



# PILATES

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COVID-19 REHABILITATION QUALIFIED**

Our **'Spring Big Breakfast'** took place on Saturday 7 May, served from 9 am until about 12 noon. The catering team were kept busy with a nice steady flow of hungry customers coming to enjoy the best fayre from our friends at Little Angus butchers at Grimstone.

Then, on Saturday 21 May the first of a new series of **'Coffee Mornings'** was held. These are run by Dawn



Potter, Helen Hart and Jackie Wilcox. This first event was not overly well attended but those who did come along

enjoyed a friendly chat between 10 am and 12 noon.

**The next Coffee Morning will be on Wednesday 20 July, so do come along if you can.** Later dates will be found in your FVN.

Over the weekend of our **'Village Fete'** there will be **'Skittles'** in the Hall on the evening of Saturday 2 July. More news will appear elsewhere in this copy of your FVN.

As you will have read in your last FVN, our 33rd **'Flowers in August'** will take place on Saturday 6 August from 2 until 5pm. You will find more details of this event in this current issue of your FVN.

Just a timely reminder that if you wish to book a table at our **'Grand Christmas Craft Fair'** on Saturday 19 November, do not leave it until later as they are already selling well! Our contact is Val Ghose [val.ghose@btinternet.com](mailto:val.ghose@btinternet.com) or phone 07788 140 965.

That's all for now, so do enjoy your summer.

Colin Pook.

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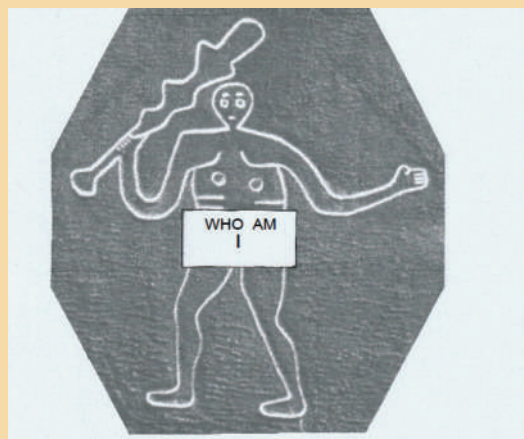
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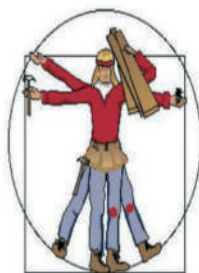
**01300 321150**

*e-mail: merrillthomson@gmail.com*



**ARCHAEOLOGICAL DOWSING DELVE  
INTO THE PAST LIFE OF THE  
CERNE GIANT**

A slide presentation by Peter Emery  
7.30 pm Monday 22nd August at  
Frampton Village Hall  
£4 at the Door  
(All proceeds to the charity Little  
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The month of May showcases the English countryside at its best, with many ancient woods carpeted by bluebells, while the lanes and hedgerows are transformed into a frothy white spectacle of cow parsley and hawthorn blossom. Metlands Wood also is stunning with its carpet of **white ramsons** (wild garlic); along with bluebells this plant is an indicator species of ancient woodland.

A walk to the bluebell woods on Hampton Hill is a local delight and standing amongst them, enjoying their perfume, I could see occasional **whitebells** - just single stems evenly distributed through the blue, approximately 10 metres apart. The white version is the result of a genetic mutation which occasionally occurs, with 1 white plant for every 10,000 blue. It was my puppy's first trip to these woods and, in true doggy style, while my attention was diverted, he found something much smellier to enjoy!

Whiter than any of these flowers are our magnificent **mute swans** on the River Frome. Many villagers will have seen them with their fantastic brood of 5 fluffy grey cygnets which is possibly a record for Frampton, unless anyone can remember more?

They nested on the island at Peacock bridge, and can now be seen regularly near the Green. I saw them for the first time on 27 May from Samways Bridge, tiny cygnets catching an occasional lift with their mum.

Most birds are very secretive when sitting on eggs and feeding young, likewise the mistle thrushes which nested in our yew tree. These birds should win a prize for parenting – their presence is apparent only when a predatory bird arrives, when they shoot vertically up several metres cackling loudly and then mobbing the intruder – usually a jackdaw or magpie.

But I was most impressed when I saw them chasing away a sparrowhawk, and even more impressed when they chased away an enormous black bird – I am 90% certain it was a raven! I hope their vigilance was successful, but I have not seen fledglings. I have read that chaffinches often nest close by, protected by their fearlessness.

