!
- Doesn't need to be huge (A double garage)
- Some Sheds don't yet have premises but still function
- There are some mobile sheds in Buses and Coaches

### • How do you finance it ?

- Examples given – Services PAT Testing, Christmas Reindeer sales
- Charge members to attend (e.g. £4 per session / £1 per session)
- Approach Lions, Rotary, Round Table , Age UK, SWW Neighbourhood Fund, Isles of Scilly Steamship Company in Penwith, Community Foundation (Launceston), Co-Op Funds
- Community Groups (e.g. Volunteer Cornwall, Cornwall Rural Community Charity (CRCC))
- Approach local Town and County councillors
- Local council – Community Chest
- National Lottery
- Contact Supermarket community champions at Asda , Tesco & Waitrose

### • How do I spread the word ?

- Advert in local Shops
- Press releases
- Local Community Radio
- For Shed Members - Send Newsletters out (Phone if no reply)
- You can access the UKMSA Ambassadors to get help and support
  - Contact [Rachel.meadows@ukmsa.org.uk](mailto:Rachel.meadows@ukmsa.org.uk) or [admin@ukmsa.org.uk](mailto:admin@ukmsa.org.uk)

### • Where do we get tools and materials

- Kettle most important !
- Tools and materials from local donations
- Tea and Coffee from the local Co-op
- UKMSA Membership brings discounts from Axminster, Triton Tools and Ronseal

### **ACTION – Re UK Men's Sheds Association Map – Rachel Meadows**

Can we get this updated – St Austell is not still running

### **ACTION: What is the statue with the Shed in Looe ?**

Patrick Abrahams to send Looe contacts to Brian Cooke to chase up