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100 Club



Hello members

The draw for January was called at the Coffee Morning held at the Village Hall on 9th January 2023. Here are the lucky winners

1st	86	Anita Williams
2nd	29	Yvonne Mendelsohn
3rd	170	Rachel Beresford-Davies

Congratulations

If you are not already a member of the 100 Club and fancy being a lucky winner please consider joining. It is an easy way of supporting our Village Hall while at the same time having a flutter. First prize is currently £36. Further details about joining as well as details for renewing subscriptions will appear in next month's newsletter or contact me using the details below.

Next Coffee Morning 13th February – do pop along.

Rose Beevers Tel: 475944
100club@cliddesdenhall.org.uk



CLIDDESSEN

Our January meeting was enjoyed by our members who had to test their brains after the Christmas festivities, with quizzes organised by Diane and Tricia. Followed by a lunch of sizzling sausages, bacon and onion baps.

This started 2023 off well, because pledges of help from some members, to help our WI continue were given. Again, a warm welcome will be given to anyone who would like to come along and see how we entertain our members.

This month, on February 20th at 10.30 am. We will be entertained by a speaker David Woolford, titled 'The Air That I Breathe.' Having undergone serious operations, his talk is given with a touch of humour.

Pat Doel



Food bank at St Leonard's

THANK YOU!

Over Advent we raised an amazing 53kg of food for the Food Bank. This smashes our Harvest Festival total.

Thank you all for your awesome generosity, it made a huge difference to Christmas for many people in need.



Cliddesden STaNHd Quiz Night

Come and and join us for a fun, social evening

Friday 17th February
Cliddesden Millennium Village Hall
7:30pm

Teams of up to 6 people so bring your friends and family !

If you don't have a team of 6 then please come along, as we'll make up teams on the night.

Tickets are £10 per person - to include one glass of wine, beer or soft drink from our licensed bar.
Nibbles and light refreshments will also be included.

For tickets, contact:

Alex Conboy 07767 890962

Sarina Smith 07977298038

We're looking forward to seeing you there!

All proceeds from the evening will be used to fund work which is necessary to protect the rural character of Cliddesden village

Stand Up for the North Hampshire Downs

Cliddesden, Farleigh Wallop & Ellisfield Horticultural Society

The three villages Gardening Club

Chairman: Steve Bowcutt, tel: 324707, email: stephen.bowcutt@btinternet.com
 Secretary: Marilyn Smith, tel: 462584, email: willow.ms@btinternet.com



Hello from Claire!

Will it be raining, or freezing, or sunny, or snowing? Or, knowing how things are – probably a combination of any number of them, all in the same day!

Whatever it's doing outside, how many of us will look out the window and think 'I wish I could just do.....' or 'If only I had done.....'

Stop it!

Make a nice cuppa, grab your planner, and decide what you're going to plant, or dig up, or cut back, or replace, when the weather allows it.

Life is too short to regret what we haven't done, or what we can't do. Live each day as if it's the only day you have – you'll be surprised how much more enjoyable things can be.

What's been happening?

24th November – AGM and Quiz

The AGM was, as usual, a gathering of friends. Debbie and Doreen have stood down from the committee – a huge thank-you to both of them, and especially to Doreen for so many years of support in running the raffle so efficiently, always smiling and welcoming to everyone.

The Society has had a good year, meetings and shows have been well attended and we have welcomed new members.

For 2023 we have a varied line-up of speakers, as well as the Spring and Summer Shows, Plant Sale, and possible garden visits (watch this space!)

26th January – Cliddesden Millennium Hall 745pm

Tim Woodland "Planting and growing Summer Bulbs"
 Full report on this meeting in the next issue.

What's coming up?

Thursday 30th March – Cliddesden Millennium Hall 745pm

Catherine Dawson – "Peat-free Composts"

Catherine is Technical Director at Melcourt, and has spent 20 years designing and refining what goes into their peat-free composts. Endorsed and used by the RHS, Melcourt have an impressive track record and are leaders in their field.

As the drive to move away from peat-based composts grows stronger hopefully Catherine will be able to answer all your questions.