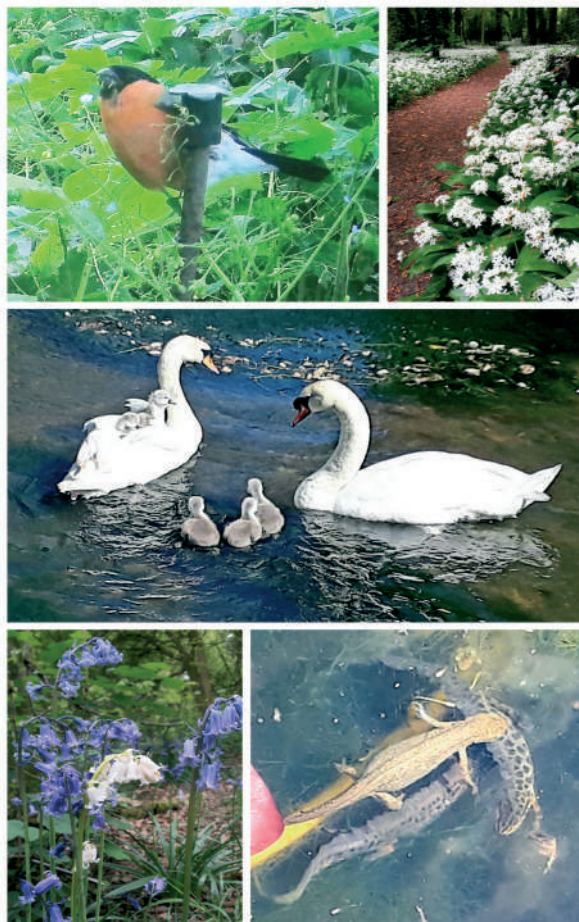
Another secretive bird hopefully nesting in the vicinity of Rural Lane is the **bullfinch** – Peter Emery photographed the male which has been regularly

collecting seeds from his garden. It is brightly coloured, as if a dull grey bird was dipped first in pinkish-red paint, and then black for the top of its head; the female has a duller breast. I am always excited to see them, usually as a pair (it is believed the pair stays together all year), and I would love to attract them more regularly to my garden, despite their appetite for fruit tree buds in the spring!

The **smooth newts** in our thickly vegetated pond have been very active, the bright spotted males closely following the duller females. In breeding plumage the males have a crest along their backs with a separate crest on their tails and they are covered in dark spots with

orange bellies. The female lays eggs singly and wraps each in pond weed for protection. Sometimes we find newtlets in the pond between April and July – tiny newts with feathery external gills just behind their heads – they look like miniature Dr Who monsters! They are much harder to spot than the more numerous tadpoles, and will lose the gills before leaving the pond in later summer.

I would love to receive observations or photos of our local wildlife. My email is [mrs.kate.davidson@gmail.com](mailto:mrs.kate.davidson@gmail.com)



# Combens

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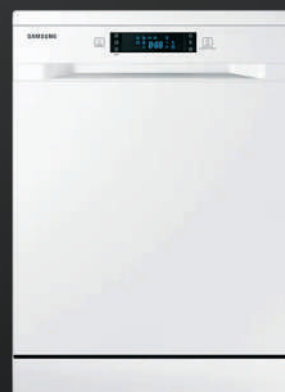
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- 1) Which Knight of the Round Table found the Holy Grail?  
a) Galahad b) Lancelot c) Percival
- 2) Name the Archipelago of 120 islands north-west of Scotland?  
a) Orkneys b) Shetlands c) Outer Hebrides
- 3) What is the name of the Marmalade cat in a series of children's books by Kathleen Hale?  
a) Ketzal b) Orlando c) Splat the cat
- 4) The \_\_\_\_ of Bill Hubbard; the first track on Roger Water's 1992 album, Amused to Death.  
a) Ballad b) Death c) Trials
- 5) The Pen name of the novelist who wrote "Miss Brooke had that kind of beauty which seems to be thrown into relief by poor dress?"  
a) Jane Austin b) George Eliot c) Emily Bronte
- 6) The English naturalist who was one of the founders of zoogeography?  
a) Attenborough b) Wallace c) Durrell
- 7) One of the key ingredients of the traditional dishes Colcannon and Rumbledethumps?  
a) Carrots b) Parsnips c) Cabbage
- 8) —— Rocks; a pair of chalk stacks separating Studland from Swanage Bay in Dorset?  
a) Sail b) Old Harry c) Haystack
- 9) A Roy Orbison song that featured in the "Only fools and horses" episode "Stage Fright"?  
a) Only the lonely b) In dreams c) Crying
- 10) The UK's heaviest but fastest-flying species of duck?  
a) Eider b) Shelduck c) Mallard

Answers  
overleaf

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**BON APPETIT!**

## **Apricot Crumble Cheesecake**

**For the base:**

**150 g sweet oat biscuits, crushed  
60 g butter or margarine, melted  
50 g roasted hazelnuts, finely chopped  
1 tsp cinnamon  
Half tsp nutmeg**

**For the topping:**

**400 g Philadelphia cheese, softened  
150 caster sugar  
1 x 11 g sachet of gelatine  
2 tbsp lemon juice  
250 ml double cream, lightly whipped  
410 g can apricot halves in fruit juice,  
drained and halved**



