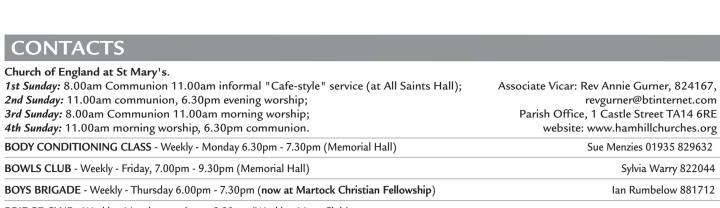
September 19.gxp Layout 3 27/08/2019 11:10 Page 1



BRIDGE CLUB - Weekly - Monday starting at 8.30pm (Working Mens Club) "EVERY STEP COUNTS" - 9.30am & "HEALTH WALKS" 10.30am. Meet outside the Lighthouse Penny on 822208 or Mark 07496 148756 FLEXERCISE FOR FUN - At Oak Tree House every Monday at 2.30pm Di Ramsay 0845 6434702 Ashleigh Bussell 07969 106205 FOOTBALL - SENIOR TEAMS - Training Tuesday evenings 6.30pm. Matches weekend

Kim Campbell 07973 630121 email kimcam73@me.com FOOTBALL - YOUTH TEAMS - Training weekday evenings. Matches Saturdays & Sundays FOOTPATHS - problems and issues contact the Parish Clerk

GARDENING CLUB - Monthly - Fourth Wednesday 7.30pm (Memorial Hall) Sue Winwood 823671 GUIDES & BROWNIES - Weekly - Every Tuesday during term time (Hamdon Youth & Family Centre) Jackie Poole 01935 823606 HAM HILL COUNTRY PARK - VOLUNTEER RANGERS - Weekly Wed. 10.00am - 3.30pm (Ranger's Office) Paul McNeill 07973 3887129

HAMDON BRASS BAND Sonja Hellier 01460 241297 email pipershaunt@hotmail.com HAMDON PLAYGROUP - Monday - Friday term time, 8.30 am - 3.30 pm. Ann or Karon 01935 826832

2 years old, 3/4 years old and 30 hours funding available. Email: hamdonplaygroup@btinternet.com Caral Parker 825393 LADIES CIRCUITS Thursday at 6pm in the Memorial Hall Sue Menzies 829632r Sarah Russell 826355 LIGHTHOUSE CAFE - Monday & Thursday 10.00am - 1.00pm LOTO CLUB - 2nd Monday every month 10.00am - 12.30pm in The Lighthouse Dru Perry 822703

MAY FAYRE - Annual Event for Sports & Recreation Trust Denise Burton 827793 MEMORIAL HALL BOOKING SECRETARY bookings.stokememorialhall@hotmail.com. Jill Uhlhorn 829513 PARISH COUNCIL - Monthly First Wednesday 7.15pm (Memorial Hall) Barbara Brooks, Chairman 824432 Sarah Moore, Clerk 822455

POLICE COMMUNITY SUPPORT OFFICER Malissa Thompson email malissathompson@avonandsomerset.police.uk and Carole Brown email: carolebrown@avonandsomerset.police.uk

Paul Spearpoint 826375 POP-IN - Weekly - Thursday (Oak Tree House)

POST OFFICE COUNTER (INSIDE THE SHOP AT THE CROSS)

OPENING TIMES Monday & Friday 9.00am to 12 noon, Thursday 1.00pm to 4.00pm (excluding Bank Holidays)

SEATED CHAIR EXERCISES - Friday at 10am in the All Saints Hall Sue Menzies 829632 SONG BUS SINGING GROUP - Weekly Wednesday 9.15am - term time. All Saints Hall Jeanette Rumbelow 06749 733686 STOKE AND DISTRICT ANGLING ASSOCIATION Derek Goad. 824337

STOKE BABY & TODDLER GROUP - Memorial Hall. Thurs. 9.30am to 11.30am in term time John 01935 432471, Carolyn.lefley@hotmail.com

Lyn Foley 01935 823051/07714 005265 STOKE LUNCH CLUB FOR OLDER PEOPLE. Lighthouse Café last Wednesday of the month. STOKE SUB HAMDON BAND - Monday & Thursday 8.00pm - 10.00pm Band Room, back of URC Gill Robins 01935 329904 Jane Herbert 01460 419317 Training Band - Thursdays at Band Room, 7.00pm - 7.45pm

