FARNSFIELD FLYER



Welcome to the parish Newsletter, produced by Farnsfield Parish Council, three times a year

Farnsfield Flyer April 2022 Edition

Spring Edition – Let's get involved



The Council are excited to present the final design for the refurbishment of the existing toddler play area and a new junior play area at Hadleigh Park. Our chosen partner, Proludic, has designed the play areas to work in harmony with the surrounding green space and open field, using organic shapes to soften the appearance of the steel equipment. A combination of wet pour playing surfaces and grass mounds of various heights add to the interest and visual appeal of the play areas which, thanks to the pathway linking the toddler and junior areas, will be accessible and practical all year round.

Toddler Area – "Fun, safe and inviting for all". The enclosed toddler area is a safe, all-weather play space for younger children and families. Nine brand new pieces of equipment are included in the area, mounted on a wet pour surface in natural colours which allow easy access for wheelchairs and pushchairs. The focal point of the area is a large multi-play unit which provides a variety of activities in a compact space for toddlers and early juniors. To compliment this unit there is also a natural village playhouse which provides great play value for toddlers and includes wheelchair accessible elements. Overall the design includes lots of opportunities for low level activity, ideal for parents with younger children.

Junior & Teen Area – "Daring & dynamic adventure". The junior and teen area is unfenced but separated from the road by the adjacent copse. Its main feature is a specifically designed multi-user playframe and it also has traditional favourites such as a double width slide which enables children to slide down individually, side by side or with a carer. The area contains additional dynamic pieces that encourage movement, including a rope swing, hip hop, sky rail and double perch, all of which provide excellent play value for all children playing as individuals, or in family or friendship groups.





Nature Area – "A landscaped, informal play space". The design includes a nature area as an alternative play space to the fully surfaced areas. Recycled plastic sleepers will be mounted on grass bunds to create a multi-use seating area and give the effect of an enclosed area without formal physical segregation. This area offers a quieter space where children, who can become anxious if they spend too much time in busy and noisy environments, can take a break away from the hustle and bustle of the surfaced play areas. This area will also be a great resource for carers to sit and rest whilst they are supervising their children's play.

Balance Trail – "A fun trail linking the areas" An alternative path is provided between the toddler and junior areas using metal beams, mushroom stepping heads, curvy walkways and up and down pedestal steps, providing a great resource for developing balancing skills.

The giant sun dial in the natural area provides an interactive feature which can also be used as a base for games, utilising the green space such as hide and seek.

The Children of St Michael's school have already been presented with the design and have chosen four animals which feature in a game that uses an educational play panel to challenge users to find the animals.

Picnic Areas – "Space to relax and enjoy" hard surfaced areas have been included in the design to create plenty of space for adults to watch their children and for groups to enjoy time together using the picnic benches positioned to take maximum advantage of the facilities and their surroundings.

We know the children of St Michael's are excited by our plans and are proud to present the area as the first element of our East Side Project, which will provide exceptional new facilities for residents of all ages.









The refurbishment of the Wilson's field MUGA is now virtually complete. The upgrades include changing the lighting to energy efficient LEDs, new markings on the pitch, a complete repaint and repair of the fencing, the addition of target areas, new goal posts and nets, the refurbishment and new location for the seating shelter. The painting the four lamp posts will be completed over the next few weeks.

COMMUNITY NEWS

The French Connection......As some of you will know, Farnsfield has been twinned with Andouillé in France for nearly 35 years and Farnsfield Twinning Association is still going strong! Every few years a group from Farnsfield and the surrounding villages visit Andouillé, which is a village set in the Mayenne, a pretty rural region in north western France. We are each allocated a French family who welcome us into their homes and we are then treated to a wonderful programme of events by the French hosts over the course of a long weekend. In between our visits to France, our French friends make a trip to Farnsfield and this year they are visiting us between Saturday 22nd and Tuesday 25 October (half term week). There are a number of French families who would love to come on the trip for whom we still need hosts. Some of these families have children but there are couples and single people as well - so if you think you would like to get involved we would love to hear from you! Be assured that you do not need to provide 'luxury accommodation' - put me up beds and makeshift arrangements are all part of the fun. And the Committee have been working on an interesting programme of activities for the visit so there will be plenty to keep you and your visitors occupied! And whilst this is a very good way for you and any children you may have to practise some French. linguistic ability is not necessary. We pair families so that communication will be possible!





