

Dementia - friendly Alton - Apr-June '15



Barbara Rayner, Karen Murrell, Terry Eccott (Dementia Ambassador and Chair of Dementia-friendly Alton), Town Mayor Graham Hill and Major Neil Woollacott of Salvation Army are joined by members of Dementia-friendly Alton at a Tea Party to celebrate one year since first Dementia Friends Awareness session held in Alton. Well done to all!

More information on new website @ dementia-friendly-alton.org.uk

New members joining Dementia-friendly Alton

Dementia Champions in Alton are working alongside local businesses and service providers to agree and complete the Action Plans in which a commitment to the aims of the Hampshire Dementia Action Alliance (HDAA) can be demonstrated. In addition to the initial 42 members who signed up in the first six months - we now welcome Atonian Care and Cutting Room, with Santander and Boots Opticians joining soon. For an up to date list of members check out members list on website @ dementia-friendly-alton.org.uk.

To join the Dementia-friendly Alton initiative or share relevant news please contact the Dementia Champions on 07922 022321 or email dementia_friends@btinternet.com



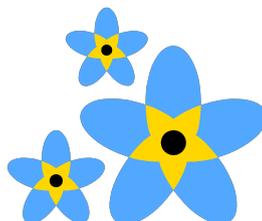
Dementia-friendly Church community takes a lead in 'Awareness'

Over 40 people attended an awareness session held at Alton Methodist Church in February 2015. Participating in an interactive awareness session led by Peggy Ennis, a trainer from London who has worked for the Alzheimer's Society for many years, those present showed a great interest in working towards the local dementia-friendly initiative.

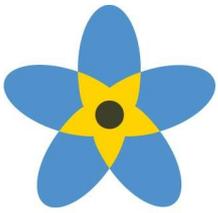
With representatives of the local Dementia Action Group on hand, Terry Eccott, Barbara Rayner and Karen Murrell, information was shared in relation to local groups and activities, so that all those attending had an opportunity to consider how they could get involved. A great Community initiative.

**Dementia
Friendly
Hampshire**

Newsletter
Number 4



Working to become
**Dementia
Friendly**
2014-2015



Dementia-friendly Alton Members Corner

Here at **Alton Community Centre** we have been proud to be involved in the development of our Dementia-friendly Community. As a community hub we have been able to host training sessions and events to help 'spread the word'. Our staff have benefitted from the training and this has enabled us to welcome adults with early dementia into our Community Club for the elderly. We are confident that we have the knowledge and contacts necessary to provide a comfortable and safe environment for individuals with dementia as well as offer some respite to their carers. Formulating our action plan has focused our actions and enabled us to contribute in a positive way to promoting our Town as a Dementia-friendly Community.



ALTON
COMMUNITY
CENTRE



Maria Elliott
Manager of
Alton
Community
Centre



Jacinta Grange-Bennett, General Manager at **Brendoncare Alton**, said "A dementia friendly community is one where people with dementia are enabled to live as independently as possible and to continue to be part of their community, but are given support when needed.

This matches the ethos of our care at Brendoncare Alton. Our experience of supporting people with dementia through our dedicated and highly trained staff, lends itself perfectly to working with the Hampshire Dementia Action Alliance for the benefit of the local community.

"If you would like to see the facilities we provide, please get in touch, as we would love to show you around. Alternatively, come and celebrate **National Care Open Day with us on 19 June 2015**. This fun-packed day of music and activities will start at 10am and will include a traditional British tea party and special guest Leigh Casling, Elvis tribute artist, who will be rocking the home. So dust off your blue suede shoes and join us for this fantastic event."

Waitrose were quick to sign up to membership of dementia-friendly Alton, and appointed their own Dementia Champion, Nicki Bennison, to undertake Branch awareness. This enables the store to support customers with their individual needs, making sure that all members of public feel comfortable shopping in Waitrose. Being so near to Brendoncare in Alton, its been useful for the residents of the close care residential unit there, to be able to shop with confidence that Waitrose staff will be supportive of all their needs.



DEMENTIA-FRIENDLY ALTON YOU ARE INVITED TO AN OPEN FORUM

From 17.30-18.30 on Monday 1st June 2015 at Brendoncare in Alton



Light refreshments will be served

In addition to a short presentation and update from a representative of the Hampshire Dementia Action Alliance, you will:

- Meet members of the Dementia-friendly Alton initiative
- Share the good practice you have been undertaking in relation to your Action Plan
- Gain ideas to help you develop your Action Plan and make your service even more dementia-friendly
- Help to shape the future of dementia-friendly Alton
- Network with town / business colleagues in an informal gathering where light refreshment will be served



Terry Eccott - Chair
Dementia-friendly Alton

RSVP by 21st May 2015 to Secretary - Karen Murrell on 07922 022321 or via email to dementia_friends@btinternet.com



ALTON CHARITIES DAY

Alton Community Centre,
Amery Street, Alton.

