

Na i vakarau kaukauwa kei na
veivakacacani e loma ni vale



Domestic and Sexual Abuse

Na i Vakamacala Taumada

E rawa ni caka na i vakarau kaukauwa e na loma ni tiko vakamau, na tiko vakatevoro, kei na loma ni bula vakaveiwekani. E na tara na nodra bula e na gauna taucoko e 1 mai na 4 na marama, 1 mai na 6 na turaga, ka 1 mai na 4 vei ira na veiwatini vakatagane se vakayalewa, na i vakarau kaukauwa era sotava. E rawa ni vakavuna na loma taqaya, na rere, galili, domobula se rarawa.

Introduction

Domestic abuse can take place within marriages,
intimate partnerships and family relationships.
1 in 4 women, 1 in 6 men and 1 in 4 people in same sex relationships
will be affected by domestic abuse during their lifetime.
It can make you feel afraid, scared, lonely, frightened and sad.

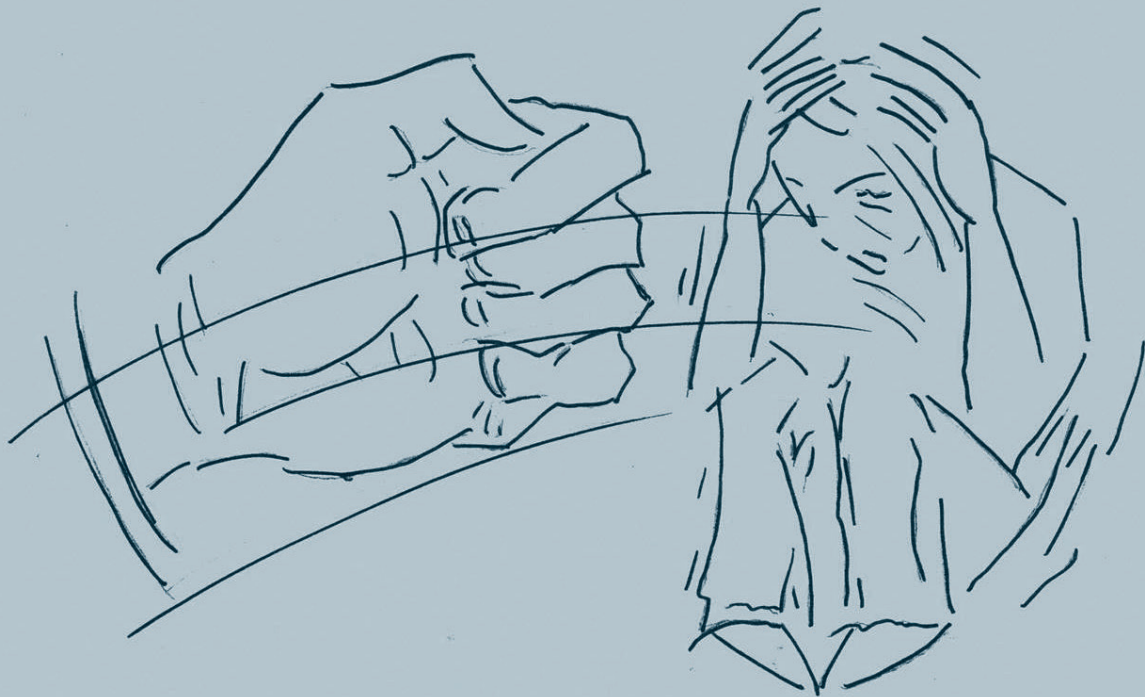


Na Vakamavoataki ni Yago

Na veivakamavoataki ni yago e caka e vale, e wili kina na veimoku, lau vacu, kei na veivakarerei.

Physical abuse

Domestic abuse can be physical which includes hitting, punching and threatening behaviour.



Na Vakamavoataki ni Yalo

E wili me vakamavoataki yalo na kailavaki ni veika e tukuni me rawa ni ko rere ka cakava na ka e vinakati me caka e na dela ni nomu rere. E rawa tale ga ni wili kina na vosa ni veivakayalolailaitaki, ni sega na betemu se ko sega ni tamata vinaka.

Emotional abuse

Emotional abuse is where someone shouts at you to make you feel frightened or that you have to do what they tell you. It can also be when someone makes you feel useless or that you are no good.



Na veivakacacani

Na veivakacacani sa i koya na nomu vakaukauwataki mo drau veiyacovi ni oqo na kucu, se na nomu vakaukauwataki mo raica ni caka tiko e dua na i vakarau tawa kilikili vua e dua e voleka vei iko, ka sega ni rawa ni ko cakava kina e dua na ka.

Sexual abuse

Sexual abuse is where someone forces you to have sex (this is rape) or make you watch or do things sexually that you don't want to.



Na vakayagataki ni i lavo me i vakarere

Oqo na kena yalani na levu ni i lavo me soli vei iko me rawa kina ni ko cakava na veika e vinakata.

Financial abuse

Financial abuse is where someone restricts how much money you can have as a way to making you do what they want you to.



Na veika e tarai kina na nodra bula na Gone

E sega ni dau laurai e na matanavotu se kilai rawarawa na veika e tarai kina na nodra bula ko ira na gone era raica se rogoca na veivakarakarawataki e caka e vale.

E na tara na nodra bula vakalekaleka ga se vakabalavu sara. E bibi vakalevu kina me ra dau vukei ka taqomaki, ka me ra tubu cake e na loma ni vuvale bulabula.

E ratou tu vakarau na tabana ka yacana na Children's Services, me ratou vuke iko e na nomu tokoni ratou tiko na luvemu e na gauna dredre ko sotava tiko.

Effect on children

The effects on children, who hear and see domestic abuse, are not always visible or easily identified.

This can affect them in the short and longer term. It is extremely important that you help them to keep safe and create a healthy environment for them to grow up in.

Children's Services are here to help you support your children through this difficult time.



Na i Ulubale

E na so na gauna era na soli i ulubale ko ira era dau cakava na i vakarau kaukauwa, ka bilitaka na nuiqawaqawa ni veika vakailavo, veimau i lavo, gunu yaqona ni vavalagi se wai ni mate tale e so, me vu ni nodra veivakamavoataki. E sega ni dua na i ulubale ni nomu vakamavoataki se vakarerei. E dodonu ga me ra qara veivuke.

Excuses

Sometimes people make excuses for their behaviour and may blame money worries, gambling, alcohol or drugs for why they hurt you.
There is no excuse to hurt or frighten you and they need to get help.



Na qara veivuke

Army Welfare Service **01252 349 900**
or **www.safernh.co.uk**

Children's Services call **0300 555 1384**

Ni yaco e dua na leqa tubu koso, qiria na **999** • Kevaka e sega ni leqa tubu koso, qiria na **101**
Ko sega ni bilitaki e na vuku ni nona i vakarau kaukauwa se veivakacacani e dua tale.

Getting help

Army Welfare Service **01252 349 900**
or **www.safernh.co.uk**

Children's Services call **0300 555 1384**

In an emergency call **999** • In a non-emergency call **101**
You are not responsible for someone else's violent or abusive behaviour.



E vakamacalataka ko Gareth Brown © 2015
Droinitaka ka tabaka na Rushmoor Borough Council © 2015