TAEKWONDO & LITTLE DRAGONS - Mondays 5.00pm - 5.30pm Little Dragons; 5.30pm - 6.15pm Taekwondo beginners; 6.15pm - 7.00pm Taekwondo Adults (Stanchester)

Jennie Clark 07921 393425 TAI CHI - Weekly - Thursday 4.00pm - 5.00pm in Memorial Hal John 07721 060901

Castle Primary School Office 01935 822342 TINY TURRETS (Castle Primary School) - Foundation Stage Unit for children aged 2 - 4 years Two daily sessions 9.00am - 12 noon and 12 noon - 3pm. Extended provision available from 7.45am - 5.30pm ages 3+

TRIANGLE TRUST - Raising funds for Hamdon Medical Centre Jennie Harris 881718

cath@somersetrcc.org.uk Tel: 07968 521746 VILLAGE AGENT - Cluster SS2 Cath Holloway

VILLAGE ARTISTS - Monday 10.00am - 12.30pm, Friday 10.00am - 12 noon (Memorial Hall) Diana Bailey 01935 881647 Diana Bailey 01935 881647 Thursday 7.30pm - 9.30pm (Memorial Hall) WORKING MENS CLUB - Daily - Lunch times & evenings Mark Greaves 01935 823297

YOUTH CLUB - Weekly - Monday 7.00pm at Hamdon Youth & Family Centre Youth Worker Lou on 07402 987921 or email lou.chant@cyp.me.uk

PARISH COUNCIL CLERK: MRS. SARAH MOORE, 24 HIGH STREET, STOKE SUB HAMDON TA14 6PS TELEPHONE 01935 822455 E-MAIL: clerksshpc@hotmail.co.uk



# **PARISH COUNCIL**

#### **CHAIR'S UPDATE**

revgurner@btinternet.com

Sue Menzies 01935 829632

Sarah Moore, Clerk 822455

Sylvia Warry 822044

Ian Rumbelow 881712

As the council does not meet in August my update this month is brief.

Residents gathered on Sunday 11th August (together with glasses of Pimm's!) on the Recreation Ground to celebrate the opening of the new Adventure Play Park and Outdoor Gym. Sylvia Seal who for over 20 years was our District Councillor until she retired in May, cut the ribbon for the formal opening ceremony. The intrepid Penny Trapnell did the honours by being the first person to shimmy along the zip wire! The Sports & Recreation Trust (who manage the Rec on behalf of the parish council) have done a really splendid job in fundraising for this project and we thank them and congratulate them on their success.

Will you join us as a parish councillor? You don't need experience or special skills, just enthusiasm about helping to shape the area in which you live. All welcome, young or not-soyoung, single or married. We are a friendly positive group and meet at 7.15 p.m. on the first Wednesday every month. We have three vacancies. For more information please contact our Parish Clerk or myself.

### **PLANNING APPLICATIONS**

The following application has been submitted to us for consultation.

## 19/02203/HOU 334

#### Norton Road, Stoke sub Hamdon TA14 6QW

Erection of a two-storey rear extension. The parish council has no objections or observations.

### Contact details:

# Barbara Brooks, Chair of the Parish Council Tel: 824432 Email: chairsshpc@hotmail.com

Tamarisk, High St (opp. Working Men's Club)

# STOKE LUNCH CLUB

By the time you receive your newsletter our first Lunch Club will have taken place. Unfortunately, I am unable to report how it went as it hasn't happened yet. However, I can report that I am running a Christmas Day lunch for those who are on their own and would like some company. I have decided to open this to all age groups as it is not just our older residents who may find themselves alone at this time.

I have currently received 8 firm bookings at this early stage. If you would like to book, please don't hesitate to contact me on 823051. Or you can Email me at lafoley@live.co.uk for further information.

Lyn Foley (Lunch Club Organiser)

# **MEMORIAL HALL**

In the centre of our village, this wonderful community resource with good accessible parking surrounded by grounds, children's play area, picnic tables and boules area, is run by volunteers for the benefit of the village. There is a kitchen and hall seating for up to 200 and seating at tables for 110. There is wheelchair access, a P.A. system and audio induction loop for the hard of hearing. There is an interesting range of regular activities at the hall, including tai chi, body conditioning, music for babies and toddlers, Insanity fitness class, ballet, quilting, inside bowling, art classes, baby and toddlers' group, Morris dancing and last but not least the popular gardening club, so something for everybody! It is also a really good space to have a children's party with room for a bouncy castle and performances or music events using the stage. With good and secure internet access it's also an ideal quiet venue for meetings, work events etc. Did you know that as a local resident, you get a special rate?