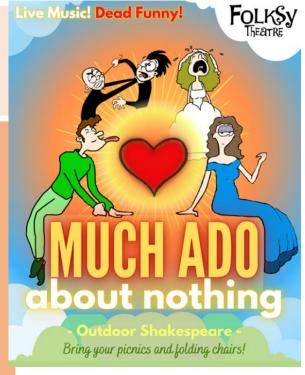


The new insect hotels and the signs at the entrance to Hadleigh Park

Folksy Theatre will be performing on Sunday 24th July, Reynolds Field (next to allotments). Curtains - 6 pm

Tickets £12 for adults, £8 under 16s. This is a non-profit making event with a not-for-profit theatre group. To book tickets, please send correct amount to Farnsfield Parish Council, sort code 60 83 01, account 20348713 with "Ticket" and your initials as your reference. Then email stuart@farnsfield-pc.uk to confirm that the money has been paid.

Tickets can also be collected and purchased with cash or cheque from the Village Centre, Mon 6th June, 6pm -7.30pm or Wed 16th June, 6pm -7.30pm. The performance will take place irrespective of the weather (unless there's thunder and lightning)!





The Queen's Platinum Jubilee

The Parish Council are in the process of planning events to celebrate the Queen's Platinum Jubilee, over the extended bank holiday weekend Thursday 2nd to Sunday 5th June 2022.

These may include an opening event on Thursday 2nd followed by the lighting of a Jubilee Beacon on Wilsons Field, scarecrows within the village on Friday, live music and disco event on New Hill on Saturday 4th afternoon and evening, and a street party celebration on Sunday 5th.

To make this happen we would like to request volunteers from the village to help with planning and to offer further input.

Please help us make it a Jubilee weekend to remember. To volunteer, please email barry@farnsfield-pc.uk, or clerk@farnsfield-pc.uk or telephone Barry on 07967 567281

Lets' Get Involved

There is a lot going on in our village, why not get involved. Try volunteering and be a part of what's happening. We are always looking for help.

THE FARNSFIELD



FRIENDSHIP CLUB

Programme 2021 - 22

Farnsfield Friendship Club - Meetings held at Farnsfield Cricket Club on alternative Fridays 2.00pm till 4.00pm. Contact Jenny Frost 01623 883476 or Rita Rippin 01636 812390

Programme for the remaining Sessions

March 4"	Four Seasons of a Garden- Stuart Dixon	
March 18 th	Tales of Derbyshire Life - Ashley Franklin	
April 1st	Health visiting- Irene Hamilton	
April 15 th	Tea & natter	
April 29 th	Entertainment -Trevor Lee	
May 13 th	Southwell Garden Centre	
May 23 rd	Monday outing to Bakewell	
June 10 th	Start 1 pm Pre- School to entertain	
June 24 th	Minster Flowers - Jayne Fielding	
July 8 th	Project on Hedgehogs- Lauren Moore	
July 22 nd	To be arranged	
Aug 5 th	Tea & Natter and programme to be discussed for 22-23	
Aug 19 th	Notts Wildlife Trust – Mark Speck	

Sept 2nd To be arranged Sept 16th R.N.L.I - Dennis Redhead

Sept 30th Armchair Exercises-Joanne Crookes

Food Bank Support Group

People we are supporting through donations really are in desperate need. We've had some wonderful donations resulting in deliveries to the Lifespring Hamper Project who deliver to residents in Warsop, Edwinstowe and Ollerton. However, demand is increasing as people are having to choose between food or heating as cost-of-living increases bite.

