

# Malherbe Monthly

Number 123 October 2014



**Incorporating Liverton Street & Platts Heath** 

#### Useful contact names and telephone N<sup>os.</sup> BOUGHTON MALHERBE/GRAFTY GREEN

County Councillor	Jenny Whittle	734897	
Borough Councillors	Jenny Gibson	890200	
borough Councillors	Richard Thick	891224	
	Kenneth Alexander	859549	
Church Wardens	Joan Davidson	850210	
Devials Coursell Clauls	Chris King email	050711	
Parish Council Clerk	boughtonmalherbepc@gmail.com	850711	
Village Hall bookings	Carol Hulm email carolhulm@gmail.com	853583	
and other matters	Mobile 07990 574214	053503	
KM Correspondent	Joan Drury email: jdrury23@btinternet.com	853766	
Gardening Club	Sue Burch	850381	
Church Choir	Doreen Hulm	850287	
Dazzle	Gail Kelly	850671	
Yoga	Sue Burch	850381	
Neighbourhood Watch	Sue Burch	850381	
Driest in charge	Rev: Dick Venn (Sat -Thurs) email:	858195	
Priest in charge	dickvenn@gmail.co.uk		
Curate	Mille Hart (N/A Tues, & Sun afternoon) email:	859753	
Curate	mille.hart@uwclub.net	639733	
Reader	Joan Drury email: jdrury23@btinternet.com	853766	
	Michelle Saunders email:		
Benefice Office	churchoffice@lvb.org.uk	850604	
Deficite Office	Office opening times as 9am – 12noon	030004	
	Monday - Thursday		
Mobile Library	Wednesday afternoons - 4.30pm		
St. Edmunds Centre	Karen Yardley	858208	
Fresh Fish delivery	Friday afternoons at approx. 2.20pm by Post	01580	
Tresit risit delivery	Office	754300	
Weekend Freighter See article in magazine			
Malherbe Monthly Production Team			
Mike Hitchins	Advertising: mfhitchins@btinternet.com	858937	
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The views expressed in "Malherbe Monthly" are not necessarily those of the Production Team; publication of articles/adverts does not constitute endorsement and we reserve the right to edit!

Anything for the **November** edition should be left in Grafty Green Shop, or contact Mike on 01622 858937 (mfhitchins@btinternet.com) by **20**<sup>th</sup> **October** 

**Front cover:** Autumn is coming - The leaves are changing colour. Can you guess what type of tree this is ?. Answer is on page 32

#### **News from St. Nicholas Church**

**Morning Prayers** during October will be at 9.30am at St. Nicholas on Tuesday the 14th and 28th, (at All Saints, Ulcombe on the alternate Tuesdays). As always, everyone is welcome, as are prayer requests and they can be left at any time in the prayer box in the church porch.

**Coffee Morning** this month is in the Village Hall, 10.30-12noon on Wednesday the 8<sup>th</sup>. Come and treat yourself!

**Craft Club** is on Wednesday the 22<sup>nd</sup> at 9.30am-11.30am in the Village Hall and we look forward to welcoming knitters and handwork enthusiasts of all abilities, with their needles and unfinished projects, on the 4th Wednesday of each month. Just come to meet and chat over a coffee even if you have no work in progress.

**Ride and Stride**, the Friends of Kent Churches annual event, took place on the 13<sup>th</sup> September and Sylvia welcomed a few visitors to St. Nicholas during the day, including Bishop Trevor, Bishop in Canterbury and his wife! There is still time to sponsor Murray Motley on his epic ride, (see last month's magazine article), contact Sylvia on 01622 891954 to contribute. Murray completed his 126 mile cycle ride on September 21<sup>st</sup> and will provide a map of his route. Congratulations and thanks to Murray!

**Harvest Festival Service** is at 3.30pm on Sunday October 12<sup>th</sup>, all gifts of produce, including cakes are welcome and will be auctioned after the service, while we enjoy refreshments together. Do come and see the Church in it's autumn festive colours.

**Harrietsham Rectory:** All are welcome, with any garden tools, to join in garden tidying sessions on Saturday  $4^{th}$  and  $11^{th}$  October, from 10.30am For further information contact John Millen on 01622-850319.

**The Evensong Service** will be at 3.30pm on the 2<sup>nd</sup> Sunday each month through the winter from November until February 2015.

We continue to pray for Joan's swift recovery.