We have various slots available for regular bookings. To book or for further information on facilities or any of the regular events, please contact lill on 01935 829513 or email bookings.stokememorialhall@hotmail.com. If you'd like to get involved in the running of the hall, we'd be delighted to hear

# **GARDENING CLUB**

On Wednesday 25th September, Stephanie Hafferty will talk about 'No dig gardening'. Stephanie, who hails from Somerset, is an award-winning author, blogger, speaker, no dig gardener and plant-based cook. She runs a kitchen garden for an international art gallery, writes about growing veg, fruit and herbs small scale, almost self-sufficiently in her garden and allotment. Stephanie has written The Creative Kitchen (published November 2018) and is co-author of No Dig Organic Home and Garden with Charles Dowding, winner of the GMG Peter Seabrook Practical Book of the Year, 2017. This should prove to be a most interesting evening.

The Gardening Club is delighted to announce that the charismatic Angie Blackwell from Cottage Flowers, Ilminster will be at the Memorial Hall, Stoke sub Hamdon on Saturday 12th October demonstrating floral arrangements which can be adapted from 'Autumn to Christmas'. To secure a place at this spectacular workshop and get details of times and costs, please contact Sue Winwood 01935 823671 without delay, by Saturday 14th September. Please note that places are not restricted to Garden Club members. To find out more about the Gardening Club, why not check our Facebook page: www.facebook.com/StokeGardeningClub, email us at

enquiries.stokegardenclub@btinternet.com or check the Stoke Village website at: www.stoke-sub-hamdon.co.uk.

Articles for the Newsletter, or to advertise forthcoming events: please email or post to Sarah Moore by 16th of previous month. Contact information is on the back page of this newsletter.



September 19.qxp\_Layout 3 27/08/2019 11:10 Page 2

# **STOKE ACTIVE WALKERS**

## Tuesday, 3rd September 2019

Our September walk begins by going along Bowey and then Norton Path, down over Sandy Lane and then follow the footpath up through Norton Culvert, to the end of Fairy Land. From there we go along the ridge to Batemore Barn, cross the road and follow the footpath to the back of Abbey Farm, around the back of St Michaels Tower, then we will go back through Hedgecock Woods to the Prince of Wales for lunch.

We meet at 10.30am at Sea Wall, about 50 yards on the Montacute side of Bonnies Lane. Please wear suitable boots or shoes and clothing according to the weather. All our walks are free, and we welcome new walkers to our friendly group. Well behaved dogs are also welcome.

ALL WALKS ARE UNDERTAKEN AT THE WALKERS OWN RISK.

For more information please contact Norman on 01935 822792.

# HAM HILL VOLUNTEER RANGERS

Come and join our team of Volunteer Rangers at Ham Hill Country Park. Give it a try! It's fun, and no experience is necessary - just turn up. You'll get the chance to carry out a variety of exciting seasonal conservation activities such as scrub clearance, tree planting, hedge-laying, drystone-walling, path maintenance, and coppicing.

We meet at 10.00am every Wednesday at the Rangers Office on Ham Hill (TA14 6RW) and finish at around 3.30pm, with a break for lunch. Stay for the full day or just half a day and come along as often as you like. You will be provided with training, gloves, tools, and refreshments.

Wear old weather-appropriate clothes, stout boots or wellies, and a packed lunch (if required).

For more information contact Paul, the ranger on 07973 887129.

# ST MARY'S CHURCH NEWS

Good news: contrary to rumour, the graveyard at St Marys is NOT closed - there are grave spaces for approximately three or four more years, and Ashes plots for longer. Everyone who lives in Stoke is welcome to have a funeral (or wedding or baptism!) and a full burial or Ashes plot at their parish church.

Our new Rector and their family will be living in Stoke at 1, Castle St (beside the parish office) and we hope to interview for the post in November. Meanwhile the work of the church in terms of worship, teaching and pastoral care continues. If anyone would like to discuss a special service or any matter of faith, please be in touch with me.