We urge you to try and help by donating any food or household necessities, especially tinned items, tinned pies, tinned meats, tinned ready meals, anything with a long shelf life. Drop food items in St Michael's Church porch. Give a cash donation when shopping at Atherley's, Hamiltons or The Veg Stop. Buy items at the Co-op and they will give to our collection. Use the link to donate online: https://vegboxes.online/product/farnsfield-foodbank/

Your support makes a real difference to families facing challenging times, to children who go to school hungry, to those through no fault of their own face difficult choices on a daily basis. If you feel you can help, please do, it could make all the difference.



Farnsfield Allotments As spring approaches

members of Farnsfield Allotments Association (FAA) will become more prominent, preparing their plots for the new growing season. All plots are currently taken, and there is a short waiting list, but villagers can still be involved with the allotments without the commitment of full membership. There is community plot which is looked after the associate members of FAA. It is a great and sociable way of giving fruit and vegetable growing a try, as is evidenced by the fact that some of our community members have now taken on half or full plots. There is an annual fee of £5 for associate membership together with a returnable deposit of £5 per key, one for the gate and one for the equipment container from which tools can be borrowed. So why not give it a go? Please contact Jim Healy at jimhealycroeso@gmail.com and we will be



The Friends of Southwell Trail (FOST)

The Friends of Southwell Trail (FOST) are a group of individuals who are passionate about the Southwell Trail. The trail, which was an old railway line, is now a local nature reserve which connects Bilsthorpe to Southwell. Managed by Nottinghamshire County Council, the trail provides a haven for fauna and flora, as well as being a place for recreational activities such as walking, horse riding, cycling and picnics.

FOST take part in conservation activities such as snedding (a Scottish and Northern England term for pruning), hedge laying, ragwort pulling and other general maintenance to ensure the trail remains a beautiful and tranquil place to provide respite from the everyday stress of modern life.

Task days typically take place on the second Monday of each month from autumn until spring. Task activities normally stop during the summer months to ensure a safe and undisturbed habitat for nesting birds. Suitable clothing and a packed lunch are all that is required to take part. Further information on FOST, including volunteering task days, can be found by contacting FOST at the following email address: friendsofst9@gmail.com

Tea at Two will start on Monday 9th May in the Farnsfield Methodist Church. It will be fortnightly and will take place from 2-4pm. It will be an opportunity for people to get together for a chat and refreshments, possibly with some table games/jigsaws etc. Transport will be available for anybody unable to make their own way to the church. Please telephone Annie on 01623 472455 for help with transport.

Farnsfield Methodist Church

It has been good to get back to somewhere near 'normal', with regular services and meetings. Although Covid restrictions have been lifted by government we remain mindful of the vulnerability of people attending worship, so encourage people to do what they feel comfortable with and be respectful of others' decisions.

Nationally there is a shortage of clergy in all denominations, the Methodist Church is no exception. Farnsfield Methodist Church is in the pastoral charge of Rev Bob Jones, one of our part-time Ministers in the Sherwood Forest Methodist Circuit, we share him with Rainworth and Blidworth. The shortage of Ministers is one of the reasons why more shared services are being planned. Another reason is that many people in the Circuit of 13 churches, feel that worshipping together as a larger group inspires and encourages smaller congregations like ours. We have two Circuit services this quarter, where all churches will meet for worship at Big Barn Lane Methodist Church, and two services where we will be joining with Rainworth Methodist Church, one of these will be for Easter Sunday Communion.

We have been discussing the way forward for us as a small worshipping community. It is sometimes easier to talk about what we can't do, being a small elderly fellowship with limited resources, than about what we can do. We continue to support our friends at St Michael's in prayer and rejoice with them that their work with children and families is continuing to grow. If you want an age-appropriate service for young children do go along to their 10.30 am service, or the Thursday after-school "Connect" activity – refreshments are involved!

On the last Saturday in March, we restarted our monthly coffee mornings when Farnsfield Local History Society publicised their organisation. For the April coffee morning (30th) Peter and Paula Stimson will have their bookstalls available to raise funds for the Scarecrow festival, planned for the Queen's Platinum Jubilee holiday.



