

BROMLEY IBC NEWSLETTER

FEBRUARY 2022 ISSUE 63

Hello everyone.

Hopefully, you are all remaining well and enjoying your time on the bowling green. While masks are no longer required to be worn, we would kindly ask you to continue to take care and to also consider others.

Therefore, we kindly ask you

- not to turn up if you have any symptoms or feel unwell
- to continue to take your temperature on entering the Centre and before entering the cloakrooms or any other facility
- use the gels provided
- think carefully still about personal contact - 'Fist bumps' are less risky than handshakes - your choice and
- retain social distances as far as possible through out your stay.

Now to look at 'HOUSE KEEPING'

Just to put you in the picture:-

Our bowling green carpet has a life of approx. 10-12 years and failure to replace will lead to complaints about it being threadbare and not an adequate/acceptable surface for indoor bowling. Consequently, not only will we see the loss of our bowlers to other clubs, but also the loss of hosting prestigious matches such as the intercounty matches and Professional Bowling Association competitions, all being to the detriment of the Centre and its survival.

When last replaced, cost was near £40.000 and must be considerably more now. This money has to be planned for, and the Company Directors are doing so, but also every effort must be made to protect our present carpet from premature wear and thus replacement.

We would be very grateful then, if to be kind to our carpet: -

1. you would wear shoes on the green that comply with the following requirement as laid down in our national body's handbook - EIBA Year Book :- 'any smooth soled shoes'. Our FB says 'heel less' but should also say 'smooth soled'.
2. please not wear ridged soled shoes on the green.
3. not consume food or drinks on the green or on the rink side – any 'grease' (virtually any food) etc on hands, no matter how well wiped, can be transferred to your bowls and thus to the carpet.
4. and not use 'Grippe' or like products.

Is there a reason for the above?

Well, recently observed 'bad habits':-

At risk of causing offence, please you must not come into the club and go straight on the green without changing shoes. The car park or paving is not free of grit and dirt! Or, go outside in your bowls shoes (to smoke? To collect items from the car?) and come back to go straight back on the green without cleaning the soles. Dirt etc non'U'!! Further, the finding that several members are wearing ridged shoes and some of them have been guilty of the above, considering that any trainers are OK for bowls. Regrettably they are not.

It has also been noticed that the following has been interpreted rather differently than that the Committee intends (please see your Fixture Book):-

DRESS

Must be of the following standard and all

bowls manufacturer products:

ROLL UPS & CLUB COMPETITIONS

Ladies

Predominately white top with collar and sleeves,
regulation tailored mid grey or black tailored trousers,
crops, shorts or skirts

Men

Predominately white shirt with collar and sleeves and
regulation tailored mid grey or black trousers or shorts

NOW ON A MORE CHEERFUL NOTE

WEB SITE:- do have a look

New information is being added to our website on a regular basis by Paul Dubery. There is an 'Enhancements and Additions' page which lists these changes – a notable recent addition is the Social page and sub-pages which cover the Quiz, Art Class and Crib.

Lucky for some:-

200 CLUB DRAW for the season 2021-2022

Results for January 2022

1st Prize	Tim V	£100.00
2nd Prize	John H	£50.00

Results for February 2022

1st Prize	Geoff B	£100.00
2nd Prize	Pat S	£50.00

BOWLS NEWS

**PRESIDENT'S DAY
SATURDAY 5TH FEBRUARY 2.00PM**

**WISH YOU A GOOD DAY'S BOWLING ALAN
AND THANK YOU FOR YOUR SERVICE TO THE CLUB
ALSO OUR THANKS TO VAL FOR HER SUPPORT**

MATCHES

**Marilyn thanks you for your support but wishes to remind you of the
*following matches on***

THU. 17TH FEBRUARY – ST. MICHAELS RABC – 5 Mixed rinks – Home

SUN. 27TH FEBRUARY – KL SEVENOAKS – 5 Ladies rinks – Home

TUE. 1ST MARCH – KL WHITE OAK – 5 Ladies rinks – Away

WED. 9TH MARCH – KL ASHFORD – 5 Ladies rinks – Away

Meals except where stated. Dress wear Greys (all season)

Weekend Sat & Sun – start 2.00pm. Weekdays - 2.30pm.

