CONTACTS	
Church of England at St Mary's, Church Services: Ist Sunday 11.00am Cafe church in All Saints Hall 2nd Sunday 11.00am CW Holy Communion 3rd Sunday 11.00am Morning Praise 4th Sunday 11.00am CW Holy Communion	The Rector Rev. Nick Clarke. Tel 07842 192402, revnickclarke@gmail.com The Vicarage, 1 Castle Street TA14 6RE website: www.hamhillchurches.org
1st and 3rd Wednesday 9.00am BCP Holy Communion ALL SAINTS HALL BOOKING SECRETARY	Ann Davison 07709 609488
BOYS BRIGADE - Weekly - Thursday 6.00pm - 7.30pm (now at Martock Christian Fellowship)	lan Rumbelow 07851817927
BRIDGE CLUB - Weekly - Monday starting at 8.30pm (Working Mens Club)	Tail realise tow of collective 22
BROWNIES - Weekly - Every Tuesday during term time (Hamdon Youth & Family Centre)	Jackie Poole 01935 823606
FLEXERCISE FOR FUN - At Oak Tree House every Monday at 2.30pm	Di Ramsay 0845 6434702
FOOTBALL - SENIOR TEAMS - Training Tuesday evenings 6.30pm. Matches weekend	Steve Deane 07881 464280 email: stevekatherine@hotmail.co.uk
FOOTBALL - YOUTH TEAMS - Training weekday evenings. Matches Saturdays & Sundays	4231 or Steve Arnold (Secretary) 07775 562122 stokefcsec@gmail.co
FOOTPATHS - problems and issues contact:	Moira Hulett cllr.mhulett.sshpc@gmail.com
GARDENING CLUB - Monthly - Fourth Wednesday 7.30pm (Memorial Hall)	Secretary: sec.sshgardeningclub@gmail.com. Tel: 01935 823691
HAM HILL COUNTRY PARK - VOLUNTEER RANGERS - Weekly Weds 9.50am-3.30pm (Range	
HAMDON MEDICAL CENTRE	01935 822236
HAMDON YOUTH & FAMILY CENTRE - West Street Contact: ww	vw.hamdonyouthcentre.co.uk email: hamdonyouthcentre@gmail.com
HISTORY GROUP	Carol Parker 825393
LIGHTHOUSE CAFE - Monday 10.00am - 1.00pm	Sarah Russell 826355
MEDITATION GROUP - Tuesdays at 7.30pm at Priory Coffee	Emma Herrod 01935 829443
	kings.stokememorialhall@gmail.com Barbara Brooks 01935 824432
PARISH COUNCIL - Monthly First Wednesday 7.00pm, The Hamdon Youth & Family Centre	Lyn Foley, Chairman 01935 823051 stoke-sub-hamdon-pc.gov.uk Website: stokesubhamdoncouncil.com
POLICE COMMUNITY SUPPORT OFFICER	Carole Brown email: carole.brown@avonandsomerset.police.uk
POST OFFICE COUNTER (INSIDE STOKE COMMUNITY SHOP) OPENING TIMES Monday & Friday 9.00am to 12 noon, Thursday 1.00pm to 4.00pm (excluding	Bank Holidays)
STOKE AND DISTRICT ANGLING ASSOCIATION	Derek Goad 01935 824337
STOKE BABY & TODDLER GROUP - Memorial Hall. Thurs.9.30am to 11.30am in term time	carolyn_lefley@hotmail.com Facebook: @StokeBabyAndToddlerGroup
STOKE COMMUNITY SHOP OPENING HOURS - Monday to Friday 8am - 4.30pm; Saturday 8	am – 4pm; Sunday 8.30am – 12.30pm 01935 509100
STOKE AFTERNOON TEA CLUB FOR OLDER PEOPLE. Lighthouse Café, every other Wednesd	lay at 2.15pm Lisa Wenborn 07515 489587 or Kay Clamp: 07717 453523
STOKE SUB HAMDON BAND - Monday & Thursday 8.00pm - 10.00pm Castle School Training Section Mondays 7:00-7:45pm at Castle School	Gill Robins 01935 329904 Jane Herbert 01460 419317
STOKE SUB HAMDON SPORTS & RECREATION TRUST - www.stoke-rec-trust.co.uk email info@stoke-rec-trust.co.uk, Secretary - Peter Hulett 01935 8247	Contacts: Chairman - John Allen, 784, Fundraising Co-Ordinator - Denise Burton 01935 827793
STOKE PERFORMING ARTS GROUP Contact Je	eannie 07967 184952 or info@stokeperformingartsgroup.co.uk
STOKE WALKING GROUP, every 2nd and 4th Monday of the month	Penny on 822208 or Mark 07496 148756
TAEKWONDO & LITTLE DRAGONS - Mondays 5.00pm - 5.30pm Little Dragons; 5.30pm - 6.15 6.15pm - 7.00pm Taekwondo Adults (Stanchester)	5pm Taekwondo beginners; Jennie Clark 07921 393425
TINY TURRETS (Castle Primary School) - Foundation Stage Unit for children aged 2 - 4 yea Two daily sessions 9.00am - 12 noon and 12 noon - 3pm. Extended provision available to	
TRIANGLE TRUST - Raising funds for Hamdon Medical Centre	Jennie Harris 01935 881718
VILLAGE AGENT - Cluster SS2 Cath Holloway	cath@somersetrcc.org.uk Tel: 07968 521746
VILLAGE ARTISTS GROUP - (Tuesdays 19.30- 21.30 & Friday 10.00am - 12 Noon (Memorial Hall)during school term times	Andrew Toosey (chair) atoosey@hotmail.com 07484 142880 s only)
WORKING MENS CLUB - Daily - Lunch times & evenings	secretary@stoke.club and www.facebook.com/stokeworkingmensclub Mark Greaves 01935 823297