All proceeds raised at these events are given to the organisations represented. While we're mentioning the Jubilee, there will be a service of celebration in our church in the afternoon of Sunday June 5th (time tbc) to which all are invited, followed by an afternoon tea. Posters will appear later with more details.

After Easter we will be starting an additional weekday Coffee and Chat as part of our outreach to elderly/lonely people in the village. We envisage this to be fortnightly to begin with, but if enough people were available to help on a regular basis, weekly would be even better. This is still at the planning stage, and if it is something you feel you could volunteer to help with we would love to hear from you. Please get in touch with Maggie (882096) or Enid (882131).

Sherwood Forest Methodist Circuit has a Facebook page and website where details of live and online Sunday and midweek services, study groups, short meditations and other activities can be found. Details of Lent courses held at different times in churches around the Circuit are also there. Apart from the joint services mentioned, worship is usually at 10.15am on Sundays. We welcome everyone and will do our best to make you feel comfortable with us. God bless you.

SPORT in Farnsfield

Farnsfield Bowling Club

The new bowling season will soon be upon us and after the last two years of lockdown and uncertainty the members are looking forward to getting out onto the green once more.

The green will be opening on Saturday 23rd April at 2.00pm with a roll up, to which all members are invited.

Our qualified coach, Paul Ritchie, will be holding a refresher session on May 2nd for those who attended the full coaching course last year. This is especially aimed at those who attended but for whatever reason did not become full members.

He will then run a full free 6-week course for non-members, or current members who wish to brush up on their technique, commencing on Monday 9th May, After this any new participants taking part can join the Tuesday and Thursday sessions for 3 weeks free of charge. They can then become full members for a reduced fee of £10 for the remainder of the year if they so wish.

The Club holds an annual "Village Match" where all the organisations within the village are invited to enter teams for a fun afternoon of competition, regardless of whether they have ever bowled or not. This year's event will be held on Sunday 11th September and has always been a popular occasion. It is also planned to hold an early season "Village Match" in the same format on Sunday 1st May. This date is yet to be confirmed.

Membership of the Club is open to all regardless of age or gender. All bowls equipment can be provided free of charge to start you off, all you need is a pair of flat soled shoes (trainers).

As well as club roll ups we participate in several leagues so there is plenty of scope for novices or those who wish to take part at a more competitive level.

If you are interested in joining please contact our coach Paul Ritchie (lin.paulritchie@btinternet.com) or our Secretary, Nadina Lincoln (nadina.lincoln@gmail.com). You can be assured of a warm welcome.

FEEDBACK - Future Facilities

We continually look for additional facilities and sports that we can help introduce into the village. The East Side Project has explored some possibilities for improved facilities, if anyone has suggestions for how we might support sports in the village, or would like to publish sporting activities in the village, please let us know.



Farnsfield Tennis Club

Farnsfield Tennis Club has been an active part of the village community for over 50 years, providing opportunities to play both social and competitive tennis. The club has three floodlit hard courts, playable all year round, plus a recently expanded clubhouse. We have around 160 members, both adults and juniors, and offer a warm welcome to new members of all ages and standards, so no matter what your tennis experience we would be delighted to see you.

Annual subscriptions range from £50 for the "sevens and under" up to £110 for full adult membership. Junior Membership includes a 1-hour group coaching session per week from our experienced resident coach, Matt Benford. We also offer discounted Family Membership (conditions apply) and reduced rates for students who are not permanent residents in the area (again, conditions apply).

There are opportunities throughout the week to meet and play with other members:

Ladies, Mens and Mixed nights are held between 6:00 and 8:30pm on Monday, Thursday and Friday respectively. Junior coaching takes place on Wednesday afternoon between 4:00 and 8:00pm and on Saturday morning between 10:30 and 11:30am.

A mixed social session is held every Tuesday morning between 9:30 and 12:30.

Members are free to use the courts at any time when club sessions and matches are not taking place. During these times, courts are also available for hire to the general public.

