

**Town Clerk | Swaffham Town Council**

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**From:** Norfolk ALC Wellbeing <Wellbeing@norfolcalc.gov.uk>  
**Sent:** 29 January 2020 19:23  
**To:** Town Clerk | Swaffham Town Council  
**Subject:** January update  
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**Well-Being Initiative**



Mr R Bishop  
Swaffham Town Council  
Breckland

**JANUARY UPDATE  
SPRING CONFERENCE  
& THE GNDP**

Dear R

**Update, Spring Conference & Development Plans**

It is high time we gave you all an update on what is happening with our **well-being initiative**. When the election was called – just as we were coming up to Christmas and the long dark evenings – we realised that we would have to pause holding more events for a period. *But we have not been idle*. First and foremost, we have strengthened the Task force with the recruitment of two new members – but sadly one existing member has retired.

Secondly, we have been building more partnerships and looking for sponsorship and grants – and we hope to have good news on both those fronts shortly – although you will understand that these always take longer than budgeted for.

Thirdly, we have been planning more conferences and workshops: more details below.

Fourthly, we have established two sub groups: (1) to look at getting funding for town and parish bus services and (2) to seek funding for public EV charging points in every parish in Norfolk.

The election delivered a government with a majority and first indications are that it has a serious, positive approach to dealing with the Climate Emergency and are at least becoming more aware of some of the issues around well-being. On the downside comes a continuing stream of news on how the effects of climate change seem to be accelerating. The latest being the reports on the 'Doomsday Glacier' see :

<https://www.youtube.com/watch?v=f0AWsJ0cmLE> and <https://www.youtube.com/watch?v=Ymxi5wsqtEU>.

Closer to home we have

- a) Norwich, Broadland & South Norfolk producing the Greater Norwich Development Plan to take us through to 2038 – just 12 years before the government’s net zero target date for the UK and eight whole years **after** Norfolk County Council’s ambitious target for the county of reaching net zero by 2030.
- b) The County Council is carrying out a consultation on its new proposed transport plan see <https://norfolk.citizenspace.com/consultation/norfolk-county-council-local-transport-plan-2020/>

The Task Force would like to hold some meetings of parish councils to compose a reasoned response to both of these big issues and we will send you further details next week. The objective is to focus solely on the net zero and well-being issues and not on the detail of where houses and other development takes place which are best left to individual parishes.

Also coming up is the Spring Conference – **April 4<sup>th</sup>** – in Costessey Community Centre. We expect space to be taken very quickly so if you would like to book a place please be quick. Details are at the end of this email

Hope this is useful and please do not hesitate to contact me if you want to ask questions

With kind regards

*John W Pennell*




John W Pennell – Chairman: Norfolk ALC Well-being Task & Finish Group

Members of the Task and Finish Group are:

**John Pennell** – Bunwell Parish Council, **Prof Tim O’Riordan** – Colney Parish Meeting, **Rosemary Thew** – Blakeney Parish Council, **Samantha England** – Hethersett Parish Council, **Angela Makinson** – Horsford Parish Council, **Phil Hayton** – ex MD of Westcotec representing sponsors and **Mike Pursehouse** of South Norfolk Council – representing County, Borough and District Councils.

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**“Looking After Our Residents’ Needs and Aspirations”**  
**Saturday 4<sup>th</sup> April : 10.15 a.m. until 4 p.m.**  
**In the Costessey Community Centre**

**MORNING SESSION AT 10:15**  
**“The Journey to Net Zero”**

**Welcome & Introduction** (10 minutes)

Professor Tim O’Riordan: President of both Norfolk ALC & Norfolk CPRE

- **Irene Lorenzoni**, Environmental Sciences UEA (25)
- **Dominic Allen**, Head of Sustainability, Norfolk County Council (25)

**Breakout Session** : at least 6 different groups – delegates choose which to go to; we provide conveners

Topics will include:

*“Top down or bottom up ~ better Governance in Norfolk” ~ “Raising public knowledge of household carbon budgets” ~ “Redesigning mobility” : “Not all trees are equal” ~ “low cost electric heating”*

Workshop feedback  
& Prioritising Actions

**LUNCH & Networking** – 55 minutes

**AFTERNOON SESSION AT 2:00 P.M.**  
**“Health and Well-Being”**

**Welcome & Introduction** : (15 minutes)

<<to be confirmed.>>, Norfolk Well-Being Board.

**Sarah Weir**, (20 minutes)

Public Health Consultant, NCC

**Arnie McConnell** (10 minutes)

"Wymondham Community Kitchen

**Breakout Session** : at least 6 different groups – delegates choose which to go to; we provide conveners

Topics will include:

*"Nature, mental health, peace and security" ~~ "Diet and exercise communication and action plans" ~~ "Companionship. Mentoring for addressing loneliness" ~~ Community Kitchens"*

Workshop feedback  
& Prioritising Actions

**Close** : A Summary of the day by Professor Tim O'Riordan

**Costs** :

Norfolk ALC & Norfolk CPRE Members : £20.00

Non-Members : £65.00

**Refreshments**

Coffee & Tea on tap all day until 4.15 p.m.

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Lunch is included BUT, as it is being provided by the staff of the Wymondham Community Kitchen, everyone must pay them what they think it is worth so they can buy a good

