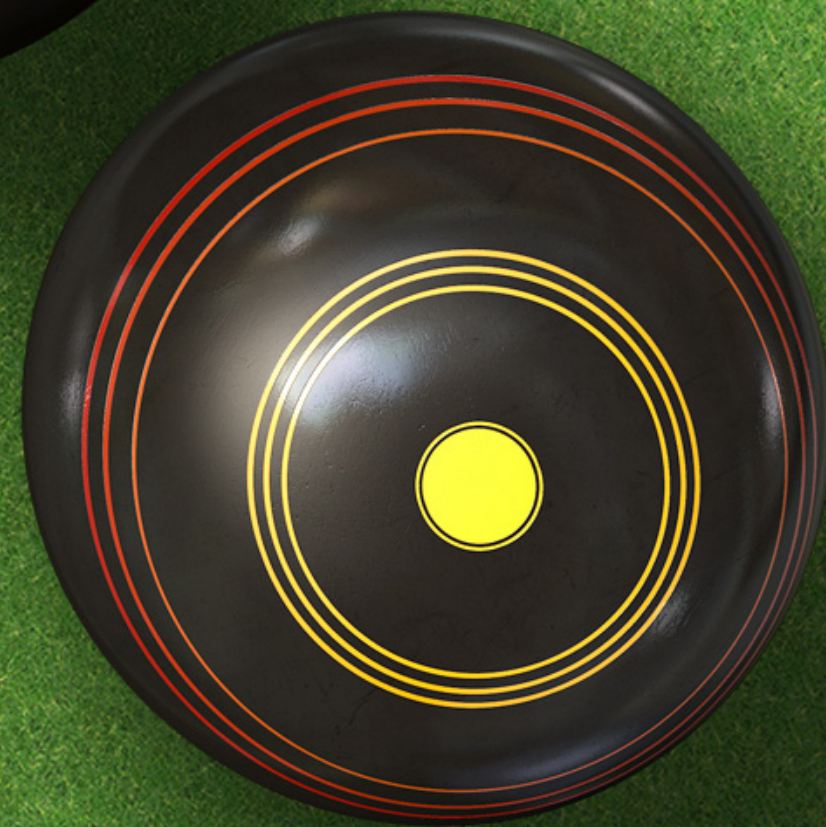


RUNWELL HOSPITAL BOWLS CLUB

- new friends
- great social life
- improves fitness
- improves coordination
- increases confidence
- enhances mental wellbeing



Health professionals recommend
playing bowls for its health benefits
and social interaction!

NEW MEMBERS
WELCOME

No experience needed,
coaching provided

Contact Graham
on 07954 821046