As always members £1, guests £2, and refreshments are available at the end for a donation.

And there's more!

Things to look forward to.....

Sunday April 2nd – Spring Show

Sunday May 7th – Plant Sale

Thursday May 25th – Kat Freeman "Help your plants thrive the natural way"

(highly recommended – I can endorse this product personally! – more to follow next issue)

Subs are now due, £10 per household, please pay online if you can, bank information has been emailed out.

If we don't have your email, contact Steve on the email below.

For those members who are not online and would prefer to pay in cash, contact your local committee member.

New members are always welcome, whether you are a keen gardener, or can't tell your pansies from your petunias.

To join, email Steve Bowcutt on stephen.bowcutt@outlook.com

See you at the next meeting.
 Happy gardening!
 Claire



NOTES FROM THE JANUARY PARISH COUNCIL MEETING

Planning discussion Planning applications listed in the January *Newsletter* include proposals for in total of 50 new houses. How many new houses have been built in Cliddesden in the last 20 years? Many are large houses... where do we draw the line, can we stop continuous development?

The Chairman noted that the areas of land around Cliddesden – submitted to BDBC as potential housing sites for consideration in the Local Plan Update – collectively have potential for 241 homes.

There have been approvals for at least 20 new houses within the term of the present Local Plan, adopted in 2016 but dating back to 2011. Just prior to that were the 10 houses in Cleresden Rise.

Each application has to be assessed individually on its own merits. Planning officers will consider the impact of development and so will consider cumulative impact to a degree. The Parish Council will continue to oppose housing applications it believes are not right for the Parish. The community and Parish Council has consistently opposed the overdevelopment of Woods Lane and the detrimental impact of increased traffic.

Cliddesden STanHD are holding a public event / quiz evening on Friday 17th February, 7.30pm, Village Hall.

Parish Council Budget and Precept 2023/24 Parish Councillors agreed unanimously to keep the Parish Precept for next year at the same level as this year. A small increase in the tax base will mean the amount paid per household will be slightly less than this year.

NPPF Consultation published 22nd December, continues to 2nd March: 'Scope of this consultation: The Department for Levelling Up, Housing, and Communities is seeking views on how it might develop new and revise current National Planning Policy to support its wider objectives.'

The Proposals make clear that 'wider objectives' include the Government's commitment to 300K new homes per annum, and strengthening the case for housing: 'The Framework

should be revised to be clearer about the importance of planning for the homes and other development our communities need.'

The proposals also stick with the existing Standard Method of calculating housing need – using 2011 census data – up to 2024.

BDBC Planning Officers have said they will publish their response to the consultation.

Re-wilding verges Station Road, autumn / winter 2022: the verges have been mown and scarified, cuttings collected and removed, then chain harrowed (Saturday 3rd December) in preparation for wild flower seed sowing: Seed sown and rolled in – lower side Mon 5th Dec, completed upper side 7th January.

The Estate has responded: 'We are happy with the concept and would like to work with you on this.'

A Spring 2023 cut (potentially April) will depend on the growing season.

Parish Lengthsman scheme funding to continue Report to the County Council Decision Day meeting of Monday 23 January says: 'The proposal is to utilise external funding to enable the service to be delivered for 2023/24 (via Hampshire Highways Service Contract), thereby retaining the valuable contribution the service makes to local highways maintenance.'

Lengthsman tasks this month

1. Rake grass cuttings from verge banks above Church Lane, the area designated RVEI (Road Verge of Ecological Importance) following verge cutting by Estate contractor.
2. To check and photo pond silt traps, clearing as necessary. The Lengthsman reported to have found three traps to be relatively clear and two blocked.

Next LM visit scheduled for March.

Phone box door repair Craftsman sought to help repair / replace the phone box door – the lower wooden door panel is falling apart.

Welcome Pack – Thanks to all involved, the printed Welcome Pack delivered to every household has been very well received.

POLICE UPDATE

From PCSO Andy Jones.

