

The National Disability Strategic Action Plan describes a “disabled participant” as anyone who is affected by any of the following:

1. Vision, for example due to blindness or partial sight
2. Hearing, for example due to deafness or partial hearing
3. Mobility, such as difficulty walking short distances, climbing stairs, lifting & carrying objects
4. Learning or concentrating or remembering
5. Mental Health
6. Stamina or breathing difficulty
7. Social or behavioural issues, for example due to neuro diverse conditions such as Autism, Attention Deficit or Asperger’s’ Syndrome
8. Difficulty speaking or making yourself understood
9. Dexterity difficulties, by that I mean lifting, grasping or holding objects
10. Long-term pain or discomfort that is always present or reoccurs from time to time
11. Affects you in some other way