

MIDDLETON - CUM - FORDLEY



Status Creative CIC

22 July

We were pleased to be invited to have tea with the Queen as part of our continuing work supporting addiction recovery, homelessness, and domestic abuse!!

The Queen was visiting Emmaus in Norfolk, who are one of our partner organisations. She congratulated us on the great work we are doing to help people who have been through difficult times.

Our participants performed poetry they had written, which was very well received indeed.

A great day all round, and we feel proud of what we do to help people through the arts.

George Fothergill



NEWSLETTER

October 2026



Editorial

Wow! Congratulations to George and his organisation Status Creative CIC – I never envisaged putting photos of royalty in our humble little village newsletter! Ok it didn't happen here but George is very well known in the village having previously lived on the Moor for a considerable time. (I know the date on it is July but I didn't know about it till this week!) There's a longer explanation of the work they do later on in this newsletter.

"It is so heart-warming that one of the oldest spaces in the village is evolving in its use, which encourages the whole village to socialise, have space to think or share, along with enjoying concerts or talks. This is why the MCC Community Plate was presented to the team who organise and run these extra fabulous social aspects for our village. If you haven't been before, maybe try their popular Brunch or inspiring Poetry and Pastries or in October, they have a Village Harvest Festival Lunch on the 11th to enjoy."

Rebecca

Big congratulations also to Kerry and Sam on the occasion of their September wedding – after a formal registry office visit they held another ceremony in the transformed barn at The Bell and continued their day with a meal in the marquee, live music from Silmor and finished off with Steve's disco. (A few more photos follow.)

Contributions for the next issue can be emailed to barbara.barker.t21@btinternet.com or dropped in to 6 Meadowview, Rectory Road by **Tuesday 27th October** please, though the issue may be a bit late coming out as I will be travelling back then, unless a guest editor can be found.

This (and past issues) can be found on the Parish website :

www.middletoncumfordley.org.uk

N.B. Charlie really has been busy with his camera lately so I'll say one big thankyou to him here so as not to keep repeating. THANKYOU !

Sorry the photos and events aren't necessarily in chronological order!!!

Donations may be made to:

HSBC Middleton Newsletter

Sort code 40-28-33

Account number 61054236

VILLAGE HALL REQUEST

At the recent meeting of the VH Committee one agenda item was the exterior ground / garden at the back. We have plans to develop this area, Steve and Mandy already have some plants they've been nurturing and have secured a bag of crocuses from Suffolk Coastal DC (as we did the daffodils in a previous year). We would like, if possible, to source some seeds from anyone in the village who might be able to give us some from their gardens. (We know from Open Gardens what great gardeners we have in the village!)

If you can help please contact Steve with what kind of seeds you have spare.

stevethorpehome@btinternet.com

Middleton Community Council Christmas Vouchers

For several years now MCC have given under 18's a £10 One4all voucher just before Christmas in lieu of the party they used to have when there were enough children to have a party! It has come to our attention that many of you find it hard to spend these vouchers so we were wondering what a suitable alternative would be this year. (Of course if you like them you can still have one.) Would you prefer a swim voucher for Leiston Leisure Centre or a Leiston cinema voucher for instance?

If you are under 18 please let us know your thoughts by the end of November on

middleton.community.council@gmail.com

Kerry and Sam's wedding

"Sam and I would like to say a huge thank you to all who came to celebrate our wedding, we had the most perfect day! Middleton is an incredibly special village and we wouldn't have wanted to have our wedding anywhere else! An extra thank you to Leroy, Ruth, Steve, Paul & Harry for looking after us so well. Barry for being on marquee duties. To all who helped with the barn arrangements and of course Silmor. Kerry



Amazing transformation of the barn.



A very silly game later on that Kerry probably knew nothing about!



