

Shropshire , Telford and Wrekin Midwife Led Unit (MLU) Review : Proposed Service model

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Telford and Wrekin Local Maternity System

Briefings

30th November 2017 & 1st December 2017

Thank you to...

132 parents interviewed

All of you who are here today

85 staff interviewed

The babies and toddlers who
were all so well behaved
throughout the co-design
workshops!!

38 people who submitted
written comments via email

Other professionals involved
in the review

126 people who attended
co-design workshops

Session Plan

<p>Session 1 : Commissioner Presentation</p> <p>Presentation to explain the proposed service model. Questions will be invited during session 2 and as many answered as possible during session 3.</p>	25 mins
<p>Session 2 : Information Packs</p> <p>You will be given an information pack containing more information about the proposed service model. This time can be used to start to digest the information from the presentation and look at the information in the pack. The information pack is yours to take away with you.</p> <p>You will be asked to write down any questions you would like to be answered in the final session.</p> <p>You are also invited to write general comments about the proposal.</p>	25 mins
<p>Session 3 : Questions</p> <p>We will answer as many of the questions that have been given to us as possible.</p>	25 mins

Designing the service: The process

Phase 1

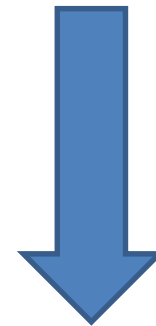
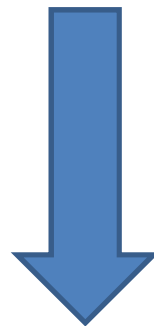
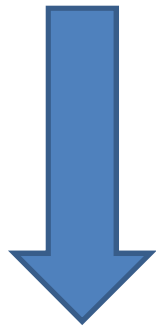
Analysing existing
information

Phase 2

Gathering new
information

Phase 3

Co-design
workshops



Proposed Service Model

Proposed service model: Pre-pregnancy

Outside the direct scope of the review, but included for completeness and will be passed on to the Local Maternity System for action:

- Improved information about the importance of good health during pregnancy
- Improved information sharing between professionals
- Services to improve the health of women (mental and physical) before pregnancy

Proposed service model: Pregnancy

- At least 5 maternity hubs across the county which will be available for at least 12 hours a day for planned midwifery led care.
- It is proposed that there will be at least one maternity hub in at least each of the following areas: Telford, Shrewsbury, Bridgnorth, Ludlow, Oswestry.
- Access to advice and support from a midwife 24/7. This will include an excellent triage service available 24/7 for women to ring when they think they're in labour to help to ensure that they get to their chosen place of birth on time.

Proposed service model: Pregnancy

It is proposed that the same types of service are available at each maternity hub, including:

- Antenatal care from a midwife and support from women's services assistants
- Planned antenatal appointments with an obstetrician
- Scanning and fetal monitoring
- Antenatal day assessment, including CTG (where baby's heart rate and movements are monitored)
- Support with emotional wellbeing and mental health
- Support with long term conditions during pregnancy
- Healthy lifestyle services including smoking cessation and weight management services
- Information and advice about pregnancy and parenthood
- Information and advice about birth options
- Peer support

Proposed service model: Pregnancy

Other features of this part of the model include:

- The development of a 'becoming a family' plan
- Receive care that plans for women to give birth in a midwife led setting
- Women get to know the place where they plan to give birth and meet the midwives who are likely to deliver their baby
- Staff work within a team with a mix of skills
- Women will not need to make a decision about where they plan to give birth until later on in pregnancy
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen
- Women and staff have up to date information electronically
- Women and staff have a say in decisions about the service, including service improvements.

Proposed service model: Birth

- Full range of birth settings to choose from (Consultant led unit, Alongside Midwife Led Unit, Freestanding Midwife Led Unit and Home Birth).
- Births within Shropshire to be available at:
 - Consultant led Unit at Princess Royal Hospital
 - Alongside midwife led unit at Princess Royal Hospital
 - Freestanding midwife led unit at Royal Shrewsbury Hospital
 - Home Birth
- The choice of birth settings will include places over the Shropshire border, which may be more convenient for those living on the edges of the county.

Proposed service model: Birth

Other features of this part of the model include:

- The MLUs in Telford and Shrewsbury may also act as the maternity hubs for antenatal and postnatal care.
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen.
- Women and staff have up to date information electronically.
- Women and staff have a say in decisions about the service, including service improvements.

Proposed service model: Birth

This proposed model is designed to increase the number of midwife-led births by:

- Over time, improving the health of women during pregnancy.
- Changing pathways in antenatal care so that all women receive care that plans for a midwife led birth, unless this won't be safe for the woman or her baby, or she chooses consultant led care for another reason.
- Enabling women during pregnancy to get familiar with the midwife led units and the staff who work there.
- Enabling women to make a decision about their preferred place of birth later in pregnancy.
- Moving the alongside midwifery led unit closer to the consultant led unit in order for a different level of risk to be safely managed.

Proposed service model: Postnatal

- Community midwives and women's support assistants available 24/7.
- At least 5 maternity hubs across the county which will be available for at least 12 hours a day for planned midwifery led care.
- It is proposed that there will be at least one maternity hub in at least each of the following areas: Telford, Shrewsbury, Bridgnorth, Ludlow, Oswestry.
- Inpatient postnatal stay available on Princess Royal Hospital postnatal ward for women who need it.

Proposed service model: Postnatal

It is proposed that the same types of service are available at each maternity hub, including:

- Postnatal care from a midwife
- Support and advice from women's services assistants with regards to baby care
- Newborn checks and screening
- Drop-in service or planned access during a 12 hour period
- A space for women and their families to reflect on the birth experience
- Support with emotional wellbeing and mental health
- Support with confidence building and bonding
- Support with feeding
- Support with long term conditions postnatally
- Healthy lifestyle services
- Information and advice about parenthood including postnatal groups, infant feeding, baby care and life skills such as budgeting and cooking
- Peer support

Proposed service model: Postnatal

Other features of this part of the model include:

- Staff work within a team with a mix of skills.
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen.
- Women and staff have up to date information electronically.
- Women and staff have a say in decisions about the service, including service improvements.

Next steps for the review

Proposed model to be presented to CCG Boards seeking approval to go out to consultation.

Shropshire CCG Board 13th December 2017

Telford and Wrekin CCG Board 9th January 2018

Information Packs

You will each now be given an information pack that contains:

- Slides from this presentation
- Summary of the proposed changes
- 'You said, we did' document
- Questions and answers document

This pack is yours to keep and take away with you.

Questions

During the next 25 minutes, please write down any questions you have and leave them in the designated space.

During the final 25 minutes, we will answer as many questions as we can from those you have given to us.

Fiona Ellis

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