THE WESTON TURVILLE TIMES

Spring 2019

The Community Magazine for the Parish of Weston Turville

Published by Weston Turville Parish Council



The Seven Ages of Man

(All the World's a Stage)

In sequenced order, through the magazine, we visit the seven stages with the help of the local branch of the NCT, Weston Turville Primary School, the Bridal House shop, RAF Halton, our Community Police Officers, a live-in care company and a local celebrant.

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Editorial

I had the privilege last November to spend some time with my son and daughter-in-law at their new home in Sydney, Australia. It was lovely to see them but those of you who have experienced the departure of their own children will know how bitter-sweet it can be to visit them. They are establishing their own lives now which got me thinking – and our great poet came to mind.

In Shakespeare's *As You Like it*, the melancholy Jaques compares our lives to a play in which we play different parts as our life evolves. These seven stages may have a ring of truth about them for you; for me there is an invitation toward acceptance of the stage we are in.

So, in Weston Turville, let's meet different people and organisations that represent these seven stages. I hope you enjoy the journey!



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WTT is published quarterly and is delivered to every house and many businesses in Weston Turville. The views expressed in articles are not necessarily the views of the editorial team or the Parish Council.

Printed by Buxton Press, Palace Road, Buxton SK17 6AE

Articles and advertisements for the Summer issue are needed before 1 May 2019. We reserve the right to edit all articles.

Local events and Special occasions

Please let us know, well in advance, of any forthcoming events that you think fellow residents and neighbours will want to know about. If the event is non-commercial and can be classed as a 'community event' we will be very pleased to include it free of charge.

Email: editor@wt-times.co.uk or 07583 550676

The Seven Ages of Man from As You Like It by William Shakespeare

All the world's a stage, And all the men and women merely players; They have their exits and their entrances; And one man in his time plays many parts, His acts being seven ages.

At first the infant,

Mewling and puking in the nurse's arms;

And then the whining school-boy, with his satchel And shining morning face, creeping like snail Unwillingly to school.

And then the lover,

Sighing like furnace, with a woeful ballad Made to his mistress' eyebrow.

Then a **soldier**

Full of strange oaths, and bearded like the pard, Jealous in honour, sudden and quick in quarrel, Seeking the bubble reputation Even in the cannon's mouth.

And then the justice,

In fair round belly with good capon lin'd, With eyes severe and beard of formal cut, Full of wise saws and modern instances; And so he plays his part.

The sixth age shifts

Into the lean and slipper'd pantaloon, With spectacles on nose and pouch on side; His youthful hose, well sav'd, a world too wide For his shrunk shank; and his big manly voice, Turning again toward childish treble, pipes And whistles in his sound.

Last scene of all,

That ends this strange eventful history,
Is second childishness and mere oblivion;
Sans teeth, sans eyes, sans taste, sans everything





The first stage... At first the infant, Mewling and puking in the nurse's arms

Cheryl Orchard is the Branch co-ordinator of the Aylesbury, Princes Risborough and Thame branch of the National Childbirth Trust (NCT). She lives locally and is committed to the organisation's support for mothers-to-be and mothers experiencing 'the first 1,000 days' of motherhood. We met at the Healthy Living Centre in Walton Court and Cheryl very enthusiastically outlined what the local NCT branch can offer.

The NCT runs ante natal classes that prepare both prospective parents for having a baby – the prospective fathers being an important part of these groups. Cheryl is clearly very proud of the support that these classes can offer, "friendships made in these groups very often can last a lifetime".

The NCT Signature Courses run every 4 weeks at Thame Barns in Thame. These courses cover the preparation for labour and birth and separate sessions on pain relief, home births/water births and looking after your new born and feeding your baby.

The Essentials course is shorter and follows the essential themes of the development of your unborn baby, the mother's health and well – being, giving birth and then looking after baby.



There are additional courses on baby massage, introducing solid foods and breastfeeding. There is also a "bumps and babies" group that meets regularly at Watersmead in Aylesbury as well as a Breastfeeding support network.

One of the things that the NCT is most well known for is the Mother and Baby sales. These are events that are help locally where NCT volunteers co-ordinate the re selling of baby clothes and equipment. As Cheryl explains "It can be such an expensive time for a family – there is no need to buy everything new. We can significantly reduce the cost of those early years". The next sale is on Saturday the 9th of March at the Grange School in Aylesbury.

But it's not just the practical side that Cheryl wants to emphasise. "I really don't want any young mum to feel alone with all the pressures and tiredness that having a baby can bring. The NCT can provide the support, advice and reassurance that everyone needs."

So, the local branch of the NCT is there for expecting and recent mums: use the website to send an email and Cheryl will get back to you. For Nearly New Sale Information and Registration or any other information, you can visit www.nct.org.uk/aylesbury or to keep up with what is going on in the Branch LIKE our Facebook page 'Aylesbury, Risborough, Thame & District NCT'

A great chance to Participate in something new...



Want to make friends, learn new skills and have fun?

We are starting up our own W.I. in Weston Turville!



