

The Buzz Bulletin



June 2020
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Newsletter of the
North Hampshire Prostate
Cancer Support Group

Welcome to the Buzz Bulletin

Chairman's Chat

Dear Members,

I hope you are all keeping well and surviving the lock-down. Some I know find this a very difficult time, others see it as a great opportunity to catch up on household and other projects. I have been spending my time on researching my family tree and walking the local footpaths.

Although our liaison nurses Sara and Lorraine have higher priorities at the moment, Prostate Cancer U.K. has been giving us good support via regular Zoom video conferences where Allan and I have been able to meet with many other P.C. support groups across the country and share our group experiences.

We have been getting about 20 NHPCSG members, along with partners, to our Zoom monthly meetings and I would encourage you and your partners to give it a go if you have not already tried it. It would be a real shame if we lost contact with many of our members as it could be several more months before we are able to meet again at the bowls club. Help is available if you are uncertain on how to get started with Zoom – please let Allan know.

In the meantime, stay safe and enjoy the good weather.

Martin

DIARY DATES

Following Government Advice venues have been closed. The Exercise Class is suspended and Group Meetings are via Zoom.

**Our next online meeting is on
Thursday 25th June at 2.00pm
when the speaker will be
Phillipa Aslet Hampshire
Hospitals Foundation Trust Lead
Cancer Nurse**

NORTH HAMPSHIRE PROSTATE CANCER SUPPORT GROUP MEETING

On line meeting Thursday 29th May 2.00pm

The last Thursday of the month- this has always been the day of meeting for members of the North Hampshire Prostate Cancer Support Group. Whilst the group cannot at present physically meet, it continues to link up using 'Zoom'. Our latest meeting held on 28th May started with an excellent talk supported with informative slides, on the history of 'health care' in the UK by John Rees, a former consultant at the local hospital trust. This was followed by Amy Rylance of PCUK asking members for their treatment experiences during lock-down, as part of a nation-wide report for presentation to the NHS.

Some Useful Web Contacts

Macmillan Cancer Support with
advice relating to coronavirus
Prostate Cancer UK advice at
Macmillan Cancer Support at

<https://www.macmillan.org.uk/coronavirus/cancer-and-coronavirus>

<https://prostatecanceruk.org/>

<https://www.macmillan.org.uk/>

Group Meetings

Group Meetings are via ZOOM



Together we are Stronger

Contact

For more information

call or text: 07849 608874

email : info@nhpcsg.org.uk

website: www.nhpcsg.org.uk