- either sign up on the match sheets, or ring

Marilyn Woolston

There are also **non KL fixtures** often referred to as '**Friendlys**' that Brian and Marilyn would appreciate receiving your offer to play in.

They are very enjoyable games and the various outdoor clubs and associations participating, appreciate the opportunity to bowl during the winter season to keep in touch with their players especially those who happen not to be members also of BIBC!

**Take a look in your copy of the FB, or look at the match notice boards.
Thank you.**



Now a rather special match coming up

**The Chelsea Pensioners on WEDNESDAY 9th MARCH 2022
4 TRIPLES, 2.30PM MEN**

They have not played indoors before and they are looking forward to their time with us.

PRESTIGIOUS TEAM COMPETITIONS [National & County]

Sue Bennett, in her other role as organiser of our Prestigious National & County team competitions, sends you this review of the situation at present.

Vivienne Update

Bromley ladies beat White Oak 73-65 and then Folkestone 68-55 to find themselves in the 4th Round to play Egham on Thursday 27th January. In this competition, 2 rinks are played at home and 2 rinks away at Egham. Unfortunately we were not successful but congratulation players for doing so well.

Valandor Update

We are through to the Second Round after beating Royal Tunbridge Wells (Royals) in our first match. We are playing White Oak on **Saturday 12th February at 10.00am**. I know that the players would appreciate supporters to cheer them on, both at home and at White Oak, so even if you can only pop in for a short while, you should see some good bowling and hopefully see our ladies triumph and proceed to the next round which is, in fact, the semi finals.

We still have a lot of individual players playing singles and team events in both **National and Kent competitions**.. You can always look at the rink bookings online to see when any of these matches are taking place at home and come and watch while you have a drink or two. You will not be disappointed in the quality of the bowling, that is certain!

LEAGUES

So far so good and all going well.

Just one change, the **Tuesday evening league** of 5 teams only, is going to play for 2 hours, 8-10pm instead of 8-10.30.

5 members have taken up the challenge to play a **singles league** – see Geoff Boyd if you are interested in participating.

COMPETITIONS

Thanks to all players for your efforts in keeping to schedules.

Not as in the Fixture Book

Please note that the **Ladies and Men's Two Wood Competitions** are to be played on the same day, Sunday 13th February. For those who have entered, please make sure that you consult the Competition notice board for details.

There has also been a change of date for the **Easter Fours** that will now be on the Easter Saturday, 16th April and not the previous day as in the past. Rink 9 will be open for refreshments and an audience welcome, but there will be no casual bowling.

COACHING IN BIBC

Our senior coach Ian Macdonald has a message for you that hopefully you will take on board:-

“Every sporting activity makes good use of their available coaching facilities to enhance the quality of their players.

Except, it would seem, the bowling fraternity.

It would appear that generally speaking bowlers believe that they can improve their game with lone practice and self-motivation.

What they fail to realize is that they are unable to actually see and understand the results of any changes they might make. They do, however, convince themselves that maybe today was just a bad day and tomorrow will be okay again.

Now that we have your attention, I would like to introduce you to our coaching team who have been trained to understand all aspects of the sport and recognize how to help players improve their game whatever their experience.

Everyone is quickly able to play bowls but not everyone can win on a regular basis. This takes a certain amount of grit, determination and knowledge of tactical play. Coaches do not just teach bowls but also have the ability to spot why things are not working so well for any individual and then put them right.

Why not book some time with a coach and see for yourself how they can help your game reach a higher level.

Just speak with reception who will ask a coach to contact you to organize an acceptable time to meet with you.”

SUMMER SECTION

It is not too early to start thinking of the requirements to run this section. We have had no organised sessions for 2 seasons, and when the Centre was open, attendance was for obvious reasons, not great.

With the future looking brighter, we are hopeful that we can run the following as before:

Organised Roll-ups:

Mon: 9.30 am; Wed: 12 noon; Thu: 12 noon and Sun: 9.00 am. [no change]

Competitions:

To be decided depending on numbers.

Leagues: Tue: 9.30; Thu: 9.30 and Fri: 12 noon.

These were very popular, but were last played in 2019, so there will no doubt have been changes since then. We are seeking your co-operation in our endeavour to re-unite teams and/or to make new ones.