Middleton Fete 2026

Sadly another wet day in the life of Middleton Fete but were we daunted? Not a bit! People still came and enjoyed themselves playing the games, watching and/or taking part in the dog show, listening to Silmor or partaking of the varied food and drinks on sale. We still made a healthy profit (though the ice cream man didn't) – more than the last wet day 2 years ago. Hopefully these photos give a good representation of the afternoon's activities.





A huge thank you to you all for braving the awful weather and helping us make this year's Summer Fete a success - despite the downpour. Without the support of you all we would not be able to run the Fete each year, and it's really encouraging that people didn't seem to be too daunted and a fair few still turned up. We've totted up the figures and we took £1,658.60, which resulted in a profit of £1,042.12 after expenses. This was up on 2024, a previously very wet year, and the sum will join our MCC reserves to fund the Christmas Party, Bursaries, Christmas gifts for children and young people from the village as well as the many events and activities supported during the year. Once again, a huge thank you and we hope to see you next year (preferably not in rain coats!).

Best wishes

Gillian

Secretary

On behalf of Middleton Community Council

A snapshot from the very well attended live music event -
 'Ralph Taylor and the Secret Peppers'
 in aid of the Buy the Bell appeal. Thanks very much for a great afternoon.



Buy The Bell Inn Campaign Update

Following a summer of successful fundraising events in support of the Buy the Bell campaign, the second, more informal Party in the Park and Auction of Promises took place on Sunday 6th September, from 2pm, at the Playing Fields. The weather was kind, the picnics were plentiful and the atmosphere was wonderfully relaxed. Villagers gathered with family and friends to enjoy a leisurely picnic lunch before the much-anticipated auction got underway, expertly hosted by our very own Richard Turner. With a total of 34 lots up for grabs, there was something to tempt everyone. The wide variety of promises on offer included a hands-on sheep day experience, an introduction to lace making and a selection of vouchers covering everything from cinema tickets and piano lessons to archery. Some lots sparked particularly lively bidding, with plenty of friendly competition from the floor, helping to raise a fantastic £2115 from the auction alone! After a short breather, the crowd were entertained by the Middleton 'Comb and Bog Paper Orchestra' aka the Tuesday night boys (last seen at last years Christmas Party) followed swiftly by the very talented Middletones who took to the stage and treated everyone to a couple of hours of fabulous live music. It wasn't long before the dancing began, rounding off a thoroughly enjoyable afternoon of music, laughter and merriment. A huge thank you to everyone who donated auction lots, placed bids, helped organise the event or simply came along to enjoy the afternoon. Your generosity and support have made another wonderful contribution to the Buy the Bell campaign, bringing us ever closer to our goal.

Kathryn



Thanks to Charlie – who as ever took masses of photos – sorry if I haven't chosen ones featuring everyone but that would be a whole newsletter on its own! Hopefully they'll all go on the website at some point.



A new recruit?

A Raffle success for “Buy The Bell”

The much-anticipated Buy the Bell raffle draw took place in public on Wednesday 9th September at The Bell, marking the culmination of just over six weeks of fantastic fundraising efforts. A staggering 7,000+ raffle tickets were sold during this time – an absolutely amazing achievement and a wonderful boost to the Buy the Bell campaign! A huge thank you to everyone who bought tickets and, in particular, to those who took on the challenge of selling batches of tickets to their wider networks of family and friends. Special thanks go to those who came back time and again for yet more bundles of books to sell – you know who you are! Quite simply, we couldn't have done it without you all. Your enthusiasm, generosity and determination have made this raffle a tremendous success, raising valuable funds and bringing us another step closer to our goal of buying The Bell. Thank you to everyone who played a part! The winners of the three top prizes were Mark Deeming from Nuneaton, Sheila Ludmon from Back Road, Middleton and Mark Wopshott . A full list of winners can be obtained on request from enquiries@middletoncbs.org
Kathryn

Buy the Bell Inn Update 2

We're nearing the end of our campaign and what a busy and amazing couple of months it's been. We've achieved so much in such a short time that it's difficult to believe that this whole adventure only started 6 months ago, with the public campaign launching in July. 200+ people have bought shares and 80+ have donated raising over a staggering £500,000 – with more still coming in. Our deadline of 20th September saw us raise sufficient funds to start the negotiations with Adnams in earnest.

