



BOOKINGS TERM TIME

Monday

ACTIVITY

8:00
9:00
10:00
11:00
12:00
1:00
2:00
3:00
4:00 HARWOOD DANCE 4:00 – 5:30PM
5:00 HARWOOD DANCE 4:00 – 5:30PM
6:00
7:00
8:00

Wednesday

ACTIVITY

8:00 CARDIAC REHAB 8:30 – 12.30PM
9:00 CARDIAC REHAB 8:30 – 12.30PM
10:00 CARDIAC REHAB 8:30 – 12.30PM
11:00 CARDIAC REHAB 8:30 – 12.30PM
12:00 CARDIAC REHAB 8:30 – 12.30PM
1:00
2:00
3:00
4:00 HARWOOD DANCE 4:15 – 8:20PM
5:00 HARWOOD DANCE 4:15 – 8:20PM
6:00 HARWOOD DANCE 4:15 – 8:20PM
7:00 HARWOOD DANCE 4:15 – 8:20PM
8:00 HARWOOD DANCE 4:15 – 8:20PM

Friday

ACTIVITY

8:00
9:00
10:00
11:00 HARWOOD DANCE 11:10 – 11:50AM
12:00
1:00
2:00 HELEN DANCE 2:00 – 3:00PM
3:00
4:00
5:00
6:00
7:00
8:00

Tuesday

ACTIVITY

8:00 MOO MUSIC 8:00 – 11:00AM
9:00 MOO MUSIC 8:00 – 11:00AM
10:00 MOO MUSIC 8:00 – 11:00AM
11:00 BLISSFUL BABY MASSAGE 11:00 – 12:30PM
12:00 BLISSFUL BABY MASSAGE 11:00 – 12:30PM
1:00 2 O'CLOCK CLUB 1:30 – 4:00PM
2:00 2 O'CLOCK CLUB 1:30 – 4:00PM
3:00 2 O'CLOCK CLUB 1:30 – 4:00PM
4:00
5:00
6:00 YOGA 6:15 – 7:15PM
7:00 HELEN DANCE 7:30 – 8:30 PM
8:00 HELEN DANCE 7:30 – 8:30 PM

Thursday

ACTIVITY

8:00
9:00
10:00 VICKY DANCE 10:30 – 11.30AM
11:00
12:00 LINE DANCING 12:00 – 1:00PM
1:00 CHELTENHAM TOWN 1:45 – 2.:30PM
2:00 CHELTENHAM TOWN 1:45 – 2.:30PM
3:00
4:00 HARWOOD DANCE 4:00 – 5:00PM
5:00 EMMA DANCE 5:15 – 7:15PM
6:00 EMMA DANCE 5:15 – 7:15PM
7:00 YOGA 7:30 – 8:30PM
8:00 YOGA 7:30 – 8:30PM

Saturday/Sunday

ACTIVITY SATURDAY

ACTIVITY SUNDAY

8:00
9:00 HARWOOD DANCE 9:30 – 5:10PM
10:00 HARWOOD DANCE 9:30 – 5:10PM
11:00 HARWOOD DANCE 9:30 – 5:10PM
12:00 HARWOOD DANCE 9:30 – 5:10PM
1:00 HARWOOD DANCE 9:30 – 5:10PM
2:00 HARWOOD DANCE 9:30 – 5:10PM
3:00 HARWOOD DANCE 9:30 – 5:10PM
4:00 HARWOOD DANCE 9:30 – 5:10PM
5:00
6:00
7:00
8:00