**Sally Alexander** 

#### **Grafty Green Short Mat Bowls Club**

**New Members Always Welcome - Join Us** 

Every Tuesday at 2.00pm in the Village Hall, Gentle exercise, easy to learn, loan bowls available Further information - Chris Wheal 01622 858100

#### **Grafty Green Village Hall News**

www.graftygreenvillagehall.co.uk

We were blessed with a sunny day for our Treasure Hunt and barbeque, which was enjoyed by nearly 40 people (and featured in the KM!) A number of folk have been asking about the answers to clues that they missed, so I've posted them on our website for you to check out. Do have a look.

Next up is our fund-raiser 'Phil-The Bag' on Sunday 12<sup>th</sup> October. You should have received a bag with this magazine, which we invite you fill with your unwanted textile items and bring to the Hall for re-cycling. Clothing, curtains, towels, bed linen and similar textile products plus belts, shoes and bags are all acceptable. Unfortunately, pillows, duvets, sleeping bags, blankets, carpets/rugs and fabric offcuts can't be accepted, nor can heavily stained or paint-splattered clothes. If you have more than a bag-full, just bring along the excess in a refuse sack.

We sell these items to a recycling firm that sends the clothes for sale in developing countries and recycles the material from the other items.

We will be at the Hall **between 10:30 and 12:00** to receive your donations and to offer you a sit-down, a cup of tea or coffee, and an opportunity to natter with others you may not have seen for a while. (Incidentally, if you have no donation to make, we'd very much appreciate the return of your unused Phil-The-Bag sack – so why not just bring that along and enjoy the tea and chat!)

Looking towards the festive season (sorry to mention it so early) there will be our usual pre-Christmas **Craft Fair** in the Hall on **Sunday 23<sup>rd</sup> November**, with the opportunity to buy individual hand-made gifts and cards. If you would like a stall at this event, please contact Carol Hulm on 01622 853583 as soon as possible. And we're repeating our traditional **Christmas Quiz Night** on **Saturday 6 December**. So do put both these dates in your diaries to ensure you don't double-book yourselves at this busy time. More on these events next month.

Richard Pilborough Hall Committee Chairman

#### **Boughton Malherbe Parish Council**

The next meeting of the Parish Council will be held in Grafty Green Village Hall on **Tuesday 11<sup>th</sup> November.** The Agenda for this meeting and the minutes for the last meeting (and all previous minutes) can be viewed on the Boughton Malherbe Parish Website or by contacting the Parish Clerk

### Ken and Eve Sweet extend a warm welcome to The Kings Head Grafty Green

A 16th Century Coaching Inn haunted by "Dover Bill" the Highwayman!



# Traditional Sunday Lunches Fresh Fish Fridays Lunches and Suppers

Booking Advisable 01622 850259

Children's Room

Beer Garden



#### LENHAM NURSERY SCHOOL



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Contact Sara Siddons

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Registered Charity No. 1041661

# Boughton Malherbe Parish Council Contact Details

**Robert Turner, Chairman** 

Tel: 01622 850325

turnerrmb@gmail.com

**Ron Galton** 

(Emergency Plan) 01622 850369

galton@gotadsl.co.uk

Mike Hitchins

(Finance)

01622 858937 mfhitchins@btinternet.com

**Tony King** 

(Neighbourhood Plan) 01622 850711

tony.king@uk.bp.com

**Barbara Pearce** 

(Joint Parishes Group) 01622 850232

pearce.steel@tiscli.co.uk

In brackets are areas of specific interest, although all councillors are available for any matters relating to Boughton Malherbe.

**Christine King, Parish Clerk** 

01622 850711

boughtonmalherbepc@gmail.com

#### **Neighbourhood Watch**

The story so far....

A while ago in this magazine I explained what a Neighbourhood Watch scheme was.

I explained that Sue Burch was the person who currently disseminated any relevant information received from the police (by means of notices in the village shop and Hall notice board) and was the person through whom any information of possible value to the police could be passed. And I mentioned that Judith Woodbridge and Jennifer Butler operated a slightly more pro-active scheme for the residents of Liverton Hill.

I asked if anyone would be interested in creating a more pro-active scheme for the Parish as a whole - and someone was!

Now read on...

Colin Bunting, a Church Road resident, has offered to co-ordinate a scheme that covers the whole of the Parish and which could potentially involve offering help and advice on home and personal security precautions, collating the names of people willing to keep a look-out for elderly or absent neighbours, creating an email network to spread information quickly, etc.

Sue, Judith and Jenny are very happy to be part of this wider scheme, which would be to the benefit of all, and I have offered Colin my full support.

You will shortly be receiving through your door (if you haven't already) an invitation to register your interest in being part of this new Parish 'network'. Registering your interest doesn't commit you to anything but will ensure you are kept abreast of developments & opportunities to get involved as the scheme unfolds, and it means you won't miss out on relevant advice and warnings from the Police, Trading Standards, and so on.