Police have received a report that suggests there is a slight increase in ASB and possible drug use in the car park adjacent to Cliddesden school. Local Officer has taken this information on board and monitoring the area closely at this time.

Please continue to report crime and any low level reports via the 101 or the online portal (this can be done by typing REPORT A CRIME HAMPSHIRE in the search engine)

Your local Police contact is always happy to catch up for a chat and answer any concerns that you may have. **Email** andrew.jones.13301@hampshire.police.uk

PARISH PLANNING APPLICATIONS

23/00168/GPDE (Validated 23 Jan) Swallick Cottage Alton Road. Erection of a single storey rear extension (permitted development notification).

22/03290/FUL (Pending, 16 Dec) Land South of Myhaven, Woods Lane. Erection of 28 new dwellings and demolition of Newland Lodge.

22/03187/HSE (Pending, 25 Nov) 4 Langdale Rise. Solar panels to flat roof and east-facing pitched roof.

22/02909/HSE (Pending, 31 Oct) Swallick Cottage, Alton Road. Part single, part two storey rear extension.

22/02308/RET (Granted 13 Jan) 5 Langdale Rise. Installation of piers supporting security gates (retrospective).

22/02233/HSE (Pending, 09 Aug) 27 Southlea. Home workshop / office / playroom; new access, entrance gates.

22/01551/PIP (Pending, 08 June) Land south of Woods Lane. Permission in Principle for up to nine dwellings.

22/01550/PIP (Pending, 08 June) Land to rear of Manor Farm. Permission in Principle for up to nine dwellings.

22/00466/FUL (Pending, 21 Feb) 11 Woods Lane. Development of one detached and pair of semi-detached dwellings with access and landscaping.

APPEALS

21/02118/FUL Land adjacent to Millars Cottages, Station Road. One detached 1.5 storey dwelling. Appeal ref APP/H1705/W/22/3302809.

21/01321/RET Faerie Meadow 14 Hackwood Lane. Change of use to residential garden. Appeal ref APP/H1705/W/22/3302126

21/03638/RET Faerie Meadow 14 Hackwood Lane. Retention of a domestic outbuilding. Appeal ref APP/H1705/W/22/3302127

NPPF CONSULTATION

PROPOSALS TO REFORM NATIONAL PLANNING POLICY *continued from January Newsletter*

The Consultation proposals insist on the 'Standard Methodology' for calculating housing numbers. A proposed difference according to Micheal Gove is that the standard method should be seen only as an 'advisory starting-point' for assessing housing need.

The current National Planning Policy Framework (July 2021) para 61 says: 'To determine the minimum number of homes needed, strategic policies should be informed by a local housing need assessment, conducted using the standard method in national planning guidance – unless exceptional circumstances justify an alternative approach which also reflects current and future demographic trends and market signals.'

The NPPF with proposed 'tracked changes' is published on the consultation website. Text added to para 61:

'The outcome of the standard method is an advisory starting-point for establishing a housing requirement for the area (see paragraph 67 below). There may be exceptional circumstances relating to the particular characteristics of an authority which justify an alternative approach to assessing housing need; in which case the alternative used should also reflect current and future demographic trends and market signals.'

(Para 67 adds: 'The requirement may be higher than the identified housing need, if it includes provision for neighbouring areas, or reflects growth ambitions linked to economic development or infrastructure investment.')

Gove states his intention to be clear on what exceptional circumstances will be considered, but focuses only on three criteria – housing densities out of keeping with local character; Green Belt, and over-delivery from the previous Plan period.

Returning to the issue of five year land supply

Chapter 3 of the Consultation goes on to propose:

5. The Framework currently requires local authorities to include a buffer of 5%, 10% or 20% on top of their 5-year housing land supply in plan-making or making decisions... We propose removing these buffers...

6. We have a system that has the potential to penalise those local planning authorities that overdeliver their housing requirements early in the plan period... it can result in a shortfall later in the plan period...

7. We propose bringing our position on oversupply in line with that on undersupply when calculating a five-year housing land supply. This will enable a local planning authority to include historic oversupply in its five-year housing land supply calculations.