Where are we now

A comprehensive survey has been commissioned by the Steering Group, due just before this newsletter goes to print, after which we'll be getting in quotes to complete any remedial action required. This, together with previous discussions with Adnams, will form the basis for a negotiation meeting with Adnams on the 13th October. Fingers crossed that soon after this, we'll have agreed a price and the Bell Inn will be saved for our community.

What happens next

In the meantime, the Steering Group is also pulling together a more detailed operational budget and exploring further what comes next. There'll be lots of legal work to do to purchase the pub and set up the necessary governance and infrastructure required to make the Bell Inn a success.

We will also be looking to hold elections in the Autumn for Members to vote on the new Board of Directors who will take our vision forward and also to garner opinion on our proposed strategy.

Last but not least, the fundraising still needs to continue. We require further funds for working capital and development costs. You will be able to buy shares until the end of the year and make donations at any time. We are also exploring grant opportunities to bring our vision into reality. So please, if you haven't donated or bought shares yet, we still need your help. Shares would make a wonderful socially conscious Christmas present for someone and of course, there's always the Dogs of Middleton Calendars – although don't leave it too late to make your purchase as more than half have been sold already. You can also try your hand at line dancing on the 31st October with Zara at the village hall or buy one of the remaining donated artworks, all proceeds to the campaign. All details on making donations, buying shares, art for sale or forthcoming events are on our website www.middletonCBS.org or you can send an email to enquiries@middletoncbs.org
Once again, on behalf of the Steering Group a **Big Thank You** to each and every one of you that has got us to where we are now. Our little village may be small in population, but its community spirit is astounding. Those of you who have taken part in our events over the summer have witnessed just what can be achieved when we all work together. The Bell Inn has a bright future under our community ownership.

**More events to look forward to this Autumn – not all connected to Buy the Bell
and not necessarily in chronological order!**

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**Line Dancing with Zara** at the village hall – 12-1.30pm, Saturday 31<sup>st</sup> October, £15 per person (all proceeds to the campaign). Ever fancied learning to line dance? Zara is a professional dance teacher and promises a fun filled hour where you'll learn the basics and then put your new skills into practice. Stetsons and boots optional – but highly recommended! Book your place by emailing [enquiries@middletoncbs.org](mailto:enquiries@middletoncbs.org).  
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**Please join us for a
Village Harvest Festival lunch at Holy Trinity Church
(which follows our slightly shorter 11am service)
on
Sunday 11 October 12 for 12.15pm**

**You are warmly welcome at the service and the lunch
(at either or both)**

RSVP Paul Taylor taylspaul@gmail.com by Wednesday 7 October with any dietary requirements and so we know how many to cater for!

This is a free event but a small donation to cover costs is always welcome and, in the spirit of harvest, dried goods/tins for the village foodbank and project40seven <https://project40seven.co.uk/> which we continue to support



AND...

if you are still hungry after this, here's a heads up for the next



**Holy Trinity Pop-up Brunch
Sunday 1 November, 10-11.30am**

Pretty sure we are most of us up to speed with these now but ... for any of us who have missed them or have recently arrived in Middleton and are wondering what they are about, they began with a desire to make more use of our lovely old church and, wondering how to complement and collaborate with the other good things going on in the village, realising that we were missing having somewhere - in walking distance - to read the papers, solve a crossword, maybe catch up with a friend while enjoying coffee and a sausage roll or a bacon bap on a Sunday morning...

So please join us...

Any time between 10 and 11.30am - leaving you free to mosey over to the pub when it opens at midday if you choose, or home for lunch... If you have any questions about this event, or would like a lift, please contact Amanda Taylor: 07990 602 563 or ajt.opom@gmail.com or Camilla Sim: 07740 427414 or camillasim9@gmail.com



Coming soon – with sincere apologies for the recent mis-communication ...