I would urge you to respond positively to Colin's invitation, by popping the reply slip through his door or emailing him with your name, address and telephone number. (In case you have mislaid the invitation, Colin's email is <a href="mailto:colin.bunting@btinternet.com">colin.bunting@btinternet.com</a>)

**Richard Pilborough** 

#### **Grafty Green Gardening Club - 2014 Programme**

Date	Topic / outing	Speaker
May 6	Frith Old Farmhouse Otterden	
May 10	Plant Sale on Village Green	
June 3	Timbers, East Farleigh	
July 1	Norton Court, Teynham	
11 – 13 July	Weekend away Peterborough Marriott dinner, bed and breakfast. Barnsdale, Stowe, Wrest Park and Burghley House.	
August 5	The Walled Nursery, Hawkhurst	
September 2	Visit to Blackthorn Trust	
October 7	Autumn Show and Produce bring and buy	
November 4	Kent Wild Life Trust	
December 2	Social	

On October 7<sup>th</sup> the Gardening Club will be holding their Autumn Show and Produce Bring & Buy. The hall will be open from 6.30 to allow time to book in your entries (details from Sue Burch if you have not seen the entry list yet) and if you are bringing, buying, sampling or just coming along to have a coffee and a chat we will be pleased to see you.

Members and non-members alike are welcome to come along to any event or meeting which are friendly and informal. Details about the club from Rosemary Smith (01622) 850526 or Sue Burch (01622) 850381

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GARDENING CLUB
AUTUMN SHOW

# MINI MARKET

and

Tuesday 7<sup>th</sup> October
(Schedules available at the Post Office)
Staging from 6.45 and sales from
7.30pm in the village hall.
'Bring and Buy' style market
Pickles, Chutneys, Jams, Preserves,
Cakes, Vegetables.
Everybody welcome - tea and coffee
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## Friends of St Mary's Lenham

Presents

A brass ensemble evening performed by

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www.fineartsbrass.co.uk



Saturday 1st November 2014 St Mary's Church Doors Open 7:00pm starts @ 7.30pm Tickets: £12.00

(Includes a glass of wine/soft drink plus nibbles)

Tickets can be purchased from either:

- Len Valley Newsagent, High St, Lenham
- · St Mary's Church's coffee morning 10.00am every Saturday
- · Or, Contact Lyn Fuller on 01622 851538

## THE HONYWOOD & DOUGLAS CHARITY LENHAM

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Applicants must be 60 years of age or more, able to look after themselves and have lived in the Parishes of Lenham or Boughton Malherbe for at least two years.

Applications should be made in writing to the Secretary, as below, to reach her no later than 24<sup>th</sup> October, 2014

Mrs. Pat Sutton, 18 Headcorn Road, Platts Heath, Lenham, Kent. ME17 2NH

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#### **Ulcombe C of E Primary School News**

It has been a busy start to the term, with 11 new year R children joining us at the school, and several other new pupils in other year groups. The school rolls is now approximately 63, a healthy increase from 43 a year ago.

The pupils are being taught from the new national curriculum, which is year group rather than level based and are working hard. The teachers have spent lots of time during the summer preparing for this change.

Ulcombe C of E Primary school as you know is part of a collaboration with Kingswood and Leeds and Broomfield schools – the KULB collaboration. We have started to work a lot more closely together, with join staff meetings, and pupil events.

Please do come and visit our lovely school. If you have a child aged 3 + please telephone the school office on 10622 842903 for more information.



## Christmas Gifts

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Saturday 25th October 1pm to 8pm

At

The Kings Head Grafty Green

We will also be present at:-Homewood School, Tenterden, 29th November Whitstable Castle 30th November

#### **News from The Boughton Malherbe History Society.**

Our second book covering the history of Boughton Malherbe is now in the final stages of preparation.

The book will be a follow on from "A journey Through Time" and we believe it will be even more interesting.

We can now confirm that the book will be launched in the Village Hall on the 12<sup>th</sup> December 2014 in time for Christmas. There will be a free copy to every household in the Parish with a surplus for general sale to those who want extra copies and to anyone outside the Parish.

If you would like your book(s) before Christmas please come to the launch and collect them as we cannot guarantee to distribute all the copies before the 25<sup>th</sup> December.

The price of all purchased copies will be £15.00. Extra for postage & packing at £3.00 per copy in the UK, £7.00 to Europe and £12.00 elsewhere. If you live locally you will be able to collect or we may be able to deliver.