Chapter 4 'Planning for Housing' includes *Taking account of permissions granted in the Housing Delivery Test:*

20 The government wants to apply the Housing Delivery Test in a way which does not penalise local planning authorities unfairly when slow housing delivery results from developer behaviour.

PLEASE RESPOND TO THE CONSULTATION: *Continuing to await a published response from BDBC Planning Officers*

HAMPSHIRE COUNTY COUNCILLOR REPORT



Candovers Oakley and Overton Division
January 2023

County Cllr Juliet Henderson

1. Schools news Seven Hampshire schools could undergo major building works as part of a 10-year Government programme. Three primary schools, two secondary schools and two special schools have been included in an announcement last month by the Department for Education which has provisionally outlined a fourth round of schools to be prioritised for works under its £1bn School Rebuilding Programme.

2. Keeping homes warm As more people feel the impact of rising energy costs and increasingly cold weather, Hampshire County Council is reminding those struggling to heat their homes that help is available. Residents can call the 'Hitting the cold spots' phone line for advice and guidance, from temporary heating and first-time central heating to arranging home visits and sourcing boiler repair funding.

Call the team on 0800 804 8601 (lines are open from 9am to 5pm, Monday to Friday). The phone advice line is open to all Hampshire residents. Some services have eligibility criteria, and the advisors will discuss the best possible solution for each caller.

hants.gov.uk/socialcareandhealth/adultsocialcare/coldspots

3. Tree planting HCC has produced a Tree Strategy and has committed to facilitate the planting of at least one million trees in Hampshire. Part of the strategy is to plant mini forests across Hampshire, using a technique developed by a Japanese ecologist, Dr Miyawaki, which encourages faster growth and more successful establishment of the trees, as well as a greater number planted, greater biodiversity and carbon sequestration.

The Hampshire Forest Partnership has been set up as the public delivery mechanism for this strategy; its aim is to bring together the public and third sector across Hampshire, as well as residents, businesses, schools and the wider community. HCC is encouraging parishes and residents to suggest locations for mini forests and other tree planting. If you have any local suggestions, please also email the team at treeplanting@hants.gov.uk

hants.gov.uk/thingstodo/countryside/our-work/hampshireforestpartnership

4. Roads update Hampshire residents' satisfaction with how HCC maintains the county's 5,500 miles of highway has improved, following the County Council's decision to provide additional local funding to try to reduce the impact of the year-on-year reductions in Government funding for local highway maintenance over the past decade. Hampshire has been rated third out of all 30 English county councils for public satisfaction with highway maintenance and is the highest performing county authority in the South-East region, according to the 2022 National Highways and Transport Survey. For details of Hampshire Highways' winter response see

hants.gov.uk/transport/roadmaintenance/severeweather

Cliddesden Primary School



By the time you are reading this, Christmas will be but a distant memory. However, we wanted to share our festivities with you...

Secret Santa Christmas shopping



This event is always a highlight on the Christmas calendar. A firm favourite with the children.

It is always nice to see the children choosing their own gifts for family and loved ones. The older children help them with their purchases and they have to work to a budget and pay for their items.

They then have the excitement of seeing their presents wrapped ready to go home for under the tree.

The children enjoyed coming to school in their festive Christmas Jumpers all ready to do their Secret Santa Christmas shopping.

The Bethlehem Bake Off



At an inn in Bethlehem, a special live edition of the popular television programme, Bethlehem Bake-Off, is about to be filmed. The show's presenters welcome viewers to the show and set off the contestants on their first task – to make some delicious unleavened bread.

As the contestants get cracking, Lou and Saul ask a group of shepherds what has led them to take part. The shepherds tell the story of their visit by a choir of angels, bringing them news of a very special baby who was to be born in a nearby stable. The shepherds had run all the way to Bethlehem and arrived early – so early that they could take part in the competition.

The presenters make their way over to three other contestants – the Three Wise Men. Their story is equally peculiar, following a star from the East that has led them all the way to Bethlehem.

It is time for judging. One of the Wise Men, Balthazar, is delighted when he receives a Bethlehem handshake from Saul.