Please send articles for the newsletter, or to advertise forthcoming events to Helen Frances, helenfrances.one@gmail.com by the 16th of the previous month

Youth Worker Lou on 07402 987921 or email lou.chant@cyp.me.uk

Lydia Kemp 07814629352 Facebook @zumbawithlydia

YOUTH CLUB - Weekly - Monday 7.00pm at Hamdon Youth & Family Centre

ZUMBA CLASSES - Monday 9.30am; Toning Thursday 6pm.



PARISH COUNCIL UPDATE

Well, here we are in August; life seems to be galloping along at a rate of knots. I hope you are able to enjoy whatever summer we are given. I feel it is only right that I acknowledge the losses our community has suffered this year with an unprecedented number of well-known and much loved locals passing. Our hearts go out to those loved ones who have been left behind, but please know that as a community we support you all.

The Parish Council will not be slowing down over the summer. We are working hard to bring into the community a new project. As the Parish Council have no postal address moving forward, we have been in discussions with the Duchy of Cornwall's representative who has agreed for us to use Unit 7 of North Street Workshops as our base. The workshop will not only be the Parish Council Office but it will also house a new Community Project.

This project will embrace the concept of 'Helping in the Community'. It will house a workshop for people who would like to volunteer to help our local residents with small jobs that don't require a qualified person. For example, those who have difficulty mending a gate, changing a light bulb or doing any of those jobs that are just too fiddly or too awkward. We have to work out its exact format but hopefully by September we should have something more concrete to report. We are looking for people who have a little time on their hands who would be happy to help, no skills necessary but a willingness to help and support those who cannot do for themselves. This will be a nominally paid service to cover the overheads. The people who involved in this service will also be looking for donations of tools (in good working order and condition). Any electrical goods will be PAC tested to ensure they are safe to use.

The Parish Council will also be using the office space in the unit to hold Councillor Surgeries, Committee and working group meetings (as we are currently having to pay for space at the moment). We hope that the Clerk and Councillors' office space will be easily accessible. It has a ramp access for those who cannot manage stairs, downstairs cloakroom facilities and meeting rooms that can be used. The larger room can be used for teaching and training sessions, which can be booked. I'm sorry for the sketchy outline but this is work in progress.

The good news is the Duchy has allowed the Parish Council two years' use rent free, which means it is just the utilities that need to be funded. It is anticipated that the Community Project will be able to help with these bills. If you would like to help in some ways, then please do not hesitate to contact me. Once this is up and running, I do not anticipate being the point of contact. It is an exciting project with lots of scope to help the community.

The Parish Council would like to welcome a new Councillor, Mr. Michael Foley who put himself forward to join us at the July meeting.

Lyn Foley

Chair of Stoke sub Hamdon Parish Council

VOLUNTEERING OPPORTUNITIES

STOKE COMMUNITY SHOP:

NON-VOTING MEMBER We're looking for someone to join our committee as a non-voting member of the Shop Board. This is your chance to get involved in our behind-the-scenes work and learn more about the decisions we take and how we run the company that operates the shop. All that's required is a genuine interest in the Community Shop and its aims, and the ability to attend meetings once every three to four weeks. Want to find out more about what's involved? Please email shop@stokeshop.co.uk, take a look at stokeshop.co.uk/about-us/— or drop into the shop for a chat.

SHOP VOLUNTEER? If you've a few hours to spare and fancy getting involved in the Community Shop, we'd love you to join our friendly volunteer team. Drop by the shop for a chat about what's involved, or email volunteers@stokeshop.co.uk. You can also find out more at stokeshop.co.uk/volunteering and download an application form.

MEMORIAL HALL

We are looking for people to join the Hall's management committee. If you would like to find out more about the Hall, a valuable village asset, and If you could spare a couple of hours every month, we would love to hear from you. No experience necessary. Jill Uhlhorn 078 96299340

GARDENING CLUB

In August we are having our members' Summer Party, but we would be happy to welcome you when meetings start up again in September. We meet on the fourth Wednesday of the month for a talk on any aspect of gardening – plus: free refreshments; plant Sales; raffle. Visitors very welcome – first visit free! Venue: The Memorial Hall, Stoke-sub-Hamdon. 7.15 for 7.30 p.m.