Owing to the interest shown we are reprinting 100 copies of the first book for sale at the same time as the new book, same price £15.00. If you do not have a copy this is your opportunity and you should have it to get the maximum enjoyment from the new book.

We already have a long list of advance orders and if anyone would like to add their name to it with the number of copies they wish to buy of either or both books please contact Ron Galton, preferably by Email to <a href="mailto:galtonweeks@gmail.com">galtonweeks@gmail.com</a> or by phone to 01622850369.

Final details of the programme for the launch will be published in the Malherbe Monthly in due course.

#### **Get Well Kindness**

**Thank you to everyone who sent Flowers and Cards wishing** me well again and for all the prayers that were said on my behalf. I had so many cards wishing me well that it would take too long to thank you all individually, so I hope you won't mind one big THANK YOU. I'm progressing slowly and hope to be joining in again soon. I had a large Kidney stone which has now been broken up and has disintegrated, so I didn't lose a Kidney but my Kidney function is poor.

Joan Davidson

#### Yoga - The Antidote for the busy world we live in.

Yoga classes at Grafty Green Village Hall on Thursday mornings 9.30 - 11, starting September 4<sup>th</sup> for eight weeks and Wednesday evenings 7 - 8.30 starting September 10tth or seven weeks; lead by Susan Burch - British Wheel of Yoga teacher with 27 years experience.

Allow time for yourself to enhance your wellbeing, balancing work and life to allow better energy flow, both mentally and physically.

The regular practice of Yoga involves stretching and improving flexibility in muscles and joints, giving more freedom of movement; greater flexibility, improved coordination and immune system and clearing the mind of constant chatter.

Contact me to add your name to my register or to ask any questions (7 weeks £42, 8 weeks £48) by any of the following telephone: 01622 850381, text 07803 962339, email <a href="mailto:graftyyoga@gmail.com">graftyyoga@gmail.com</a>



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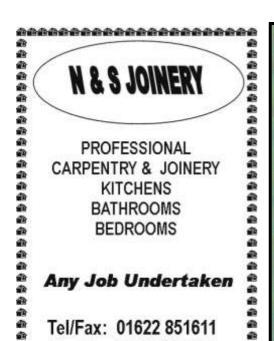
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## Personal Care Assistant vacancy

-

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Ability Professional Care Services provides personal care to clients in their own home and are currently looking to set up a team to work with a local family in Ulcombe. The gentleman in question has Parkinsons and Dementia.

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We offer excellent training, a competitive rate of pay and the ability to make a real difference to our clients' lives. The times in question are ideally 8am - 9am, 2pm -2:30pm and 8pm - 8:30pm.

Own transport and phone is essential. DBS check required.

To apply email your CV to vicki@apcare.co.uk or telephone 01622 684503. An Equal Opportunity Employer



#### **Len Valley Practice - Flu Clinics**

We will be commencing our flu clinics in October – please note the dates in your diary. **Appointment not necessary.** 

You are eligible for vaccination if you are:

65 years of age or above

Or have:

Asthma, Diabetes, COPD, Heart disease, Renal disease, Chronic liver disease

Or if you have had a stroke or TIA

Or if you are a carer

Or if you are pregnant

**Shingles Vaccination:** If you are aged 70, 78 or 79 on 1<sup>st</sup> September 2014 you are eligible to have this. Just ask when you come in for your flu jab.

(If you are aged 70 **or** 79 up to 31<sup>st</sup> August 2014 and have not been vaccinated but would like to be, please contact the surgery. You are ineligible after that date.)

If you have never had vaccination against **pneumonia**, you can have this at the same time (unless you are having shingles vaccination).

At Lenham Surgery: Saturday 11th October 8.30-11.30am

#### At Harrietsham Surgery: Thursday 16th October 3-5pm

Hopefully it won't rain but the local Church has kindly booked the community centre at Harrietsham for patients to wait if they wish.

We will have plenty of vaccines so there is no need to arrive before the start.

We will not be able to deal with any other clinical queries or prescriptions during the clinics. Refreshments will be available to purchase at both clinics



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01622 859511 - whitehorse Ofreehousesandway.com http://www.freehousesandway.com

#### Link Word Puzzle - Answers at the back (don't look first!)

	Word 1	Word 2	Word 3	Answer
1	Bank	Current	Deposit	Account
2	Life	Mare	Silent	
3	Queen	Tale	Tooth	
4	Chicken	Clean	Coiled	
5	Control	Liner	Missile	
6	Cupboard	Soft	Town	
7	Breakfast	Channel	Queens	
8	Lamp	Level	Team	
9	Blooded	Carpet	Squirrel	
10	Pod	Soup	Sweet	
11	Arch	Big	Water	
12	Abstract	Graphic	Trapeze	
13	Blossom	Picker	Tomato	
14	Gate	Ox	Wind	
15	Bread	Clove	Press	
16	Dining	Football	Wine	