Not so good news: last month we suffered an overnight burglary in the vestry (not the church which remains open daily). A quantity of valuables used in worship were taken and the room generally ransacked. All our valuables are marked with smart water so we are hopeful that we may see them again. All repairs and increased security are now in place and I'm grateful to the work of our church volunteers in organising the insurance claim and all the extra work of restoration. If you see someone acting suspiciously around our parish church, please contact our churchwarden, Mrs Colleen Jerrold (822077) or myself.

Finally, do come and join us at St Marys, with Stoke band for our Village Harvest Festival on October 13th at 6.30pm where a warm welcome awaits.

Rev Annie Gurner, Associate Vicar.

# STOKE SUB HAMDON SPORTS AND RECREATION TRUST

The Sports and Recreation Trust is delighted to announce the completion of the long-awaited new Adventure Play Area and Outdoor Gym at the Recreation Ground on West Street. The project has been long in the making and is the culmination of a lot of hard work by the Trust. Other work this year has also seen the local youth and senior football clubs benefit from new floodlights for their training area and an extension to the sports pavilion, as well as the provision of a beautifully maintained flower garden, and refurbished picnic tables and benches, for all to enjoy.

The idea for a new Play Area/Gym grew from the results of a village survey undertaken a few years ago, followed by a consultation with children attending local youth groups and schools to come up with a specific design for the project. After many months of planning, Mant Leisure was chosen as the preferred contractor. Following many more months of fundraising, the project has finally come to fruition.

Essential funds have come from a variety of sources, including:contributions from the Trust's own fundraising efforts; the Stoke Charity Shop; South Somerset District Council; Postcode Local Trust, a grant-giving charity funded entirely by players of People's Postcode Lottery; Awards for All from the 'Big Lottery Fund'; the Parish Council; Battens Charitable Trust; the Leonard Laity Stoate Charitable Trust; Yarlington Housing Group; the Pebble Grant Rank Organisation; and Tesco Bags of Help. There are other very generous donors who have supported our project but wish their contribution to remain anonymous. Without ALL of these very generous donations the project could not have happened, SO THANK YOU FROM THE TRUST TO YOU ALL.

The new, free to use, play and sports area was officially opened on Sunday 11th August with the community invited along to enjoy a family picnic and a formal ribbon cutting by the former local Councillor Sylvia Seal, whose support and enthusiasm for the Trust and all their work has been unwavering. It is hoped that the continued improvements at the Recreation Ground will encourage more of the community to make use of this outdoor space for recreation and exercise. Plans for further improvements to the Recreation Ground are in the pipeline!

# STOKE SUB HAMDON MAY FAYRE

## Date for your diary - Pig Racing, Saturday, 23rd November

An evening of pig racing will be held in the Stoke Working Men's Club on Saturday, 23rd November. Racing will commence at 7.30pm and this promises to be a really fun evening. If you would like to book a table or just a couple of places, please contact Denise on 827793 or by email at denisesburton@btinternet.com. Please note that no pigs will be harmed during the course of this event! Hope to see you there

## **QUILT SHOW**

Stanchester and Purple Patchers proudly present their annual Quilt Show on Friday, 6th September and Saturday, 7th September between 10am and 4pm in Martock Church TA12 6JL. Entry is free. There will be quilts galore, fabulous sales table with lots of fabric, 100's of threads, books and magazines and a tombola table.

This year we will be featuring the work of an active member of both groups, Diana Clarke, who sadly passed away in 2018.

Articles for the Newsletter, or to advertise forthcoming events: please email or post to Sarah Moore by 16th of previous month. Contact information is on the back page of this newsletter.

# HAMDON COMMUNITY ARTS PROJECT

Hamdon Community Arts Project - Registered Charity 1184701

#### Dementia is a cruel disease...

The first informal open meeting to discuss the establishment of a new afternoon group for people who suffer from dementia and their carers will take place on Wednesday the 18th of September at 6.30pm. If you cannot attend or would like a confidential chat to find out more please call Mo on 01935 579730 or email maureen.spinney@icloud.com

#### Somerset Arts Weeks Festival 21st September - 6th October

Come along and experience the space as you have never had the opportunity to before whilst enjoying the work of local artists and some live music. See the website for further details www.HCAP.org.uk

#### Dates for your autumn diary

Saturday 19th Oktoberfest - 7.30 in the Memorial Hall, more details soon.

Saturday 16th November - Christmas Fayre in the SWMC.

