Our group kept going through last winter and with sea temperatures dropping to 6 or 7 degrees it was definitely mind over matter, but it was fun to challenge ourselves. It will be interesting to see how my acclimatization will be during my second season. I think February and March are the worst months. It took me quite a while before I'd worked out the kit that suited me best and the art of quick changing!

For anyone thinking about trying the sea, I'd certainly say "give it a go", and groups such as the Bluetit Chill Swimmers (groups all over the UK) are extremely welcoming to new people, especially those who want to splash or swimble or are apprehensive about dipping their toes in - or love wearing colourful swim hats.

I always like to have a goal to aim for in whatever activity I do, so this year I've signed up for the Water Aid Swim Marathon challenge. 26.2 miles, or 42km, from August 1 to the 24 October, which is roughly 4km per week. So far well on target with this lovely weather and I'd like to do the majority in open water but I expect a few pool sessions will slip in at times. Many people don't have free access to clean water and I'm hoping to raise £250 towards the Charity.

There's been a lot in the media about cold-water therapy, swimming for Mental Health or physical

well being in general. How much proof of that maybe open to debate but there is something quite magical about bobbing around in open water



especially the sea - at whatever level.

While I've been splashing around and being pleased with myself for achieving a few kilometres, Laura Clarke has been training hard with a group from Weymouth Bay Sea Swimmers in order to do the English Channel Relay! I've heard tales of night swimming, learning to jump off the boat and the huge amount of time taken to get used to long periods of cold water, no wetsuits allowed. Sounds quite mad. They are hoping to go, weather permitting, early next week (22 / 23 August).

Wishing her and the team all the best.

Frampton Millennium Green Trust Tug of War 2022

It was one of the most beautiful evenings of the summer when we had the Tug of War after the Flower Show on 6 August. For once no gazebos were needed and it was still warm at 9pm.

Villagers soon arrived after 6 pm and trade was brisk at both the Bar and the BBQ. Malcolm Potter kindly provided the sound effects and Mike Champion, helped out by Victor Pullman, did the honours of telling us all what was happening. Sadly John Loving was kept waiting for other teams that never seemed to arrive!

The children put on a good show and then John finally managed to put together two teams to play against each other. Our usual thanks to John for supplying the ropes and trying to get up the teams! Thank you to the Trustees who helped set up and run the bar and BBQ.

This is the only fund raiser for the Millennium

Green and we managed to raise £221 towards our funds.

The Trustees will be holding their AGM on **Tuesday 4th** October at 7.30 in the Village Hall. If you use the Millennium Green and Harry's Wood, do come along, tell us your views and opinions or find out



what we do or you may feel you would like to join our Green Team who help with our Autumn clear ups?

Cynthia Whyte

Paws and Claws



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VILLAGE HALL News

Because we are usually away in Malta at Fete time, the 2022 Frampton Village Fete on 3 July was the first I have attended for longer than I can remember and it turned out to be a real treat!

Heather and I were very pleased to help a little in the setting up and dismantling things. The new Fete Chairman, Nina Garcia, stepped into the role admirably aided by her enthusiastic committee and especially guided by the experienced (I nearly said 'old hand!') Vic Pullman. It was a great village event and many thanks to everyone on behalf of the Village Hall for their efforts.

The most recent meeting of the Hall Trustees took place on Tuesday 5 July. Under 'Matters Arising' it was reported that some fishing rods from the Spring Sale had been sold for us on eBay by John Watts and had raised £200. Many thanks to John for his continuing help in this respect. Also, the flat-pack greenhouse had been sold following the sale for £50, both sales increasing the total raised by the event to £950, a very acceptable sum and a good return for the work involved.

Our Treasurer, Neil, reported a very satisfactory financial position despite maintenance costs rising including replacement drainage in the Gents toilet and on kitchen facilities. Work is required on the Hall's central heating system and ageing boiler before next winter to avoid failure when hirers expect pleasant, warm surroundings. Investigations are being made into the viability of both air source heat pumps and new boilers. Meanwhile the wobbly handrail on the entrance steps will get the attention it requires.