#### Answers at the back (don't look first!)

	Find the missing word?
1	Phillips, A Carry On actor known to say 'Ding Dong'
2	The Beautiful, Band who had a hit with 'A Little Time'
3	of the Tiger, A no 1 hit for US band Survivor
4	Kelly, Hollywood icon remembered for 'Singing in the Rain'
5	Coach, Channel 4 reality series
6	Keats, English Romantic poet
7	Benjamin, Founding US statesman
8	, Marxist revolutionary
9	of Dover, Famed English landmark
10	The Duckling, A Hans Christian Andersen fairy tale

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## Networking is about . . . listening and making business easier.

This is what a member said about **Lenham Valley Business Association**:

"It is very useful to know LVBA people and have them 'under your belt'. It is also very interesting to hear what everybody is doing, and you pick some useful tips from the speakers we have. Lastly, I love 'going local' and helping local business." Andrew Barr, A&A Barr Farms, Lenham

As always we have informative speakers for our networking presentations, see below for who, when and where (you can attend up to two presentations without commitment to LVBA):

- Tuesday 7 October at The White Horse, Sandway. Speaker Claire Bridger, Business Development, Mid Kent College.
- Tuesday 4 November at The Holiday Inn. Awaiting speaker confirmation.
- Tuesday 2 December THE BIG ONE joint networking with South Maidstone Business Association at Chilston Park Hotel, Sandway, Lenham. Speaker Michaela Stewart-West (below right) presents "The Big Picture".

LVBA member or not you can come along for free, you just have to register online or phone 01622 820841

2015 is just a few months away. We will meet the first Tuesday of each month, except June. Make it a date and don't miss out.

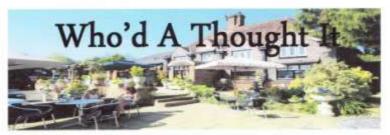
#### St Edmunds Hall, Platts Heath

Our regular clubs are,

Monday nights Yoga, 8.45 - 9.45 Wednesday Drama for Children, 3.50 - 4.50 Friday Mornings Yoga, 9.30 - 10.30 Every third Friday of the Month, Film Club, 8 0 clock.

For any more information regarding clubs or Hall hire, call 858208.

We have a regular booking available on a Tuesday night. It would be wonderful if a new exercise class could fill this space. If you are looking for a new venue to run such a class, we offer a very reasonable hourly rate.



### Fred, Joan and Joe welcome you Special summer Lunch Menu

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## Afternoon Tea & Damper Event

Hosted by Jane at Sunnybank, Grafty Green on Saturday 11th October 2014 from 12pm to 5pm

## Whether you're local or come from farther afield, everyone is welcome to join in the fun

Join us for light afternoon tea refreshments and indulge in one of our wonderfully relaxing treatments

#### We'll be providing full or taster Indian Head Massage and Reflexology sessions

#### Drices

For a 15 minute taster Indian Head Massage - £7.50 For a 30 minute taster Reflexology session - £15 For a 30 minute full Indian Head Massage - £15 For a 1 hour full Reflexology session - £30

#### For more information about the treatments or to pre-book a session, please contact:

Susie Swetman on 07806 803 171

#### **Bulky Refuse Collections (Saturday Freighter Service)**

Maidstone Borough Council have issued the timetable for the Saturday Freighter Service up to the end of November 2014.

#### **Grafty Green**

Saturday 8<sup>th</sup> November 15:15 – 15:45 -: Church Rd - Junction Headcorn Rd

**Platts Heath** 

Saturday 8<sup>th</sup> November 14:30 – 15:10 -: Green Lane

Ulcombe

Saturday 15<sup>th</sup> November 09:25 – 09:55 -: Lodge Gardens

#### **Ulcombe History Society**

The Ulcombe History Society has planned an interesting programme for 2014. It meets in Ulcombe Village Hall at 7.30 pm – mainly on a Tuesday, though the December meeting will be on a Monday.

Membership is £10 a year, but visitors are very welcome. For more information contact Molly Poulter on 01622 842988.