It is time for the second challenge – a special birthday cake. Saul provides some (un)helpful advice and away the bakers go. Josiah asks the angels what constitutes a perfect cake. They acknowledge that baking isn't their greatest strength, but that making anything with love will make it taste much better.

With five minutes of the challenge remaining, action relocates to the stable. Mary and Joseph are already there. In a manger lies baby Jesus. Gradually the stable fills, first the shepherds and then the Wise Men. The kings offer their presents of gold, frankincense and myrrh to Jesus.

The Angel Gabriel is announced the winner of the Bethlehem Bake Off.

We are so proud of all of the children. They learnt their lines, performed and sang beautifully.

Cinderella Pantomime



Rachael, Zoe and Isaac from Troubadour Productions performed the popular pantomime, Cinderella for us. It was full of traditional characters including Cinderella, Buttons, the two ugly sisters Gateaux and Pavlova, Fairy Godmother and not to forget Prince Charming. During this interactive performance there were some extra characters including: woodland animals, fair maidens, dancers, a ghost, a jester, a woodcutter, a magician, a footperson and even some wheels!

The pantomime was full of fun and laughter with many familiar songs for the children to join in with and of course a pantomime wouldn't be the same without the familiar shouts of... 'it's behind you' and 'oh no it isn't!'

We all thoroughly enjoyed the show.

Rock 2 the Beat Performances



Well done to our two rock bands who performed to the school and parents. The hall was certainly rocking and it's nice to see their confidence growing and the progress they are making on their instruments. You can watch their performances on our website under Events, December.

To find out more about our school, please visit our website:

Cliddesden.hants.sch.uk

Paula Lavender

CHILDREN'S SINGING GROUP



A fun, free, friendly group.

Come along, meet new friends, and learn new songs from a professional music teacher!

Every Friday during term time

New term starts Friday 13th January

3.45pm snack, 4-4.30pm singing

ST LEONARD'S CHURCH, CLIDDESSEN

Farleigh Parish Playgroup



Cliddesden Millennium Village Hall

Friday Mornings 11am-12noon Term Time

3rd, 10th, (not 17th as half term), 24th February

0 - 4 year old and their grown-ups

A warm welcome awaits you -
we look forward to you joining us

Cost: £2 donation per family



Contact:

Melanie (07833 528040) Claire (07757 498653)

Social and Entertainment Club

Cliddesden Millennium Village Hall

'You'll be sure of a warm welcome and a great evening'

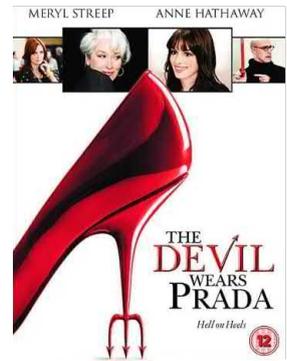
The bar opens at 7.30pm and we start at 8pm. There is an intermission half way through during which ice creams and the bar are available. Admission is only £2 per person.



Thursday
2nd February
Florence Foster Jenkins
2016
110 minutes
Certificate PG



Thursday
2nd March
The Devil Wears Prada
2006
109 minutes
Certificate PG



Tragi-comic film directed by Stephen Frears (Dangerous Liaisons, The Lost King), It stars Meryl Streep and Hugh Grant.

It tells the true story of Florence Foster Jenkins, an American Socialite who dreams of being an opera star. She became known, and mocked, for her flamboyant performance costumes and notably poor singing ability. One critic ranked her "the world's worst opera singer, no one, before or since, has succeeded in liberating themselves quite so completely from the shackles of musical notation."

Took \$300 million at the box office on a \$50 million budget.

Ranked 87% on Rotten Tomatoes

Comedy-drama film directed by David Frankel (Marley and Me) and produced by Wendy Finerman (Forrest Gump). Stars Meryl Streep as a powerful fashion magazine editor, and Anne Hathaway as a college graduate who goes to New York City and lands a job as an assistant on the magazine. Emily Blunt and Stanley Tucci co-star.

The production was not given the go-ahead until Streep was cast in the lead role.

