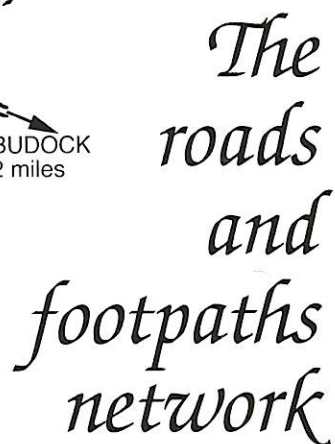




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By courtesy of S.W. Water there are walks around noted wildlife havens of Argal and College Reservoirs

Many paths are signposted from the highway and waymarked at intervals.

Mabe is renowned for granite which has been used for monuments, buildings, bridges, breakwaters, lighthouses the world over, but unfortunately many such quarries are now in disuse. The tradition is continued at Trenoweth Quarry.

Granite is extracted from Chywoon, Carnsew and Kessell Downs Quarries and crushed. The resulting sand, aggregate and chippings are used in concrete and tarmac.

Dairy farming is another important occupation. Ancient spellings of farm names are found in old records.

Some examples, with dates, are:

TRELIEVER	Treliver (1085)
CARNSEW	Carnduyou (1293)
ANTRON	Anter (1308)
TRENOWETH	Trenewyth (1313)
HELLAND	Hellan (1321)
SPARGO	Sporgor (1321)
TREVONE	Trevowan (1321)

Many footpaths were direct routes to quarries, farms, the school and to places of worship.

Detailed route of an approximate 3 mile walk

Start from old Mabe School and take the old quarry road 10 to Spargo Downs, where a river is crossed at a stile. A footpath goes up a few yards to where a hedge is crossed by another stile. Continue across the field to the lane to Boundys. Take footpath 11, edging the fields, then along a lane to Goodagrane. Bear left around the buildings into bridle path 5 through Trevone Quarry and Trevone Lane 4 to the road south of Higher Spargo. Walk along the road, passing Mabe Church, to Lower Spargo. Turn left into Lane 9, which leads to the old Quarry Road 10. Turn right and return to the starting point.

Numerous pleasant circular walks can be designed by using various combinations of paths and roads. For example, it is possible to complete a two mile walk starting and finishing at Mabe Church, utilising paths 8, 10 and 15.

Why not make up your own walk?



MABE PARISH COUNCIL

PARISH PATHS
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A COUNTRYSIDE COMMISSION INITIATIVE

WALKS AROUND MABE