If you are interested in joining the club or simply require further information please contact Alastair Walker (amwalker1322@outlook.com) or any member of the club.

We will also be holding an open morning on SATURDAY 14TH MAY if you'd like to come and meet us. You would be made very welcome.

Farnsfield Cricket Club Events Calendar

8th April - FCC Golf Day

Farnsfield Cricket Club 28th November - Club/Community Day (formerly President's Day)

Farnstield Cricket Club

As the 2022 cricket season draws nearer we are well under way with our preparations of the grounds and our players have been training throughout the winter. Our junior and senior players have enthusiastically participated in training and Net practices held at Samworth Church Academy, and we look forward to welcoming familiar and new faces in our teams when the season begins. We are thrilled to be putting out three Open- Age (senior) teams on a Saturday - all playing in the Bassetlaw and District Cricket League, in Championship, Division 1 and Division 6; and two teams on a Sunday- an open-age team in the Mansfield League and a newly formed Development Team in the South Notts Development League. Our Junior players will be competing in three age groups in Hardball Cricket and our younger Softball players will have the opportunity to compete in our friendly Kwik Cricket tournaments.

Cricket season dates: Training will be led by our ECB qualified coaches at Station Lane Ground commencing on 5th April, with 2 sessions a week for Open Age cricketers and' from late April/early May, our traditional Friday night Junior training night that offers Softball cricket for the younger players (6 years +) and Hardball cricket for those of you who are ready to transition and prefer open-age Cricket. Open Age Cricket begins Sat 16th April 2022, with matches scheduled for Saturdays and Sundays through to mid-September 2022.

Fundraising: We will be fundraising in a variety of ways this season, including Acoustic Nights once a month; food and tuck shop sales on training nights and match days; tombolas and raffles throughout the season; second hand kits sales; EasyFundraising and our 100 Club (that offers cash prizes in 5 prize draws throughout the season).

All our teams are playing in the Bassetlaw League, with our First XI and Second XI playing at our Station Lane ground and the Third XI playing at our Edingley ground. We are especially delighted to be playing at our Edingley ground again as we have the opportunity to use the Ladies Changing room which was converted from an underused space in the Clubhouse at the end of the 2019 season. Junior cricket begins in May, with Under 11s, Under 13s and Under 15s all playing competitive league cricket. There will be a number of additional cricketing events at the Cricket Club, including the Bassetlaw and District League T20 finals and Notts Over 50s match. All welcome to enjoy the cricket, a drink from the bar or tea, coffee and cake from our newly refurbished kitchen, or even to help our committed group of volunteers who facilitate off the pitch on match days.......

Farnsfield Cricket Club.....

Sponsorship: We are actively looking to work with local businesses and supporters to raise funds for the Club whilst offering advertising and sponsorship opportunities. These range from roadside advertising and kit sponsorship to match ball sponsorship and raffle prizes.

Vacancies: As a volunteer run Club we are always asking for willing volunteers to support the off-pitch activity on match days and in the planning and running of fundraising events. Bar staff, we are looking to extend our bar opening hours throughout the cricket season and would be interested to hear from anyone interested in bar work.

We are open again for private bookings of the Clubhouse function rooms, with highly competitive prices that include on-site parking, licensed bar, staff on site, catering options and exclusive venue hire on request. For booking enquiries, please contact bookings@farnsfieldcricketclub.co.uk. To register your interest in any of our vacancies, Fundraising and /or Sponsorship, please contact us on enquiries@farnsfieldcricketclub.co.uk

Membership: We will soon be opening our player and non-player membership applications, which will entitle you to reductions on bar prices and invitations to our AGM, annual Club Day and regular updates on the club, cricket and events. For all membership enquiries contact us on membership@farnsfieldcricketclub.co.uk

Please look out for more information and updates about all at Farnsfield Cricket Club on our Social Media pages and new

website <u>www.farnsfieldcricketclub.co.uk</u> and on posters displayed locally.