Meryl Streep's performance was nominated for an Oscar, and a Golden Globe for Best Actress in a Comedy or Musical.

The film grossed over \$326 million worldwide, against its \$41 million budget, and was the 12th highest-grossing film in 2006.

Although the film is set in the fashion world, most designers and other fashion notables avoided appearing as themselves for fear of displeasing US Vogue editor Anna Wintour, who is widely believed to have been the inspiration for the main character. However, many allowed their clothes and accessories to be used in the film, making it one of the most expensively costumed films in history.

Very well-received by reviewers.

Rated 76% on Rotten Tomatoes

Edward Dowson



Yes, we now have table tennis available at Coffee Mornings at Cliddesden Millennium Village Hall. Please come along to have a natter and make new friends, browse the second-hand book stall, select some pretty stationery from Penny our stallholder, and of course enjoy a good cuppa and a slice of cake!

The 100 club is also drawn here each month.

And, if you fancy, have a turn at table tennis. We have all the equipment you will need.

We meet on the second Monday morning of each month, from 10.30 – 12 noon.

The next coffee morning is:

Monday 13th February.

Hope to see you there, all ages are welcome.

Gill (01256 359413)

CGH & BEGGARWOOD PATIENT PARTICIPATION GROUP

Chair – Thelma Wiseman, Vice Chairs – John Loots, Graham Woodage

MONTHLY NEWSLETTER, JANUARY, 2023

Editor – Caroline Atkinson

The December PPG Management Team meeting with Operose could not take place due to the increased demand being placed on the surgeries by the number of calls relating to concerns about Strep A and scarlet fever, following reports there had been an increase in cases. This is in addition to the usual high winter workload. In their recent Winter Service Update, CGH&B have apologised for longer than usual waiting times to speak to the Reception Team, and understand how frustrating it can be to suffer delays getting through to the surgeries. They are doing their best to ensure patients who need to be seen on the same day, can be.

After discussion with the Hampshire and Isle of Wight Integrated Care Board, the difficult decision was made, along with many other local practices, to temporarily delay routine appointments to ensure urgent cases can be seen quickly. In line with NHS guidance, this is being done according to clinical need, and every effort is being made to reduce disruption. CGH&B are asking patients to consider getting back in touch on another day if the reason for contacting them is not urgent. Requests for repeat prescriptions, general queries or fit to work certificates, can all be dealt with online through the website, cghpartnership.co.uk, or you can use the App: Dr.iQ. Another useful site, with helpful information what symptoms to look out for regarding Strep A, and advice on many common conditions, is the Healthier Together website, what0-18.nhs.uk

If you are unable to attend an appointment, or need to rearrange, please let the surgery know as soon as possible, so that it can be offered to others. Local pharmacies can help with some minor ailments. If symptoms are worsening or changing, you can visit NHS111 online, find your nearest treatment centre or, in an emergency, dial 999 or visit the emergency department at Basingstoke Hospital.

Other News

As part of the NHS England Terms of Reference, one of the aims of a PPG is to, “build two-way communication and cooperation, between the practice and patients, other individuals and organisations in healthcare, and

the wider community, to the benefit of all”. PPG members recently attended, and participated in, a local community group (the CPC Group) meeting where the aims of the PPG, its structure, meetings held, etc., were covered, plus talks on diabetes and lung health. This was an example of building relationships with the wider community. In addition to our website, you can contact us at: cghb.surgeryppg@btinternet.com

We can help with a range of queries, but cannot answer medical questions.

Coffee Mornings for Carers are held on the first Friday of the month, from 1100 to 1300, at Westside Community Centre, where they can enjoy tea, coffee and biscuits, and talks on a range of subjects by guest speakers. For more information, contact Sharon at sharon.walsh@andovermind.org.uk, or tel. 07507 968372.