A very special early Christmas event with a real Santa and presents for the children. Food and treats galore!

There are a few stalls left so if you would like one please contact Denise on 827793 to book yours before it is too late.

# **EVERY STEP COUNTS & HEALTH WALKS**

Why not come along and join us on our led walks and enjoy seeing the lovely, everchanging countryside around Stoke. You will receive a warm welcome, lively conversation and the opportunity for a cup of tea or lunch at the Lighthouse Café after the walks.

We meet on the 2nd and 4th Mondays of each month and both walks start and end at the Lighthouse Café opposite the Fleur de Lis pub.

'Every Step Counts' walks begin at 9.30am and last approx. 30 to 40 mins, walking on pavements or paths around the village.

Health Walks start at 10.30am and last approx. 90 minutes, walking along tracks, footpaths and occasionally ascending Ham Hill and visiting neighbouring villages.

Just turn up, wearing suitable clothing and shoes for the weather

If you would like more information, please contact any one of the four trained walk leaders: Mark & Jane 07496148756

Penny 822208 or Anne 826256

# **STOKE BAND NEWS**

The band's AGM will be held on Thursday 19th September at 8:00pm in the band room at the former URC. This is an open meeting, everyone is welcome.

Our concert as part of Somerset Arts Weeks is Autumn Festival and will include items from 'Last Night of the Proms'. The concert is at the former URC on Saturday 5th October at 7:30. Tickets will be £5 and will be available for the beginning of September. There will be a raffle and refreshments.

Before that on 26th September the band will be having an open rehearsal. Please come and see us at work and play and may be try an instrument or two.

Jane Herbert, 01460-419317

#### POP IN

Pop In meet at the Oak Tree House on Thursday afternoons at 2.30pm. We like to chat over tea and cake and join in games such as board games and Boccia or listen to a speaker from a variety of backgrounds.

We realise that many people are missing out on socialising with us because they need transport. Is there anyone in Stoke sub Hamdon who would have a few hours free on Thursday afternoon to pick up a few older people from the Stoke sub Hamdon area and drive them to and from the group? We will pay 45p a mile for petrol.

If you would be interested, please contact

Paul on 07770348767 or Cath on 07968521746.

# STOKE COMMUNITY SHOP PROJECT

Pam and John who run the "Shop on the Cross" in the middle of the village are retiring at Christmas, which means the shop will close and we lose all the amenities it provides. However, Pam and John are happy to give the shop to the village to run as a community store. A group of villagers are looking into trying to keep the shop open as a community amenity and we want to know your thoughts.

There are several ways you can do this. You can fill in a questionnaire

- via a link at www.stoke-sub-Hamdon.co.uk
- on a paper copy you can pick up from the shop.
   Once completed deliver back to me or,
- via one of our project group who may call at your house to ask your views

We appreciate all the comments and help that you can give us. Please let us know your views so we can deliver what the community wants.

If you have any questions, please don't hesitate to contact me on lafoley@live.co.uk or by phone on 823051.

# HAMDON MEDICAL CENTRE FLU VACCINATIONS

This year's 'flu vaccinations will be BY APPOINTMENT ONLY for patients that are in an 'At Risk' group including all patients aged 65 years and over and those with a chronic disease (such as heart, lung, liver or neurological disease). Patients who have diabetes, a weak immune system, that are pregnant, seriously overweight or are carers are also entitled to a 'flu vaccination together with Health and Social Care staff who work in registered care/nursing homes and registered domiciliary care providers (care agencies).

To book an appointment please ring 01935 827003 or 01935 827004 between 9.00am and 10.30am or 4.30pm and 5.30pm Monday to Friday.

Lines will be open from 16th September 2019.

If you have a pre-booked appointment with a Nurse or Technician from the end of September, you can request to have your 'flu jab at this appointment. If you are housebound and cannot attend the surgery (friends, relatives and taxis are unable to bring you), please contact the surgery as above.

## **DIARY OF EVENTS:**

## SEPTEMBER

3rd Stoke Active Walkers

6-7th Quilt Show

9th Every Step Counts & Health Walks

15th Stoke Band Harvest Festival in Montacute

18th Open Meeting on Suffering with Dementia

19th Stoke Band AGM

23rd Every Step Counts & Health Walks

25th Gardening Club Talk - No Dig Gardening

26th Stoke Band Open Rehearsal

## **OCTOBER**

12th Gardening Club Demonstration