Keep Britain Tidy. We kindly ask the community residents and businesses to clean up in their area/street/park on any day at any time. Litter grabbers can be borrowed from the Parish Council. Email lesley@farnsfield-pc.uk to arrange collection of bags, grabbers and bibs. Equipment is limited so first come first served and remember it's at your own risk, so go on to the Keep Britain Tidy website for full details of safety procedures.

Inspire

Nottinghamshire Libraries

Hello and welcome to Famsfield Library - your local friendly village library - not just for books but computer/wifi access, printing/photocopying, information - or just call in for a chat - or even for a breather on your way up New Hill!

We are open Mondays and Wednesdays 9am-12.30pm, Fridays 2pm-6pm and Saturdays 9am-1pm — please pop in and say hello!

We have a friendly informal Reading Group which meets on the 2nd Monday of the month at 10.30am – to discuss the monthly book provided by the library and most importantly, catch-up on local news too of course!

Drop in coffee morning 2nd and 4th Wednesdays at 10.30am - coffee/tea and a chat.

We also have a community jigsaw - ongoing - come in, put in a piece or two and watch it gradually get finished.

Did you know that you can also borrow digital items such as your favourite magazines, newspapers, audible books etc? – choose from thousands of eBooks, eAudio, eMagazines and eNewspapers – FREE for library members.

Library membership is free for everyone to join

If you are not a member you can join by calling in and completing a simple form - bring along proof of ID (something which includes your name and address ie driving licence, recent bill etc).

If you cannot visit us for health reasons and you would like access to e-resources, please get in touch.

If you are unable to visit, we can arrange for books to be brought to you in your own home and collect them when you've finished with them.





Re-Cycling – where to recycle some of the things that can't go in your normal recycling

What	Where
Plastic milk	Farnsfield Charity
bottle tops	Shop
Batteries	Farnsfield Co-op
Soft Plastic	Southwell Co-op
Tetra packs	Southwell Leisure
	Centre
Used postage	Atherley's
stamps	Farnsfield

Farnsfield Village Centre - Farnsfield Village Centre on New Hill is owned and operated by Farnsfield Parish Council. There are three rooms available for hire: the Upper Hall with a stage, the Lower Hall, and an Attic room at the top of the building used mainly by the Scouting and Guiding groups. If you would like to hire a room you can check room availability <u>online</u> and book by contacting Tracey, our booking clerk: <u>bookingclerk@farnsfield-pc.uk</u>. Or on 07483 161711. After extensive roof repairs in 2020 and redecorating throughout, the Centre is an attractive venue for activities and events.

We have recently taken delivery of 120 new chairs to make your events even more comfortable.

Below a list of village centre groups and organisations, these can also be found on the Parish Council website:

Ashley Dance School - adult ballroom, Latin, rock'n'roll - Upper Hall Tuesday 4 to 9pm and Sunday 5 to 6pm. Private lessons also available. Contact 01623 794443

Babies & Toddlers - Upper Hall Thursday 9am to 11am during term time

Drop-in session accessed by the pushchair-friendly rear entrance, behind Unwin Print. Only £3 per family which includes a snack and drink for the children and the adults. For more information contact farnsfieldpreschool@btinternet.com or https://www.facebook.com/farnsfieldbabiesandtoddler

Farnsfield Flower Club - We meet on Monday at 2.00pm in the Lower Hall, Village Centre, New Hill, Farnsfield. We have Demonstrations/Talks/Practice Afternoons/and Outings. You don't have to be a flower arranger to join our club. Visitors are always welcome so do come along to our Friendly Group.

Our forthcoming meetings are:

11th April Marie Purdy National Trust Gardener

16th May Demonstration "May Goddess of Growth" Christine Hampson

20th June An illustrated talk about the glorious NGS gardens of Derbyshire by Peter Gardner, County Organiser

18th July Outing to Aubourn Hall & Pennells Garden Centre, Lincs.

15th Aug. Demonstration "Summer Fun" Marie Bradley

For more information contact Glenys 01623 882968 or Sylvia 01159 813515

Farnsfield Table Tennis Club - Lower Hall Tues 1pm to 3pm, Wed 7pm to 9pm.

