

How has your week been?

Did you actually do the things you wanted to do or did you find that it was more difficult than you could manage?

As people age they can find that keeping up with life becomes much more of an effort. They avoid doing the things that they have always enjoyed or stop looking forward to new opportunities and challenges. If this sounds like you, then your local Community Innovations Team can help put you back on the right track.

Hampshire Community Innovations Teams are part of a County wide service unique to Hampshire County Council. The teams combine the skills of social care, health and voluntary sector professionals, working in partnership to promote better health and wellbeing for older people. This service is specifically aimed at people aged 55+ who are at risk of losing their independence but do not yet meet the criteria for support from Hampshire County Council's Adult Services Department.

The Andover Community Innovations Team has a Social Worker, Occupational Therapist and Support Worker who can help you review your situation and offer you information, advice and support that can enable you to maintain your independence and get back out into your local community. We work alongside you until you are ready to take control of the things that matter to you.

For more information please contact the Andover Community Innovations Team on 01264 387414, or email: Jane.french@hants.gov.uk