Re-scheduled free taster sessions in Boccia and New Age Kurling in the Village Hall. **Tuesday 3rd November**

Come along and have a go!

2pm

Contact Lynda for booking in.

thewhitbreads@gmx.co.uk



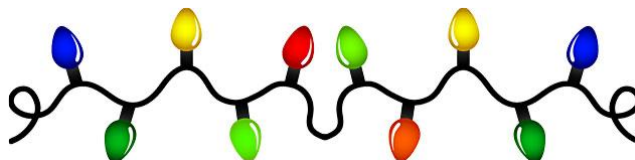
Middleton Christmas Craft Fair

Saturday 7th November 11 am till 3 pm. Middleton Village Hall.

If you are interested in having a stall at this event, please contact Angela or Lynda.

Contact details - Angela 07847 313407 or email angie.james@hotmail.co.uk

Lynda 07890 067054 or email lynda@thewhitbreadfamily.co.uk



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VILLAGE HALL QUIZ

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Friday 20th November - 7pm - Village Hall

Our traditional soup and roll supper

Licensed Bar

Raffle

Teams of up to 6 players £5 per head (in aid of hall funds)

7 different quiz masters (as always) on very varied subjects!!

Please book tables with either Richard jenricht@btinternet.com or Barbara barbara.barker.t21@btinternet.com

If you don't have a full table let us know and we may be able to pair you up.



**The Bayeux Tapestry.
Illustrated talk by Mark Mitchels
Village Hall**

Wednesday 2nd December at 7pm

Admission £10 ... to include cheese and wine supper

In aid of Village Hall funds.



The Bayeux Tapestry is a unique record of William, Duke of Normandy's invasion preparations and of the battle which brought him success. It tells us a great deal about Anglo-Saxons and Normans, and is astonishingly faithful to the historical evidence which survives. It is a document of unparalleled importance, but is also an art treasure of wonderful complexity and beauty. This talk provides a background to the events of 1066, and includes a detailed view of the entire tapestry, including the contentious issues - who commissioned it and why was it made?

2026 is the Year of the Bayeux Tapestry in England! It's no wonder that 1066 is the most famous date in our history – so much of our story can be said to have begun in that year.

ADVANCE NOTICE -- Village Hall Table Top Sale ---

Saturday 23rd January 10 am – 1pm £10 per table. Book with Lynda or Barbara please
lynda@thewhitbreadfamily.co.uk barbara.barker.t21@btinternet.com

Start sorting out your unwanteds now – one person's trash is another one's treasure!!

Please note this is not a jumble sale - anything unsold should be taken home again.

HOLY TRINITY – MIDDLETON CUM FORDLEY

Church Services during October

Sunday 4 October 10am Benefice Holy Communion

Sunday 11 October 11am Harvest Festival Service & Lunch
 *see below for further details* 

Sunday 25 October 11am Holy Communion

The Benefice Service this month will take place at 10am on Sunday 4 October here in Middleton



Holy Dusters



7 October - Nicola and Margaret
11 November - Paul and Amanda
2 December - Camilla and Val

21 October - Trish and Graham
25 November – Rob

New dusters always welcome, of all faiths and none.

Thought for the Month

**“The heat of autumn is different from the heat of summer.
One ripens apples, the other turns them to cider.”**

Jane Hirshfield, American poet and essayist

Helpers needed for Autumn Fayre stalls please !

Contact middleton.community.council@gmail.com

Survey 2: 6 months.

Please help us gather information about the use of the Middleton Recreation Ground

As part of the funding Middleton Recreation Ground has received from Sizewell Community Foundation, we have agreed to undertake regular surveys of how people use the Recreation Ground.

Whether you are a Middleton resident or a visitor, a frequent user or this is your first time - all information is helpful.

The survey will only take a couple of minutes and will help provide valuable evidence.