'Future Events' were next on the agenda with planning and publicity for Flowers in August already well advanced.

Our 'Big Breakfast' mornings were discussed and members felt them to be a worthwhile social event as they were enjoyed both by the Trustees involved in catering and villagers who came along for breakfast and a chat. It was agreed to hold the Autumn Big Breakfast on Saturday 22 October from 9am until about 12.30.

A little while ago monthly coffee mornings were introduced at the Hall and seem to be growing in popularity. The idea came from Jackie Wilcox, Dawn Potter and Helen Hart. Do keep an eye on your FVN for future events and support them if you can.

On the subject of family social events, members referred to the success of the Skittles Evening held by the Fete Committee in the Hall on the Saturday evening before the Fete. Many remembered the Halloween Barbecues promoted by the Frampton Village News in the distant past, both on the Millennium Green and at Tibbs Hollow. It was agreed to consider having a 'Family Halloween Party' to include skittles at the Hall on Saturday 29 October. Watch out for posters on the village noticeboards and you will also find details in your Chalkstream magazine.

Next, Val Ghose reported on the Hall's 'Grand Christmas Craft Fair' which will take place on Saturday 19 November. 9 craft tables have already been booked with more available at £20 per table, so if you want to be sure of one, please contact Val as soon as you can.

Our 'International Dining' event had taken a rest during the Covid pandemic and had been much missed. Therefore, it was decided to promote 'International Dining at Christmas' on Saturday 10 December just to get us all in the mood for the forthcoming Christmas festivities. Those that remember our past International Dining events will not want to miss this one.

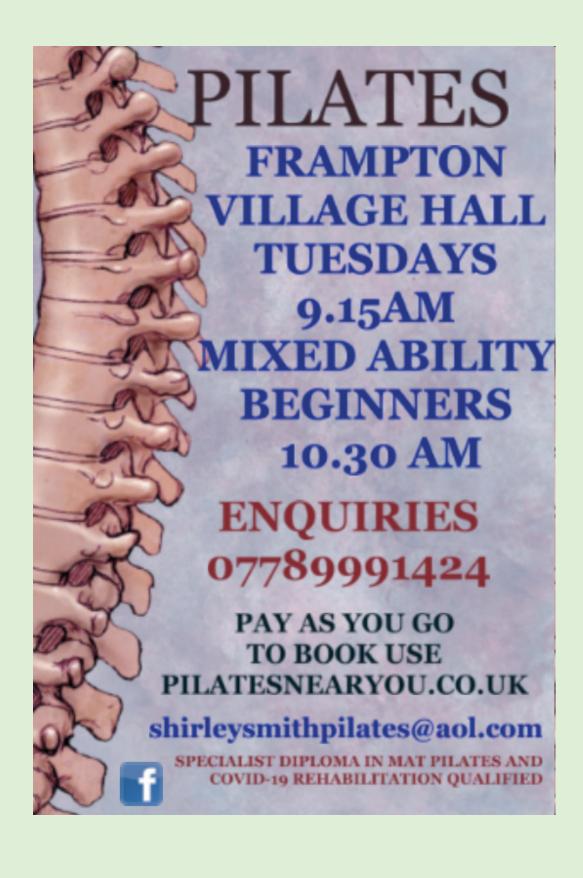
Finally, due to its popularity, a date was set for our 2023 'Annual Sale' which will be held on Saturday 25 March. You can start sorting things out now as I will always collect and store items well in advance and size doesn't matter! Just email colin.e.pook@gmail.com

Ideas for other future events were discussed and will be publicised in due course but if you have an idea for a suitable event for us to promote for the village, then do please contact me or any member of our team and we shall consider it.

The best setting for many potential events is when the Hall is set up 'bistro' style so it was decided to source new red gingham tablecloths for this type of event.

The Trustees of the Hall will next meet on Monday 10 October.