Contact Denise on denise.espana@gmail.com or call Lynn on 07775 908752 to register your interest and get the Weston Turville Branch started. www.bucksfwi.org.uk

WESTON TURVILLE VILLAGE HALL www.wturvillehall.weebly.com



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For availability click on the 'Calendar' page on our website or contact Booking Secretary 07909 485369

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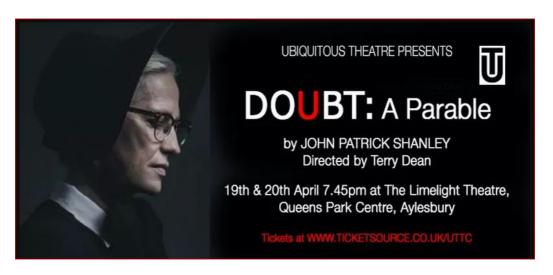
After the success of Journey's End in November last year at the World's End Garden Centre, Weston Turville's own theatre company, Ubiquitous Theatre, is proud to present its new production for 2019.

Doubt is a stunning drama, made famous by the 2008 film starring Meryl Streep and Philip Seymour Hoffman.

Two performances will be held at the Waterside Theatre (Second Space) on Tues 16th and Wed 17th April. Tickets available by emailing 2018LandL@gmail.com.

It is also presented at the Limelight Theatre in the Queen's Park Arts Centre in Central Aylesbury on 19th and 20th April. (See advert below)

Queens Park, Aylesbury, Bucks HP21 7RT E-mail: info@qpc.org Tel: 01296 424332



Go to www.uttc.info for more information or call 01296 709077 for more details. Seating is limited, so please book early to avoid disappointment.

Sister Aloysius Beauvier is a nun who is certain, even when the truth is not. Her monumental certainty shines as harshly as a naked light bulb amid the shadows of "Doubt" in this tight, absorbing and expertly written drama.

"Ubiquitous bring powerful theatre to the stage once again... this is a unique local company that delivers every time. Look out for them!" Bucks Life

The second stage: And then the whining school-boy, with his satchel And shining morning face, creeping like snail unwillingly to school.

We were delighted to receive this article from two pupils in our thriving, local Primary school. Their Charity Week was obviously a great success and the quality of the writing (ed:I didn't alter a thing!) bears testament to their literacy skills in Year 5.



<u>Charity Week at Weston Turville School by Sophia and Beatrice of Year 5.</u>

At our school we hold a lot of fun and prestigious events.

This week some of the children have decided to participate in Charity Week. We had to choose a charity to raise money for and we could organise a stall and things to sell. We learnt not to bite off more than we can chew with this and we also had a lot of fun selling our treats and toys! I felt like my hard work and worrying had paid off. I felt really proud as I gave the money to my charity because I knew I was helping some people less fortunate than myself.

Often some charities are thought of as less important, but every charity stands for the same: to make the world for people and animals a better place. When we're in daily life and buying those new shoes or doing the weekly shopping it's easy to forget where our money really needs to be. During charity week we have all learned that it's not always about raising money but also raising awareness.

A teacher of Weston Turville school quoted "It was a good chance for the children to take responsibility and see how they coped under the stress of their buyers." Just like Weston Turville school doing charity week <u>you</u> could do something to help too. But you don't have to make something and sell it, you could simply save up some pocket money to donate. Small or big, every charity will accept and appreciate the donation.

Some children quoted:

- "It was really nice to see everybody working together for the same thing"
- "I am very glad that it went well, and everybody made some money for their chosen charity"
- "When I was on my stall, I enjoyed getting compliments and that people didn't just walk past my stall"
- "I enjoyed seeing everyone on their stall smiling and the faces of children buying the things that they had heard so much about."
- "We all learned a valuable lesson, that if you put the work in you will get the result" "We really enjoyed Charity Week at Weston Turville School and hope to do it again next year"



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PARISH COUNCIL NEWS

As reported in the last magazine, we have now consulted with several younger persons who use skate parks and this design was approved by all



involved. It has areas for smaller children on scooters to practise the jumps, a ramp that will take a wheelchair and several different types of jumps that we have been told are suitable for beginners through to semi-professional!



Our next step is to apply for planning permission to allow it to be built on the Memorial Playing Fields behind the village hall. If all goes to plan, we will have it before the summer holidays this year! Come and see the designs at the Annual Parish Meeting (details below)

THE VILLAGE FETE IS ON SATURDAY 22nd June 1-5pm. More details next issue!

Notice is given of the
ANNUAL PARISH MEETING
To be held at the
Village Hall, School Approach HP22 5RW
on
Thursday 25th APRIL at 7.30pm

Thursday 25th APRIL at 7.30pm
*Doors open from 7pm

Including:-Chairman & Committee Reports from your Parish Council - Village Hall Committee Reports including;-Parish Accounts 2018 -Budget & Precept for 2019-20 -Future Projections.

Chair Cllr M Jarvis will give a report on the Parish Council, Planning and new developments in and around the parish and there will be reports from Widow Turpins Charity, Youth Café & an open forum to hear views.

Followed by Refreshments-Cheese & Wine at about 8.30pm to which you are invited and to meet your Councillors to discuss any issues informally that you may have about the parish.

Note -All Public and Press are very welcome to attend.