Wed 9<sup>th</sup> Jul Evening Outing to the Red House

Fri 19<sup>th</sup> Sep to Sun 21<sup>st</sup> Sep First World War Remembrance trip

## Tues 21<sup>st</sup> Oct Talk by David Debenham on: *The white colonial – Benefactor or Plunderer*

Tues 18<sup>th</sup> Nov Talk by Dr Jean Stirk on: *Researching the History of a House.* 

Mon 1<sup>st</sup> Dec Talk by Geoff Hutchinson on: *What is Christmas? Exploration of Christmas folklore* 



#### **Grafty Geeks – Facebook Lists and Smart Lists**

Ever wondered what those items located on your profile page under the Groups section is used for. These are known as Lists and Smart Lists.

**Lists:** A quick optional way to organise friends so you can control what you see in your News Feed and post updates to specific people.



These have been set up as a default. You need to select which friends will be Close Friends or Acquaintances.

To do this you need to go to your friends list and select which type of friend they are.



From here you can also select to add your friend to other Lists by selecting the other option in the menu.

You can create your own list by clicking on "More" in the menu and then Create list. This will also show you the Smart Lists you have been connected to relative to your profile.

**Smart Lists**: automatically update themselves with colleagues, classmate and local friends and family members based on your friends' Profile info.

Take some time to check out which lists have been added to your profile automatically. You can create your own lists, archive lists and add friends to a specific list in order to get more control of what you are sharing with whom.



#### **Grafty Gourmet**

This is another one of my concoctions that I threw together, so thought it best to type this recipe straight away. It was a bit of a guessing game, so the units of the ingredients are approximate. Taste the sauce as you cook it, and add more of each ingredient if required. It worked really well, and it was extremely tasty with an Indonesian / Malaysian flavour. I used prawns, but you could use pork, chicken, beef or vegetables.

#### **Prawns in Spicy Peanut Sauce with Fried Rice - Serves 2**

2 Hands full of cooked prawns (or cooked meat or vegetables)

1 Large Onion, chopped into 3/4 inch pieces

1 Red Pepper, chopped into 3/4 inch pieces

1/2 Cup of Chicken Stock

1 Small Red Chilli, very finely chopped (use 1 chilli for slightly spicy or 2 to put hairs on your chest)

2 Large Cloves of Garlic (crushed)

1 Teaspoon of Chinese Five Spice

Powder

2 Tablespoons of Tomato Ketchup

1 Cup of Milk

2 ½ Tablespoons of Smooth Peanut Butter

2 Tablespoons of Lemon or Lime Juice

2 1/2 Tablespoons of Soy Sauce

For the Fried Rice:

2 to 3 Tablespoons Oil

1 Cup of Long Grain or Basmati Rice (Rinsed)

A Hand full of frozen Peas

3 Spring Onions, chopped

Soy Sauce

- 1. Cook the rice in boiling water as per instructions, but 5 minutes before the end add the peas and stir in. When cooked, drain in a colander and rinse well with cold water.
- 2. In a saucepan, add the chicken stock, ketchup, soy sauce, lemon juice, milk, peanut butter, chilli garlic and Chinese five spice and simmer, stirring until the peanut butter melts. Keep stirring or the Sauce will stick to the base of the pan and will burn. If the sauce is too runny, make a paste with a little cornflour and water and stir into the sauce to thicken.
- 3 . Place a little oil in a frying pan, and simmer the onions and pepper until just soft, but still slightly crunchy. When done, add the onions, pepper and prawns (or alternative) to the sauce. Simmer on a low heat, stirring frequently, whilst doing the next step.
- 4. Add 2 more tablespoons of oil back into the frying pan, and heat. When the oil is hot, add the cold rice and pea mixture, stirring so that the rice is evenly coated in the oil. Fry, stirring for 2 minutes and then add the chopped Spring Onion and a good dash of soy sauce. Stir so that the rice is evenly coated in the soy sauce for another couple of minutes.
- 5. Serve the rice on a warm plate, and top with the spicy peanut prawn mixture.

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email:ambiliytrees@gmail.com



#### **Music Notes, October 2014**

A better choice of concerts locally in October, although we have to wait until November for the first concert of the music year (which seems to be the same as the academic year generally) from some of our music makers. If you know of other local concerts that I have omitted, please remember to get your local organiser to let me know in future, via the editor of this magazine. Here then is my selection:

- Sunday 5th October, 3.00pm at Pilsden Barn, West Malling- The East Malling Research Station Music Club will provide a concert by the London Violin Ensemble. As well as Vivaldi's *Four Seasons* the programme includes works by Puccini, Paganini and Rossini. Tickets at the door. Information (only) tel 01732 843 129
- Saturday 18<sup>th</sup> October, 7.30pm at All Saints' Church, Maidstone Maidstone Wind symphony starts its new season with a concert featuring Johan de Meij's Symphony No.1, The Lord of the Rings, together with works by Nielsen, Holst and Clarke. Tickets at the door. Information tel, 01732 366500
- Also on Saturday 18<sup>th</sup> October, at 7.30pm, but at the church of St. James the Great, East Malling, the East Malling Singers are providing a Mozart concert. Works include Mozart's Requiem and Concerto for flute and harp. Tickets 01622 750943
- Friday 24<sup>th</sup> October, 7.30pm at Sutton Valence School Sutton Valence Music Society presents a concert by Joseph Shiner, a highly acclaimed clarinettist and Frederick Brown (piano), his regular duo. Tickets at the door or call 01622 863002.