A Cost of Living/Warm Spaces document, plus a Schedule of Roving Clinics offering Covid and Flu vaccinations, blood pressure checks and signposting, aimed at low up-take areas and BAME communities, has been issued by the Hampshire and Isle of Wight ICB. Detailed information can be found on our PPG website: cghppg.co.uk

For those living with chronic pain, there is a Chronic Pain Support Group which holds monthly meetings between 1300 and 1430, at the Proteus Creation Space, Basingstoke Town Centre, RG21 3DL. This is a welcoming group giving support and advice, activities and refreshments. The next meeting is scheduled for 2nd February. For further information, email office@bddf.org.uk, or tel: 01256 423869.

The Royal Voluntary Service, who work closely with the NHS have produced a helpful Stay Safe, Warm and Well guide to support people through the colder months. This guide includes tips on mental health, covid, flu vaccinations, money saving tips, and more, and can be found at: royalvoluntaryservice.org.uk/our-services/advice-support/preparing-for-severe-winter-conditions



**The
Disability Forum**

Basingstoke & District

Disability Event All About Financial Health

Do you have worries or concerns related to finances - either whether you're accessing the correct benefits, queries about grant entitlements, knowing where to access free training courses, debt advice or maybe you're troubled over the current cost of living crisis?

BDDF would like to invite you to attend an event we are hosting in partnership with the Citizens Advice Bureau on Thursday 23rd February. The theme of this meeting is 'All About Financial Health' This will be a Forum meeting for local Disabled people to come together to share their experiences on any financial issues you might require assistance with whilst living and/or working in Basingstoke.

We hope by bringing together our members and local organisations you will get support with your individual issues. BDDF will be taking away the most common issues and looking to escalate and raise awareness of barriers and will share what we learn in a future newsletter to help our members who can not attend.

Free tea, coffee & biscuits will be available.

As always we will need some volunteers to ensure the smooth running of this event- please do contact us if you able to assist on this occasion, we are always extremely grateful for all the hard work our volunteers do.

Date: Thursday 23rd February

Time: Please arrive from 10am for registration at 10am, the event begins at 10:30am.

Event ends: 12:30pm

Venue: Oakridge Hall for All, Forsythia Walk, Oakridge Village, Basingstoke, RG21 5RG . Free parking available.

Please pre-book for this event so that we can monitor numbers attending, email office@bddf.org.uk or telephone 01256 423869 (leaving your name and number of free tickets you require on the voicemail if call not answered).

All About Financial Health

Forum for Disabled people to share their experiences whilst living and/or working in Basingstoke



Share your experiences
Get advice & support
Connect with others

Thursday 23rd February 10.30am - 12.30pm
Please arrive between 10 - 10.30am for registration

**Venue: Oakridge Hall for All, Forsythia Walk
Oakridge, Basingstoke RG21 5RG**
Free parking & refreshments available

Pre-booking essential
Please contact: office@bddf.org.uk
01256 423869



In Partnership with....

We will be encouraging you to share your experiences and listening to your views. All feedback will be collated & shared with the relevant decision makers as the 'Voice of Disabled people in Basingstoke'.

www.bddf.org.uk/all-about-financial

THE LIONS CLUB OF BASINGSTOKE
Registered Charity No: 274337
www.basingstokelions.org.uk



PSA (prostate cancer) testing offered in Basingstoke for men aged 40 and above

Saturday, 11th March 2023, 10am – 2pm

United Reformed Church (URC)
20 London Street, Basingstoke, RG21 7NU

The Lions Club of Basingstoke has joined forces with the Graham Fulford Charitable Trust (GFCT) to offer vital blood screening tests to men aged 40 and above living in and around Basingstoke.

Recently in the news after the passing of presenter and journalist Bill Turnbull from the disease, prostate cancer affects more people than is recognised. Roughly one in every eight men will be diagnosed with prostate cancer in their lifetime (Prostate Cancer UK). Black and Asian men have an even higher risk, with the odds being one in four.

What is a PSA test? The PSA test is a blood test that measures the amount of prostate specific antigen (PSA) in a person's blood. It can help to diagnose prostate cancer.

What will happen on the day? A phlebotomist will take a blood sample. They then send this off to a laboratory to check the amount of PSA in the sample.

What about afterwards? The result will be sent by email or text within 24-48 hours of taking the test.