Point your camera or scan
QR code for the survey



Thank you



If you would like a printed version of the survey please contact Giles gpiercy@middletonparishcouncil.gov.uk
(or Barbara before 4th October)

Middleton Community Council Young Person Bursary

Are you a young person under 18 with a hobby or interest you'd like to pursue but need a little financial boost to get started or buy a piece of equipment for instance? Perhaps we can help.

Contact us on middleton.community.council@gmail.com for more information or to apply.

Summer Wine bringing topsoil for garden refurb at The Bell
(complete with potatoes I noticed)

Not one of Charlies photos - Thanks Ashley.



Status Creative CIC objectives are to carry out creative activities which benefit and improve the well-being of the community and to provide opportunities for expression. In particular those with mental health, in recovery from addiction, members of community with disabilities, in poverty or isolation, domestic abuse, refugees, BAME and minority, LGBTQIA+ and anyone marginalised by society.

We prioritise working with groups and individuals of all ages who are often marginalised by society, circumstance or adverse experiences, including but not limited to:

- **Individuals in recovery from addiction** – providing structured creative activities that support recovery, build self-esteem, and encourage positive social connections.
- **People experiencing mental health challenges** – offering therapeutic creative outlets that promote emotional resilience and self-confidence.
- **People experiencing homelessness** – offering creative spaces that provide stability, dignity, and opportunities for self-expression, connection, and hope.
- **Survivors of domestic abuse and those living in refuges** – creating safe spaces for healing, self-expression, and rebuilding confidence.
- **Refugees and unaccompanied asylum-seeking children** – providing supportive creative opportunities that encourage integration, healing, and confidence.
- **Children in care** – creating safe and inspiring spaces where young people can explore creativity, build self-esteem, and feel valued.
- **Members of the community with disabilities** – ensuring accessibility and inclusion in creative expression, allowing individuals of all abilities to participate and thrive.
- **Those experiencing poverty or social isolation** – fostering a sense of belonging and empowerment through creative engagement.
- **Minority Ethnic (BAME) communities** – amplifying diverse voices and cultural representation in the creative sector.
- **LGBTQIA+ individuals, especially those from minority backgrounds** – offering platforms for visibility, acceptance, and self-expression in an inclusive environment.
- **Anyone facing marginalisation by society** – working to break down barriers and provide access to creative opportunities that can lead to personal and community transformation.
- **Anyone in the community** – we welcome conversations with individuals and groups, offering support and creative opportunities wherever they are needed.

Through a range of creative disciplines—such as visual arts, music, performance, writing, and digital media—we aim to inspire, empower, and support individuals in overcoming challenges, finding their voice, and connecting with others. Our work is rooted in the belief that creativity is a powerful tool for personal development, social change, and community well-being.

We as an organization improve people's wellbeing and mental health through engagement in arts based activities .

We can also show evidence based outcomes to show what we do works.

Part of our current program is supporting people who have experienced domestic abuse , because of this work and its success we were invited to tea, to meet the Queen, and showcase some of the poetry written by the participants when she visited Emmeaus in Ditchingham Norfolk. We chatted with her and she commended us on the work we do and the difference we are making . A very enjoyable day .

Our website is www.statuscreativecic.com Facebook Status Creative CIC Instagram statuscreativecic

