## Mens Shed Colours

By Chris Graham From - Sheddit



The shed came throwing colours all around my blacks and greys While I stood in wonder it just opened up my days
Let me tell you what it did for me I want to shout the news
The shed came throwing colours around my blues
The shed came throwing colours around my blues

Well it makes no difference how I got the way I used to be Something in my head just simply made a mess of me But the shed made all things possible with something there to use And it kept throwing colours around my blues It kept throwing colours around my blues

## Chorus

When I joined I just needed something good to do
With people all around me that were just like me and you
They were there and I've made friends that are very hard to lose
And they keep throwing colours around my blues
They keep throwing colours around my blues

Chorus and end

Sheddit! is a wellbeing project, specifically aimed at men. We intend to create a safe-space, where the men of Swavesey and surrounding villages can come, hang-out and work on a variety of different projects. We aim to cater for woodworking and metalworking with possible future development into electronics, jewellery and computing.

The name Sheddit! is a reference not only to the UK Mens' Shed Association that we are a member of but also to the shedding of loneliness and depression.

https://sheddit.co.uk/