I'd like to introduce you to Farnsfield Table Tennis Club - a club for players of all levels, ages and abilities. Our venue is Farnsfield's Lower Village Hall, and we meet to play on Tuesday afternoons 1-3pm and Wednesday evenings 7-9pm. On Wednesdays the first hour is prioritised for Juniors (under 16s), but it's not exclusively for juniors, they get to play the more experienced grown-ups too. We have 3 tables and plenty of seating, bats and balls that can be borrowed and we can use the kitchen for tea, coffee, squash & biscuits. We're a pretty relaxed bunch and we'd be really pleased to welcome you along. According to Table Tennis England playing the game will benefit hand-eye coordination, improve reflexes, it's easy on the joints, it burns calories, it's a social sport, it keeps your brain sharp, it improves balance and table tennis is even used as part of treatment for dementia. So, if you're looking for some gentle exercise (or even if you're looking for a bit of a workout with some of our more competitive players) then come along and discover the joys of ping-pong! I nearly forgot to mention that the tables are mobility friendly, so if you've been inspired by the Tokyo Paralympic games then you can come along and try your hand!

If you'd like further information then pop along or email <u>play.fttc@outlook.com</u> or take a look at our Facebook page at <u>Farnsfield Table Tennis Club</u>

Flinn Fit Yoga-Pilates - Upper Hall Monday 7.15pm Wednesday 9am

Turn up and pay as you go for £7 per class or block book six classes for £30. Bring your own mat (spares are available if anyone needs to borrow). Katherine Flinn is a fitness instructor and sports therapist with 22 years' experience teaching a wide range of classes and now specialising in Pilates for back health, injury recovery and prevention. All ages and abilities are welcome to join the friendly group. For more information contact Kathryn at flinnfit@gmail.com or on 07429 495175.

Farnsfield Women's Institute - Lower Hall 1st Thursday of the month 7:30pm

Founded in 1919, Farnsfield WI is currently a group of 30 plus members, led by their recently installed President, Marilyn Tarbox. Throughout the year there is a range of speakers and activities, both fun and thought provoking. Past meetings have included; flower arranging demonstrations, gin tasting, talks by Women's Aid, Farnsfield Hedgehog Hospital and local crime author, Stephen Booth. The group also enjoy meals out at local venues and take part in the Village Bowls Tournament, and there is a small, but enthusiastic Darts team. Membership of Farnsfield WI includes eleven meetings a year, a monthly Notts WI Federation newsletter and the monthly National Federation WI Life magazine, the chance to meet the members, make friends, and get the chance to make a difference with

both local and national campaigns. Come along to one of the meetings to receive a very warm welcome. For more information, please contact Moira by email on farnsfieldsec@nottswi.org.uk

Pure Pilates Class - Upper Hall Monday 10am to11am

Booking is required. For more info contact Kirsty info@promisepilates.co.uk or 07791 010426 or www.promisepilates.co.uk

Southwell Dance School Ballet, Modern Jazz, Tap - various times

A welcoming school which delivers high quality dance training and believes passionately that through nurturing, inspiring and rewarding achievement each individual will fulfil their true potential. Students taken from the age of three. Classes are also held at The Old School Room in Edingley. See SDS website for more details www.southwelldanceschool.co.uk or email info@southwelldanceschool.co.uk

Yoga for All Upper Hall Tuesday 09:30 to 11:00am

Also, at Southwell Leisure Centre on Wednesdays. There are times when we may be so caught up in the web of life - the detail of day-to-day living - that we cease to notice our habituated patterns of movement and holding in the body and the breath. This can lead to (un-noticed) tension which may manifest as illness, pain or a generalised feeling of being 'not quite right'. Yoga invites us to study our physical, mental and emotional wellbeing; to make small adjustments to posture, breathing and levels of awareness when moving or still, which may positively affect our lifestyle so that we might inhabit our bodies and lives more comfortably and confidently.