Cllr Martin Jarvis

Chair Weston Turville Parish Council

The Council has received positive comments about the new notice boards which have been placed in several places around the parish. Please feel free to use the open side of each board to advertise any local events going on.

We have received some complaints about the dog bins being over-full. Whilst this is good news because it means that dog owners are using them, it can be unpleasant for anyone living nearby. The bins are emptied more frequently in the warmer months but if you see a full bin please contact the Parish Clerk who will arrange for it to be emptied. A reminder for dog owners: you are allowed to put dog waste in green bins so if the dog bin is full, please dispose of it safely in a rubbish bin. There is no requirement to hang bags on nearby trees or bushes.

Weston Turville Community Speed Watch is now actively looking for volunteers to train up to use this speed camera so if you have an interest in keeping your roads safe, please contact the Parish Clerk.

One of our residents, Bethany Cox, is organising a 'Great British Spring Clean' litter pick on Saturday 23rd March at 1030am. Several families and individuals have already signed up to help but more volunteers are always welcome. If you just want to do your road, street, a nearby green space or a larger public area Bethany would love to see you!

We are to meet at the village hall at 1030am where bags will be supplied and areas allocated. Please bring your own gloves and hivis jackets if you have them. Refreshments will be provided in the village hall afterwards. Please do come along and help in this national community event.

Parish Council meetings are normally held on the 3rd Thursday of the month (excluding August and December when there are no meetings) at 7pm in the Village Hall. **Everyone is welcome to attend.** Planning meetings are at 6pm on the 1st Thursday in the hall. Check the website for any changes to dates.

The Clerk to Weston Turville Parish Council can be contacted on: 01296 531432 or 07584 040264.

Email clerk@westonturvilleparishcouncil.org.uk or By post to Weston Turville Parish Council, PO Box 1062 Aylesbury HP22 9PD

The third stage ... And then the lover, Sighing like furnace, with a woeful ballad Made to his mistress' eyebrow.

If Love and marriage, love and marriage
They go together like a horse and carriage
This I tell you, brother, You can't have one without the other' If
Sammy Cahn

Well, if that's true we thought, for this age of love, we would visit our local wedding shop, the Bridal House in Aston Clinton.

It was set up 12 years ago by Jenny Vlaisavljevic and Emma Woodford to offer a localised and bespoke 'bridal stylist' service. 'Business is good', reports Jenny as she met with WTT on a cold and rainy February afternoon. 'It's hard not to cheer up when



dealing with young love and marriage' she reflects as we began to talk about all the elements a couple have to think about for a modern wedding.

There is the venue, the dress, the music, the photographer, the rings, the cake, the catering, the invitations, the accommodation, the flowers, the speeches, the honeymoon, the ceremony itself and ... and.... and.... the list, as many of you will know, is almost endless.

This is where an initiative that started about a year ago may be of particular interest to readers. It is called the Bucks Wedding Team. It is a locally formed collective of suppliers that covers most of the list above with quality solutions that have a local provenance. (Bucks Wedding Team can be found on Facebook and on-line).

I asked Jenny what had changed in her 12 years in the wedding business. "Apart from ceremonies overseas, so little", she said "that's what is remarkable. It seems to us here that we help to provide some tradition, a reassuring constant in a changing world".

The photographs we looked at seemed to bear that out - far greater similarities than differences it seemed. So, as I drove away, I took to thinking, "I've been married for 28 years now and some people ask the secret of our long marriage. Well, we take time to go to a restaurant two times a week. There's a little candlelight, dinner, some soft music and dancing. She goes on Tuesdays, I go on Fridays".



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Weston Turville U3A

Despite its name, the U3A is NOT a university as there are no entrance qualifications, no exams, no certificates and no campus.

Why Third Age? It is the time after you have finished working or raising a family, the first age being childhood dependence and the second age being full-time work or parental responsibility. This third age is when you can pursue your interests at leisure and make the most of life.

It is all voluntary as members share their knowledge and experience with others in interest groups, running informal activity sessions covering a wide range of subjects and activities. There are learning activities, outdoor pursuits, social events and outings and all these are available to Weston Turville U3A members.

We have a general meeting at 2.30pm on the fourth Thursday of each month at Aylesbury Rugby Club and prospective new members are very welcome!

Further details about the activities of the WTU3A branch can be found on our website www.wtu3a.org.uk or from the secretary on 01296 613772

WESTON TURVILLE YOUTH CAFÉ



The Weston Turville Youth Café has been running for nearly 8 years having commenced in March 2011. It is held in the village hall from 4 – 6pm every Tuesday during school term time. It provides a range of activities for young people from 11 – 18yrs and is a safe space where mutual respect and a sense of responsibility for each other can

be nurtured. Many of the committee have been running the youth café since its inception and have decided that they will be standing down at the end of the summer term of this year (2019). We feel that it is now time to hand over the reins to other people. To this end, we are looking for a group of people from within the village to run the café from Sept 2019. We would of course have a period of handover and this could take place during the school summer term. If no one comes forward the Youth Café will cease to run from the end of July 2019 and this will be a sad state of affairs for the children of the village.