If you have young family members or friends to whom you would like to introduce classical music, I would draw your attention to the Blue Peter programme on CBBC at  $5.30 \, \mathrm{pm}$  on Thursday  $9^{th}$  October. Radio 3's In Tune programme joins forces with the Blue Peter team in a project to fire-up children's interest in classical music.

#### **Emma's Fabric Studio**

Open Day and Fabric Sale Lenham Tithe Barn

Sunday October 5<sup>th</sup> 10.30am to 3.30pm

Lunch, cakes and afternoon teas available



# Forthcoming programme LEGENDARY VOICES

an illustrated talk on Opera by Nigel Douglas

7.30pm Saturday 22<sup>nd</sup> November

Please note that the venue is changed to EGERTON HOUSE TN27 9BD

\*\*\*\*

Tickets £12 (members £10, children free) from Egerton Village Shop or 01233 756254/756259 cheques payable to 'Egerton Music Club'

\_\_\_\_\_

#### **Messy Church this autumn**

Have you been to Messy Church yet? An hour of games, messy construction, paint, glue and glitter. Activities for boys and girls, babies and grandparents, toddlers and teens. Then a chance to gather round for songs, story and prayer. And finally a slap up tea for all the family. Church for families but on a Saturday afternoon at a time that suits you! From 4pm to 6pm. Here are our autumn dates and venues:

20th September 25th October 15th November 13th December Lenham church **Ulcombe Village Hall**Harrietsham School

Lenham church



Hope to see you soon!



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#### **Christian Message - October 2014**

There was a little girl who wandered through a dark forest and came upon and ancient castle deep in the heart of the woods. Attentively she climbed up to the attic. Where she found an old lady spinning golden thread.

The old lady welcomed the child and gave her a golden ring, and told her

'I'm constantly here for you, spinning the golden thread of life. Wear this ring always. It joins you to the thread of life which can never be broken, that thread connects you eternally to me, and I love you unconditionally and will always hold you close to my heart.'

The child was delighted to have the ring but was dismayed to discover that the golden thread itself was invisible. She was going to have to trust what the old lady had told her was true, because she couldn't see the thread that connected her to the golden spool of life.

Well, that was a fairy tale – but our Christian living can sometimes feel like that too. We do know that we are eternally connected to God – but we can't see the thread! And so we may sometimes lose heart. But Jesus is what makes the invisible thread real, he was visible and we can live in bold confidence that this is the thread that can never be severed.

The ways of life can be amazing but they can also sometimes be dark and winding. The words in the gospels give us a golden thread as we read about the life of Jesus. In the words printed below St Paul reminds us about the golden thread of life which is the unfailing access we have to God, because of Jesus.

We truly can live in bold confidence that this thread can never be severed. The words that I finish with below are words we have reminded ourselves of in the Len Valley group of churches every week over the last few months. They are words that St Paul wrote when he was in prison and yet he was able to proclaim the very gateway of freedom. Prison bars come in different forms. I pray that you may find freedom from whatever you may feel trapped by today, that you may discover the golden thread of life.

'through faith in Christ we can come to God with freedom and confidence.' Ephesians 3:12

Millie Hart

The Tree on the front cover is a 'Pride of India' tree

# The Len Valley Benefice Lenham & Boughton Malherbe; Harrietsham & Ulcombe Sunday/Main Services – **October 2014**

NB, lots of new things going on! Changed times at Ulcombe and Harrietsham (first Sunday) and new service at Lenham. Come along and try us out!