Sally Alvey has been teaching for over twenty years. She is British Wheel trained and encourages an attentive and individually appropriate practice to maximise potential for wellbeing regardless of age, gender or current health condition. Booking is required contact Sally sallyalveyyoga@gmail.com or 01636 816909.

Yoga/Pilates with Paula - Upper Hall Friday 09:30 to 10:45am Contact Paula at <u>paula ma@btconnect.com</u> or 07742 003857.

Zumba Monday - Upper Hall 18:15 to 19:00pm

Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training, and alternating fast and slow rhythms, to help improve cardiovascular fitness. Suitable for over 15 years old, all abilities welcome. The class costs £4 and is bookable by contacting Heather at heatherzumba@hotmail.com or 07960 546488 or here https://bookwhen.com/heathersfitness.

Guides and Rainbow Thursday Upper Hall term time only. farnsfieldguides@hotmail.com rainbowsfarnsfield@outlook.com

Scouts 1st Farnsfield attic hall term time only. www.1stfarnsfield.org.uk

Farnsfield Parish Council

Parish Council Meetings. Our parish council meetings are held at the Village Centre, in the Lower Hall, usually on the second and fourth Tuesdays of the month at 7:00pm. Notice of meetings is posted in village noticeboards, on Facebook and on our website.

Parish Councillors

Derek Purcicoe	Chairman
Barry Westbury	Vice Chairman, Chair Facilities Committee
Jackie Johnson	
Lesley Healy	
Stuart Dennis	
Ian Clark	Chair Finance Committee
Lynda Selby	
Stuart Hazard	
Chris Puddephatt	Chair Staffing Committee
Karen Clarke	
Helen Strawson	Chair Planning Committee

Annual Parish Meeting - Tuesday 24th May 2022 6pm Lower Hall Village Centre

What is an Annual Parish Meeting: There can be, and often is, confusion between the Annual Parish Meeting and the Annual Parish Council Meeting. All Town and Parish Councils throughout England are required by law to hold an Annual Parish Meeting, which must take place between 1 March and the 1 June.

What is the purpose of the Annual Parish Meeting: The meeting is an opportunity for electors to have a say on anything they consider valuable to the people of the Parish.

What else happens at the meeting: The meeting can also be an opportunity for local groups, clubs, societies and other voluntary and statutory organisations to provide an exhibition and/or have representatives from the group address those present at the meeting about the work they do and what they are involved in.

Who can attend the meeting: The Annual Parish Meeting is for all electors of the Parish. It is not a meeting of the Parish Council. Anyone is welcome to attend the meeting however, only registered electors of the parish may speak and vote during the meeting.

Who will chair the meeting: The Chairman of the Council will chair the meeting.

Will minutes of the meeting be taken: Minutes of the proceedings of the Annual Parish Meeting shall be drawn up and entered in a book provided for the purpose. The minutes shall be reviewed and signed at the next Annual Parish Meeting.

CONTACT DETAILS:

Email: clerk@farnsfield-pc.uk

Tel: 07483 160909

The Village Centre

New Hill

Farnsfield

Newark

Nottinghamshire

NG22 8JN

For updates and information on all the Parish Council's activities including planning, check our web site at:

www.farnsfieldparishcouncil.co.uk



New Defibrillator on the Acres.

A new defibrillator has been fitted to the football pavilion on The Acres. There are now several Defibrillators in the village at:

St Michael's
School,
Farnsfield
Cricket Club,
The Village
Centre, The
Plough Public
House, and the
Acres Football
Pavilion.

Ukraine Update.

Lloyds Pharmacy, Southwell, continue to accept donations. Alison is the point of contact within the Pharmacy. There are approximately twelve families making their way from Ukraine to new homes within Southwell and surrounding areas, with hopefully more to follow. To support these families, plans are underway to open a 'shop' in Southwell, so that these families can have access to donated items. Seasonally appropriate clothing to suit families with children of all ages, along with food, nappies, baby milk, baby food etc. is needed. If you have contributions but are unable to get into Southwell, please contact us.

If you would like to contribute to the next editions of the Farnsfield Flyer, please contact the Clerk.