16th May 2015

From 10am to 4pm

If you are a Charity come take a stall there is no charge but a suggested £10 contribution would be helpful towards the cost of the event, but this is not compulsory.

If you are looking for a charity to support, or would like to know more about local services available

There will be - **Charity Information,**

Charity Stalls, Games

Tea and Coffee from the café

and lots of fun



Alton and local charities
working together

To Book simply call

Terry - 07854 355561

www.altoncharitiestogether.org.uk or www.altonct.org.uk



Dementia Awareness
Week
18th - 24th May 2015

Awareness sessions to
be held in/around Alton
throughout the week

Timetable will be posted
on website and
advertised around town

First sessions will be
held on 16th May 2015
at Alton Community
Centre as part of
Alton Charities Day

Dates for your diary

Dementia Friends Sessions

16/05/15 sessions
throughout the day at
Alton Community
Centre . Book your
place for Dementia
Friends sessions at www.dementiafriends.org.uk

Follow the Dementia
Friendly Activity in your
local community on
Twitter - @DFAlton



If you would like a copy
of this newsletter
emailed to you each
quarter - please send
your details to
Dementia-friendly Alton

April

2

Carers Hub - 10 am - 4 pm
St. Mary's R C Church, Alton
Contact Georgina or Claire
(see below) for more info

7, 14, 21, 28

'Pop in Club'
15.30 - 18.30 at Alton Station
Cafe - see below for more
details

8

Alton Rendezvous
10am - 1230pm
Assembly Rooms, Alton
See below for more details

15

Dementia Carer Support
2 pm
Brendoncare, Alton
See below for more details

23

Thursday Club
2 - 3 pm
Alton Library
See below for more details

May

5, 12, 19, 26

'Pop in Club'
15.30 - 18.30 at Alton Station
Cafe - see below for more
details

7

Carers Hub - 10 - 4
(see below) for more info

13

Alton Rendezvous
10am - 1230pm

18-24

Dementia Awareness Week
A number of Dementia
Awareness sessions in and
around Alton - look out for
leaflet OR check our website

20

Dementia Carer Support
2 pm
Brendoncare, Alton
See below for more details

28

Thursday Club
2 - 3 pm
Alton Library
See below for more details

June

1

Dementia-friendly Alton
Action Group Open Forum
5.30 - 6.30 pm

2,9,16,23,30

'Pop in Club'
15.30 - 18.30 at Station Cafe

4

Carers Hub - 10 - 4
St. Mary's R C Church

10

Alton Rendezvous
10am - 1230pm - see below

17

Dementia Carer Support
2 pm - Brendoncare

19

Nursing Homes - Open Day
Brendoncare, Alton
Variety of care-related
activities

25

Thursday Club
2 - 3 pm
Alton Library
See below for more details

Alton Library - Thursday Club

Meets on fourth Thursday of each month from 2-3pm.
Listening to stories & poetry, singing songs and
reminiscence for people with dementia. Can be
accompanied by carer if needed.

Further details contact Susan Fifield on 01420 85734

Dementia Advice Service

Especially for people with dementia, their carers,
family and friends. Home visits or local meetings can be
booked with Sarah Gardner on Mon / Tues / Thurs each
week. Contact Sarah via email on
dementiaadvicebasingstoke@andovermind.org.uk or on
07827 317650 or 01256 423829

Station Cafe 'Pop in' Club

Every Tuesday from 3.30 - 6.30 pm for more mature
members of the community. Come along and socialise
with others whilst enjoying a cuppa and some home
made cake!

Carer's Hub

Support meeting for carers and cared for. Held on
first Thursday of each month from 10 am - 4 pm at R C
Church, Alton. Light lunch available for £1.50 or bring
your own.

Contact Georgina White 07824 150020 or Claire
Skilton 07769 170246 for information

Alzheimer's Society Carers Support Group

A support group at which a Dementia Support
Worker can give advice and support to carers. Held at
Brendoncare on 3rd Wednesday of each month at 2 pm.

Contact Anne Luneburg for more information - on
01256 363393 / 07590 417362

Alton Rendezvous

A support group run by Carers Together for carers
and the cared for. Held at the Assembly Rooms on 2nd
Wednesday of each month from 10.00am - 12.30pm.

Contact Carers Together for more information - on
01794 519495