Sat 4 <sup>th</sup> Sun 5 <sup>th</sup>		Harrietsham Harvest Supper
Boughton Malherbe Harrietsham	9.30am 3.30pm	Holy Communion (Book of Common Prayer) New service "Growing in Faith Together" (GIFT) and
Harvest Celebration Lenham		Family Breakfast service
Ulcombe	11am 10.45am	Holy Communion Family Worship – 10.30 for coffee
Sat 11 <sup>th</sup> Sun 12 <sup>th</sup>		Lenham Harvest Supper
Boughton Malherbe Harrietsham	3.30pm 9.30am	
Lenham	8.00am	Holy Communion (Book of Common Prayer) Family Breakfast service
Ulcombe	11am 10.45am	Harvest Celebration Holy Communion – 10.30 for coffee
Sat 18 <sup>th</sup>	5pm	Prayer & Praise at Harrietsham Church Ulcombe Harvest Supper
Sun 19 <sup>th</sup>		oleombe Harvest Supper
Boughton Malherbe Harrietsham	9.30am 9.30am	Holy Communion (Common Worship) Morning Worship
Lenham	9.30am	Family Breakfast service
Ulcombe	11am	Holy Communion Harvest Celebration – 10.30 for coffee
Olcombe	10.454111	narvest Celebration – 10.30 for conee
Sat 25 <sup>th</sup> Sun 26 <sup>th</sup>	4pm	Messy Church at Ulcombe Village Hall
Boughton Malherbe	Bible Su	Family Worship
Harrietsham	9.30am	Holy Communion
Lenham	8.00am	Holy Communion (Book of Common Prayer)
	11am	Family Worship

10.45am Holy Communion - 10.30 for coffee

Ulcombe

#### **Emergency and Help Contact Details**

Police, Fire And Ambulance Emergencies	999
Police, Non Emergency - (Including PCSO)	101

Ambulance 999 note: an **aed** 'public access **defibrillator**' is sited and available 24/7 at the premises (in porch) of A.W. Court in Headcorn road. Ambulance 999 control centre will give 999 callers the lock code, if appropriate, to access the **defibrillator**.

First Aid Support – when <u>an ambulance has been called using 999</u> - Interim emergency support (first aid and AED defibrillator), prior to arrival of paramedics / ambulance, may be available (not 24/7) by calling Chris Wheal on 07979 864929 -this is a voluntary 'good Samaritan' facility for residents. It is hoped a SECAMB (ambulance) community first responder scheme may start in future

NHS Medical Helplin	e	111
Maidstone & Pembury Hospitals		0845 155 1000
William Harvey Hospital		01233 633331
Headcorn Surgery	(out of hours listen to -	01622 890294
Lenham Surgery <i>recorded messages)</i>		01622 858341

#### Electricity (UK Power Networks)

Emergencies and Power Cuts	0800 783 8866
	or 01243 508866

Water	Emergencies	0333 000 0002
Calor Gas	Emergencies	08457 444999
KCC	Emergencies	03000 41 41 41
	Highways	03000 41 81 81

#### KCC Community Wardens:

Local warden – Stuart Ellesmere	07969 583923
District Support – Dawn Riach- Brown	07773 397125

Fire	General Enquiries	01622 692121
	Home Safety Visits	0800 923 7000
	KFRS Community Volunteer – Chris Wheal	01622 858100

R.S.P.C.A	Emergencies	0300 1234 999
Vet	24 Hour Pet Emergency Treatment Service	01622 734555

#### **Answers to the Quiz and Missing Word Puzzle**

Answer	E broW	Vord 2	I broW	
Account	Deposit	Current	Bank	A
MgiN	Silent	Mare	Life	7
YniaT	Tooth	Dist	Опосш	ε
Spring	Coiled	Clean	Chicken	+
Cruise	Missild	Liner	Control	S
Toy	Town	ño?	Cupboard	9
English	Queens	Channel	Breakfast	L
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baH	lorninp2	Carpet	Blooded	6
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Срепу	опшпоТ	Picker	Blossom	٤١
ligT	bniW	xO	Gate	11
Garlic	Press	Clove	Bread	S
Man	aniW	Football	gainiG	91

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11	Arch	giA	Water	Wheel
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L	Breakfast	Channel	Queens	English
9	Cupboard	noe	пиоТ	Toy
S	Control	Liner	Missile	Cruise
+	Chicken	Clean	Coiled	Spring
€	Опоси	Tale	Tooth	YniaT
7	Lift	Mare	Silent	MgiN
-1	Bank	Current	Deposit	Account
	I broW	Word 2	Word 3	Answer

The Ugly Duckling, A Hans Christian Andersen fairy tale White Cliffs of Dover, Famed English landmark

Gene Kelly, Hollywood icon remembered for Singing in Eye of the Tiger, A no 1 hit for US band Survivor

The Beautiful South, Band who had a hit with 'A Little Leslie Phillips, A Carry On actor known to say 'Ding Dong'

Find the missing word?

Gualala, Marxist revolutionary

Z

Benjamin Franklin, Founding US statesman John Keats, English Romantic poet Coach Trip, Channel 4 reality series



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