Therefore, it would be appreciated if you could indicate your intention to play in these leagues by either:-

1. putting your name down on the sheets displayed on the Summer notice board against the appropriate session(s) or
2. if previously a member of a team, contact your captain and other members and enter the team or part team as appropriate.

In addition, if those who were captains in 2019 could liaise with their team members and let us know the state of play, hopefully we can cover all 'angles' - duplication will not pose a problem.

If you seek information, either email the Club Secretary Daphne Richards or put a note in the summer box (on the pigeon hole letter stand).

Thank you for your cooperation.

Covid has a lot to answer for, one thing being the affect it has had on National and County competitions

The Kent County Finals Day Programme (2019) is to be played on

Sunday February 13 at Thanet IBC

Full programme at end of this Newsletter

But note the following please-

10.00 U18 SINGLES

N HOLLEY. (FOLKESTONE)

V

H DUFFIELD (BROMLEY)

1.00 MIXED PAIRS

H CLARK. H DUFFIELD. (BROMLEY)

V

S HAZELL P MARTIN. (SWALE)

4.45 U25 SINGLES

I JENNER (SWALE)

V

H DUFFIELD (BROMLEY)

SINGLES

L HARRIS (BROMLEY)

V

M MC CAUGHAN. (FOLKESTONE)

**Congratulation to our members who have reached these finals.
Well done.**

Our very best wishes to you for a successful day's bowling.

A great opportunity to see good bowling and to encourage our players

I am sure they would appreciate your support



Now here is something that your committee is looking at possibly introducing, but before committing to purchasing equipment etc we need to determine the level of interest. The game is called **BOCCIA** and is primarily for those who find it difficult playing the normal game of bowls.

Can be members/relatives/friends/neighbours.

Basic:-

- Played on a rink; 2 sides compete as individuals, pairs or triples; all seated in a designated area throughout.
- Each side has a set of 6 balls red or blue and one white jack.
- Ball is propelled either along ground or thrown direct by hand, kicked, or by using an aid including a 'ramp', to land as close as possible to the Jack
- A game consists of a series of ends:-
 - Singles and pairs 4 ends
 - Teams (triples) 6 ends
 - Marking as for bowls

If you are interested, please leave details in Daphne's folder at reception.

Requirements:-

- A flat, smooth surface,
- A designated area from where all balls are played
- Each side a set of 6 balls – red or blue
- White Jack (a marker)
- A Measure
- Blue / red indicator

Players

- 2 sides

Game

- A game consists of a series of ends:-
 - Singles and pairs 4 ends
 - Teams (triples) 6 ends
- Players are seated throughout the game
- Toss a coin for choice of colour
- Red team always serves the Jack and propels the first ball
- Ball is propelled either along ground or thrown direct by hand, kicked, or by using an aid including a 'ramp' to land as close as possible to the Jack
- Balls are propelled alternately till all played
- One point is awarded for every ball of the same colour, closest to the Jack
- Points scored each end are accumulated to give a final score.

OTHER ACTIVITIES

ART GROUP

Normally meet every two weeks between 11am and 2pm on a Monday. Brian Flagg will be in touch.

FRIDAY MONTHLY QUIZ NIGHTS are back!

As in the Fixture book:- 11 FEBRUARY; 11 MARCH; 15 APRIL; 13 MAY; 17 JUNE; 15 JULY;

Additional dates:-12 AUGUST; 16 SEPTEMBER; 14 OCTOBER; 11 NOVEMBER & 16 DECEMBER

At least for the February and probably the March fixtures, the number of tables will be limited to 15, so make sure that you book a.s.a.p. Table list is up!



ANSWERS TO LAST MONTH'S QUIZ

How did you do?

What do Alexander the Great and Winnie the Pooh have in common? **The same middle name.**

What is the opposite of a croissant? **A happy uncle.**

If April showers bring May flowers, what do May flowers bring? **Pilgrims.**

Which branch of the military accepts toddlers? **The infantry**

Did you know you can actually listen to the blood in your veins? **You just have to listen variclosely.**

What's the opposite of irony? **Wrinkly.** [took me a while to get this one!]

THIS MONTH'S QUIZ



MUSIC ANAGRAMS

Bands or artists who had UK Chart number ones in the 1990s:

Grips Slice
Tutu Bathhouse Life

Siberia Bow Mill
Hairy Camera
Thatch Arsenal
Pry Misled
Shoe Inspector
Rain Van

JAPANESE DOCTORS WISDOM – makes one think but please everyone, moderation in all things and do not necessarily believe everything you read!!!

Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that's it... Don't waste time on exercise. Everything wears out eventually. Speeding up your heart not make you live longer; it's like saying you extend the life of a car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: Oh no. Wine made from fruit. Fruit very good. Brandy distilled wine, that means they take water out of fruity bit so you get even more of goodness that way. Beer also made of grain. Grain good too. Bottoms up!

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of one, sorry. My philosophy: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetables be bad?

Q: Is chocolate bad for me?

A: You crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable! It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for a figure, explain whale to me.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' is also a shape!

Well... I hope this has cleared up any misconceptions you had about food and diets?! There is more to think about:-

Finally the Japanese Doctor summed up: Look mister, Life should NOT be a journey to the grave with intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Beer in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride my life was"!!!!!!
Eat whatever you like because you will still don't allow motivational speakers deceive you. **FOR**

- 1. The inventor of the treadmill died at the age of 54**
- 2. The inventor of gymnastics died at the age of 57**
- 3. The world bodybuilding champion died at the age of 41**
- 4. The best footballer in the world Maradona, died at the age of 60.**

BUT

5. KFC inventor died at 94.
6. Inventor of Nutella brand died at 88
7. Imagine, cigarette maker Winston died at age of 102
8. Inventor of opium died at 116 in an earthquake
9. Hennessey inventor dies at 98.

How did these doctors come to the conclusion that exercise prolongs life?

The rabbit is always jumping up and down but it lives for only 2 years and the turtle doesn't exercise at all, lives 400 years.

So, take some rest, Chill, Stay cool, eat, drink, and enjoy your life. You will still

Happy Life; be Lazy and Chill! ☐  ☐

Keep in touch on Facebook, emails and email alerts, which can be obtained via the website at www.bromleyibc.org.uk

I would personally appreciate your help:-
Please send me any bowling news, stories, quizzes, jokes,
items for sale etc – Daphne Richards

REMEMBER TO KEEP YOURSELF SAFE

Take Care Everyone

The Kent County Finals Day Programme (2019)

is to be played on
Sunday February 13 at Thanet IBC

9.00 R 55 PAIRS

P HARRIS. T YOUNG. G STANDLEY. D HANMORE (ANGEL)

V

M PRICE. B JAMES. D FERGUSON. D HOLMES. (OYSTER)

10.00 U18 SINGLES

N HOLLEY. (FOLKESTONE)

V

H DUFFIELD (BROMLEY)

OVER 55 TRIPLES

J PORTER. K HYSTED. D BLOOR. (DEANGATE)

V

A LASLETT. S LASLETT. E PUGH. (BETTESHANGER)

11.00 OVER 55 PAIRS

J BARNES. E HUGHES. (WHITE OAK)

V

P SMITH. S SAVAGE (sub) (STONE LODGE)

1.00

MIXED PAIRS

H CLARK. H DUFFIELD. (BROMLEY)

V

S HAZELL P MARTIN. (SWALE)

TRIPLES

L GOLDUP. G STANDLEY. D HANMORE. (ANGEL)

V

G MCILRAVEY P GENT. T MOREZ. (ANGEL)

FOURS

M FISHER. S WELLS. K MOSS. M MCCAUGHAN. (FOLKESTONE)

V

D HOLMES. B JAMES. D FERGUSON. J KELLY (OYSTER)

2.30 PAIRS

P BARNICOTT. L KING. (SWALE)

V

C TAYLOR. G CHARLTON. (FOLKESTONE)

4.45

UNBADGED SINGLES

G MCILRAVEY (ANGEL)

V

T ATTAWAY. (OYSTER)

U25 SINGLES

I JENNER (SWALE)

V

H DUFFIELD (BROMLEY)

SINGLES

L HARRIS (BROMLEY)

V

M MC CAUGHAN. (FOLKESTONE)

FOLLOWING THE COMPLETION OF MATCHES THERE WILL BE THE
PRESENTATION OF PRIZES TO ALL FINALISTS BY PAST PRESIDENT PAUL
PROCTOR.

TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE.

DRESSCODE GREYS.

CHRIS SMITH

COMPETITION SECRETARY