### **METHOD**

**Combine the biscuit crumbs, butter, hazelnuts and spices.**

**Divide in half (saving the other half) and press into the base of a 20 cm springform cake tin. Chill until firm.**

**Beat together the Philadelphia and sugar until smooth.**

**Dissolve the gelatine in 3 tablespoons (or 75 ml) of water over a pan of hot water.**

**Beat the gelatine and lemon juice into the cheese mixture until well blended.**

**Fold in the whipped cream and apricots.**

**Pour the mixture over the biscuit crumbs in the tin.**

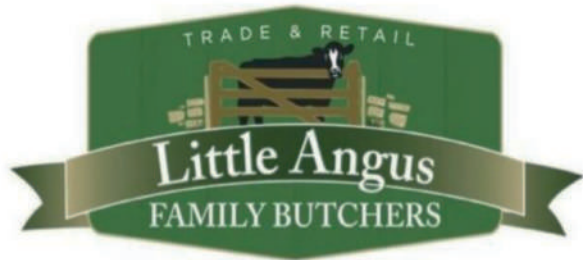
**Top the cheesecake with the remaining crumb mixture. Chill for 2 hours or until set.**

**Serve straight from the fridge.**

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**Meet your Safer  
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**The Saxon Arms, Stratton**  
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**(Sarah Pilcher is not always able to attend)**

**Police contacts:**

Inspector 1824 Want  
Sergeant 1373 Whetham  
PC 2617 Diffey  
PCSO 5410 Sarah Pilcher

Please call 999 in an emergency and for a non-emergency call 101 or via  
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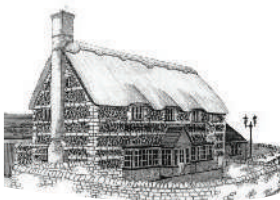
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Summer Menus

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## Frampton Directory

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Charlie Adler, Chair	077 91 285 092
Wayne Lewin (Clerk)	074 19 136735
Andrew Thomson	321 150
Fiona Sarno	
Sandra Christopher	321 719
Patricia Taylor	321 697
Paul Mutti	320 477

**FPC email:** [Frampton@dorset-aptc.gov.uk](mailto:Frampton@dorset-aptc.gov.uk)

[www.hugofox.com/community/frampton-parish-council-dorset-15845/home](http://www.hugofox.com/community/frampton-parish-council-dorset-15845/home)

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### Frampton Village Hall Trust

Colin Pook (Chairman)	320 200
Vic Pullman (Vice Chairman)	320 003
Neil Hawkins (Treasurer)	320 029
Val Ghose (Minutes Secretary)	320 515
Sam Daunton (Lettings Sec)	078 16 760 054

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### Frampton Footlights ([www.framptonfootlights.com](http://www.framptonfootlights.com))

Mike Champion (Chairman)	320 694
Karen Graham (Secretary)	320 824
Malcolm Potter (Treasurer/events)	321 008
Mike Champion (Membership) <a href="mailto:championmike111@gmail.com">championmike111@gmail.com</a>	

### Frampton Millennium Green, Harry's Wood

Paul Mutti (Chairman)	320 477
Cynthia Whyte (Secretary)	320 346
Heather Emery (100 Club)	320 785

### Frampton Fete Committee

Nina Garcia	07 818 832 459
Karen Graham (Secretary)	320 824

### Hospitals and Doctors

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St Osmunds Middle School	01 305 262 897
Thomas Hardy	01 305 266 064
Sunninghill Prep	01 305 262 306

### FVN Editorial Team

Cynthia White (Chairman/Sec)	320 346
Graham Hart (Treasurer)	079 05 794 484
Sue Forrest (Production)	321 662

Colin Pook	320 200
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Jacqui Burden	078 73 989 896
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David Tharby (Distribution)	320 114
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### Dorset Councillor for Frampton:

**David Taylor** **07 905 352710**

email: [cllrdauidtaylor@dorsetcouncil.gov.uk](mailto:cllrdauidtaylor@dorsetcouncil.gov.uk)

**Dorset Council** [www.dorsetcouncil.gov.uk](http://www.dorsetcouncil.gov.uk)

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Western Area Office	01305 251 010
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Citizens Advice	01305 262 220
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### St Mary's Church, Frampton

Jean Garrard, Administrator	01 305 259 083
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email: [churches@chalkstream.org](mailto:churches@chalkstream.org)

### POLICE

**Emergency/crime in progress** **999**

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[Frampton Website www.framptondorset.com](http://www.framptondorset.com)

### Dorset Alert

<https://www.dorsetalert.co.uk>



# FLOWERS IN AUGUST, 2022

## SATURDAY 6 AUGUST, 2 PM - 5 PM

### FRAMPTON VILLAGE HALL

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