I think that's all for now, so I will put down my pen, and enjoy the tinkling waters of the pool's overflow and my Gin & Tonic, cheers! Colin Pook





A very big thank you to

Jacqui Burden

for her enormous contribution to the FVN over many years. Jacqui has been successful in seeking out local,

interesting, and often funny, early memories from the people of Frampton. She has managed, without fail, to find recipes and book suggestions for each edition. Not least, she has encouraged Frampton residents to share photos and, shall we say, the unique characteristics of their pets! Indeed, Jacqui's own articles – cruise experiences and hairdressing subjects come to mind – have always been an entertaining read.

Jacqui, we will miss you and wish you all the best for the future.

FVN Committee

Did you know that

you can see Helen, an Adviser from Citizens Advice, at Pound Piece Surgery in Maiden Newton? Any patients registered with the Surgery can make an appointment to see Helen on Thursdays between 9.00-12.00. Phone the Surgery on 01308 861800 or call in to the Surgery and make an appointment.

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Royal Mail is offering a "swap out" scheme so that older stamps with the portrait of the Queen (not special edition stamps or Christmas stamps) can be exchanged for the new barcoded ones. If you have stamps which you may not use by 31 January 2023 you can send them with a redemption form. The form can be printed from the Royal Mail website or, if you do not have access to a computer or printer, the form can be obtained from the local delivery office or by calling 03457 740740.

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NATURE NOTES

Kate Davidson

On cooler days in July and August, before everything turned brown in the heat, I enjoyed walking through local meadows of wildflowers – in particular the valley fields of Southover with red clover and purple knapweeds, and a field en route to Town Hill with blue chicory. They were attracting a good range of butterflies: meadow browns, marbled whites, skippers, although not in very great numbers. A butterfly which seems to be more numerous this year is the **Clouded Yellow**. Usually I consider myself lucky to see just one a year but I have seen several already with a reported sighting near Longlands Farm. The photograph was taken at Powerstock Common. It is a summer migrant but may become resident over winter as our climate warms. It is bright yellow with a black edge to its upper wing which is visible as it flies - often the only tantalising view you get!

As bright as a butterfly, this **Scarlet Tiger moth** was photographed by Mandy Paige-Palmer in Rural Lane. A beautiful moth at rest it is eye-catching when it flies as the hind wings are vivid scarlet – it is a day-flier and often mistaken for a butterfly. It is on the wing in early summer but in spring its black and yellow hairy caterpillars feed on comfrey in the big pot by my front door which they reduce to shreds. But I don't mind as I can truthfully say I have tigers in my garden!

Recently I've also had several of the similar **Jersey Tiger moths** in the garden. They are late summer day-fliers, and are also bright in flight with their red/orange hindwings. At rest just the black and white stripy forewings are visible which stand out well against green foliage and they even have

matching stripy legs! I haven't seen these in previous years, they are nationally scarce but well established along the Dorset and Devon coasts. As the name implies there are good colonies in the Channel Islands.

This beautiful **Grass Snake** was photographed by David Tharby on his driveway in Southover. He carefully placed it in a bag and released it near the leat in his garden where it would be safe. Grass snakes are excellent swimmers (the Thorncombe Wood pond is a good place to look for them) and frogs are amongst their favoured prey. It is the largest UK snake, David's measured 2ft 3in, and it's totally harmless to humans, its usual defence is to play dead and release a foul smelling substance. Occasionally when threatened it might strike with its head but always with its mouth closed - so polite! In all probability it will disappear before you get close. The species is protected by law and it is illegal to harm them. Grass snakes are grey/green/brown and have a yellow and black collar behind the head, they have some black spots especially along their sides but lack the adder's distinctive dark zig zag along the length of the back.

I am glad to report that the swan family has done well with all 5 cygnets growing rapidly. They have been seen recently near Samways (wooden) bridge. Also I have caught a glimpse of a kingfisher from here several times in the last few weeks – a brief flash of blue as it darts up or down stream.