WORLD CHALLENGE

COFFEE MORNING

The World Challenge students from Stanchester Academy are running a coffee morning in All Saints Hall, Stoke sub Hamdon 10am-12 noon on Saturday the 12th August. Come along for drinks, homemade cake, and savouries. Takeaways also available.

WHAT'S ON & WHAT'S NEW AT THE MEMORIAL HALL

There's lots going on each week - Zumba, Kettle Belles, art, baby and toddler's groups, quilting and the Wessex Big Band. Check the village noticeboards or the Memorial Hall webpage for more information.

Stoke sub Hamdon Memorial Hall, Stoke-Sub-Hamdon (stokememorialhall.co.uk)

STOKE COMMUNITY SHOP

Summer picnics and BBQs: We've everything you need for a super summer picnic or barbecue — from rolls, cakes, pastries and sandwich fillings to BBQ meats, sauces and pickles, fizzy pop and beers, wines and ciders. We also sell a wide range of ice creams and other frozen treats for a perfect dessert. And don't forget that we're open Saturday till 4pm and Sunday till 12.30pm for those last-minute essentials.

Home deliveries: Our home delivery service is here for you if you're unable to get out and about. Call us with your order on 01935 509100 between 9am and 2pm on week days. If you order before midday, we can usually deliver the same day.

STOKE BAND NEWS

Stoke band will be entertaining at the Prince of Wales on Saturday 2nd September. This is a free concert, so please do come along. The band always welcome new players – especially for the cornet section. If you've played in the past, or just fancy learning, then why not join the band? Or perhaps you'd like to find out more about the band. Everyone is very welcome to attend our AGM at 20:00 on 28th September at Castle School. Contact Gill Robins on 01935 329904 or Jane Herbert on 01460 419317 for details.

100 YEARS ON - HAM HILL MONUMENT



A small dedication and recognition gathering was held at the memorial monument on the 19th July 2023 to mark the centenary of the unavailing of the bronze plaque in memory of those from the village who served and died in WWI. A small posy of colourful flowers was laid at the base of the monument.

CHARITY SHOP

No item is, it seems, too large or too small to be sold in the village charity shop, helping raise money for projects in our community every day. Last month saw several large items sell very quickly, including an electronic keyboard, a reclining chair and a child's bike. Remember your donations (clean and in good condition) are welcome whenever the shop is open. We sell most of our stock in the shop, but also raise money from E-bay sales.

STOKE WALKING GROUP

Join us for our regular health walks. All walks start outside the Lighthouse Cafe at 10.00 and are guided by trained walk leaders. Come and discover more paths around Stoke. Dress for the weather, stout footwear is recommended. Whether you have lived in the area for years, or just moved in, new walkers are always welcome, and so are well behaved dogs on leads.

On Tuesday 1st Aug we have a longer health walk (5-6 miles), and on Monday 14th & 21st (not the change to avoid the Late Summer Bank Holiday) we have the regular health walks (3 - 4 miles). These last about one and a half hours, finishing in time for a cuppa and a chat at the Lighthouse Café. Contact Sue or Doug for more information - Sue 07792311736

AFTERNOON TEA CLUB COACH TRIP TO SIDMOUTH



Afternoon T-Club team would like to say a big thank you to the Charity Shop and Sports & Rec Trust for the grant awarded enabling us to take our members and others from the village on a day trip to Sidmouth last month. A great time was had by all and the weather behaved itself when needed!

FITNESS, DISCIPLINE AND FUN!

Hamdon Youth & Family Centre are excited to announce that Adam from 9 Realms Martial Arts is now running a Muay Thai /K1 Kickboxing training class from 6.30 to 7.30 each Thursday for children aged 4 - 14. £5 a session with the first one free. Equipment provided. Contact Adam on 07957 939554 for more info and to book. Come and learn a skill and make new friends!

SPAG



SPAG's latest production in the Memorial Hall in July was a rip-roaring success, with sell out audiences laughing in all the right places and guessing wildly at the identity of the murderer! The script, written by local writer Min Hodges, was brought to life by a great crew of volunteers, both front and back stage. SPAG would like to thank EVERYONE who got involved in making the performances such a success - including those never seen on stage, like the set design team, the lighting & sound people, those who designed the tickets, baked scones, donated raffle prizes and so much more.

Dates for your Diary

AUGUST

- 1st Longer Health Walk from Lighthouse café 10:00am start
- 9th Afternoon Tea Club at the Lighthouse café 14:15 – 16:15
- 12th World Challenge Coffee Morning, All Saints, Hall 10:00am - 12:00
- 14th Regular Health Walk from Lighthouse café 10:00am start
- 21st Regular Health Walk from Lighthouse café 10:00am start
- 23rd Afternoon Tea Club at the Lighthouse café 14:15 - 16:15

SEPTEMBER

- 5th Village Artists Group at the Memorial Hall 19.30
- 2nd Stoke Band performance at the Prince of Wales
- 6th Afternoon Tea Club at the Lighthouse café 14:15 – 16:15