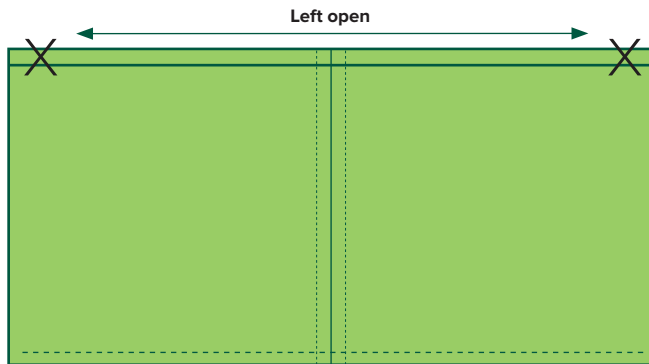


STEP 7

Turn the bag to the right side with seams inside.



Stitch only at the X mark very securely.

STEP 8

Cut 2 strips of T-Shirt from remaining fabric about 2cm wide and knot them together to make a 'ribbon'. Pull this hard and the 'ribbon' will curl and stretch to make a cord.

2x 2cm wide strips

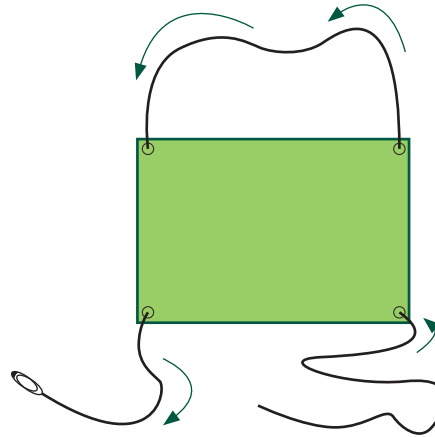


Knot together to make a ribbon



STEPS 9 & 10

9. Attach a small safety pin to the beginning of the tape and thread it through the gap in the bottom of the 'bag' on the right hand side and pull it out the gap you left at the top and down the gap on the left hand side and out through the gap in the bottom.



10. When you put the mask on, put the loop over your head to the top of your ears and pull the bottom tapes gently and the mask will gather. Then tie the tapes at the nape of your neck.



Leaflet sponsored by
the **Langton Green Village Society** and
Speldhurst Parish Council



GOV.UK

COVID-19

**Please make your
own mask and avoid
competing for supplies
for healthcare and
essential workers.**



*'Flat 'Bag' Design here for you
to try - use one of your own
T-Shirts - it's easy and simple.'*

Flat “Bag” Mask

Materials and equipment needed:

- 1 largish T-Shirt (1 T-Shirt makes 2 masks)
- Sheet of paper to make a template
- Scissors
- Needle and thread
- Safety pin

STEP 1

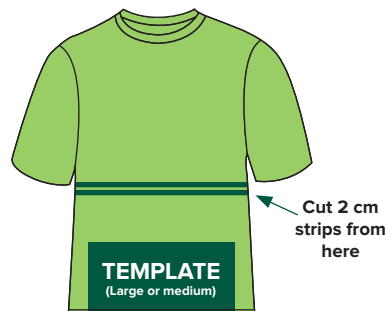
Make a paper template from a sheet of paper.

LARGE MASK
41cm x 20cm

MEDIUM MASK
39cm x 17cm

STEP 2

Place template on front of T-Shirt with the long edge at the bottom edge of the T-Shirt and cut it out.



Leave the hem of the T-Shirt on as this becomes the top edge of the mask.

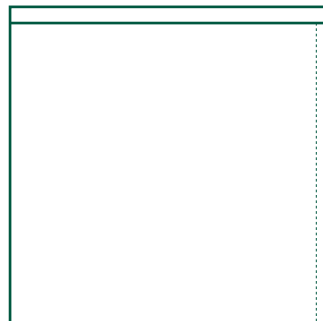
STEP 3

Fold mask in half with the hemmed edge at the top.



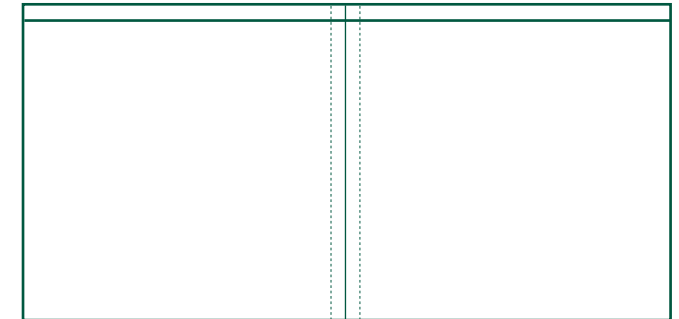
STEP 4

Stitch down the side to join the 2 edges together.



STEP 5

Open the tube shape and adjust it so that the seamed edge is in the middle.



STEP 6

Stitch the bottom edge together but start and finish sewing 1cm from each side.