If you are willing to join a committee, 5-6 people would be ideal. Please contact me on the phone number or email address at the end of this letter for more information. In addition, the number of children coming along to the youth café has fallen away in the weeks leading up to the end of 2018. Please encourage your children to come along and enjoy themselves playing games, cooking, eating toast and having smoothies for 2 hours on a Tuesday afternoon.

Ring Glynn White on 01296 613556 or email gandbwhite@btinternet.com

REGULAR EVENTS IN WESTON TURVILLE

- Every Thursday Evening 7.30pm Bellringers St Mary's Church
- Every Tuesday in Term time W.T. Youth Café Village hall 4-6pm
- Every Thursday Wendover Market, Manor Waste, Wendover
- Every Wednesday except the first in the month Mid week Fellowship Union Chapel 2.30 to 4pm
- 4th Thursday every month (except Dec) W.T.U3A, 2.30pm Rugby Club, Brook End
- 3rd Tuesday every month, 12.30pm, lunch club at the Chandos Arms

CREAM TEAS ARE BACK!

Come and join us for a delicious cream tea and a chat at St Mary's Church on Mon 6th May, Sun 26th May and Mon 27th May. All are welcome!



WENDOVER HORTICULTURAL SOCIETY

A group of garden enthusiasts

With new committee members now appointed, we look to increasing our membership.

~~~~~

For more information contact: Neville Morton 01296 622899.

or

we would be delighted to see you at one of our meetings, held in

### WENDOVER LIBRARY ROOM

on the 3rd Thursday of the month at 2.30p.m.



# AJ

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I have excellent references **Phone: 01296 291052** 

The fourth stage ... Then a soldier Full of strange oaths, and bearded like the pard, Jealous in honour, sudden and quick in quarrel, Seeking the bubble reputation Even in the cannon's mouth.

### **RAF Halton - The First Passing Out Parade of 2019**

In the first graduation of 2019, Arnold Intake number 624 marched onto the parade square to brave the chill. The Basic Recruit Training Course has allowed for the 87 recruits to fully immerse themselves into military life. The 10-week course consists of three modules that not only teach them what is expected from them as individuals but gives them the opportunity to get hands-on with some of the physical elements of being in the RAF.



As proud friends and family watch on, the Airmen and Airwomen showcase their skills in drill to the highest standard. Perfectly timed, two C-130 Hercules from 47 Squadron, RAF Brize Norton provides a flypast shortly after the arrival of the Reviewing Officer, Air Vice-Marshal Cooper, Air Officer Commanding 2 Group.

As the command 'Open Order' is called by Flight

Commander, Flight Lieutenant Furlong, the parade is ready to be inspected by AVM Cooper. Whilst walking the ranks he stops to chat to individuals as

he passes and congratulates as he goes.

AVM Cooper presented awards to the following recipients AC Surridge - The Lord Trenchard Trophy is awarded to the flight whose performance has been best overall in general service training and general service knowledge.

AC Lawman - The Mayor of Aylesbury Trophy is awarded to the best overall performance in all aspects of training on No. 1 Flight.

AC Barrett - The Lord Lieutenant of Buckinghamshire Award is awarded to the best overall performance in all aspects of training on No. 2 Flight.

AC Mueaybut - The RAF Benevolent Fund Trophy is awarded for displaying the greatest effort and determination on No. 1 Flight.

AC Dixon - The Station Commander's Cup is awarded for displaying the greatest effort and determination on No. 2 Flight.

AC Jones - The Rothschild Trophy is awarded to the recruit who achieves the highest overall performance in Initial Force Protection Training.

AC Holder - The Halton Aircraft Apprentice Trophy is awarded to the recruit who achieves the highest overall standard in drill and deportment.

Arnold Intake is named after Leading Aircraftsman Walter Arnold who was awarded the George Cross for bravery and acts of the greatest heroism or conspicuous courage in circumstances of extreme danger. He was a passenger in a machine which was wrecked on landing and immediately caught fire. Arnold extricated himself from the burning wreckage and, although fully aware of the grave risk he was taking, re-entered the flames and succeeded in dragging the pilot, who was unconscious and very severely injured, to a position of safety. Arnold sustained burns to his face, neck and hands, and his prompt and courageous action undoubtedly saved the pilot's life. (London Gazette)

### WestonTurville Historical Society



### **Meeting Logistics**

*When:* Last Friday in month, Sept – June; excluding December.

Time: 20:00 - 22:00; Doors open at 19:30 for welcoming refreshments

Venue: Weston Turville Village Hall; Cost: £2 for members, £3 for visitors

### **Upcoming events**

22<sup>nd</sup> Dr Rachel Wood "Archaeology along the Central

Feb Section of HS2"

29<sup>th</sup> Will Phillips "Treasures from the Social History

Mar Collection"

26<sup>th</sup> Alison Doggett "History of the Chilterns

Apr Landscape"

17<sup>th</sup> Jul Visit to Frogmore Paper Mill, talk, tour,

papermaking and boat ride

### Postcards in the archive

In December, our collection grew to a staggering 199 unique views of Weston Turville. The collection can be viewed at <a href="http://www.wthsoc.org.uk/gallery/postcards">http://www.wthsoc.org.uk/gallery/postcards</a> and the most recent acquisitions can be seen below. We would be very interested if you find examples not already included in the collection.



Subject: Main Street, Mercer Company

Cottages(20-22) on right

Publisher: Samuel Glending Payne &

Son

Date: C1906



Subject: The Lodge, Bye Green and

junction with Halton Road **Publisher**: Ernest Ratledge

