



Frome Shed November Newsletter, 2024



Spotted in the Shed: somebody's new project! We look forward to the 'after' image!

Our Christmas closure dates : the Shed will be closed on Monday 23/12/24 and Thursday 26/12/24.

The Shed has a **blood pressure monitor** that all Sheddors are welcome to use while in the Shed. There is a leaflet explaining how to interpret blood pressure readings. The monitor can be found on top of the filing cabinet behind the Duty Managers desk.

We have several **Monday Specials** activities coming up:

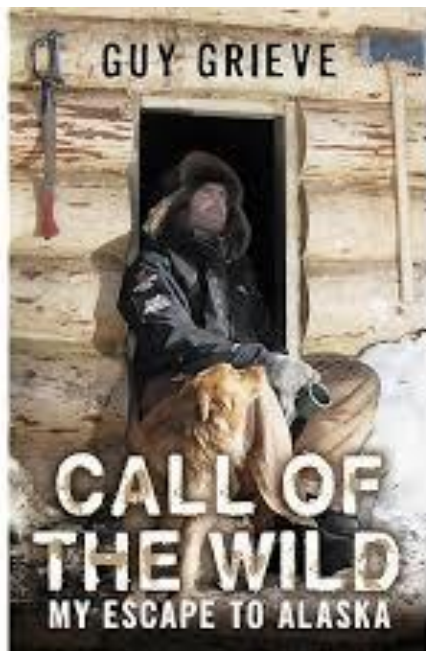
Anne and Pam are hosting a Coffee Morning, in the Shed, in aid of Dorothy House on **Monday 18/11/24**. There will be homemade cakes, a mystery Tombola and multiple choice quiz. All Sheddors are welcome - remember to bring some cash to buy a slice of cake or Tombola ticket.

There will be **lino cutting Christmas card** making session and **Christmas bag making** session on Monday 02/12/24.

Two of the Monday Shedders took part in an advertising campaign for White Stuff recently. The images will be published in **Hello magazine**; You magazine and the Sunday Times style magazine on the 24th and 25th of November.

The next **book review** is on Monday 09/12/24. The book we'll discuss is Call of the Wild by Guy Grieve - see below. We'll also be having a look at some of the Christmas items new member Peta has quilted.

We will be having **mince pies** and other seasonal food on Monday 16/12/24.



Guy Grieve's life was going nowhere - trapped in a job he hated, commuting 2,000 miles a month and up to his neck in debt. But he dreamed of escaping it all to live alone in one of the wildest, most remote places on earth - Alaska. And just when he'd given up hope, the dream came true. ...

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