Also tick tock If you can please follow us , spread the word , much appreciated

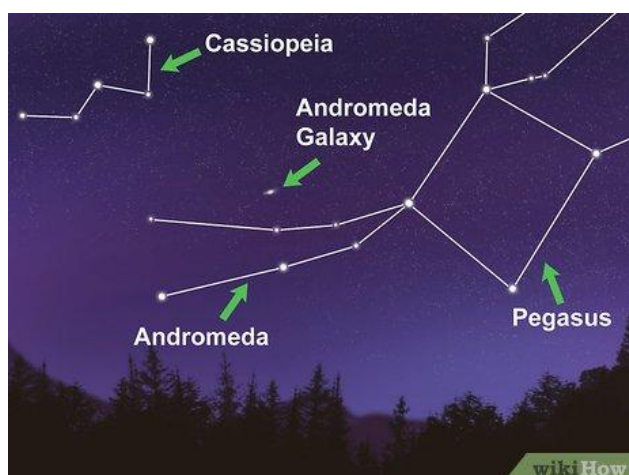
Kind regards George

Middleton Dark Skies

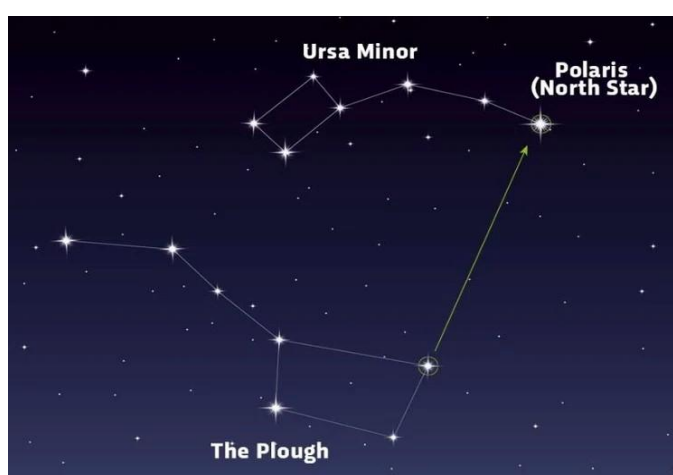
October Highlights

Planets on view. **Venus** is not visible this month as it is lost in the glare of the Sun. **Mars** rises at around 0.30 am and on the morning of the 5th will be sitting just below the Moon. **Jupiter** is also a morning object, rising at around 2 am, and like Mars the morning before, will have a crescent Moon for company on the morning of the 6th. **Saturn** is visible all night long in the southern sky, and on the 4th will be at its closest point to the Earth. A small telescope will reveal Saturn's rings, although even binoculars will show that the rings make the planet look slightly elliptical. On the 23rd and 24th of the month, the Moon will be sitting close to Saturn.

Constellations. **Cassiopeia** sits almost directly overhead this month, its distinctive W shape making it easy to locate. Looking directly south, the sky is dominated by the square of Pegasus, which forms part of the constellation of **Pegasus** (The Winged Horse). The constellation of **Andromeda**, which actually shares a star with Pegasus, arches away from the top left corner of the Square in a slightly bent V shape of six stars, which, as with Pegasus, have been found to have orbiting planets. One object to look for within Andromeda, is the Andromeda Galaxy. This is the furthest object visible to the naked eye from Earth. It's not particularly easy to spot, and best observed on a really clear night, but once located a look through binoculars or telescope, will reveal the distinctive oval shape of this massive spiral galaxy. **Cygnus** (The Swan) is still high in the sky, but has now begun to slip down towards the western horizon. To the north, **The Plough**, which forms part of Ursa Major, (The Great Bear) is relatively low down in the sky, but easily recognisable by its saucepan shape appearance. Follow the two 'pointer' stars from The Pough to find Polaris, the North Star, to locate **Ursa Minor** (The Little Bear).



Pegasus and Andromeda



Finding Polaris and The Little Bear (Ursa Minor)

The Moon This month the full Moon is known as The Hunters Moon, as it helps hunters spot rabbits and deer in the fading light. The full Moon occurs on the 26th of the month

Meteors. Watch out for the **Orionid** meteor shower, which peaks on the night of the 21st/22nd and is formed by dust and debris from Halley's Comet, with hourly rates of up to 15. These are fast moving meteors, with speeds up around 40 miles per second, and will appear across all parts of the sky, moving in a general east to west direction. The radiant for these meteors, the point at which they seem to appear from, is in the constellation of Orion, hence the name. The Moon will interfere with viewing this year during the period before midnight, so best observations will be from around 1.00 am

Brian Near

Literary Evening tbc -- possibly Thursday 19th November

Details in next issue.

