



GRAPEVINE 6th Sunday of Easter 10th May 2026

Prayer for the Day *by Revd Canon David White*

**Let nothing disturb you;
let nothing frighten you;
all things pass;
God never changes.**

**Patience achieves all that it strives for.
Those who have God find they lack nothing.
God only meets all their needs. Amen.**

This is a well-known prayer by St Theresa of Avila (1515 – 1582) who was a Carmelite nun and Spanish mystic. Tradition has it that the prayer was found after her death having been written by her on a bookmark that she used. This led to the prayer being called “St Theresa’s Bookmark”. The book in which is alleged to have been found was ‘The Interior Castle’ in which Theresa tells of the importance of interior prayer and contemplation. The prayer reflects part of her broader message on seeking God’s presence and maintaining a sense of settled peacefulness amongst life’s troubles.

Her book also explains the journey of the soul through stages of spiritual growth and this prayer encapsulates her teaching on trust in God, inner peace and spiritual resilience. The prayer has also had music added by the Taize community. The true value of the prayer may be found in saying it slowly and often - especially in times of trouble and stress.

SERVICES & OPEN CHURCHES FOR THIS WEEK

Sun. 10 th	10.00am	Holy Communion	Besthorpe
	10.15am	Morning Worship	Winthorpe
	10.30am	Morning Worship	Clifton
	10.45am	United Christian Aid Service	Collingham Methodist Church
	10am-4pm	Open Churches	Besthorpe and Girton
Tues 12 th	11am-4pm	Open Church	Thorney
	10.00am	Pause for Thought	Collingham All Saints
Thurs. 14 th	7.00pm	Holy Communion for Ascension Day	Girton
	1.30-3.30pm	Open Church	Winthorpe
	10am-4pm	Open Churches	Besthorpe and Girton

Open Churches: Holme and Langford churches are open every day, 10am to 4pm.
Collingham All Saints is open every day, whenever the “Church Open” sign is displayed.

NOTICES

Cream Teas for Christian Aid! Come along to St Helen's Church, Thorney on SATURDAY 9TH MAY between 2.30pm and 4pm for a cream tea with scones, cakes and as much tea/coffee as you can drink for £5 minimum donation. A raffle will be held. Seats may be booked in advance at 2.30pm, 3pm or 3.30pm time slots, with Anne Massey: team.massey@btinternet.com or 01522 703120.

Christian Aid Week (10th – 16th May): Most of Collingham will receive gift envelopes but there is not enough time for the few volunteers to collect them all. If you think you could help (and there are many ways available) please contact me on 01636 892539 (ans) or 07908 996190. If nothing else, please bring your donation to church if nobody has collected it by 17th May - and don't forget to fill in the GiftAid form! Thank you, *Marylyn Rayner*

St Helena's Big Breakfast (A full English Breakfast), Saturday 16th May, from 9.00am-11.00am, St Helena's Church, South Scarle. Adults: £8. Under 12s: FREE. All Welcome. Pre-booking advisable – please ring 07760 106310, or email fbaldwin14@gmail.com. Proceeds to the Church Fabric Fund.

Girton's Plant Fair will take place on Sunday 31st May, from 10am to 2pm, in and around the Church and the Village Hall. There will be a variety of plants for sale, cakes, raffle, tombola, coffee and tea and bbq.

The next meeting for Worship Leaders will be on Monday 1st June, starting at 7pm at St Helena's Church, South Scarle. We will be looking at the readings for June together.

Safeguarding: Val Watson and Sally Lee are our Parish Safeguarding Officers (PSOs). If you have any safeguarding concerns, please contact either of them – see Contacts below. More information about safeguarding can be found on our website, www.easttrentchurches.org.uk.

Churches Together in Collingham are holding two regular house groups in the village to share a time of fellowship, prayer and discussion every alternate week. Everyone is welcome – if you're interested and would like more information, please ring Duncan Smith on 07394 325675.

For information on the Newark Food Bank and the **Collingham Area Pantry** please see the [Community Action](#) page on our website (under 'About Us' on the menu).

NEXT SUNDAY 17th May – 7th Sunday of Easter

10.00am	Holy Communion	Holme
10.00am	Morning Worship	Collingham All Saints
10.30am	Morning Worship	Thorney
10am-4pm	Open Churches	Besthorpe and Girton
11am-4pm	Open Church	Thorney

Readings for next Sunday:

Acts 1.6-14; Psalm 68.1-10, 32-end; 1 Peter 4.12-11, 5.6-11; John 17.1-11.

PLEASE PRAY FOR:

- ❖ Peace in the Middle East, Ukraine, Russia and all other countries where there is conflict.
- ❖ Those who have recently died – Mavis Wells.
- ❖ In our year's mind – Barbara Harker, Malcolm Shelmerdine, Carol Nix, William Bailey, Margaret Key.

CONTACTS

PASTORAL ENQUIRIES ~ Please contact your church warden(s).

SAFEGUARDING – Val Watson (07815 644236) or Sally Lee (01522 778691).

ALL OTHER ENQUIRIES, INCLUDING WEDDINGS & BAPTISMS, AND ITEMS FOR GRAPEVINE ~

Please contact the East Trent Group Administrator, Mrs Christine Hasman:

Telephone: 01636 679105

email: admin@easttrentchurches.org.uk

GRAPEVINE ONLINE:

<http://www.easttrentchurches.org.uk/community/east-trent-churches-7910/grapevine>