What is PSA? Prostate specific antigen (PSA) is a protein produced by both normal and cancerous prostate cells. It's normal for all men to have some PSA in their blood.

A high level of PSA can be a sign of cancer. But a PSA level can also be raised in prostate conditions that are not cancer. For example, if a urine infection is present. A diagnosis of prostate cancer is not made on a PSA level alone.

Discussing the test: A consultation with a GP is recommended, should a PSA level show as being abnormally high.

The GP may want to do follow-up tests or an examination

Costs: Tests are £22 each, which covers the costs of trained staff and the laboratory.

Tests by appointment only. Register and book via <https://gfct.mypsatests.org.uk>, or by calling the PSA Test office on 01926 419959.

Note: other tests are available on the day – Diabetes, Cholesterol, Iron Count, Thyroid, Liver Count and Kidney Count. These tests are available to men and women.

Lions Club contact: Bill Lenihan, email: wjdvlenihan@hotmail.co.uk
Tel 07986232017.



Basingstoke Lions
in collaboration with the
Graham Fulford Trust



PSA blood testing

for men aged 40 and above
to detect the early signs of prostate disease
at
United Reformed Church (URC)
20 London Street, Basingstoke, RG21 7NU
on
Saturday 11th March 2023,
10am-2pm

Test costs £22.00, which pays for laboratory cost of the test
Tests by appointment only
Register and book via <https://gfct.mypsatests.org.uk> *

Lions Club contact: Bill Lenihan. Email: wjdvlenihan@hotmail.co.uk
tel. 07986 232017

*Or call the PSA Test office on 01926 419959
Note: A PSA test should be used only as an indicator of prostate disease and is not conclusive. See your doctor if you have any concerns.
Other tests available: Diabetes, Cholesterol, Iron Count, Thyroid, Liver Count and Kidney Count. These tests are available to men and women.

 Follow PSA on Twitter: @PSA_Tests
  www.facebook.com/PSATests



REGISTERED CHARITY NO. 274337. WEBSITE WWW.BASINGSTOKELIONS.ORG.UK

He's back ! Lou Taylor

(legendary Motown and Soul music artiste)

Saturday, 18th March 2023, 7.30pm for 8.00pm
The Royal British Legion Club, Crown Lane, Old Basing, RG24 7DN

Returning to Basingstoke by popular demand, Lou Taylor performs the best in Soul and Motown music with flair and talent.

Lou began his professional life as a session musician, playing Bass guitar and singing backing vocals in studios and on the live scene for numerous artistes.

Finally moving to centre stage, Lou secured a deal with RCA (signed by the now notorious Simon Cowell), which resulted in the release of a remix of Bryan Adams' Summer of '69.

Lou has worked alongside some of the top names in the music industry supporting artists such as Boy George, Alexander O'Neal, Edwin Starr, Martha Reeves, Gino Washington, Bitty Mclean, and Peter Andre.

Lou has performed on behalf of the Basingstoke Lions Club numerous times, and always to great acclaim. His smooth voice and wide repertoire of Motown classics will ensure a full dance floor from start to finish of what will be a memorable evening!

Tickets: £12.50 from
basingstokelions.org.uk/fundraising/concerts/html
or
tony.bamberger@hotmail.co.uk – 01256 850254



Basingstoke Lions Club
proudly presents



MOTOWN / SOUL NIGHT

with
**Lou
Taylor**



Saturday
18th March 2023
7.30pm for 8.00pm

at the

Royal British Legion Club, Crown Lane, Old Basing, RG24 7DN

Tickets: **£12.50**

Available from
www.basingstokelions.org.uk/fundraising/concerts.html
or
Tony Bamberger, tel: 01256 850254
tony.bamberger@hotmail.co.uk

Note: A portion of the proceeds will go towards the costs of our PSA (Prostate Testing) session - 11 March, URC, 20 London Street, Basingstoke, RG21 7NU - <https://gfct.mypsatests.org.uk>
REGISTERED CHARITY NO. 274337. WEBSITE WWW.BASINGSTOKELIONS.ORG.UK

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