October Nature Notes

With their blunt noses, relatively small ears and short tails voles can be readily told from mice and rats. On mainland Britain there are three vole species, bank, field and water – Field Voles being considered the most abundant mammal in the UK and Bank Voles the second most abundant; whereas Water Voles although once common waterside animals suffered a catastrophic decline in numbers, largely as a result of habitat loss and predation by American Mink. Although it is hoped that the recent elimination of Mink from East Anglia and improvements to wetland habitats will lead to the increase in the population of Water Voles.

Bank Voles are the smallest of the vole species and distinguished from Field Voles by their shorter neater chestnut-brown fur and longer tails. They are found throughout Suffolk preferring hedgerows, overgrown banks, scrub and woodland and also commonly occurring in gardens; avoiding more open areas where the Field Vole is more common. These areas have a dense vegetation cover which as well as providing more varied food resources as well as affording some protection from predation. Their diet consists of leaves, seeds, nuts and fruit: switching to dry leaves, moss, fungi and occasionally insects and snails when winter food is in short supply.

The slightly larger Field Vole has a darker and greyer fur, more prominent ears with proportionally shorter tails accounting for their other common name of Short-tailed Field Vole. They typically inhabit meadows, grazing marshes and roadside verges, indeed anywhere with long tussocky grass through which they make their obvious tunnels, with grass providing the vast majority of their food. Field Voles preference for more open areas means that they are readily preyed by a wide range of birds – forming a substantial proportion of a Barn Owls diet and mammals, so they are often described as the ‘universal prey’. Given suitable habitat conditions a population explosion can occur, often swiftly followed by a crash, numbers oscillating on a three to five year cycle.



The largest of our vole species, the reddish brown Water Vole, is a semi-aquatic habitat specialist of river and wetland areas. They are often locally known as water rats and made famous by Kenneth Grahame’s ‘Wind in the Willows’. Apart from their appearance, the absence of spoil surrounding their burrows sometimes combined with grazed areas around the entrance holes are useful in separating this feature from those created by rats. Water Voles favour steep banks, with a slope of at least forty-five degrees to allow them construct their extensive burrow systems, and surrounded by luxurious bankside vegetation, particularly grasses, rushes and sedges, to provide food and cover from predators.

DIARY DATES 2026

October

Thursday 1st "Squit Night" – live music at The Bell – from 8pm
Saturday 10th MCC Autumn Fayre at The Bell 12 – 3pm
Sunday 11th Village Harvest Festival Lunch, Holy Trinity 12 for 12.15 pm
Wednesday 14th Parish Council Meeting , Village Hall, 7pm
Saturday 31st Line Dancing with Zara at the village hall – 12 - 1.30pm,

November

Sunday 1st Pop-up brunch – Holy Trinity 10-11.30 am
Tuesday 3rd Taster Boccia and New Age Kurling - Village Hall 2pm
Thursday 5th "Squit Night" – live music at The Bell – from 8pm
Saturday 7th Christmas Craft Fair – Village Hall 11am – 3pm
Wednesday 11th Parish Council Meeting , Village Hall, 7pm
Thursday 19th Literary evening tbc
Friday 20th Village Hall Quiz 7pm - Village Hall

December

Wednesday 2nd Mark Mitchels Talk – The Bayeux Tapestry – Village Hall 7pm
Thursday 3rd "Squit Night" – live music at The Bell – from 8pm
Saturday 5th Santa boules – Open tournament - Playing field 10am
Saturday 5th Vinyl Night at the Bell from 6pm
Wednesday 9th Parish Council Meeting , Village Hall, 7pm
Saturday 12th MCC Christmas Party

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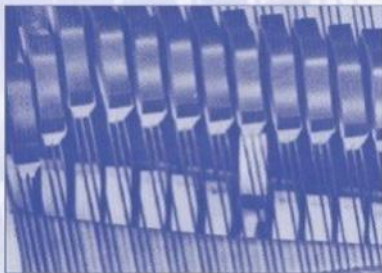
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