



CHAMELEONS NEWS

VOLUME 32 - ISSUE 09 - SEPTEMBER 2025

The newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB
Special Olympics Wales Welsh Sports Association

Website: www.cardiffchameleons.co.uk

Registered Charity Number 1103879

CLUB BARBECUE

I sent out a separate e-mail for this as it came in after the newsletter had gone out, for the 7th September. The date for names to be in was the 30th August, thank you to those who responded and the numbers have been sent to the caterers.

It will be over by the 6th form block, where I did the Club photograph, please arrive about 2.30pm and we will start at about 3 o'clock. Please bring your own drinks.

There is no charge but we will have **donation boxes** for you to show your appreciation.

We will have our usual raffle and I may do a quiz.

Pembrokeshire Puffins Gala

This annual event is being held on Saturday 8th November in Haverfordwest. This is a one day event.

Any swimmers interested in attending, please let Pamela know as soon as possible. Further details will be given nearer the time.

SWIM SESSIONS

STAR HUB - Friday's from 7:30pm - 8:15pm - We are returning on Friday 5th September. Swim subs are £5.00 per session.

HOWELLS SCHOOL - Sunday's from 6:00pm - 6:45pm - We are, unfortunately, having to put up the swim subs up from £3.00 to £4.00 per session. This will take effect when we start back on the 14th September.

Reminder- When attending swim sessions at Howells school on Sundays please ***do not arrive before 5:45pm*** as the gates may be locked and you will block the entrance. You are also required to pay for your sessions on the day.

BOWLS SESSIONS

CARDIFF INDOOR BOWLS CLUB, Sophia Gardens - Every Friday from 4:00pm - 6:00pm

Bowls News

Chameleons' members were successful in the Welsh Lawn Bowls National Finals on Thursday 15th August.

Ian Kelleher and Robert Parker won the Intellectual Learning Disability Pairs beating the Pontardawe pair of Leighton Francis and Cian Rowe.

The Chameleons Triple of Robert Parker, Simon Bould and Sean Thackery won the title, again beating a very good team from Pontardawe of Daniel Jones Cian Rowe and Warren Davies.

MEMBERSHIP RENEWAL

During October is the time to renew your Club membership. The annual fee is £24.00. Payments to Barrie or Pamela at your club sessions or by bank transfer (preferred) details below...

Bank details:

Bank: HSBC

Account name - Cardiff Chameleons

Account Number 01431285

Sort Code 40-16-30

It would also be helpful if you could add your surname and/or reason for payment e.g., Membership.

If paying by cheque please make it out to Cardiff Chameleons. Many thanks for your help.

Club Gala

We are still deciding when this to take place.

There are still 6 more cups / trophies to be returned. Please can you get them to us as soon as possible.

Government Emergency Alert

On the 7th September at about 3 o'clock I believe, read it somewhere, the Government are sending out a message to all mobile phones and devices which will include a siren for ten seconds. Followed by a message saying that it is a drill.

So don't panic Mr Mainwaring!!!

Upcoming event(s) for your diary.

Coffee Morning - November - Saturday 29th November, 10am - 12pm at St. Philip Evans Hall. More details next month

Christmas Buffet & Disco - Friday 12th December. At the St. Philip Evans Hall. More details in November's newsletter.

How to contact us	
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