**Date:** C1920

### Contact

For further information on the Society, visit <a href="www.WTHSoc.org.uk">www.WTHSoc.org.uk</a>, or email: <a href="secretary@WTHSoc.org.uk">secretary@WTHSoc.org.uk</a>. New members are very welcome.



Salveo Care is a small, award-winning, family-owned group providing quality residential and nursing care in South Buckinghamshire. Our three individually-designed homes are converted buildings which have their own unique characters providing a comfortable, clean and home-fromhome atmosphere.



#### Austenwood Residential Private Nursing Home

The home is situated in a beautiful and quiet residential area within The Chalfonts and yet within close proximity of Gerrards Cross village centre.

- · 33 sympathetically-designed bedrooms, many with en-suite wet
- Beautiful landscaped garden and central courtyard
- Chef on site providing nutritious fresh meals each day
- . We cater for personal and medical care including respite. palliative and end of life



Tel: 01296 623 350

#### Cherry Tree House Residential Care Home

The home is located in a tree-lined residential road about a quarter of a mile from Wendover village centre.

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- On-site chef
- · Cherry Tree supports people with personal and social care needs including respite and end of life care

#### Kingfishers Nursing Home

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Tel: 01628 520 020

⊠ carendations@salveocare.co.uk

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We are delighted to announce that Waterside Festival will be back for 2019. Planning is already underway to make the return of Aylesbury's much-loved canal festival even bigger and better.

## **SATURDAY SEPTEMBER 14<sup>th</sup> 2019 11:30am to 6:00pm** Visit the website at www.watersidefestival.org



The WTT will be sponsoring a canal-side walk from Weston Turville to the Festival – leaving at 10.30am on the Saturday. See the next edition for details.

The 5<sup>th</sup> Stage... And then the justice, In fair round belly with good capon lin'd, With eyes severe and beard of formal cut, Full of wise saws and modern instances; And so he plays his part.

On your behalf I met with Kenneth Stephenson, our Police Community Support Officer, and Thomas Piercy our Neighbourhood Police Officer at Aylesbury Police Station recently. They were very keen to emphasise their approachability and willingness to

Thames

Valley

ALERT.

POLICE

crime alerts and info about where

receive contact from us on any matters of local concern. The contact mechanisms are as follows:

Dial: 101 for the Police – non-emergency.

**Dial: 999 for an emergency response**. For e.g. when a crime is in progress or someone is at risk, such as during a burglary.

Email: WendoverDistrictNHPT@thamesvalley.pnn.police.uk

Both Officers reported a 'spike' in local burglaries in late January and ask all residents to be vigilant about locking up properly and to consider purchasing some of the now more affordable security devices that are available. The offender for these burglaries is now on remand in prison. There is more advice on <a href="https://www.thamesvalley.police.uk">www.thamesvalley.police.uk</a>.

If you want help or advice and the internet is not your preferred method of communication, you may want to visit the Neighbourhood Engagement Point at Wendover Library on a Tuesday or Friday between 10:00-12:00pm. Two trained volunteers will be present to answer any questions you have, offer advice or pass on any concerns you may have. PC Thomas Piercy emphasised, "This is an important community hub now – especially since the closing down of the Wendover Police Station. Aylesbury Central Police station offers a full service to out of town villages, but it is important to have a consistent local presence".



PCSO Stephenson then spoke about the part we all must play in keeping our community safe from extremism. It can seem a world apart, but he was keen to emphasise that if any of us notice a radical change in behaviour or language in someone then we should report it to the Police and this can be done anonymously.

However, there are some things that should <u>not</u> go to the Police. Noise is the commonest mistake, and this should be directed to

Environmental Health at AVDC. If you have concerns about speeding in the area, please report to the local Parish Council who will forward the matter on to the Community Speed Watch Team. Fraud offences, particularly courier fraud should be reported to ActionFraud on 0300 123 2040 who inform TVP.

Lastly, the Officers wanted to emphasise the determination of the local service to help to keep us all safe but keeping in contact with them.

The final words FOR WTT readers as I left the station were, "Keep in touch with us, and if you are in any doubt about reporting something, do it!"

### ST MARYS CHURCH

Our breakfast service, on the first Sunday in every month, is continuing to flourish with new young families joining us. All age groups from very young children to the other end of the age-scale enjoy one another's company while being served toast and marmalade, pastries, tea and coffee. Due to demand, we are now serving breakfast from about 9.30am or even before. The main worship, with Eucharist, starts at 10.30. Puppets are welcome to join in this service and children will also be able to take part in some artwork. The next breakfast service will be on Sunday March 3rd. Please come, bring friends and family to help us celebrate together.



The Music for Palm Sunday Evening at 6pm on 14th April is a glorious service of Passiontide Music from the 16th Century to the modern day sung by the church choir, with readings, and hymns for the congregation. More details will be advertised later but please put this in your diary and come to this beautiful event.

