

Mullion Surf Life Saving Club

We have a very successful club with an active committee and great support from member's parents in many areas. There are 27 adults, 43 Nippers and 16 Youth in the club.

Our numbers are limited by the space in the pool over the winter months – but we now have more pool time so we have split out the Nippers (up to 13 and under) and the Youth sections (14+). We hire the whole pool from 7.30 to 9.15 each week. This split in the pool and on the beach has allowed us to expand the Youth section – but also give more space for Nippers.

14 beach sessions in the summer, 20 pool sessions in Helston pool. The youth beach sessions are now a different night to the Nippers – allowing this to be a mix of social and lifeguard / sea skills. This also allows us to bring in Youth on a different basis the Nipper intake. We are lucky to have a number of parents who have come forward as coaches and water cover. We try to work on the basis people “just give their time” so we fund the relevant courses for those helping the club.

Our affiliations to SLSGB and Cornwall region opens the door for those that wish to compete in a number of competitions and other events through the year as part of the wider SLS community. 30 Nippers went to SLS Cornwall Frostbite Pool Stillwater Champs in Penzance, and 14 to the Nipper Nationals at Cardiff International pool and also a contingent to the Cornish Beach Championships over the summer.

SLSGB had organised funding for students that receive premium funding to provide “Splash School” teaching them sea safety and then sessions on the beach and in the sea. We hosted 27 year 7s – the session this time run by George from SLSGB with an education session in the morning (thanks to the Football club! For hosting) and then to Polurrian beach with the club providing water cover also making use of the new beach hut. This was an excellent experience – we had excellent feedback from the teacher and one girl from Cury said “she had never been to the beach before and was amazed how beautiful it was. We intend to run more of these as the grant covers the cost of running the sessions – but also put funds into the club.

We had representation at this year's SLSGB Summit (as we did last year). This is a great chance to meet up with other clubs, build skills and for SLSGB to update our knowledge (club and practically). They have a new CEO so there is much change in SLSGB and we were proud to be able to feed into those changes and bring information back to the club.

This year has seen more activities jointly with Falmouth SLSC and Gunwalloe SLSC – with a Youth Competition held at Helston Pool. We aim to get Masters (the adults) sessions restarted – probably hosted by each club in turn to help spread the load. This

can be a range of activities – great for fitness wellbeing – and some will go on to gain qualifications.

We have just started a Lifeguard/Surf Lifesaver course, and have an L1 and Tube Rescuer course coming up as we prepare for the next beach season – or first full season since the beach hut has been completed. We are lucky to have trainer assessors in the club and can organized and provide these courses in-club – open to others if they wish.

We have just kicked off a quest to get more information regarding the history of the club. Whilst we have some information we hope to see what memories, pictures, stories and other information we can pull together. See our website for more information or contact us directly.

www.millionsls.org.uk