

CHAMELEONS NEWS VOLUME 32 - ISSUE 02 - FEBRUARY 2025

The newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB Special Olympics Wales Welsh Sports Association Website: www.cardiffchameleons.co.uk

Registered Charity Number 1103879

I regret to inform you that with immediate effect that there will be no more swim sessions at the pool at the Heath Hospital. The Cardiff Medical Centre / Fitness 14 has gone into liquidation as of 31st January. We will inform you as to any future second sessions at any other place. Unfortunately, this also means that Pamela is no longer employed.

I received the following from Barrie on the 18th January-

It is with great sadness that I have to announce that **Debra Pirrie** one of our Chameleons bowlers, passed away last night. After a long illness she is now thankfully pain free and at peace. Our dearest sympathy goes to Angus, Eleanor and Debra's family

CONGRATULATIONS and best wishes to James O'Brien who celebrates his **50**th birthday this month. We hope you have a wonderful day!

NEWSLETTER

Thank you to those who responded to my request on how you feel about the newsletter. A bit disappointing out of about 80 so few replied. *If you no longer require the newsletter, please let me know (!!) and I'll remove you from the list.* The few that have a printed copy please also let me know if you still require it.

So, for those few I will continue with it being monthly as before.

SWIM SESSIONS

HOWELLS SCHOOL - Every Sunday from 6:00pm - 6:45pm

BOWLS SESSIONS

CARDIFF INDOOR BOWLS CLUB, Sophia Gardens - Every Friday from 4:00pm - 6:00pm

I received an e-mail from Ann Minchin regarding Jackie Minchin who has been a long-standing member of the Club and has come to Gala's with us, and still does, as well as SO Wales events. Jackie and her parents have lived in Aberystwyth and although her parents have already moved to Cowbridge, Jackie is now moving down to Bridgend in supported living accommodation. She is very excited about this move, which hopefully is happening this month. It means that Jackie will be able to come to at least one of our swim sessions and also to any of our social events. We look forward to this and to make her welcome when she does.

FUNDRAISER REQUIRED - We are looking for someone who can assist Barrie, and the committee, to help in fundraising for the Club. At the moment we have three sources of funding, Easy Fund Raising, Give as you Live and Co-Op Causes. You would also be required to help with other fundraising that we do such as Coffee Mornings and Social Events.

Barrie would be on hand to show you round the three on-line sources initially before taking them over.

This is a voluntary role within the Club. Anyone who is interested or want to know more, please contact Barrie on 07514 544619 or Steve 029 2025 7314 / 07791 759360.

I received the following from Marie Macey...

I hope you're all well. I still get your emails even though it's some time since David has been with the Chameleons. I'm a trustee for another local charity -ThriveCardiff. We've owned a

holiday home in Scurlage, Gower for over 10 years. We're now opening bookings to other families in South Wales and wondered of any of the Chameleon families would be interested. If so, they would need to email info@thrivecardiff.org for more information or for bookings.

[see over]

Bookings are Mon-Fri or Fri-Mon. Prices range from £185-£235 depending on season, considerably less than the commercial rate. We still have availability during the summer months.

Perhaps you could circulate the details below to your members. Cheers.

Our holiday home is a bungalow style property with the following amenities:

- 2 Bedrooms: one double, one twin room, and a double sofa bed in the lounge. Duvets and pillows are included although you'll need to bring your own sheets, duvet covers, pillow cases & your own towels.
- Spacious open plan living area with dining table and kitchen at one end. The kitchen has fridge, freezer, hob, oven, microwave, kettle, toaster cutlery & crockery, cups, mugs & glasses all supplied
- Bathroom with walk in shower. A shower chair is available.
- Free Wi-Fi in bungalow
- Smart TV in living area and tv, Nintendo Wii and Xbox in the twin bedroom
- Board games and toys available

Site Amenities:

- Site Office
- Heated swimming pool & Spa Bath- Open from April 1st to September 30th from 10 a.m.
 6 p.m. daily.
- Indoor Soft Play Area open from 10 a.m. 6 p.m.
- Outdoor Children's Play Area
- Games Room (in pool block)
- Launderette Open 8 a.m. 6 p.m.
- Hairdressers
- Shop and Fish and Chip Takeaway (opening varies according to the season).



How to contact us	
Coaches	Pamela - 029 2025 7314 / 07817 380355
	pamela.bailey6@virginmedia.com
	Robin - 029 2021 8006
	Barrie - 07514 544619 barriejenkins50@live.com
Treasurer	Barrie Jenkins - 07514 544619 barriejenkins50@live.com
	22 Heol Hir, Cardiff CF14 5AE
Newsletter	Steve - 029 2025 7314 / 07791 759360 /
&	stephen.bailey497@ntlworld.com
Chair	Items for the newsletter to be in 5 days prior to the end of the month.
	Please put it as a Word attachment if on e-mail
Other contacts - Ian - 029 2023 3065 Denise - 029 2075 2909	



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