Due to the numbers now attending events such as our breakfast service, cream teas and others we are short of trestle tables. If anybody is aware of tables becoming available from other sources, I would be very pleased to hear from you (Roger Fellows 01296 424982).

### **EASTER Dates for your diary:**

- Ash Wednesday, Wednesday 6th March, 8pm. Sung Eucharist with Imposition of Ashes.
- Mothering Sunday, 31st March. 8am Holy Communion, 10.am Parish Eucharist.
- Palm Sunday, 14th April. 8am Holy Communion, 9.30am procession through village to 10am Parish Eucharist with sung Passion Gospel. 6pm Music for Palm Sunday Evening.
- Holy Week: Monday 15th, Tuesday 16th, Wednesday 17th April, 8pm Eucharist
- Maundy Thursday, 18th April 8pm Eucharist, washing of feet, followed by Watch until Midnight.
- Good Friday 19th April 1.00pm service
- Saturday 20th April 11.45pm First Mass of Easter. Bringing in the Light
- EASTER DAY, Sunday 21st April 8am Holy Communion, 10am Parish Eucharist, 11.30am "3rd Sunday Special" for families with young children.

For further details of these services please contact the clergy on 613212 or 424982

### **SWIFT UPDATE**

SWIFT was formed in 2011 to look at improving accessibility to and within the Church for those with any sort of disability. The project includes the provision of a small meeting room available for use by small groups (up to about 30 seated) from the village community, complete with wheelchair-accessible toilet and baby-changing facilities. The church will thus be better able to cater for children, the elderly and less able members of the community.

We are preparing a list of clubs or other local groups who may be interested in using these new facilities, once completed and look forward to hearing from you if this may apply. Please let us know what facilities you would want so that we can fine-tune the plans and facilities for best effect. We are now offering the church building as an interim venue to help raise interest

and identify demand for the future. Obviously this has to fit around services and other regular use of the building but please contact us if you would like to investigate this use.

The "Make a Donation" fundraising site has now merged with "Golden Giving". This will give us more facilities including facilities for Gift Aid and for regular, as well as one-off donations with reduced costs. Please go to <a href="www.goldengiving.com/wall/swift">www.goldengiving.com/wall/swift</a> to support us and see what else is on offer as we develop this new facility. Alternatively, contact Roger Fellows on 01296 424982 for details of other ways in which you can support and help us.

**SWIFT** has also been accepted as a good cause by the **Vale Lottery** which raises money for local charities. Participants buying tickets online can choose a good cause which will then receive 50% of their stake money, a further 10% going to the Community Fund which gives grants to local charities. Tickets cost £1 each and the weekly draw offers prizes up to a maximum of £25,000. Visit **Valelottery.co.uk** and consider supporting SWIFT in this way.

On Saturday 2nd March we will have a **Table-Top Sale** at the village hall from 2pm to 4.30pm. Tables, if still available when you read this, are £10 from Roger Fellows, 424982.

Our annual **FUN DAY** will be on Saturday 8th June at the church from 11am to 4pm, with the usual FREE bouncy castle, refreshments, entertainments and various games, competitions and stalls. More information will be advertised nearer the date. If you are able to help or offer support for this event please contact Roger Fellows 01296 424982 or roger@rwfellows.co.uk

Our regular Soup Lunches take place on the third Thursday of each month, in the church from 12noon to 1.30pm. The next will be 21st March but NOT April 18th as this is Maundy Thursday. We re-commence May 16th. Please come and enjoy delicious home-made soup, rolls, cakes, coffee and a good chat. If you or anybody you know would like to come but are unable to get there without help, please let us know. If you would like to join the team providing and/or serving the soup and other refreshments on an occasional basis please contact Revd Susan Fellows or me on 424982. The larger the team the less frequently you will be asked to help and the more variety of soup for all to enjoy.

Our new website, using the previous address ( www.swift-wt.co.uk ), is now live. It is still early days and we will continue to add and improve information on the site. Any new ideas would be welcome

Please contact us with any ideas or offers of help to attract funding from any source. If you feel you can help or advise with any other aspect of this project please contact us. This is your opportunity to be a part of one of the most important community projects in the village for many years!

For information about SWIFT or how you can help by donating or raising funds for the project, for standing order forms, or if you wish to receive regular information on our progress please give your e-mail address to Roger Fellows.

### Dates for your diary:

Soup lunch in church, 12 noon to 1.30pm, third Thursdays, 21st March and 16th May Saturday 2nd March 2pm to 4.30pm Table-Top Sale in the village hall Saturday 8th June, 11am to 4pm SWIFT FUN DAY at the church

# Your Hearing A Very Valuable Commodity

# **ASTON** HEARING

It is essential for everyone to take care of their ears and hearing as damage to the auditory system could be irreparable. However, if you have hearing loss it is especially important to preserve and protect your remaining hearing as communicating freely with others is vital.

As hearing loss generally occurs gradually, many people don't notice the subtle decline until friends or family members point it out. Our brains are very good at filling in the gaps through a combination of lip reading and knowing the context of the conversation, hence hearing loss often goes unnoticed.