I would love to receive observations or photos of our local wildlife, my email is mrs.kate.davidson@gmail.com.



Grass Snake

Jersey Tiger Moth

Clouded Yellow Butterfly

Scarlet Tiger Moth



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FLOWERS IN AUGUST 2022

The 33rd show was held on 6 August in the village hall and was a great success despite the weeks of hot dry weather and we would like to thank the exhibitors for their wonderful entries in all of the classes. The flower and vegetable classes had beautiful exhibits of very high quality. Floral arrangement classes were back again and, although not many entries, they were of a really high standard – including the men's arrangements in a wellie boot!! Photography classes were also well supported with excellent photos in all sections. Cookery classes had more entries this year than they'd had for many years. Well done to all of the competitors – you made the judges work really hard!! What was very disappointing was that there were no entries at all in the children's classes so we will have to rack our brains for next year to encourage children to enter. Perhaps any mums and dads could let us know what their children would like.

A big "thank you" goes to Carole Irving who judged both the photography and floral art classes and also displayed some of her lovely paintings. Another big "thank you" goes to Helen Hart who judged the cookery section and really enjoyed tasting all of the cakes! Helen also organised the afternoon teas with the help of Dawn Potter, Sue Warren and June Roper, who's freshly made scones meant that we could offer clotted cream teas this year as well as homemade cakes. Many thanks to all who made cakes for us.

Last year, because of restrictions, we had "virtual" cups but this year Vic Pullman was able to present the real cups to Penny Bentley (best vegetable, best flower, the rose bowl, and the most points in the vegetable section), Cynthia Whyte (floral art and most points in the flower section), Patsy Taylor (best photo and the cookery cup), Paul Davidson (most points in the photography section and best arrangement in men's floral art). Paul also gained the most overall points in the whole show and won the Oliver cup although it was a close run race as Penny Bentley was just 3 points behind!!

We had decided that it would still be a one-day Show as last year and managed to raise over £227 for the village hall so thank you for making it a success. The weather was perfect and we were able to serve teas both inside the hall and out on the terrace without any threat of rain.

We would welcome any suggestions you may have to improve or expand the Show so please let us know your thoughts. Our contact numbers are Sue Forrest 01300 321662, Steve Westrip 07960 586028, Chris Chappell 01300 342035 and Liz Napier 01300 321496. All ideas will be gratefully received. We want to make it a show for everyone to enjoy and to encourage a lot more people to enter. We would also like more to come to see the exhibits and to enjoy cream teas and homemade cakes – very good for the waistline!!!

Flowers in August committee





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PC 2617 Diffey

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- 1) Approximately what is the mean population density per square kilometre in Dorset?
 - a] 423 b] 363 c] 293
- 2) Which beach location in Dorset is ideal for children to simply pick up ammonites
 - along the foreshore?
- a] Pirates Cove b] Seatown c] Tidmoor Point
- 3) What is the name of the bug that produces Cuckoo Spit on plants?
 - a] Froghoppers b] Assassin Bugs c] Leafhoppers
- 4) What is the most common moth in the UK?
- a] Emperor Moth b] Six-Spot Burnet c] Garden Tiger Moth
- 5) St.Martin's Church is the oldest continuously functioning church in the UK. Where is it?
- a] Bath b] Worcester c] Canterbury
- 6) Who was the first person to own a car in the UK?
 - a] Henry Purse b] William Bremer c] Cyril Cookman
- 7) In which town is the Queen's favourite fish and chip shop?
 - a] Ballater b] Windsor c] King's Lynn
- 8) When was Sherborne School in Dorset founded?
 - a] 12th century b] 13th century c] 14th century
- 9) In medicine, what is the name of a small hammer that is used to test reflexes?
 - a] A Pein b] A Mallet c] A Plessor
- 10) Which was the first of the series of Mr Men children's books by Roger Hargreaves?
- a] Mr Tickle b] Mr Bump c] Mr Greedy.



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