

Frome Men's Shed

July 2014

Newsletter



At the next meeting of the Frome Men's Shed at the Cheese and Grain, Frome on Monday, 21st July 2014 (Starting at 3:30pm) we will be announcing the details of the opening of the Frome Men's Shed workshop during August 2014.

This has been only possible as a result of funding made available from Aster Communities, and with the support of Edventure in Frome.

The Frome Men's Shed enjoyed the visit from Cherry Barlow of the Hawk & Owl Trust, and Dan Archer from the Holt Men's group at their meeting at the Cheese & Grain in Frome on the 9th June.

The Frome Shed plans to offer a workspace where older people can work on practical projects with others. People are welcome from anywhere in Frome and the surrounding area. The space will be equipped with tools and materials donated by the public or local businesses. The club will be run by the members who decide when they come and what they do. We plan to undertake projects, acceptable to the group, which are of benefit to individuals, other groups and the broader community in Somerset.



Cherry Barlow brought two of her owls and explained how the Men's Shed could help Somerset owls by making owl boxes. Dan Archer brought examples of tools they re-furbish to send to Africa. By supplying rural craft workers with these tool kits, it helps to relieve poverty and encourage commerce.

Both talks were very enthusiastically received, and it is probable that both making owl boxes, and tools refurbishment will be tasks undertaken by the Frome Men's Shed when it "opens" in August. (For further information see www.fromeshed.org.uk)

The organiser of the meeting, Patrick Abrahams said *"Both Dan & Cherry were inspirational, and the "Shedders" had lots and lots of questions for them – We are extremely grateful for their visit."*

Bicycle refurbishment was one of the activities that many attendees at the Frome Men's Shed thought was worthwhile. We have been approached by the Energy and Recycling Officer at Frome Town Council to see if we would like to participate. There is an event on the 14th September where we could showcase this activity.

If you are interested in working on this – Please email Info@fromeshed.org.uk with your contact details.

Frome FM

Our thanks to Mandy Dredge & Terry Burton for featuring the Frome Men's Shed on Frome FM's Chit Chat on the 14th June 2014.

10th July 2014 - For further information please visit www.fromeshed.org.uk , or contact Patrick Abrahams on 07932-760585 or by email to Info@fromeshed.org.uk



Next meeting - Monday, 21st July 2014

The Frome Shed - Meeting – Monday, 21st July 2014

The next meeting will be held at the Cheese & Grain, Market Yard, Frome, Somerset, BA11 1BE, on Monday, 21st July 2014, from 3:30pm to 5pm.

Agenda

- Premises – Current plans (10 minutes)
- Chairman of the UK Men's Shed Association – Mike Jenn - – Opening a Men's Shed ? (20 minutes)
- Future events – The Frome Men's Shed diary for July to September 2014 (10 minutes)
- Update on activities planned/wanted in the Frome Men's Shed (30 minutes)

Frome Men's Shed at Dadfest

The Frome Men's Shed attended the DadFest event at the Cheese and Grain on Father's Day (Sunday 15th June).

DadFest celebrated "Dad kind" with music, games, stalls, competitions and demonstrations whilst supporting Prostate Cancer UK.

The most questions raised at the event was "Is the Frome Men's Shed only for people over 55?" – Answer = No.



What is a Men's Shed?



A Men's Shed is NOT...



We have launched a "Men's Shed" in Frome. The Frome Shed plans to offer a workspace where older people can work on practical projects with others. People are welcome from anywhere in Frome and the surrounding area. The space will be equipped with tools and materials donated by the public or local businesses. The club will be run by the members who decide when they come and what they do. We plan to undertake projects, acceptable to the group, which are of benefit to individuals, other groups and the broader community in Frome.

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