Hearing is delicate and susceptible to damage, even from everyday activities and environments. In this article we would like to highlight some risk areas which are not necessarily obvious when considering hearing protection, and to share some helpful tips to minimise damage wherever possible.

Whatever level of hearing you have it is crucial to do everything you can to preserve it.

#### Here are some top tips:

 Don't stand too close to loudspeakers, especially in an environment where you have no control over the volume.

- Become familiar with the decibel levels of common everyday activities such as mowing the lawn or blow-drying your hair.
- Acoustically optimise your house to absorb sound - consider soft furnishings, carpets and curtains, particularly in kitchen areas where noise levels can soon become high and make listening environments a challenge.
- Be aware of car noise and how this affects how loud you set your car stereo. Spend some time setting the balance of your speakers to allow you to get the best listening environment.
- DIY if you are taking on a DIY project be aware of the noise levels of power tools such as drills, hammers, circular saws etc.

  Consider noise protection
- Certain large events can be noisy and push the boundaries of safe listening levels. These include airshows, firework displays, music events and football matches. Consider noise protection.
- Be vigilant of any change in your hearing or existing tinnitus symptoms and ask your audiologist for advice if you have any concerns.

For the full version of this article visit our website: www.astonhearing.co.uk/

The Happy Hearing Van will be at World's End Garden Centre, Wendover, the last Friday of every month between the hours of 10:00am and 4:30pm.

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Seriously Seriously

WWW.ASTONHEARING.CO.UK HEAR@ASTONHEARING.CO.UK The 6th stage... The sixth age shifts Into the lean and slipper'd pantaloon, With spectacles on nose and pouch on side; His youthful hose, well sav'd, a world too wide For his shrunk shank; and his big manly voice, Turning again toward childish treble, pipes And whistles in his sound.

Do we really know what our parents want in their old age? I met with a local live-in care provider and this is how the conversation went.

Planning for our parents' old age is one of those jobs we tend to put off until the last possible minute.



#### 1. Put a brew on and have the conversation

It's not the most exciting discussion to have, nor the easiest but, as with many things in life, communication is key. Talk about what's important – being near family? Or the friendship circle? Staying in their existing home or downsizing? What about their pets or their garden? And you must all be prepared for plans to change.

### 2. If the conversation becomes awkward...

I often hear of independent elderly parents refusing to engage with the idea that they might need help, or saying things like, 'I don't need any help'. Be careful about the language you use: don't use the term 'carer', try 'helper' or 'housekeeper', while describing them in terms of someone helping with a few things around the house.

### 3. Be honest about your own lifestyle

If you have a busy life, with a young family and/or a job that's demanding, you might not relish in the idea of looking after your parents. That can be a tough thing to admit but it's perfectly normal. Think about how much time you honestly have to co-ordinate and facilitate care – and whether you are willing to do this. Can you/your siblings realistically take on have the responsibility of organising GP or hospital appointments every time your parent is ill?

### 4. Consider all the options

In a nutshell, these are: moving in with family, a residential care home, hourly home care or live-in care. If you're researching care homes, turn up unannounced to visit – this will give you a good sense of the realities of the care provided. And ask about staff levels to get a good indicator of things like how long your parent will have to wait to be taken to the loo. If you are looking for hourly care at home then a great question to ask is whether the company does 15 minute call visits. If they do, the care quality might impacted by time pressures on the staff.

### 5. Money matters

Care can be expensive. A SOLLA (Society of Later Life Advisers) accredited financial advisor to find out what options are available to you. When full-time care is called for and health becomes the primary need, it could mean all care fees are covered by the NHS through a scheme called NHS Continuing Healthcare. Everyone is entitled to request a health needs assessment which determines whether they meet the required criteria.

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Mrs. A, Brookside, Weston Turville.

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### BOOKS, BOOKS and MORE BOOKS...

### **NEW! THE WESTON TURVILLE TIMES BOOK CLUB**

Would you like to meet once a month with likeminded people to share your thoughts and ideas about a book that has been read by all concerned? If so, the WTT Book club might be just what you are looking for.

Please register your interest by emailing Lynn Andrews on lynnandrews2812@gmail.com or ringing 07803 135294.

Once I know who is interested, I will circulate a number of titles for the group to vote on and the most popular title will be announced and the meeting time/date and venue will be circulated. Looking forward to hearing from you!

### AND IF YOU CAN'T GET OUT...

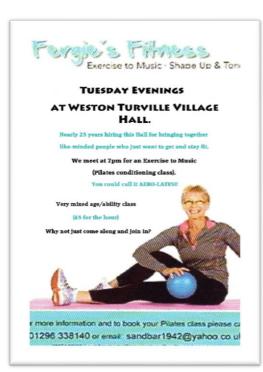
Are you, or is someone you know, housebound through age, poor health or mobility? Do you love reading and miss going to the library?

The Home Library Service, part of Buckinghamshire Libraries, is co-ordinated by Roberta Wixon, who says "This wonderful free service is run by a dedicated group of volunteers who choose books, deliver and pick them up for our clients. Clients can borrow DVDs, talking books and magazines as well as large and normal print books.

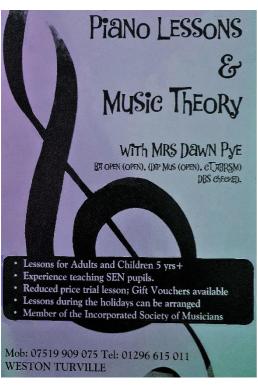
I visit the client at home to talk about their and set up a library account if they haven't got one already. Then I match the client with a volunteer who will ring and arrange to deliver the first lot of books. They will then visit on a monthly basis to pick up books the client has finished with and bring some more. The volunteer also manages the client's library account dealing with renewals when needed and there are never any overdue charges.

If you would like to use this service or are interested in Volunteering please contact Roberta at homelibraryservice@buckscc.gov.uk or call on 01494 475573.

You can also visit the website at www.buckscc.gov.uk/home-library-service or ask at the library.







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# The 7th stage... Last scene of all, That ends this strange eventful history, Is second childishness and mere oblivion; Sans teeth, sans eyes, sans taste, sans everything

And finally, I met with Mark, a Civil Celebrant local to Weston Turville, who explained what the term means and how it is an option for us all now, both for ourselves or our loved ones. There are many options around but we are confident that you will find his reflections useful. If any reader would like a non-obligatory talk with this particular celebrant, please contact the editor and I will put you in contact with Mark.

"You soon get used to the blank looks when people ask you what you do and you reply "I'm a Civil Celebrant". So .... what is a Civil Celebrant?

The main thing linking most Celebrants, and the origin of the term itself, is that we focus on **celebrating** someone's life rather than mourning their passing. By providing a non-denominational service, we are not limited to any doctrine; it is a blank page and there is nothing that you have to or are not allowed to include.

One common misconception is that we provide only non-religious ceremonies. As a Civil Celebrant I am able to include whatever hymns, prayers or religious readings are wanted. It is that 'blank page' flexibility that allows us to include as much or as little religious content as desired. Once I have met the next of kin and understood the deceased's personality, I will always offer to include their little quirks or personal touches where possible. Over the years I have had congregations raise a glass in toast, be it with beer or prosecco. My services have included people singing, playing instruments and even dancing! I have had hearses based on motorbikes, plumed horses pulling a cart, camper vans and even a Route-master double decker bus (which was deliberately scheduled to be late as the deceased was renowned for it!).

Many of these types of services have people laughing out loud, joyfully unafraid to 'enjoy' the service they are attending, smiling about the happy memories they may have shared. I have organised services at meadow burial sites, with the coffin being pulled by a tractor. Or Woodland burials with wicker caskets draped with garlands of flowers. One of my most unusual services was for a gentleman who was buried in his own garden under the kitchen window where he used to like to sit watching the birds.

Not all ceremonies are unusual of course. The vast majority of ceremonies are very straightforward, where the person simply was not particularly religious, but they still wished to have a hymn and the Lord's Prayer.

Something that is becoming more common is to pre-organise the ceremony yourself in advance and remove the pressure of decision making from your loved ones. It is quite comforting to know that your favourite songs, readings or poems will be played at your funeral, or maybe a choice of clothing for people to wear, bright colours or football shirts, to unite all that attend. It is a huge privilege helping people say goodbye to the ones they love in the way they want to".

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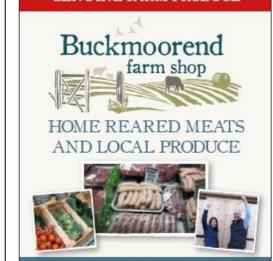
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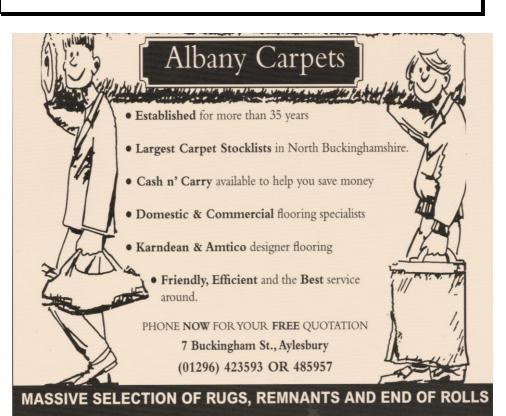
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| Bucks County Council (BCC)             | 0845 370 8090         |
| Citizens Advice Bureau                 | 03444 111 444         |
| Mon-Fri 10am-4pm                       |                       |
| Crimestoppers                          | 0800 555 111          |
| Electricity Emergencies                | 0800 783 8838         |
| Environmental Health out of hours      | 01296 585093          |
| (AVDC)                                 |                       |
| Fly Tipping hotline                    | 0845 330 1856         |
| Gas emergencies                        | 0800 111 999          |
| GP out of hours                        | 0300 130 3035         |
| Highways out of hours                  | 01296 486630          |
| NHS Direct                             | 111                   |
| Pest Control (AVDC)                    | 0844 482 8348         |
| Police non-emergency                   | 101                   |
| Samaritans                             | 08457 909090          |
| Stoke Mandeville Hospital              | 01296 315000          |
| Wendover Health Centre                 | 01296 623452          |
| LOCAL COUNCILLORS                      |                       |
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| Mike Collins (AVDC)                    | 01296 632039          |
| Carole Paternoster (AVDC)              | 01296 630710 / 585717 |
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